

# 2014 Grape Lake 5K

## Age Group Results

### Run

Race Date  
September 06, 2014

#### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Anna Frazee	Watervliet MI	16	4358	13	20:26.3	6:35/M

#### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Jones		19	4785	1	17:04.8	5:30/M

## 2014 Grape Lake 5K

Age Group Results

## Run

no age provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Heidi Williams		0	4726	403	35:26.9	11:26/M
2	Donna Gable		0	4715	464	39:26.7	12:43/M
3	Kathy Dideriksen		0	4716	465	39:27.3	12:44/M

## Female 1 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Breana Button		10	4740	175	27:12.8	8:46/M
2	* Addison Miller	Bloomington MI	10	4529	226	28:34.6	9:13/M
3	* Audrey Nadrasik	Schoolcraft MI	10	4540	259	29:41.9	9:35/M
4	Emily Michael		9	4733	314	31:39.9	10:13/M
5	Aubrey Rowson	Kalamazoo MI	7	4601	499	42:08.7	13:35/M
6	Grace Nondorf		9	4725	501	42:17.9	13:38/M
7	Kara Boyer	Paw Paw MI	8	4261	551	56:48.4	18:19/M

## Male 1 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Malin Sage	Kalamazoo MI	8	4608	56	23:07.7	7:27/M
2	* Zack Johnson	Mattawan MI	10	4456	127	25:46.0	8:19/M
3	* Jackson Traughber		7	4769	199	27:48.5	8:58/M
4	Alexander Founes	Gobles MI	9	4353	221	28:28.4	9:11/M
5	Connor Hamilton	Mattawan MI	10	4406	224	28:31.5	9:12/M
6	Andrew Barbarini	Mattawan MI	9	4217	265	29:53.4	9:38/M
7	Lucas Balkema	Paw Paw MI	10	4214	287	30:40.8	9:54/M
8	Andrew Pride	Lawton MI	10	4575	295	30:51.1	9:57/M
9	Austin Wilmoth	Hartford MI	10	4702	344	33:09.5	10:42/M
10	Eric Randall		10	4753	469	39:38.2	12:47/M
11	Billy Webster	Paw Paw MI	7	4682	522	44:40.3	14:25/M

## Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Sadey Huizing		12	4749	118	25:25.1	8:12/M
2	* Alexandria Moench		13	4766	122	25:39.6	8:16/M
3	* Taylor Armstrong		12	4717	150	26:37.0	8:35/M
4	Emma Pachay	Marcellus MI	13	4555	192	27:36.8	8:54/M
5	Anna Lonto	Berrien Springs MI	13	4497	330	32:22.9	10:26/M
6	Ashlyn Gerencer	Kalamazoo MI	14	4374	379	34:19.2	11:04/M

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## Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Alexys Rice	Benton Harbor MI	14	4596	433	36:41.5	11:50/M
8	Brianna Stanard	Lawrence MI	12	4635	451	38:22.4	12:23/M
9	Chloe Smith		11	4761	457	38:56.6	12:34/M
10	Kaitlyn Merasco		11	4762	498	42:04.2	13:34/M
11	Sydney Sturgis		11	4778	510	42:57.7	13:51/M
12	Elyssa Stanard	Lawrence MI	12	4636	512	43:04.7	13:54/M
13	Kelly Dillon		11	4782	515	43:21.3	13:59/M

## Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kyle Downard	Paw Paw MI	14	4334	24	21:05.0	6:48/M
2 *	Caleb Billings		12	4714	49	22:38.9	7:18/M
3 *	Jimmy Wressel		14	4730	54	23:05.3	7:27/M
4	Harry Bishop	Vicksburg MI	14	4243	83	24:11.4	7:48/M
5	Tyler Wressel		11	4729	87	24:22.2	7:52/M
6	Jakob Hamilton	Mattawan MI	12	4407	98	24:48.9	8:00/M
7	Stephen Hamilton	Mattawan MI	13	4409	107	25:06.1	8:06/M
8	Brian Barbarini	Mattawan MI	11	4218	119	25:29.8	8:13/M
9	Nick Valdes	Paw Paw MI	12	4665	133	26:07.8	8:25/M
10	Thomas Geib	Lawton MI	14	4371	139	26:15.3	8:28/M
11	Isaac Wilmoth	Watervliet MI	12	4705	189	27:30.3	8:52/M
12	Noah Nondorf		12	4724	202	27:53.0	9:00/M
13	Andrew Pachay	Marcellus MI	14	4553	205	27:58.2	9:01/M
14	Nick Johnson	Mattawan MI	11	4458	248	29:27.4	9:30/M
15	Camden Schmitt		11	4780	315	31:40.8	10:13/M
16	Albert Rawson	Grand Junction MI	14	4586	366	33:36.2	10:50/M
17	Brandon Huizing		12	4750	377	34:11.7	11:02/M
18	Caleb Bowen	Paw paw MI	11	4255	391	34:48.6	11:14/M
19	Cyrus Bishop	Vicksburg MI	12	4242	407	35:32.0	11:28/M
20	Karsen Barnhart	Paw Paw MI	13	4226	482	40:20.8	13:01/M

## Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Celestine Schwartz	Vicksburg MI	19	4614	90	24:28.9	7:54/M
2 *	Abbie Goldberg	Paw Paw MI	19	4381	111	25:11.7	8:07/M
3 *	Natalie Glomski	paw paw MI	19	4380	153	26:41.6	8:36/M
4	Katelyn Brusach	Paw Paw MI	16	4278	246	29:26.6	9:30/M
5	Morgan Stieber		18	4734	311	31:32.1	10:10/M

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## Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Brooke Ely	Kalamazoo MI	18	4337	385	34:35.4	11:09/M
7	Eunice Hansen	Coloma MI	18	4410	406	35:31.8	11:27/M
8	Annalisa Wilder	Decatur MI	19	4699	408	35:33.4	11:28/M
9	Amy Hartfield	Lawton MI	17	4418	429	36:25.1	11:45/M
10	Cecilia O'Heran	Paw Paw MI	17	4546	460	39:16.3	12:40/M
11	Fatima Sadjari	Lawrence MI	15	4607	513	43:05.2	13:54/M
12	Kristin Fuller	Kalamazoo MI	17	4362	520	44:23.7	14:19/M

## Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lewis Tate	Paw Paw MI	15	4655	3	17:23.7	5:36/M
2 *	Alex Gerencer	Kalamazoo MI	18	4373	17	20:42.3	6:41/M
3 *	Aaron Fricko		17	4784	40	22:00.7	7:06/M
4	Derek Puzevic	Mattawan MI	15	4581	47	22:32.7	7:16/M
5	Sawyer Brown		19	4786	53	22:59.3	7:25/M
6	Hunter Norg	Lawrence MI	15	4544	57	23:08.7	7:28/M
7	Tyler Wessendorf		19	4787	64	23:27.2	7:34/M
8	Cameron Mulder		15	4777	67	23:29.4	7:35/M
9	Collin Bennett	Paw Paw MI	15	4238	80	24:01.8	7:45/M
10	David Borzkowski	Kalamazoo MI	19	4253	143	26:21.8	8:30/M
11	Jared Burk	Paw Paw MI	19	4279	162	26:54.1	8:41/M
12	Jacob Borys		17	4793	174	27:11.4	8:46/M
13	Daniel Hartfield	Lawton MI	15	4419	204	27:54.3	9:00/M
14	Isaac Valk	Paw Paw MI	15	4666	238	29:06.8	9:23/M
15	Zac Quigley	Coloma MI	16	4584	535	47:30.8	15:19/M

## Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Amanda Goldberg	Portage MI	24	4383	63	23:24.5	7:33/M
2 *	Nicole Crafts	Paw Paw MI	23	4307	75	23:49.0	7:41/M
3 *	Emilee Simcox	Lawton MI	24	4621	114	25:17.9	8:09/M
4	Britney Simcox	Lawton MI	20	4620	138	26:14.4	8:28/M
5	Breanna VanDerWall	Paw Paw MI	21	4670	159	26:51.4	8:40/M
6	Alison VanWyhe	Paw Paw MI	21	4672	160	26:51.9	8:40/M
7	Rachel VanOeffelen	Paw Paw MI	21	4671	161	26:53.7	8:40/M
8	Anna Mallard	Paw Paw MI	21	4505	164	26:54.5	8:41/M
9	Christina Belniak	Schaumburg IL	24	4236	197	27:45.6	8:57/M
10	Robyn Kolk	Kalamazoo MI	24	4475	203	27:53.9	9:00/M

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## Run

## Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
11	Miranda Day	Kalamazoo MI	23	4316	244	29:22.1	9:28/M
12	Meghan Hojara	Dowagiac MI	20	4439	254	29:33.7	9:32/M
13	Raeann Burkey	Kalamazoo MI	20	4282	282	30:31.8	9:51/M
14	Emmaline Hetrick	Vicksburg MI	23	4433	298	30:58.6	9:59/M
15	Erica Brockway	Climax MI	20	4273	332	32:26.5	10:28/M
16	Autumn Knoerl	Paw Paw MI	24	4472	342	33:08.4	10:41/M
17	Morgan Glomski	paw paw MI	21	4379	353	33:17.6	10:44/M
18	Emily Payne	Gobles MI	20	4560	356	33:19.9	10:45/M
19	Brandy Brooks		22	4764	415	35:47.1	11:33/M
20	Kelsey Hatfield	Paw Paw MI	24	4424	439	36:58.4	11:55/M
21	Erica Tinker	Gobles MI	23	4659	447	38:04.3	12:17/M
22	Olivia Benson		23	4737	486	40:33.0	13:05/M

## Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Brian Anderson	Portage MI	22	4207	7	19:50.6	6:24/M
2	* Bob Cavanagh	Mattawan MI	22	4290	8	19:53.6	6:25/M
3	* Grant Lewis	Paw Paw MI	20	4489	29	21:19.0	6:53/M
4	Kasey Schwartz	Vicksburg MI	20	4615	31	21:25.8	6:55/M
5	Howard Adams Jr	Paw Paw MI	20	4202	59	23:14.8	7:30/M
6	Adam Simpson	Lake Zurich IL	24	4622	65	23:27.5	7:34/M
7	Wesley Froman	Kalamazoo MI	24	4359	66	23:28.9	7:34/M
8	Zia Hansen	Coloma MI	20	4411	97	24:48.8	8:00/M
9	Chris Layman	paw paw MI	24	4485	350	33:16.3	10:44/M
10	Cody Kelley		24	4765	416	35:47.1	11:33/M

## Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Kristel Green	White Cloud MI	29	4388	42	22:03.9	7:07/M
2	* Jodi Hanson	Bettendorf IA	28	4413	102	24:59.6	8:04/M
3	* Teryn Reynolds	St. Clair Shores MI	28	4593	124	25:44.7	8:18/M
4	Mandi Thorpe	Gobles MI	28	4657	147	26:33.6	8:34/M
5	Kori Monaweck	Galesburg MI	29	4534	168	27:05.5	8:44/M
6	Amelia Barker-King	Mattawan MI	28	4222	188	27:30.2	8:52/M
7	Amy Campbell		26	4794	201	27:50.1	8:59/M
8	Cara Arrans	Chicago IL	29	4211	208	28:03.4	9:03/M
9	Patience DeRoo		27	4759	209	28:04.3	9:03/M
10	Lindsey Heys	South Haven MI	27	4435	211	28:12.5	9:06/M

## 2014 Grape Lake 5K

Age Group Results

## Run

## Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
11	Amanda Norris		25	4790	220	28:28.1	9:11/M
12	Kaity Stull	Paw Paw MI	26	4649	231	28:53.2	9:19/M
13	Carmen Gazca	Decatur MI	29	4369	237	29:05.8	9:23/M
14	Stacey Miller		29	4719	270	30:02.1	9:41/M
15	Alison Boff	Paw paw MI	26	4248	273	30:10.5	9:44/M
16	Stephanie Klumpp	Kalamazoo MI	28	4469	289	30:43.2	9:55/M
17	Amanda Wesler	Otsego MI	29	4692	299	31:00.7	10:00/M
18	Emily Grabemeyer		26	4781	312	31:35.1	10:11/M
19	Lillian Reeves	Lawton MI	26	4589	339	32:50.5	10:35/M
20	Kelly Schramm	Wyoming MI	27	4612	364	33:30.6	10:48/M
21	Katelyn Crim		25	4309	393	34:56.6	11:16/M
22	Kelly Gulliver	Benton Harbor MI	29	4395	394	34:56.7	11:16/M
23	Marla Alvarez	Portage MI	26	4205	422	36:13.1	11:41/M
24	Danielle Breedlove	Hartford MI	28	4269	442	37:06.0	11:58/M
25	Arielle Harvey	vicksburg MI	26	4423	455	38:52.6	12:32/M
26	Joan Kowalski	Crestwood IL	28	4478	467	39:29.8	12:44/M
27	Jackie Jasper	Homer Glen IL	27	4452	468	39:32.4	12:45/M
28	Alyssa Capovilla	hartford MI	27	4288	474	39:48.5	12:50/M
29	Amanda Ervin	south haven MI	29	4339	475	39:51.0	12:51/M
30	Keri Fox		26	4763	476	39:54.5	12:52/M
31	Melissa Stull	Paw Paw MI	29	4648	483	40:25.6	13:02/M
32	Bethany Jellies	Decatur MI	26	4454	485	40:28.5	13:03/M
33	KELSEA HOWELL	Portage MI	28	4442	507	42:51.6	13:49/M
34	Jamie Keenan	Lawrence MI	25	4461	524	45:05.2	14:33/M
35	Kim Marzec	new lenox IL	26	4509	526	45:25.6	14:39/M
36	Kelly Herrington	Mattawan MI	27	4431	528	45:28.6	14:40/M
37	Keegan Hall	Kalamazoo MI	25	4403	529	46:22.9	14:57/M

## Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Tyler Chambers	Kalamazoo MI	25	4291	21	20:50.1	6:43/M
2	* Ernie Knauf	Kalamazoo MI	29	4471	23	21:00.5	6:46/M
3	* Gustavo Oliveros	Kalamazoo MI	26	4549	33	21:45.2	7:01/M
4	Brody Welch	Kalamazoo MI	26	4691	44	22:15.1	7:11/M
5	Adam Goldberg	Paw Paw MI	28	4382	78	24:01.0	7:45/M
6	Kenny Hagen	Kalamazoo MI	29	4396	109	25:09.8	8:07/M
7	John Finkenbinder	Granger IN	25	4348	126	25:45.0	8:18/M
8	Victor Murillo		29	4537	130	25:49.6	8:20/M
9	Justin Phan	Kalamazoo MI	25	4565	137	26:12.8	8:27/M
10	Thomas Boike	Kalamazoo MI	25	4249	142	26:21.2	8:30/M

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## Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
11	Ryan Priola	Schaumburg IL	28	4578	216	28:22.6	9:09/M
12	Brent Priola	South Elgin IL	26	4579	269	29:58.3	9:40/M
13	Matthew Haynes	Portage MI	28	4426	331	32:23.6	10:27/M
14	Derek Lietzau	Paw Paw MI	25	4492	338	32:45.9	10:34/M
15	Eric Kyser	East Lansing MI	27	4481	362	33:29.7	10:48/M
16	Jordan Welch	Schoolcraft MI	28	4690	421	36:12.8	11:41/M
17	Jessie Hall	Kalamazoo MI	26	4402	489	40:58.1	13:13/M

## Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Anne Mejeur	Decatur MI	33	4527	27	21:10.9	6:50/M
2	* Katie Wittenberg	Portage MI	30	4707	48	22:37.0	7:18/M
3	* Stephanie Little	Climax MI	30	4493	71	23:39.9	7:38/M
4	Emily Gross	Portage MI	30	4391	113	25:17.4	8:09/M
5	Brookes Welc	Portage MI	34	4689	116	25:20.9	8:10/M
6	Stacey Masters	Kalamazoo MI	33	4510	155	26:48.6	8:39/M
7	Jamie Alkire	Portage MI	33	4203	156	26:49.3	8:39/M
8	Jennifer Kenyon	Paw Paw MI	34	4464	180	27:18.1	8:48/M
9	Becky Hartford	2698064396 MI	34	4422	184	27:24.6	8:50/M
10	Kenzi Pridgeon	Coldwater MI	33	4577	234	28:57.4	9:20/M
11	Sarah Hagen	Kalamazoo MI	32	4397	261	29:45.2	9:36/M
12	Michelle Braymer		33	4773	263	29:49.1	9:37/M
13	Tina Hall	Kalamazoo MI	34	4405	264	29:52.5	9:38/M
14	Amber Davis	Mattawan MI	32	4313	290	30:44.3	9:55/M
15	Melissa Dipert	Portage MI	31	4326	302	31:06.3	10:02/M
16	Lindsay Blackmer	Hartford MI	32	4246	306	31:18.1	10:06/M
17	Brenda Mattson	Mattawan MI	32	4511	323	31:58.7	10:19/M
18	Kelli Gower	Dorr MI	30	4385	340	32:51.2	10:36/M
19	Michelle Hall	Chicago IL	34	4404	367	33:39.6	10:51/M
20	Michelle Jaronik	south bend IN	32	4451	395	35:05.1	11:19/M
21	Rachel Christman	Otsego MI	31	4293	398	35:12.7	11:21/M
22	Nicole Basinger	Kentwood MI	33	4230	418	35:55.2	11:35/M
23	Rebecca Rawson	Grand Junction MI	33	4587	425	36:19.4	11:43/M
24	Nicole Pingel	Kalamazoo MI	30	4566	436	36:48.9	11:52/M
25	Andera Farber	Portage MI	34	4342	438	36:53.8	11:54/M
26	Katie Boyer	Saint Joseph MI	34	4262	440	37:00.9	11:56/M
27	Melson Domini	Lawrence MI	33	4329	446	37:47.6	12:11/M
28	Shae McKinnon	Kalamazoo MI	30	4523	452	38:34.5	12:26/M
29	Carrie Girolami	Lawton MI	33	4377	480	40:16.4	12:59/M
30	Brandy Gildea	Allegan MI	33	4376	481	40:18.5	13:00/M

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## Run

## Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
31	Lesley Welburn	lawton MI	33	4688	484	40:27.9	13:03/M
32	Katie Hoover	plainwell MI	32	4441	487	40:47.2	13:09/M
33	Rachel Flickinger	Plainwell MI	33	4350	496	41:57.1	13:32/M
34	Megan Tapper	Hartford MI	30	4654	504	42:38.0	13:45/M
35	Mallory Cottle	Grand Rapids MI	30	4302	527	45:28.2	14:40/M
36	Sarah Craig	Portage MI	31	4308	546	51:39.8	16:40/M
37	Jessica Haynes	portage MI	31	4427	547	51:45.5	16:42/M

## Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Chris Reynolds	St. Clair Shores MI	30	4592	4	18:04.1	5:50/M
2 *	Seth Harris		32	4754	9	20:12.1	6:31/M
3 *	Joshua Bridges	Paw Paw MI	30	4272	14	20:36.4	6:39/M
4	Brian Clements	portage MI	32	4295	18	20:43.6	6:41/M
5	Scott Wielenga	Paw Paw MI	34	4697	25	21:07.2	6:49/M
6	Doug Hubbell	Paw Paw MI	34	4444	26	21:07.8	6:49/M
7	Matthew Wittenberg	Portage MI	30	4708	28	21:19.0	6:53/M
8	Ben Hanson	Bettendorf IA	30	4412	30	21:22.1	6:54/M
9	Tony Pedrolini	Plainwell MI	33	4562	45	22:15.6	7:11/M
10	Dustin Palmer	Fort Washington MD	31	4556	72	23:41.6	7:38/M
11	Jared Heys	South Haven MI	30	4434	76	23:55.3	7:43/M
12	Randy Basinger	Kentwood MI	31	4231	86	24:18.2	7:50/M
13	Lukes Enciso		32	4760	100	24:53.9	8:02/M
14	Lucas Smith	Schoolcraft MI	33	4629	136	26:12.4	8:27/M
15	Antony Low	Portage MI	30	4502	154	26:42.6	8:37/M
16	Jonathan Swegles		34	4731	173	27:09.5	8:45/M
17	Casey McKinnon	Kalamazoo MI	32	4522	178	27:15.0	8:47/M
18	Sean Pingel	Kalamazoo MI	30	4567	196	27:43.1	8:56/M
19	Walter Mroczek III	Decatur MI	33	4536	210	28:05.9	9:04/M
20	Doug Wiggins	Dowagiac MI	32	4698	214	28:19.8	9:08/M
21	Brad Fuller	Mattawan MI	34	4360	222	28:30.1	9:12/M
22	Matt Davis	Mattawan MI	34	4314	239	29:08.0	9:24/M
23	Chad Mitchell	Paw Paw MI	33	4532	268	29:55.5	9:39/M
24	Greg Garrison	Benton Harbor MI	32	4367	316	31:45.0	10:15/M
25	Corey Knapp	Galesburg MI	33	4470	336	32:40.4	10:32/M
26	Scott Romszewicz		33	4774	399	35:13.0	11:22/M
27	Zachary Medrano		32	4526	409	35:36.2	11:29/M
28	Christopher Siegel	Round Lake Beach IL	34	4619	463	39:26.6	12:43/M
29	Scott Flickinger	Plainwell MI	33	4351	479	40:15.0	12:59/M



## 2014 Grape Lake 5K

Age Group Results

## Run

## Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Tracy Argo	Portage MI	36	4209	16	20:41.0	6:40/M
2	* Molly Zygadlo	Kalamazoo MI	36	4713	60	23:15.2	7:30/M
3	* Karen Hermann	Plainwell MI	36	4429	81	24:02.3	7:45/M
4	Jolene Marvin	saint joseph MI	35	4508	94	24:45.0	7:59/M
5	Sara Brown	Mattawan MI	39	4275	95	24:47.3	8:00/M
6	Tabitha Neal	paw paw MI	37	4541	99	24:50.4	8:01/M
7	Rebecca Thoreson	kalamazoo MI	35	4656	103	25:00.6	8:04/M
8	Jennifer Harms	Paw PAW MI	38	4415	108	25:08.8	8:06/M
9	Kristy White	Lawton MI	35	4694	120	25:37.5	8:16/M
10	Susan Cornish	Paw Paw MI	36	4300	125	25:44.8	8:18/M
11	Peachie Smith	Portage MI	36	4627	134	26:08.0	8:26/M
12	Anita Stormont	Saint Joseph MI	38	4645	191	27:33.2	8:53/M
13	Sarah Snyder	Portage MI	36	4633	230	28:52.0	9:19/M
14	Judy Swafford	Kalamazoo MI	39	4650	241	29:11.4	9:25/M
15	Ashley Bowen	Paw paw MI	36	4254	251	29:32.9	9:32/M
16	Jodi Leaser	Paw Paw MI	36	4487	258	29:41.5	9:35/M
17	Holly Nadrasik		38	4539	260	29:43.0	9:35/M
18	Bobbie Smith		37	4738	277	30:19.8	9:47/M
19	Marie Vlietstra	Mattawan MI	35	4675	279	30:22.6	9:48/M
20	Stephanie Doody	Caledonia MI	36	4331	303	31:09.6	10:03/M
21	Danielle Lucas	Dowagiac MI	38	4503	309	31:27.2	10:09/M
22	Jessica Disterheft	Eau Claire MI	36	4328	326	32:17.4	10:25/M
23	Jessica Michael		36	4732	328	32:19.7	10:25/M
24	Vanessa Wilmoth	Hartford MI	36	4703	346	33:11.7	10:42/M
25	Erica Stratton	Mattawan MI	38	4646	347	33:12.2	10:43/M
26	Kristen Gray	Canton MI	39	4386	357	33:25.3	10:47/M
27	Jessica Ferraro	Batavia IL	36	4346	363	33:29.8	10:48/M
28	Kelly Prillwitz		35	4768	374	33:58.1	10:57/M
29	Angie Molter	Watervliet MI	37	4533	380	34:19.3	11:04/M
30	Amanda David	Kalamazoo MI	39	4312	387	34:39.3	11:11/M
31	Amy Pachay	Marcellus MI	38	4552	392	34:51.0	11:15/M
32	Heather Batt	Schoolcraft MI	37	4232	405	35:30.7	11:27/M
33	Kelly Stanard	Lawrence MI	38	4638	412	35:43.6	11:31/M
34	Constance Koenig	Paw paw MI	36	4474	427	36:24.6	11:45/M
35	Felecia Parker	Kalamazoo MI	35	4557	430	36:25.8	11:45/M
36	Colene Rose	Benton Harbor MI	39	4599	445	37:44.5	12:10/M
37	Shanda George	Jamestown NC	36	4372	466	39:27.7	12:44/M
38	Holly Bishop	Vicksburg MI	39	4244	472	39:45.1	12:49/M
39	Cherlyn Bowlby	Decatur MI	38	4257	477	39:55.4	12:53/M
40	Shelly Fox	Schoolcraft MI	39	4354	488	40:57.6	13:13/M
41	Michelle Rowlson	Kalamazoo MI	37	4602	500	42:10.9	13:36/M
42	Jennifer Meachum	Hartford MI	38	4524	503	42:37.6	13:45/M

## 2014 Grape Lake 5K

Age Group Results

## Run

## Female 35 to 39

Place	Name	City	Age	Bib No	Overall	Time	Pace
43	Christina Abbey	Portage MI	35	4201	506	42:51.5	13:49/M
44	Lisa Crowder	Hartford MI	38	4311	509	42:52.9	13:50/M
45	Janice Rumph	Mattawan MI	38	4605	519	44:05.5	14:13/M
46	Katie Tiller	Portage MI	36	4658	525	45:15.5	14:36/M
47	Stephanie Huizing		36	4751	537	48:00.2	15:29/M
48	Crystal Gerencer	Kalamazoo MI	38	4375	540	48:35.1	15:40/M
49	Danyell Burrus	United States MI	37	4283	550	55:24.4	17:52/M
50	Jana Boyer	Paw Paw MI	36	4260	553	57:02.5	18:24/M

## Male 35 to 39

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	* Joseph Hohler III	Kalamazoo MI	38	4438	6	19:50.1	6:24/M
2	* Derek Haroldson	Mattawan MI	36	4416	11	20:25.1	6:35/M
3	* Michael Wagner	Kalamazoo MI	38	4677	12	20:25.8	6:35/M
4	Scott Voigt	Portage MI	37	4676	15	20:40.7	6:40/M
5	Scott Shipmon		36	4735	70	23:38.6	7:37/M
6	Brian Argo	Portage MI	35	4208	85	24:13.7	7:49/M
7	Christopher Wielenga	Grand Rapids MI	36	4696	105	25:02.5	8:05/M
8	Phillip Lear	Portage MI	35	4486	110	25:11.3	8:07/M
9	Jason Bolinger	cumming GA	36	4250	123	25:40.0	8:17/M
10	Aaron Smith	Portage MI	38	4626	128	25:47.3	8:19/M
11	Doug Michau	Round Lake Beach IL	39	4528	167	27:03.6	8:44/M
12	Joe Pasterik	Kalamazoo MI	37	4558	169	27:07.3	8:45/M
13	Christian Herrington	Mattawan MI	36	4430	170	27:08.1	8:45/M
14	Brad Wilmoth	Watervliet MI	39	4704	186	27:28.3	8:52/M
15	Josh Traughber		35	4770	198	27:48.2	8:58/M
16	Corey Kraus	Portage MI	36	4479	212	28:14.0	9:06/M
17	Brook Stensland		36	4752	215	28:22.4	9:09/M
18	Micah Sherman		35	4758	223	28:30.3	9:12/M
19	Brock Payne	Paw Paw MI	39	4559	272	30:09.6	9:44/M
20	Shane Burke	Paw paw MI	39	4280	274	30:10.5	9:44/M
21	Brad Rehmann	St. Johns MI	39	4590	301	31:03.9	10:01/M
22	Dan Ferraro	Batavia IL	38	4345	355	33:19.6	10:45/M
23	Gregory Wagner	West Allis WI	39	4678	365	33:30.7	10:48/M
24	Christopher Bowlby	Decatur MI	37	4258	426	36:21.7	11:44/M
25	Bill Webster	Paw Paw MI	38	4681	521	44:39.7	14:24/M
26	Brian Boyer	Paw Paw MI	39	4259	552	56:58.5	18:23/M

## 2014 Grape Lake 5K

Age Group Results

## Run

## Female 40 to 44

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	* Tracy Balkema	Paw Paw MI	41	4216	43	22:11.4	7:09/M
2	* Stephanie Sosinski	Paw Paw MI	41	4634	68	23:34.4	7:36/M
3	* Amy Maxson	Kalamazoo MI	43	4512	135	26:08.7	8:26/M
4	Susan Howk	Highlands Ranch CO	40	4443	144	26:29.9	8:33/M
5	Gina Grear	Benton Harbor MI	43	4387	151	26:40.6	8:36/M
6	Melissa Gibbs		40	4745	171	27:08.7	8:45/M
7	Elizabeth Maxwell	Lawton MI	40	4513	207	27:59.7	9:02/M
8	Stacy Barker	Coloma MI	42	4221	217	28:23.5	9:09/M
9	Jill McCormack	Chicago IL	41	4517	225	28:34.0	9:13/M
10	Cheri Laverty	Vermontville MI	42	4483	227	28:38.7	9:14/M
11	Shari Durbin	Decatur MI	43	4336	240	29:10.1	9:25/M
12	Christena Oestreich	Valparasio IN	41	4545	291	30:46.9	9:55/M
13	Kathy Jones	Muscatine IA	44	4459	293	30:49.1	9:56/M
14	Traci Houghton		43	4742	294	30:49.9	9:56/M
15	Darla Barbarini	Mattawan MI	44	4219	297	30:58.1	9:59/M
16	Nicole Meachum	Hartford MI	42	4525	300	31:02.3	10:01/M
17	Sheryl Price	Lawton MI	42	4573	307	31:20.3	10:06/M
18	Lori Oxley	Lawton MI	42	4551	308	31:21.9	10:07/M
19	Gisela Lawson	Mattawan MI	44	4484	319	31:47.5	10:15/M
20	Kristen Potts	Kalamazoo MI	40	4569	327	32:17.8	10:25/M
21	Vanessa Jacobsen	Chicago IL	41	4450	341	32:51.2	10:36/M
22	Angela Rueff	Lawton MI	40	4604	348	33:13.7	10:43/M
23	Peggy Noble	Lawton MI	42	4542	349	33:16.2	10:44/M
24	Lisa Bekkering	HOLLAND MI	40	4235	382	34:26.5	11:06/M
25	Heather Clark	Kalamazoo MI	40	4294	383	34:26.6	11:06/M
26	Sandee Jackson	Portage MI	40	4448	386	34:36.5	11:10/M
27	Abigail Kline	Schoolcraft MI	40	4468	397	35:12.3	11:21/M
28	Jackie Kline	mattawan MI	44	4467	401	35:14.2	11:22/M
29	Tina Cowsert	Valparaiso IN	42	4304	402	35:19.9	11:24/M
30	Julie Turk	Paw Paw MI	44	4664	404	35:27.4	11:26/M
31	Cheri Weems	Mattawan MI	44	4686	432	36:39.9	11:49/M
32	Mary Borick	Kalamazoo MI	41	4251	443	37:18.6	12:02/M
33	Alison Smith	Kalamazoo MI	41	4628	444	37:27.6	12:05/M
34	Esther Lonto	Berrien Springs MI	44	4498	448	38:05.1	12:17/M
35	Tonya Lewis	Kalamazoo MI	42	4490	461	39:18.3	12:41/M
36	Karri Porco	Portage MI	43	4568	462	39:18.8	12:41/M
37	Caroline Hains	Kalamazoo MI	42	4400	491	41:14.7	13:18/M
38	Kim Grove		40	4736	494	41:53.8	13:31/M
39	Jennifer Sturgis		40	4779	511	42:57.8	13:51/M
40	Jenny Barnhart	Paw Paw MI	43	4228	514	43:08.8	13:55/M
41	Tammi Smith	Portage MI	42	4632	523	44:59.7	14:31/M
42	Rebecca Barnes	Battle Creek MI	44	4225	532	46:57.1	15:09/M

## 2014 Grape Lake 5K

Age Group Results

## Run

## Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
43	Lavila Weckwerth	Coloma MI	43	4683	539	48:21.2	15:36/M
44	JulLea Stolsky	Kalamazoo MI	41	4643	541	48:37.3	15:41/M

## Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Matt Longjohn		43	4783	38	21:53.6	7:04/M
2 *	John Lamb	Paw Paw MI	40	4482	73	23:42.8	7:39/M
3 *	Jene Hamilton	Mattawan MI	41	4408	96	24:47.6	8:00/M
4	Andrew Turk	Paw Paw MI	42	4663	129	25:48.5	8:19/M
5	Greg Grean		42	4767	158	26:50.0	8:39/M
6	Phillip Koppers	Cazenovia NY	43	4476	172	27:08.9	8:45/M
7	Arden Button		44	4739	179	27:16.6	8:48/M
8	Troy Hendrickson		43	4797	193	27:41.8	8:56/M
9	Thomas Nondorf		44	4723	200	27:49.1	8:58/M
10	Eric Blackford	Kalamazoo MI	43	4245	213	28:16.0	9:07/M
11	Larrence McCormack	Chicago IL	43	4518	218	28:24.7	9:10/M
12	Mike Salerno		41	4775	219	28:27.5	9:11/M
13	Grant Hart	Benton Harbor MI	40	4417	235	29:04.0	9:23/M
14	George Stanard	Lawrence MI	40	4637	242	29:15.3	9:26/M
15	Steve Balkema	Paw Paw MI	42	4215	245	29:22.3	9:28/M
16	Cory Johnson	Mattawan MI	40	4457	247	29:27.3	9:30/M
17	Sam Tank	Plainwell MI	44	4653	257	29:37.6	9:33/M
18	Steve Tipton	Schoolcraft MI	44	4660	271	30:02.1	9:41/M
19	Robert Scheff	Paw Paw MI	44	4611	275	30:14.9	9:45/M
20	ERIC HARMS	Paw PAW MI	42	4414	283	30:34.8	9:52/M
21	Stan Weckwerth	Coloma MI	43	4684	329	32:21.7	10:26/M
22	Brian Pride	Lawton MI	41	4576	337	32:43.4	10:33/M
23	Ken Forester	Mattawan MI	43	4352	450	38:08.7	12:18/M
24	Decker Hains	Kalamazoo MI	42	4401	492	41:14.7	13:18/M
25	John Nondorf		44	4722	502	42:18.5	13:39/M
26	Jason Barnes	Battle Creek MI	40	4224	531	46:56.3	15:08/M

## Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Gena VanderMeulen	Shelbyville MI	46	4669	61	23:18.6	7:31/M
2 *	GRETCHEN DETTLOFF	Kalamazoo MI	45	4323	74	23:46.9	7:40/M
3 *	Mary-Frances Oliphant	Kalamazoo MI	48	4547	115	25:18.5	8:10/M
4	Kristin Warner	Allegan MI	46	4679	117	25:22.5	8:11/M

## 2014 Grape Lake 5K

Age Group Results

## Run

## Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Elizabeth Viola	Highlands Ranch CO	49	4674	146	26:31.9	8:33/M
6	Laura Bradley	Mattawan MI	45	4264	149	26:34.4	8:34/M
7	Valerie Vinson	Indianapolis IN	49	4673	182	27:21.6	8:49/M
8	Shelly Brewer	Fishers IN	49	4271	183	27:22.8	8:50/M
9	Amy Gronda	Paw Paw MI	45	4390	256	29:37.5	9:33/M
10	Tamara Davis	Mattawan MI	48	4315	267	29:55.3	9:39/M
11	Cindy Hetrick	Vicksburg MI	47	4432	280	30:23.5	9:48/M
12	Jalayne Bennett	Paw Paw MI	46	4237	288	30:42.8	9:54/M
13	Lori Puzevic	Mattawan MI	45	4582	334	32:33.6	10:30/M
14	Julie Sweet	Hartford MI	46	4651	358	33:25.7	10:47/M
15	Tiffany Zapolski	Caledonia MI	47	4711	360	33:28.5	10:48/M
16	Lorraine Valk	Paw Paw MI	49	4668	372	33:55.0	10:56/M
17	Noreen Garrido	Scotts MI	47	4366	423	36:16.2	11:42/M
18	Donna Boynton	Schoolcraft MI	47	4263	428	36:24.9	11:45/M
19	Chris Maynard	Mattawan MI	48	4515	437	36:51.6	11:53/M
20	Laurie Gronau		49	4389	441	37:01.0	11:56/M
21	Nancy Loftis	Mattawan MI	46	4495	458	38:58.3	12:34/M
22	Virginia Calvetti	St. Joseph MI	48	4286	490	41:07.7	13:16/M
23	Heidi Keister	Gobles MI	46	4463	497	42:02.5	13:34/M
24	Tina Nadrasik	Schoolcraft MI	49	4538	518	43:45.6	14:07/M
25	Kim Pesegna	Allegan MI	47	4564	530	46:44.5	15:05/M
26	Christine Quist	Paw Paw MI	47	4585	533	47:10.4	15:13/M
27	Anne Reshman		48	4591	542	48:45.6	15:44/M

## Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mike Mannino	Benton Harbor MI	46	4507	20	20:49.8	6:43/M
2 *	Michael Oliphant	Kalamazoo MI	48	4548	36	21:48.1	7:02/M
3 *	Peter Livingstone-McNelis	Kalamazoo MI	49	4494	37	21:52.0	7:03/M
4	Brian Brusach	Paw Paw MI	45	4277	52	22:58.4	7:25/M
5	Scott Hojara	Dowagiac MI	48	4440	62	23:23.7	7:33/M
6	Gary Goscenski	Paw Paw MI	49	4384	82	24:02.8	7:45/M
7	Mario Pyles		49	4791	89	24:24.0	7:52/M
8	Joe Doody	Caledonia MI	46	4330	92	24:33.1	7:55/M
9	Charles Barnes	Galesburg MI	47	4223	131	25:51.2	8:20/M
10	Ray Cox	Saint Joseph MI	45	4305	187	27:28.8	8:52/M
11	Jerry Brownell		49	4789	190	27:31.1	8:53/M
12	David Presley	mattawan MI	48	4571	249	29:28.0	9:30/M
13	Russ Baker	Lawton MI	46	4213	250	29:29.8	9:31/M
14	Daron Sheline	Elkhart IN	47	4617	252	29:33.2	9:32/M

## 2014 Grape Lake 5K

Age Group Results

## Run

## Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
15	Jon Moyle	Mattawan MI	45	4535	285	30:38.1	9:53/M
16	Guadalupe Castaneda		46	4788	318	31:47.2	10:15/M
17	Tom Barharini	Mattawan MI	45	4220	373	33:56.1	10:57/M
18	Jose Garcia	Paw paw MI	46	4363	417	35:49.2	11:33/M
19	Paul Hartfield	Lawton MI	48	4421	419	36:05.2	11:38/M
20	Tim DeLaRonde	Paw Paw MI	48	4317	435	36:48.3	11:52/M
21	Randy Lonto	Berrien Springs MI	48	4499	449	38:05.7	12:17/M
22	Russ Milstein	Corvallis OR	48	4530	544	51:02.8	16:28/M

## Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Julie Wyrwa	Paw Paw MI	52	4709	34	21:46.2	7:01/M
2	* Darla Brown	Allegan MI	50	4276	69	23:37.9	7:37/M
3	* Linda Grossheim	Richland MI	53	4393	177	27:14.4	8:47/M
4	Denise Cook	Paw Paw MI	54	4297	255	29:37.1	9:33/M
5	Lisa Phillips		53	4776	278	30:22.5	9:48/M
6	Cindy Smith	Paw paw MI	52	4630	304	31:16.8	10:05/M
7	Rosanne Abbott		51	4755	310	31:31.6	10:10/M
8	Diane Mannino	Benton Harbor MI	51	4506	320	31:50.9	10:16/M
9	Janine Sobin		52	4756	324	31:59.7	10:19/M
10	Gloria Jurado-Long	Marcellus MI	53	4460	345	33:11.5	10:42/M
11	Angeline Schwartz	Vicksburg MI	52	4613	351	33:16.5	10:44/M
12	Roxann Brouwer	Lawrence MI	52	4274	369	33:46.9	10:54/M
13	Katie Werdmann		54	4772	370	33:47.0	10:54/M
14	Patricia McKean	Hartford MI	52	4520	375	34:00.5	10:58/M
15	Leslie Burkett	Dowagiac MI	51	4281	376	34:06.5	11:00/M
16	Barb Higgins	Kalamazoo MI	51	4436	396	35:06.7	11:19/M
17	Kimberly Christman	Allegan MI	50	4292	400	35:13.3	11:22/M
18	Maria Avard	Paw paw MI	50	4212	414	35:45.9	11:32/M
19	Juli Hartfield	Lawton MI	53	4420	431	36:25.9	11:45/M
20	Helen Garety	South Haven MI	52	4364	456	38:53.9	12:33/M
21	Amy Glomski	paw paw MI	52	4378	470	39:40.0	12:48/M
22	Mary Fox	Lawton	53	4355	471	39:43.4	12:49/M
23	Kay Doolittle	Lawton MI	51	4332	473	39:45.2	12:49/M
24	Marianne Groth	Saint Joseph MI	51	4394	495	41:54.7	13:31/M
25	CINDY FRANKLIN	WHITE PIGEON MI	53	4357	505	42:38.3	13:45/M

## 2014 Grape Lake 5K

Age Group Results

## Run

## Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Dave Bussard	Elkhart IN	54	4285	2	17:08.5	5:32/M
2 *	Bruce Frazee		52	4795	5	19:32.5	6:18/M
3 *	Jeff Pearson	Kalamazoo MI	50	4561	19	20:46.6	6:42/M
4	Arya Jayatilaka	Kalamazoo MI	54	4453	39	21:59.7	7:05/M
5	Paul Bushnell	Kalamazoo MI	53	4284	41	22:02.9	7:06/M
6	Scott Everett	Portage MI	50	4340	51	22:44.7	7:20/M
7	Steven Hubbert	Wayland MI	54	4445	84	24:13.1	7:49/M
8	Shawn Maxwell		50	4796	145	26:31.4	8:33/M
9	David Geib	Lawton MI	51	4370	165	26:54.9	8:41/M
10	Ken Dietz	Hartford MI	50	4325	166	27:01.8	8:43/M
11	Doug Weingart	Bridgman MI	52	4687	176	27:13.8	8:47/M
12	LaVon Schwartz	Vicksburg MI	52	4616	181	27:18.8	8:48/M
13	Troy Carango	Lawton MI	54	4289	195	27:42.7	8:56/M
14	Michael Kinnary	Caledonia MI	50	4466	296	30:51.2	9:57/M
15	John Kocsis		52	4473	305	31:17.4	10:05/M
16	Daniel Mireles		52	4531	325	32:08.7	10:22/M
17	Thomas Allen	Coloma MI	51	4204	335	32:35.0	10:31/M
18	John Garety	South Haven MI	53	4365	368	33:45.3	10:53/M
19	Jim Bowers	laporte IN	51	4256	389	34:47.7	11:13/M
20	Ken Kerr	porter IN	52	4465	410	35:37.7	11:29/M
21	Rick Counterman	paw paw MI	50	4303	411	35:40.3	11:30/M
22	Joe Priola	St. Charles IL	51	4580	454	38:43.7	12:29/M

## Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kathy Farrow	Kalamazoo MI	56	4343	88	24:22.7	7:52/M
2 *	Kathy PREVATTE	Kalamazoo MI	56	4572	132	26:03.9	8:24/M
3 *	Karen Coleman		59	4744	232	28:53.3	9:19/M
4	Whitney Hagen	Paw Paw MI	59	4399	262	29:46.4	9:36/M
5	Debi Steward	Gobles MI	57	4642	286	30:38.4	9:53/M
6	Teresa Distefano	Gobles MI	56	4327	317	31:45.5	10:15/M
7	Sharon Weaver	Scotts MI	58	4680	333	32:32.1	10:30/M
8	Kim Cronk	Kalamazoo MI	56	4310	359	33:28.3	10:48/M
9	Theresa Rowe	Centreville MI	55	4600	390	34:48.1	11:14/M
10	Jean Steele	Kalamazoo MI	57	4640	413	35:43.7	11:31/M
11	Sandy Finkenbinder	Granger IN	58	4349	453	38:41.8	12:29/M
12	Diane Fuller	Kalamazoo MI	55	4361	478	40:10.7	12:57/M
13	Julie Nolin	Lansing MI	58	4543	516	43:25.0	14:00/M
14	Cindy Hulsebos		56	4446	543	49:06.1	15:50/M
15	Diana DeLeon	Portage MI	56	4319	545	51:39.7	16:40/M

## 2014 Grape Lake 5K

Age Group Results

## Run

## Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
16	Debra Wedge	Vicksburg MI	55	4685	549	55:20.1	17:51/M

## Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Timothy Farrow	Kalamazoo MI	57	4344	10	20:16.6	6:32/M
2	* John Brady	Mattawan MI	55	4268	22	21:00.5	6:46/M
3	* George Sleeper	South Haven MI	56	4625	35	21:46.4	7:01/M
4	Douglas Getman		57	4746	46	22:31.7	7:16/M
5	Mike Powell	Kalamazoo MI	56	4570	58	23:14.1	7:30/M
6	Terry Hagen	Paw Paw MI	59	4398	77	23:59.9	7:44/M
7	Steve McCloskey	Paw Paw MI	55	4516	93	24:38.8	7:57/M
8	Richard Martinovich		59	4798	101	24:59.1	8:04/M
9	Edward Liebenthal	Hartford MI	58	4491	140	26:15.6	8:28/M
10	Jeff Shelton	South Haven MI	59	4618	141	26:20.0	8:30/M
11	Tom Kasten		56	4741	148	26:34.2	8:34/M
12	Kevin Armstrong	Portage MI	58	4210	152	26:41.4	8:36/M
13	Jim Kutill	Oak Park IL	58	4480	206	27:59.2	9:02/M
14	Richard Wyrwa	Paw Paw MI	57	4710	228	28:46.8	9:17/M
15	Kevin Grossheim	Richland MI	57	4392	233	28:53.5	9:19/M
16	Alan Price	Niles MI	56	4574	236	29:04.3	9:23/M
17	Jeff Crafts	Paw Paw MI	57	4306	243	29:17.8	9:27/M
18	J. Michael McKee	St. Joseph MI	56	4521	276	30:16.5	9:46/M
19	Dan McKean	Hartford MI	55	4519	284	30:35.8	9:52/M
20	Andy Pachay	Marcellus MI	55	4554	313	31:38.6	10:12/M
21	Guy Strickfaden	bangor MI	55	4647	378	34:11.8	11:02/M
22	Timothy Bremer	Allegan MI	59	4270	384	34:34.1	11:09/M
23	John Coleman		59	4743	434	36:45.4	11:51/M
24	Steven A West	Fort Wayne IN	59	4693	536	47:42.9	15:23/M
25	Bill D'Hondt	Farmington Hills MI	55	4324	548	52:39.1	16:59/M

## Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Victoria Zerbe	Plainwell MI	60	4712	185	27:25.2	8:51/M
2	* Nancy DeMoore	Portage MI	60	4320	292	30:47.8	9:56/M
3	* Debbie May	Paw Paw MI	62	4514	343	33:09.3	10:42/M
4	Linda Tabbert	Three Rivers MI	60	4652	352	33:16.9	10:44/M
5	Elizabeth Kort	Evergreen Park IL	60	4477	354	33:18.8	10:45/M
6	Janet Stensland	Three Rivers MI	62	4641	424	36:16.6	11:42/M



## 2014 Grape Lake 5K

Age Group Results

## Run

## Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Mary Bires	Lawrence MI	62	4241	493	41:18.3	13:19/M
8	Nancy Hathaway	Hartford MI	63	4425	508	42:52.6	13:50/M

## Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Ken Zimmerman		60	4757	32	21:42.7	7:00/M
2	* Maurice Hicks		61	4748	50	22:39.5	7:18/M
3	* Robert Jackson	Portage MI	62	4449	91	24:30.2	7:54/M
4	Tom DeMoore	Portage MI	63	4321	104	25:01.4	8:04/M
5	Don Creager		64	4728	112	25:16.2	8:09/M
6	Fred Keister	Portage MI	63	4462	121	25:37.7	8:16/M
7	Gary Drake		60	4771	163	26:54.4	8:41/M
8	Roger Bentley	Coloma MI	64	4240	253	29:33.3	9:32/M
9	Frank Finkenbinder	Granger IN	60	4347	266	29:55.2	9:39/M
10	Millard Doster	Plainwell MI	64	4333	388	34:43.7	11:12/M
11	Gary Barton	Lawton MI	62	4229	459	39:16.2	12:40/M
12	Robert Cordell	Mattawan MI	63	4299	534	47:18.2	15:15/M

## Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
	* No Finishers						

## Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Tom Tollefson	South Haven MI	66	4661	55	23:07.1	7:27/M
2	* Dean Mac Vicar	Kalamazoo MI	67	4504	79	24:01.4	7:45/M
3	* Bill Garrity	South Haven MI	66	4368	106	25:05.2	8:05/M
4	Bill Hoffman	Lawrence MI	65	4437	322	31:57.8	10:18/M
5	Daniel Ambroso	Portage MI	66	4206	538	48:18.3	15:35/M

## Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Judy Bodjack	Saint Joseph MI	74	4247	321	31:54.1	10:17/M

## 2014 Grape Lake 5K

Age Group Results

## Run

## Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jack Wyatt		70	4720	157	26:49.5	8:39/M
2 *	Les Collins	St Joseph MI	74	4296	194	27:42.6	8:56/M
3 *	Tom Bennett	Paw Paw MI	71	4239	281	30:24.4	9:48/M
4	Mike Foster		72	4792	381	34:23.1	11:05/M

## Female 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Francis Bradshaw	wayland MI	78	4266	554	58:56.2	19:01/M

## Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Royce Bland		76	4747	361	33:29.1	10:48/M
2 *	David Rozelle	Kalamazoo MI	76	4603	371	33:50.9	10:55/M
3 *	Ed Stanek	Lawrence MI	79	4639	420	36:12.2	11:41/M

## Female 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
*	No Finishers						

## Male 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jerry Johncock		86	4455	229	28:48.2	9:17/M
2 *	William Troxell	Wayland MI	85	4662	517	43:37.1	14:04/M
3 *	George Bradshaw	wayland MI	85	4267	555	58:58.4	19:01/M