

Race Date
August 02, 2014

8th Annual RDP Dean A. Frigo Memorial 5K Run

Age Group Results

5K Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Meg Schnieders		48	7004	12	18:25.6	5:56/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Blaylock		18	4735	1	16:31.1	5:20/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Karen Spoor		43	7095	62	22:15.7	7:11/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rod Kahl		49	7018	14	18:35.8	6:00/M

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5K Run

Female 1 to 8

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julia Monix		7	4887	341	39:32.7	12:45/M

Male 1 to 8

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Luke Horn		8	4838	193	28:27.1	9:11/M
2	Kade Hand		7	4816	296	34:47.1	11:13/M
3	Noah Jenkins		8	7024	313	36:28.6	11:46/M

Female 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Megan Bucko		10	4750	174	27:26.2	8:51/M
2	Emily Silvas		10	7001	194	28:27.1	9:11/M
3	EMMA DEHAAN		9	4770	345	40:02.4	12:55/M

Male 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Levi O'Day		9	4902	173	27:25.4	8:51/M
2	Michael Jenkins		9	4843	180	27:35.2	8:54/M
3	Matthew Scandura		9	7099	260	32:18.2	10:25/M
4	Zack Brown		10	4745	337	39:23.6	12:42/M
5	Adam Glass		9	4803	344	39:58.1	12:54/M
6	Tyler Brooks		9	4741	388	51:25.5	16:35/M

Female 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Olivia McCauley		12	4671	65	22:18.2	7:12/M
2	Alexia Bibakis		12	4731	82	22:57.6	7:24/M
3	Brooke Otis		12	4675	84	23:04.9	7:26/M
4	Elizabeth Vaught		12	4676	152	26:37.7	8:35/M
5	Mary Bonner		12	4680	255	31:53.8	10:17/M
6	Lauren Cruz		12	4766	270	32:45.2	10:34/M
7	Briana Scandura		11	7096	299	34:57.6	11:16/M
8	Lindsey Delgado		11	4774	342	39:37.7	12:47/M
9	Katie Smetana		12	4944	380	49:27.5	15:57/M

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Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	JACKSON DEHAAN		12	4769	64	22:17.7	7:11/M
2	Ryan Farmer		11	7032	139	25:58.3	8:23/M
3	Isaac O'Day		11	4901	155	26:47.9	8:38/M
4	Joey Hennessy		11	4830	163	26:59.1	8:42/M
5	Reec Ison		11	7022	165	27:00.8	8:43/M
6	Teddy Merkel		11	7054	198	28:41.3	9:15/M
7	Geno Zambrano		11	7031	211	29:19.3	9:27/M
8	Emilio Zambrano		11	7030	273	32:49.9	10:35/M
9	Conner Caffarini		11	4751	412	59:06.3	19:04/M

Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jessie Mescal		14	4672	36	20:22.6	6:34/M
2	Annalisa James		13	7085	43	20:56.2	6:45/M
3	Chloe Otis		13	4674	75	22:43.9	7:20/M
4	Claire Mitsch		13	7114	110	24:20.1	7:51/M
5	Jasmine Reyes		14	7038	123	25:15.4	8:09/M
6	Hayley Jenkins		13	4844	127	25:34.5	8:15/M
7	Josie Burgaess		14	7007	256	31:58.5	10:19/M
8	Kelli Gagne		14	7072	287	33:49.7	10:55/M
9	Cheyenne Riley		14	4704	305	35:24.4	11:25/M
10	Ann Taylor		13	4708	326	37:56.1	12:14/M
11	Alivia Barta		14	4677	363	43:23.3	14:00/M

Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alex Wondaal		13	7041	26	19:38.4	6:20/M
2	Alec Fleming		14	4790	31	19:57.4	6:26/M
3	James Sanders		14	4623	40	20:48.9	6:43/M
4	Adam Edwards		13	7050	42	20:54.9	6:45/M
5	Eric Olivares		13	4620	47	21:14.9	6:51/M
6	Graem Stickann		14	4950	77	22:51.7	7:22/M
7	Avery Stein		14	4626	130	25:40.2	8:17/M
8	Joshua Banhart		14	4601	132	25:46.3	8:19/M
9	Gage Fraser		13	4793	140	26:00.4	8:23/M
10	Michael Hutton		14	4615	142	26:06.2	8:25/M
11	Trevor Cooper		14	4605	148	26:22.8	8:30/M
12	Josh Markve		14	4619	161	26:58.2	8:42/M

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Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
13	Ernie Anderson, III		13	4716	199	28:42.7	9:15/M
14	Trey Cook		13	7033	261	32:20.7	10:26/M
15	Ethan Krucina		14	4617	295	34:46.2	11:13/M
16	Diamond Jake Artman		14	4628	308	35:59.2	11:36/M
17	Grant Monix		14	4886	340	39:32.2	12:45/M

Female 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sara Ramos		15	4919	53	21:29.2	6:56/M
2	Taylor Aeschliman		16	4660	69	22:31.4	7:16/M
3	Bridgette Banser		16	4723	70	22:32.9	7:16/M
4	Sarah Wieser		18	4977	76	22:48.9	7:21/M
5	Amanda Lange		16	4670	89	23:13.9	7:29/M
6	Liz Fox		17	7047	95	23:36.7	7:37/M
7	Sarah Benjamin		16	7046	98	23:48.4	7:41/M
8	Haily Bushore		17	4662	108	24:16.2	7:50/M
9	Liza Huseman		15	4669	115	24:48.6	8:00/M
10	Brittany Montemayer		17	4890	126	25:31.6	8:14/M
11	Tori Collins		16	4684	133	25:48.1	8:19/M
12	Hayley Farmer		16	4655	134	25:49.7	8:20/M
13	Jordan Sanders		16	4659	137	25:51.6	8:20/M
14	Jessica Bullitt		17	4661	151	26:32.1	8:34/M
15	Amy Fraikin		18	7078	190	28:17.2	9:07/M
16	Katie Lewandowski		17	4657	209	29:12.4	9:25/M
17	Joselyn Bobos		15	4678	221	29:50.5	9:37/M
18	Alexandria Collins		15	4685	222	29:50.7	9:37/M
19	Samantha Hammer		18	7104	224	29:52.2	9:38/M
20	Amanda Gruszka		17	4690	227	30:01.3	9:41/M
21	Courtney Espravnik		18	4786	233	30:15.9	9:45/M
22	Kailey McGarry		15	4879	240	31:10.7	10:03/M
23	Sarah Heiny		15	4667	241	31:11.4	10:04/M
24	Jacqueline Dumbsky		15	4654	247	31:26.6	10:08/M
25	Amy Wallis		17	7080	250	31:39.8	10:13/M
26	Melissa McBride		17	4658	282	33:28.3	10:48/M
27	Katie Banek		15	4653	304	35:22.8	11:25/M
28	Jessica Shope		17	4707	311	36:26.2	11:45/M
29	Karoline Chraponski		16	4683	316	37:18.9	12:02/M
30	Riley Schilling		16	4706	323	37:49.4	12:12/M
31	Sara Lewandowski		16	4697	324	37:49.6	12:12/M
32	Meagan Fitzgerald		15	4688	329	38:54.7	12:33/M

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Female 15 to 18

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33	Hunter Justevitch		17	4692	330	38:54.9	12:33/M

Male 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tony Wondaal		18	4984	3	17:03.3	5:30/M
2	Matthew Wilson		16	4978	4	17:13.5	5:33/M
3	Bryon Berg		15	5000	5	17:38.7	5:41/M
4	Kyle Pfister		17	4913	7	17:45.7	5:44/M
5	Cristian Zendejas		15	4987	8	17:52.7	5:46/M
6	Matt Matthias		18	4871	9	17:59.9	5:48/M
7	Adrian Chavez		17	4989	10	18:02.2	5:49/M
8	Mike Kristy		17	4856	11	18:09.7	5:51/M
9	Osvoldo Rosas-Gonzales		17	4622	15	18:47.4	6:04/M
10	Fernando Rosas-Gonzales		15	4621	16	18:49.6	6:04/M
11	Michael Matthias		18	4872	17	18:51.2	6:05/M
12	Brandon Smith		17	4625	21	19:09.9	6:11/M
13	Jack Love		16	4864	27	19:45.7	6:22/M
14	Kyle Kmetz		17	4616	28	19:47.2	6:23/M
15	Martin Estrada Jr		17	7089	37	20:33.9	6:38/M
16	Michael Dewes		17	4608	51	21:26.1	6:55/M
17	Lucas Finger		15	4610	55	21:36.7	6:58/M
18	Jayce Lillbridge		15	4618	61	22:14.3	7:10/M
19	Cameron Chapman		15	7015	78	22:52.9	7:23/M
20	Zac Galvan		15	4639	87	23:12.2	7:29/M
21	Nathaniel Herr		15	4613	88	23:12.9	7:29/M
22	Zach Bobos		17	4630	90	23:16.7	7:30/M
23	Kyle Deutch		17	4634	102	24:08.9	7:47/M
24	Tucker Mackenshi		15	7036	104	24:11.6	7:48/M
25	Trevor Espravnik		15	4637	106	24:14.2	7:49/M
26	Jordan Justevitch		15	4643	107	24:14.8	7:49/M
27	Randy DeValk		15	4636	111	24:31.5	7:55/M
28	Cole Blummer		17	4737	112	24:34.2	7:55/M
29	Chris Hendrick		18	4826	116	24:54.3	8:02/M
30	Aaron Hamm		18	7070	120	25:06.4	8:06/M
31	Logan Deltaan		15	7115	121	25:07.2	8:06/M
32	Ian Embree		15	4609	135	25:50.3	8:20/M
33	Zachary Herr		17	4614	146	26:09.7	8:26/M
34	Jakub Baran		17	4602	156	26:48.9	8:39/M
35	Kyle Sisk		17	4624	160	26:54.6	8:41/M
36	Tyler Cooper		17	4606	166	27:04.4	8:44/M

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37	Adam Felder		16	4638	169	27:10.7	8:46/M
38	Paul Greaney		17	4612	179	27:34.3	8:54/M
39	David Delgado		17	4772	200	28:43.5	9:16/M
40	Jack DeValk		16	4635	214	29:32.4	9:32/M
41	Luke Fricke		15	7101	216	29:34.3	9:32/M
42	George Sgouroudis		15	4941	232	30:15.7	9:45/M
43	Tim Kreczmer		17	4645	251	31:44.5	10:14/M
44	Austin Belt		18	4629	252	31:44.7	10:14/M
45	Hayden Monix		16	4889	257	32:04.9	10:21/M
46	Robert Smetana		17	4650	259	32:12.8	10:23/M
47	Robert Fitzwater		15	7025	263	32:22.8	10:26/M
48	Ryan Bottos		16	4631	274	33:06.3	10:41/M
49	Justin Thomas		16	4651	275	33:06.7	10:41/M
50	Austin Giordano		15	4640	276	33:07.5	10:41/M
51	Jerril Fortner		15	4611	303	35:22.6	11:25/M
52	Zachary Wilson		18	4980	376	48:27.2	15:38/M
53	Cody Munster		18	4648	385	51:02.5	16:28/M
54	Niko Vasquez		17	4652	386	51:02.9	16:28/M
55	Matthew Frigo		18	4799	394	52:00.5	16:46/M
56	Kyle Frigo		15	4795	395	52:01.9	16:47/M

Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amy Maciejewski		24	4866	63	22:16.1	7:11/M
2	Brittney Ulanowski		20	4959	67	22:29.1	7:15/M
3	Natalie Cardwell		19	4757	71	22:36.2	7:17/M
4	Sarah Jonas		20	4847	73	22:39.9	7:18/M
5	Ashley Ulanowski		20	4958	83	22:58.4	7:25/M
6	Sydney Brock		21	7011	93	23:25.7	7:33/M
7	Holly Opat		19	4906	101	24:00.2	7:45/M
8	Abigail Thomas		24	4954	158	26:49.9	8:39/M
9	Emily Green		23	4807	183	27:40.8	8:55/M
10	Kathryn Crook		24	7051	192	28:23.7	9:09/M
11	Alison Johnson		20	4846	208	29:11.7	9:25/M
12	Colleen Hannon		23	4817	243	31:12.8	10:04/M
13	Becca Nida		24	4898	294	34:27.1	11:07/M
14	Erin Gavelek		23	4656	302	35:22.4	11:25/M
15	Tori Delgado		19	4773	359	42:51.2	13:49/M
16	Kelsey Beshears		24	7028	361	43:15.5	13:57/M
17	Jessica Verta		23	7027	362	43:15.6	13:57/M

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Female 19 to 24

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18	Kelly McGarry		21	4877	389	51:25.9	16:35/M

Male 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Matt Hall		20	4813	2	17:02.9	5:30/M
2	Ethan Huseman		19	4841	13	18:34.3	5:59/M
3	Justin Peterson		20	4912	24	19:22.4	6:15/M
4	Reese Mitsch		19	4883	30	19:57.3	6:26/M
5	Stephen Bajzalt		22	4722	33	20:10.9	6:30/M
6	Eli Ceiga		19	7064	34	20:10.9	6:30/M
7	Nick Schultz		23	4938	81	22:55.8	7:24/M
8	Hollis Malkauski		19	7035	103	24:11.4	7:48/M
9	Drew Lambert		24	4859	118	25:01.4	8:04/M
10	Bryan Thomas		19	4953	167	27:08.9	8:45/M
11	Connor McGarry		19	4875	195	28:28.5	9:11/M
12	Drew Haverlin		23	7111	196	28:33.2	9:13/M
13	Kennith Hushes		19	7040	205	28:48.7	9:17/M
14	Josh Bottos		19	7079	234	30:16.1	9:46/M
15	Jacob Payton		22	4911	408	57:39.2	18:36/M
16	Mark Puskar		24	7105	409	57:42.9	18:37/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brittany Lump		26	7006	32	20:09.9	6:30/M
2	Heather Schultz		25	4939	80	22:54.7	7:23/M
3	Rebeca Dominguez		26	4779	96	23:42.1	7:39/M
4	Brenda Merschantz		28	4882	100	23:53.3	7:42/M
5	Mallory Henley		28	4828	113	24:36.4	7:56/M
6	Jennifer Madgiak		28	4867	114	24:45.2	7:59/M
7	Casey McGarry		26	4878	189	28:11.5	9:05/M
8	Megan Fricke		25	4794	215	29:33.3	9:32/M
9	Tiffany Kouimanis		25	4855	253	31:46.7	10:15/M
10	Kellie Rauguth		28	4921	254	31:51.6	10:16/M
11	Karla Conrad		25	4761	265	32:30.1	10:29/M
12	Robyn Kuiper		27	4857	318	37:32.7	12:06/M
13	Kendra Hand		26	4815	325	37:54.5	12:14/M
14	Jerri Jones		26	4848	328	38:48.1	12:31/M
15	Cory Hasik		29	4822	332	39:08.1	12:37/M

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16	Jessica Rayner		28	4922	358	42:39.4	13:45/M
17	Dana Radtke		28	4703	364	43:23.7	14:00/M
18	Kristi Quigley		28	4702	365	43:34.3	14:03/M
19	Ann Bobos		28	4679	366	43:34.5	14:03/M
20	Amanda Cooper		25	7087	402	55:24.5	17:52/M
21	Tara DeLong		27	4775	407	56:43.9	18:18/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	DJ Salmon		26	7009	18	18:59.9	6:07/M
2	Brian Cielez		25	7112	23	19:18.9	6:14/M
3	MARK BOWRON		29	4988	41	20:50.9	6:43/M
4	Jake Cummins		28	4767	60	22:12.1	7:10/M
5	Nathan Oaf		28	4899	66	22:25.5	7:14/M
6	Justin Henley		29	4827	72	22:38.1	7:18/M
7	Max Znika		26	7086	97	23:45.4	7:40/M
8	Rick Merschantz		29	7090	99	23:53.1	7:42/M
9	Luke Palmer		25	4908	117	24:55.1	8:02/M
10	Steven Ruschak		27	4932	207	29:08.8	9:24/M
11	David Erpelding		26	4784	210	29:12.6	9:25/M
12	Luis Villarreal		28	7084	236	30:39.4	9:53/M
13	Russ Kuiper		28	4858	320	37:35.7	12:07/M
14	Larin Chlidress		27	4633	403	55:36.1	17:56/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Karen Nagel		34	4894	29	19:49.2	6:24/M
2	Nicole Gruszka		34	4809	58	22:00.5	7:06/M
3	Crystal Dehaven		31	7065	59	22:08.6	7:08/M
4	Andgelica Leon		33	7060	86	23:11.9	7:29/M
5	Darci Chidichimo		34	4760	109	24:19.3	7:51/M
6	Jacky VanDusseldorp		32	4966	124	25:20.5	8:10/M
7	Sarah Olivarez		33	4905	145	26:07.6	8:25/M
8	Danielle Oehlman		32	4903	164	26:59.7	8:42/M
9	Angie Bernotus		32	4729	168	27:09.9	8:45/M
10	Katrina Hejnowski		30	4824	181	27:38.7	8:55/M
11	Tara Mayersky		31	7094	218	29:43.4	9:35/M
12	Lori Harless		32	4821	242	31:12.6	10:04/M

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Age Group Results

5K Run

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
13	Olivia Obregon		31	4900	336	39:21.3	12:42/M
14	Darcy Scandura		34	7097	343	39:54.4	12:52/M
15	Mary Merkle		32	4881	369	43:57.4	14:11/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steve Stolzenbach		33	4951	20	19:08.9	6:10/M
2	Dustin Oehlman		30	4904	68	22:29.3	7:15/M
3	Bruce Bigbie		30	4732	91	23:18.6	7:31/M
4	Thomas Mullins		31	4892	119	25:02.2	8:05/M
5	Cass Hejnowski		34	4823	175	27:29.9	8:52/M
6	RAY Pivnti		32	4992	185	27:44.1	8:57/M
7	Michael Borkstrom		32	4739	249	31:39.5	10:13/M
8	Chris Weeks-Barnitt		32	4971	333	39:08.1	12:37/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dara Grady		37	4806	57	21:48.8	7:02/M
2	Josie Gregan		38	7048	122	25:07.9	8:06/M
3	Sara Bruner		37	4747	159	26:52.7	8:40/M
4	Kellie Gorbali		37	4805	172	27:24.5	8:50/M
5	Breeann Nestorovski		35	4896	226	29:58.4	9:40/M
6	Kathy Phillips		38	4914	258	32:10.2	10:23/M
7	Gloria Cruz		37	4765	272	32:45.6	10:34/M
8	Cheryl Grskovich		39	4808	278	33:13.6	10:43/M
9	Janice Vanover		37	4967	279	33:13.6	10:43/M
10	Laura Snow		37	4996	283	33:29.3	10:48/M
11	Vicki O'Sullivan		38	4907	288	33:51.1	10:55/M
12	Mandy Maloblocki		38	4868	289	33:56.3	10:57/M
13	Carri Ables		37	4712	301	35:11.2	11:21/M
14	Gina Netherton		35	4897	309	36:03.8	11:38/M
15	Mandy Gulley		35	4811	310	36:15.6	11:42/M
16	Aimee Beauchamp		38	4724	353	41:47.7	13:29/M
17	Rebecca Brooks		39	4740	398	52:50.5	17:03/M

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8th Annual RDP Dean A. Frigo Memorial 5K Run

Age Group Results

5K Run

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Richard Gutierrez		36	7017	6	17:43.9	5:43/M
2	Raymond Silvas		38	7002	25	19:28.8	6:17/M
3	Ben Vickers		39	4969	44	20:58.8	6:46/M
4	Tim Tully		38	4957	54	21:29.4	6:56/M
5	Joe Reyes		38	7037	129	25:39.3	8:16/M
6	Danny Nestorovski		37	4895	131	25:42.7	8:17/M
7	Scott Coil		36	4663	138	25:54.9	8:21/M
8	Rich Korba		37	4854	154	26:43.7	8:37/M
9	John Cooper		37	4762	217	29:40.1	9:34/M
10	Phil Borkstrom		38	4738	248	31:38.8	10:12/M
11	Shane Jenkins		38	4845	312	36:28.6	11:46/M
12	Chris Scandura		39	7098	334	39:16.7	12:40/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jacki Mitsch		43	4884	79	22:53.9	7:23/M
2	Tina Blankenship		43	4734	143	26:06.5	8:25/M
3	Cathie Mitsch		42	4885	153	26:42.8	8:37/M
4	Tammy Bucko		44	4749	186	27:45.5	8:57/M
5	Linda Lopez		44	7107	191	28:20.8	9:08/M
6	Jennifer Hennessy		42	4829	201	28:44.3	9:16/M
7	Christine Horm		40	4836	203	28:46.4	9:17/M
8	Gina Merkel		44	7053	206	28:53.3	9:19/M
9	Tammy Barger		42	7049	212	29:30.5	9:31/M
10	Trish Taylor		42	7010	223	29:51.9	9:38/M
11	VeronicaA Franco		41	7045	230	30:10.6	9:44/M
12	Milka Sanders		44	4935	245	31:19.7	10:06/M
13	Becky Espravnik		43	4785	284	33:44.5	10:53/M
14	Lily Vandersteeg		44	4964	290	34:03.7	10:59/M
15	Jennifer Guhl		42	4810	331	38:56.9	12:34/M
16	Maria Hernandez		40	4831	347	40:27.1	13:03/M
17	Angie King		43	4852	351	41:29.9	13:23/M
18	Kristina Armstrong		43	4720	360	43:00.9	13:52/M
19	Andrea Cook		41	7034	370	44:21.8	14:18/M
20	Tricia Bellich		44	4726	375	48:22.7	15:36/M
21	Alyssa Monix		43	4888	383	50:32.7	16:18/M
22	Adrienne Mautner		40	4873	384	50:50.9	16:24/M
23	MELANE CAFFARINI		43	4752	413	59:07.5	19:04/M

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Age Group Results

5K Run

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Alessia		43	7003	46	21:05.8	6:48/M
2	Timothy Brown		43	4743	50	21:22.8	6:54/M
3	Mike Stickann		44	4949	92	23:23.9	7:33/M
4	Joe Banek		42	7088	125	25:27.9	8:13/M
5	Ernie Anderson, Jr.		43	4717	128	25:34.7	8:15/M
6	Kyle Fraser		43	4791	144	26:06.6	8:25/M
7	Tony Horn		44	4837	171	27:21.1	8:49/M
8	David Merkel		44	7052	188	28:06.2	9:04/M
9	Mike Arena		44	4718	213	29:30.5	9:31/M
10	Mark Camarena		42	4754	264	32:24.4	10:27/M
11	Paul Lillibridge		42	7026	300	34:58.6	11:17/M
12	Larry Espravnik		44	4787	319	37:34.2	12:07/M
13	Michael Bellich		44	4725	401	54:21.8	17:32/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mary Jo Russel		47	4934	85	23:09.4	7:28/M
2	Sue Glass		46	4804	149	26:25.0	8:31/M
3	Tricia Abbott		45	4711	176	27:30.4	8:52/M
4	Vicky Kunowski		45	7108	197	28:37.4	9:14/M
5	Cindy Anderson		46	4713	202	28:45.6	9:16/M
6	Sue Brown		49	4744	220	29:46.6	9:36/M
7	Linda Ramos		46	4918	228	30:01.5	9:41/M
8	Sue Smetana		45	4943	237	30:40.1	9:54/M
9	Coleen Schultz		48	4940	286	33:47.2	10:54/M
10	Karen Wallis		45	7081	291	34:07.5	11:00/M
11	Shelley Streeter		45	7082	292	34:07.7	11:00/M
12	Sharon Wimmer		45	4981	297	34:56.5	11:16/M
13	Kathy Whaley		49	4974	314	36:49.8	11:53/M
14	Kristina Browne		49	4746	321	37:44.7	12:10/M
15	Mary Welsh		48	4972	322	37:46.4	12:11/M
16	Crystal Vasquez		46	4968	387	51:05.7	16:29/M
17	Donna DeLong		49	4777	406	56:43.5	18:18/M
18	Deborah Anderson		48	4714	414	59:51.3	19:18/M
19	Robin Benson-Harvey		47	4999	418	1:02:00.5	20:00/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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8th Annual RDP Dean A. Frigo Memorial 5K Run

Age Group Results

5K Run

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alexander Fraser		45	4792	35	20:12.6	6:31/M
2	Ted Armstrong		49	4719	38	20:39.1	6:40/M
3	David Wolfe		49	4983	94	23:28.1	7:34/M
4	Dan Blankenship		48	4733	184	27:42.2	8:56/M
5	Jim Hendrick		48	4825	267	32:37.2	10:31/M
6	DAVID CHARY		47	4759	327	38:04.7	12:17/M
7	Terrance Crnkovich		49	4764	371	45:46.9	14:46/M
8	Scott Smetana		47	4945	381	49:28.2	15:57/M
9	David Frigo		49	4796	390	51:29.6	16:36/M
10	Scott Frigo		48	4801	393	52:00.3	16:46/M
11	STEVEN DEHAAN		48	4771	397	52:22.4	16:54/M
12	David Caffarini		47	4753	411	59:06.2	19:04/M
13	William Anderson		49	4715	415	59:51.7	19:18/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Barb Hamner		50	4814	187	28:05.2	9:04/M
2	Patty Wiater		50	4975	219	29:46.4	9:36/M
3	Melinda Hartman		51	7069	307	35:38.6	11:30/M
4	Kathy Fenner		54	4788	338	39:26.6	12:43/M
5	Susan Wilson		50	4979	377	48:27.2	15:38/M
6	Joyce McGarry		51	4876	392	51:32.6	16:37/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Erik Roe		50	7100	52	21:26.9	6:55/M
2	Robert Regnier		51	4923	150	26:27.2	8:32/M
3	Jim Jungels		51	7063	204	28:48.2	9:17/M
4	Mike Wiater		52	4976	231	30:15.2	9:45/M
5	Gregg Delong		52	4776	269	32:39.9	10:32/M
6	Usa Manes		51	4869	352	41:29.9	13:23/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cecilia Bernal		58	4728	178	27:32.5	8:53/M
2	Felicia Schuster		56	7110	239	30:59.2	10:00/M

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Age Group Results

5K Run

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Patty Mikulich		56	7067	266	32:31.7	10:29/M
4	Cathy Hall		55	7113	293	34:22.2	11:05/M
5	Kathy Midkiff		58	7008	349	41:04.8	13:15/M
6	Diane Hudak		55	4840	350	41:05.2	13:15/M
7	Susan Sendejas		57	7120	396	52:21.4	16:53/M
8	Susan Lopez		56	4860	416	59:52.5	19:19/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mike Daly		58	4768	22	19:14.7	6:12/M
2	Bob Turek		57	7044	48	21:16.6	6:52/M
3	Brian Norrick		57	7013	49	21:22.2	6:54/M
4	Joe Hudak		59	4839	56	21:39.3	6:59/M
5	Daniel Eaves		55	4783	105	24:13.8	7:49/M
6	Bert Yothment		59	4985	136	25:50.4	8:20/M
7	Dale Yeager		55	4998	147	26:09.9	8:26/M
8	Bob Phillips		56	4915	177	27:30.8	8:52/M
9	Day Ward		58	7106	281	33:21.9	10:45/M
10	Manuel Rodriguez III		55	7012	285	33:45.3	10:53/M
11	John Fenner		56	4789	317	37:26.4	12:05/M
12	Daniel Rohaley		59	4926	391	51:32.4	16:37/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carol Bachinski		64	4721	315	37:04.4	11:57/M
2	Carmen Piunti		60	4917	356	41:51.9	13:30/M
3	MorningSun Kelly		61	4851	372	46:12.8	14:54/M
4	Mary Dziubczynski		63	4781	373	47:02.2	15:10/M
5	Sue Hansen		60	4819	405	56:42.3	18:17/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jim Piaskowy		60	4916	19	19:03.7	6:09/M
2	Roger Steffen		63	4948	39	20:42.1	6:41/M
3	Joe Betz		63	4730	45	21:02.7	6:47/M
4	Whitewolf Kelly		62	4850	141	26:00.5	8:23/M

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Age Group Results

5K Run

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Antonio Velaslo		60	7068	157	26:49.6	8:39/M
6	Terrence Lukisa		64	7057	170	27:14.1	8:47/M
7	Michael Grochowski		60	7058	182	27:38.9	8:55/M
8	Roberto Sarli		60	4936	271	32:45.6	10:34/M
9	Jesse Bernal		63	4727	280	33:18.5	10:45/M
10	Dewey Pearman		61	7093	354	41:48.7	13:29/M
11	Jose Lopez		60	7039	367	43:45.7	14:07/M
12	Mike Dziubczynski		63	4782	382	49:49.8	16:04/M
13	Bob Hansen		62	4820	404	56:41.7	18:17/M
14	Joe Lopez		60	4861	417	59:52.7	19:19/M
15	Jim Carlson		62	4632	420	1:07:10.2	21:40/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Linda Perry		67	7066	235	30:32.9	9:51/M
2	Jean Tolchinsky		68	4955	246	31:25.2	10:08/M
3	Carol Core		67	4763	262	32:22.2	10:26/M
4	Louise Hooper		69	4834	268	32:37.6	10:31/M
5	Ulrike Zambori		65	4986	368	43:46.5	14:07/M
6	Pam Camarena		66	4756	399	53:28.7	17:15/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mann Spittler		66	4947	74	22:40.7	7:19/M
2	Tom Hutmacher		66	7016	162	26:58.3	8:42/M
3	Bill Moylan		65	4991	225	29:55.2	9:39/M
4	Alan Dubowski		66	4780	229	30:04.6	9:42/M
5	Dennis Rotz		66	4930	244	31:15.5	10:05/M
6	Michael Moskalick		69	4891	298	34:57.1	11:16/M
7	Clarence Melion		69	7019	306	35:29.5	11:27/M
8	Jim Kiechle		67	4644	419	1:07:09.2	21:40/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bev Calligan		72	7092	346	40:18.6	13:00/M
2	Karen Wehrle		72	4990	355	41:50.6	13:30/M

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Age Group Results

5K Run

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Phyllis Hansen		71	4818	357	42:00.8	13:33/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Withey		71	4995	277	33:09.2	10:42/M
2	Gideon Falk		74	7083	348	40:56.8	13:12/M
3	Tom Calligan		72	7091	374	48:21.6	15:36/M
4	Bob Hooper		72	4835	378	49:13.8	15:53/M
5	Victor Camarena		73	4755	400	53:28.9	17:15/M

Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Scott Rains		76	7014	238	30:52.2	9:57/M
2	Duane Hibbs		78	7005	339	39:32.1	12:45/M
3	Marvin Jordan		77	4849	410	58:04.5	18:44/M

Male 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Champ Merrick		81	7059	335	39:16.9	12:40/M
2	James Johnson		82	7021	379	49:22.2	15:55/M

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Age Group Results

Clydesdale/Athena

Female 0-99

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tiffany Dines		25	7055	8	32:35.4	10:31/M
2	Ruth Bonacci-Klaeser		59	4147	9	36:38.2	11:49/M
3	Emily Doehring		47	4778	12	43:36.5	14:04/M
4	Linda Ruschak		56	4933	13	44:09.1	14:15/M

Male 0-99

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joseph Rincon		51	4924	1	26:14.6	8:28/M
2	Bill Stuckey		50	4952	2	26:31.5	8:33/M
3	Josh Hayden		24	7056	3	26:45.9	8:38/M
4	Johnathan Castel		18	4758	4	28:34.4	9:13/M
5	Mark Robinson		54	4925	5	28:46.6	9:17/M
6	Arist Sgouroudis		49	4942	6	30:15.7	9:45/M
7	Kevin Hitzeman		59	4832	7	32:33.9	10:30/M
8	Craigory Wise		43	4982	10	37:30.5	12:06/M
9	Pete Klaeser		57	4853	11	42:16.6	13:38/M

Race Date
August 02, 2014

8th Annual RDP Dean A. Frigo Memorial 5K Run

Age Group Results

Walk

Female 0-99

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Callie Parkinson		22	4909	1	36:17.9	11:42/M
2	Gail Parkinson		49	4910	2	38:24.4	12:23/M
3	Cindy Hall		56	4812	3	40:29.7	13:04/M
4	Jill Westerbeck		65	4973	4	41:49.2	13:29/M
5	Christina Morreale		26	7029	5	44:18.6	14:17/M
6	Patricia Cox		72	7020	6	44:59.9	14:31/M
7	Nancy Nimon		66	7023	7	45:23.7	14:38/M
8	Elora Lotz		53	7118	8	53:36.2	17:17/M
9	Carol Lessmann		53	7119	9	53:36.6	17:17/M
10	Jackie White		24	7075	11	55:24.5	17:52/M
11	Pat Erpelding		54	7116	13	55:28.2	17:54/M
12	Shawn Williams		32	7109	15	55:35.7	17:56/M
13	Cheryl Hayden		52	7074	16	57:13.5	18:27/M
14	Lora Kristoff		54	7073	17	57:14.3	18:28/M
15	Brittanie Amad		23	7103	20	57:43.3	18:37/M
16	Katelyn Utley		23	7043	21	57:43.7	18:37/M
17	Megan Rodenbucher		23	7071	22	57:43.7	18:37/M
18	Patricia Shields		70	7061	23	59:06.5	19:04/M
19	April Zandy		49	4993	24	59:32.1	19:12/M
20	Jennifer Cellarius		33	4994	25	59:33.1	19:13/M

Male 0-99

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lon Chidress		61	7077	10	54:20.7	17:32/M
2	Nick Spannan		24	7076	12	55:25.8	17:53/M
3	Je Erpelding		59	7117	14	55:34.6	17:55/M
4	Matt Gartoin		24	7102	18	57:43.3	18:37/M
5	Collin Utley		18	7042	19	57:43.3	18:37/M
6	Richard Shields		74	7062	26	1:07:59.5	21:56/M