

Race Date
June 15, 2014

Four Winds Invitational 5K Run
Age Group Results

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lisa Cole	South Bend	26	4891	6	20:39.8	6:41/M
2	Laura Aronsson	South Bend	28	4896	8	21:44.9	7:02/M
3	Michele Carey	South Bend	56	4578	11	22:21.5	7:14/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Josh Marshall	South Bend	22	4832	1	18:22.3	5:55/M
2	Rhiley McIntire		19	4899	2	18:46.5	6:04/M
3	James Harrell	niles	16	4597	3	19:12.8	6:13/M

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Four Winds Invitational 5K Run
Age Group Results

Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kyra Young	South Bend	13	4888	15	23:33.4	7:36/M
2	Kayla Leady	GRANGER	12	4829	55	30:02.5	9:44/M
3	Kenna Young	South Bend	13	4886	59	30:44.5	9:58/M
4	Emma Rybicki	south bend	11	4850	60	31:05.9	10:05/M
5	Alivia Zielinski	South Bend	12	4869	74	33:26.9	10:52/M
6	Teyha Guiden	south bend	10	4594	76	33:52.6	10:58/M
7	Ariana Burgeson	St. Joseph	9	4571	78	34:13.0	11:05/M
8	Jacquelyn Butler	South Bend	10	4576	101	40:49.3	13:13/M
9	Izabelle Frank	south bend	11	4588	115	50:02.7	16:16/M

Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jacey Brewer	Granger	10	4884	53	29:48.9	9:40/M
2	Owen Burgeson	St. Joseph	7	4572	97	39:33.6	12:48/M
3	Nicholas Neilson	South Bend	6	4836	117	55:23.4	17:58/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Codee Bird	Rolling Prairie	15	4569	10	22:10.8	7:10/M
2	Josh Leady	GRANGER	15	4828	14	23:28.3	7:36/M
3	Bryce Davis	South Bend	16	4581	42	28:01.8	9:07/M
4	Reidar Burgeson	St. Joseph	15	4573	51	29:36.4	9:35/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lindsay Ward	Edwardsburg	21	4864	38	27:02.8	8:47/M
2	Lyndee Steinke	Knox	23	4857	66	32:31.0	10:35/M
3	Ashley Ward	Edwardsburg	24	4863	82	35:49.3	11:37/M
4	Michelle Baranay	South Bend	22	4564	90	37:29.0	12:10/M
5	Hailey Robson	Dowagiac	23	4847	92	37:37.9	12:14/M
6	Lindsey Talboom	South Bend	24	4860	96	39:08.9	12:44/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Shana Washington	Elkhart	26	4865	32	25:36.9	8:17/M
2	Michaele LaFollette	South Bend	27	4825	49	29:18.3	9:30/M

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Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Lizeth Quinones	Mishawaka	28	4842	69	32:57.3	10:40/M
4	Kasie Klopfenstein	Elkhart	26	4822	91	37:33.1	12:12/M
5	Lindsy Boyer	Mishawaka	29	4570	103	41:09.6	13:22/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Pat Cassidy	South Bend	27	4897	4	19:26.9	6:17/M
2	Edward Gordon	South Bend	27	4593	5	19:56.0	6:26/M
3	Jed Koroshutz	South Bend	28	4898	9	21:56.1	7:05/M
4	Jimmy Stull	Plymouth	28	4859	12	22:36.6	7:19/M
5	Josh Spencer	South Bend	28	4856	22	24:27.5	7:55/M
6	Donovan Edmonson	Mishawaka	25	4585	24	24:39.0	8:03/M
7	James Turnwald	South Bend	28	4895	93	38:09.8	12:25/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kelly Kominowski	Elkhart	30	4823	30	25:21.6	8:13/M
2	Michelle Cockey	Granger	31	4579	35	26:22.5	8:32/M
3	Shaye MacDonald	Elkhart	30	4830	43	28:02.3	9:10/M
4	Sarah Nagy	Granger	31	4834	87	37:08.0	12:02/M
5	Lorra Junk	South Bend	32	4820	95	39:05.9	12:40/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Casey Doeden	Elkhart	32	4584	16	23:34.3	7:38/M
2	Isaiah Beckman	South Bend	30	4567	26	24:55.4	8:04/M
3	Brandon Watson	South Bend	32	4892	52	29:37.6	9:35/M
4	Josh Riggs	south bend	32	4845	65	32:30.6	10:35/M
5	Matthew Embury	Mishawaka	31	4877	86	36:31.0	11:52/M
6	Josh Penry	Valparaiso	32	4840	110	44:25.4	14:24/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	AIYENEDE AKHIGBE	NILES	37	4559	47	28:43.3	9:20/M
2	Jodi Abdeljaber	Granger	39	4558	85	36:22.5	11:51/M
3	Jennifer Butler	South Bend	37	4577	102	40:50.3	13:14/M

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Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Ashley Zielinski	South Bend	35	4870	109	44:09.2	14:19/M
5	Kim Frank	south bend	37	4589	116	50:04.0	16:16/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Matthew Bartek	South B end	38	4566	13	22:55.8	7:26/M
2	Kim George	South Bend	39	4894	21	24:20.1	7:53/M
3	Seth Frank	south bend	39	4590	23	24:32.4	8:04/M
4	Chris Abdeljaber	Granger	38	4557	40	27:40.2	9:03/M
5	Mike Tomko	Elkhart	36	4861	83	35:55.6	11:40/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kristin Pruitt	Granger	42	4889	61	31:21.5	10:13/M
2	RaeLee Rea	South Bend	41	4844	62	31:21.8	10:13/M
3	Becky Turak	Granger	41	4862	63	31:28.4	10:15/M
4	Melissa Scott	South bend	43	4851	70	33:00.1	10:45/M
5	Laura Althoff	South Bend	44	4560	71	33:12.1	10:49/M
6	Kelly Jandura	Lebanon	41	4874	79	34:22.2	11:09/M
7	Paige Risser	South Bend	44	4846	80	35:13.6	11:25/M
8	Tiana Burgeson	St. Joseph	44	4574	98	39:41.0	12:51/M
9	Onjanette Dancler	South Bend	43	4580	100	40:36.7	13:10/M
10	Tricia Walker	New Carlisle	43	4879	113	46:54.9	15:15/M
11	Shawna Neilson	South Bend	41	4837	118	55:24.9	17:58/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nathan Houck	south bend	40	4816	18	24:04.8	7:55/M
2	Erick Hardy	Osceola	43	4595	31	25:21.6	8:13/M
3	Rob DeCleene	South Bend	41	4582	39	27:38.8	9:01/M
4	Jason Hunter	South Bend	43	4818	44	28:10.0	9:08/M
5	Thomas Stipp	Granger	43	4858	48	28:47.8	9:19/M
6	David Pruitt	Granger	44	4890	50	29:32.3	9:38/M
7	Jim Leady	GRANGER	44	4827	54	30:01.7	9:44/M
8	Jeff Rea	South Bend	44	4843	58	30:26.5	9:55/M
9	Jerry Rossow	Granger	44	4849	72	33:14.1	10:46/M
10	Dan Jandura	Lebanon	43	4873	73	33:26.8	10:52/M

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Four Winds Invitational 5K Run
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Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sheri Harrell	niles	47	4598	17	23:38.5	7:39/M
2	Tina Sharkey	Goshen	46	4852	56	30:04.2	9:46/M
3	Lynea Sieting	Niles	45	4855	57	30:15.8	9:49/M
4	RaShelle DeMoss	Valparaiso	48	4583	94	38:15.1	12:25/M
5	Marilyn Harris	south bend	48	4600	99	40:25.5	13:05/M
6	KELLY WATTS	South Bend	46	4866	107	43:59.9	14:15/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Todd Bailey	argos	46	4563	19	24:07.7	7:48/M
2	James O'Brien	Granger	48	4883	20	24:12.0	7:50/M
3	Brady Neilson	South Bend	49	4835	29	25:18.6	8:11/M
4	Michael Young		47	4887	64	32:29.0	10:32/M
5	Jeff Zielinski	South Bend	48	4871	108	44:09.1	14:19/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Donna Hill	St Joe, MI	52	4878	45	28:29.4	9:14/M
2	Kristine Skipper	South Bend	52	4882	88	37:12.3	12:04/M
3	Delores Newcomer	Nappanee	52	4838	89	37:15.5	12:05/M
4	Tammy Kukla	LaPorte	51	4824	106	42:24.9	13:46/M
5	Glenda Frederick	South Bend	52	4591	111	44:47.2	14:30/M
6	Deanna Robson	Niles	53	4848	112	45:19.9	14:43/M
7	Linda Curl	New Carlisle	50	4880	114	46:55.2	15:15/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Dodd	South Bend	52	4893	7	20:46.5	6:43/M
2	Esaw Harris	south bend	54	4599	75	33:46.1	10:56/M
3	Stan Kukla	LaPorte	51	4876	105	42:23.3	13:46/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Patty LaFollette	Granger	55	4826	34	26:05.7	8:28/M
2	Noreen Wessendorf	Sawyer	58	4868	67	32:54.2	10:42/M
3	Barb Shepard	South Bend	56	4853	81	35:29.2	11:33/M

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Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Patrick Gnivecki	South Bend	56	4592	33	25:47.8	8:21/M
2	DON ASHLEY	SOUTH BEND	59	4561	37	26:43.5	8:40/M
3	Donald Manning	Mishawaka	58	4831	41	27:41.5	8:57/M
4	Daniel Fein	Hopkins	55	4586	46	28:37.4	9:17/M
5	Bruce Shepard	South Bend	55	4854	77	34:07.3	11:07/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Renee Hayes	South Bend	61	4815	104	41:35.1	13:28/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ivor Niggebrugge	Mishawaka	60	4839	25	24:52.9	8:02/M
2	Arvil Howe	South Bend	62	4817	27	25:01.9	8:05/M
3	Bill Waite	White Pigeon	61	4885	28	25:11.8	8:08/M
4	Bruce Kayser	South Bend	62	4821	36	26:39.0	8:39/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	James Wessendorf	Sawyer	69	4867	68	32:56.3	10:42/M

Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dave Ferency	South Bend	70	4881	84	35:56.5	11:39/M