

## Fit 4 Fall 5K Run

Overall Finish ListRace Date

October 04, 2014

**Run**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	KEVIN SIEK	ST JOSEPH MI	7650	43	M	1 Top Fin	18:39.3	6:01/M
2	Philip Doorlag	Kalamazoo MI	7440	29	M	1 25-29	19:20.5	6:14/M
3	CHRIS MCCARTY		7745	34	M	1 30-34	20:20.1	6:34/M
4	JOHN HORVATH		8703	42	M	1 40-44	20:30.9	6:37/M
5	Randy Kozel	Granger IN	7527	35	M	1 35-39	20:50.4	6:43/M
6	LINCOLN DOBSON	GALIEN MI	7437	16	M	1 15-19	20:58.1	6:46/M
7	David lott	Saint Joseph MI	7507	31	M	2 30-34	21:27.3	6:55/M
8	Justin Agens	Benton Harbor MI	7369	27	M	2 25-29	21:31.2	6:56/M
9	VICTORIA DOBSON	GALIEN MI	7438	14	F	1 Top Fin	21:33.8	6:57/M
10	SCOTT LUDWIG	STEVENSVILLE MI	7544	33	M	3 30-34	21:50.4	7:03/M
11	Haley Skisak	La Grange Park IL	7658	29	F	1 25-29	21:58.7	7:05/M
12	Margarita Gordon	Bridgman MI	7474	25	F	2 25-29	22:04.1	7:07/M
13	Mike Mannio	benton harbor MI	7551	46	M	1 45-49	22:29.4	7:15/M
14	SCOTT VANDENBERG		7734	42	M	2 40-44	22:37.4	7:18/M
15	JOSEPH PRAHLOW	GALIEN MI	7609	15	M	2 15-19	22:40.7	7:19/M
16	Blake Newton	New Buffalo MI	7580	13	M	1 10-14	22:41.7	7:19/M
17	Jesse Resseguie	St Joseph MI	7617	33	M	4 30-34	23:00.3	7:25/M
18	MICHAEL WALKER	STEVENSVILLE MI	7699	14	M	2 10-14	23:06.7	7:27/M
19	MARLIN HOWE		8702	59	M	1 55-59	23:17.2	7:31/M
20	TRACY BALKEMA	PAW PAW MI	7374	41	F	1 40-44	23:25.3	7:33/M
21	Jack Thom	Plainwell MI	7684	43	M	3 40-44	23:37.1	7:37/M
22	Eileen Skisak	La Grange Park IL	7657	55	F	1 55-59	23:48.3	7:41/M
23	KEN KITE	ST JOSEPH MI	7523	36	M	2 35-39	23:58.1	7:44/M
24	NICK SPALENY	KALAMAZOO MI	7672	23	M	1 20-24	24:08.4	7:47/M
25	DAVID EISENHART	BARODA MI	7448	31	M	5 30-34	24:32.1	7:55/M
26	MARLON SOUTHALL	BENTON HARBOR	7671	18	M	3 15-19	24:40.9	7:57/M
27	CHRIS WASHBURN	ST JOSEPH MI	7702	32	M	6 30-34	25:11.5	8:07/M
28	Patrick Marciniak	Stevensville MI	7557	50	M	1 50-54	25:15.5	8:09/M
29	Bill Small	Niles MI	7660	59	M	2 55-59	25:23.6	8:11/M
30	DAVE PRUSA		8709	59	M	3 55-59	25:35.9	8:15/M
31	ELIZABETH JENSON		7747	33	F	1 30-34	25:38.4	8:16/M
32	BILL RAY	GRANGER IN	7613	61	M	1 60-64	25:38.8	8:16/M
33	RAGHU MURTHY	ST JOSEPH MI	7574	39	M	3 35-39	25:44.7	8:18/M
34	Erin Brown	watervliet MI	7395	38	F	1 35-39	25:55.2	8:22/M
35	JEAN STORM	NILES MI	7677	58	F	2 55-59	25:58.5	8:23/M
36	JEFF CAYO		7733	58	M	4 55-59	26:08.3	8:26/M
37	NOAH PRAHLOW	GALIEN MI	7611	17	M	4 15-19	26:24.1	8:31/M
38	EMMA DOBSON	GALIEN MI	7436	12	F	1 10-14	26:34.2	8:34/M
39	Sanford Shuster	Bridgman MI	7646	52	M	2 50-54	26:37.6	8:35/M
40	MARIA NEVILLE-SMITH		7738	51	F	1 50-54	26:44.7	8:37/M
41	Jerry Jones		7731	54	M	3 50-54	26:45.3	8:38/M
42	Melissa Lapekas	Saint Joseph MI	7536	38	F	2 35-39	26:49.5	8:39/M
43	RACHEL STORM	ST JOSEPH MI	7676	30	F	2 30-34	26:51.7	8:40/M
44	Mark Frazier	Royal Oak MI	7466	56	M	5 55-59	27:01.4	8:43/M
45	WILLIAM DINE		8701	60	M	2 60-64	27:13.9	8:47/M
46	JOSEAP PRAHLOW		7742	50	M	4 50-54	27:26.9	8:51/M
47	JOHN MACCART	ST JOSEPH MI	7548	57	M	6 55-59	27:40.4	8:55/M

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<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
48	Michael Smithers	Benton Harbor MI	7668	52	M	5 50-54	27:47.6	8:58/M
49	LEVI WILKENS	BENTON HARBOR	7713	16	M	5 15-19	28:18.1	9:08/M
50	Nathaniel Green	Benton Harbor MI	7478	11	M	3 10-14	28:22.9	9:09/M
51	ANDREW LASKY	MICHIGAN CITY IN	7537	30	M	7 30-34	28:23.5	9:09/M
52	Mark Platte	Stevensville MI	7606	49	M	2 45-49	28:43.1	9:16/M
53	Daniel Cavalcanti	Saint Joseph MI	7408	44	M	4 40-44	28:44.8	9:16/M
54	German Luna		7730	38	M	4 35-39	28:47.9	9:17/M
55	Kristin Coleman	Schaumburg IL	7411	38	F	3 35-39	28:53.6	9:19/M
56	Jeff Smith	Villa Park IL	7663	34	M	8 30-34	28:55.2	9:20/M
57	Chris Kurland	St Joseph MI	7533	44	F	2 40-44	29:04.1	9:23/M
58	Michael Niemi	St Joseph MI	7581	51	M	6 50-54	29:15.9	9:26/M
59	Becky Foster	St Joseph MI	7464	54	F	2 50-54	29:19.6	9:27/M
60	DAVID COULSTON	NILES MI	7415	61	M	3 60-64	29:20.7	9:28/M
61	Lindsay Skisak	La Grange Park IL	7659	31	F	3 30-34	29:42.9	9:35/M
62	Emily Platte	Stevensville MI	7605	39	F	4 35-39	29:45.2	9:36/M
63	AIMEE WILLIAMS		7748	33	F	4 30-34	29:53.9	9:38/M
64	WALTER PASCAL	SOUTH HAVEN MI	7599	71	M	1 70-99	30:14.2	9:45/M
65	Jennifer Hannigan-Green	Benton Harbor MI	7486	38	F	5 35-39	30:20.4	9:47/M
66	RANDY FIELDER	KALAMAZOO MI	7461	63	M	4 60-64	30:24.1	9:48/M
67	DOMINIQUE EDDIE	ST JOSEPH MI	7446	19	M	6 15-19	30:44.8	9:55/M
68	LUCAS BALKEMA	PAW PAW MI	7372	10	M	4 10-14	30:56.4	9:59/M
69	Mary Snyder	Watervliet MI	7669	52	F	3 50-54	30:59.9	10:00/M
70	Kodie Kiessling	Battle Creek MI	7519	24	F	1 20-24	31:14.9	10:05/M
71	BRANDON LUKEN	LOUISVILLE KY	7545	30	M	9 30-34	31:14.9	10:05/M
72	Alan Price	Niles MI	7612	56	M	7 55-59	31:17.2	10:05/M
73	Tyler Davis	Battle Creek MI	7429	23	M	2 20-24	31:17.7	10:05/M
74	Jaime Kiessling	Battle Creek MI	7518	48	F	1 45-49	31:21.7	10:07/M
75	MN Wiersema	Ann Arbor MI	7711	43	F	3 40-44	31:29.7	10:09/M
76	Alex Schaeffer	St, Joseph MI	7630	35	M	5 35-39	31:37.4	10:12/M
77	Katie Doorlag	Kalamazoo MI	7439	28	F	3 25-29	31:50.2	10:16/M
78	Desirae Pierce	Plainwell MI	7603	36	F	6 35-39	31:52.9	10:17/M
79	STEVE BALKEMA	PAW PAW MI	7373	42	M	5 40-44	31:54.5	10:17/M
80	ANDREW FERRIS	KALAMAZOO MI	7459	26	M	3 25-29	31:55.1	10:18/M
81	NATHAN BEATY		7746	23	M	3 20-24	31:55.7	10:18/M
82	Marsha Morey	Kalamazoo MI	7569	27	F	4 25-29	31:56.4	10:18/M
83	JOSE GASCA	SODUS MI	7471	38	M	6 35-39	32:03.6	10:20/M
84	BRIDGET KUGLIN	STEVENSVILLE MI	7532	30	F	5 30-34	32:16.4	10:25/M
85	Shelley Gove	Goshen IN	7475	60	F	1 60-64	32:26.1	10:28/M
86	Melinda Graham	South Haven MI	7476	44	F	4 40-44	32:37.9	10:31/M
87	Clark Gruber	South Haven MI	7481	51	M	7 50-54	32:38.3	10:32/M
88	Brian Blake	Kalamazoo MI	7383	31	M	10 30-34	32:48.2	10:35/M
89	Connie Fortson	Granger IN	7463	62	F	2 60-64	32:48.4	10:35/M
90	Rich Burling	Dowagiac MI	7405	28	M	4 25-29	32:50.4	10:35/M
91	CHELSIE NORG	PAW PAW MI	7582	22	F	2 20-24	32:51.9	10:36/M
92	Carmela Robles	St. Joseph	7622	35	F	7 35-39	33:03.7	10:40/M
93	Cathleen Knauf	St Joseph MI	7525	60	F	3 60-64	33:04.5	10:40/M
94	ELMO AMAYA	ST JOSEPH MI	7371	57	M	8 55-59	33:05.7	10:40/M

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95	LAURA VELDMAN	STEVENSVILLE MI	7693	39	F	8 35-39	33:13.7	10:43/M
96	SHIRELY PASCAL		7735	66	F	1 65-69	33:16.4	10:44/M
97	LEAH DVORAK		7743	31	F	6 30-34	33:18.9	10:45/M
98	CARA ADAMS	EAU CLAIRE MI	7368	20	F	3 20-24	33:20.7	10:45/M
99	Lori Lin	Berrien Springs MI	7540	29	F	5 25-29	33:20.9	10:45/M
100	FORREST BRAGG	KALAMAZOO MI	7390	19	F	1 15-19	33:26.4	10:47/M
101	KAITLYN HARRIS	ST JOSEPH MI	7488	8	F	1 1-9	33:29.9	10:48/M
102	AMANDA HARRIS	ST JOSEPH MI	7487	35	F	9 35-39	33:30.1	10:48/M
103	Heidi Duncan	BENTON HARBOR	7445	30	F	7 30-34	33:36.6	10:50/M
104	Lori Marciniak	Stevensville MI	7556	50	F	4 50-54	33:36.9	10:50/M
105	MARYANNA PRAHLOW	GALIEN MI	7610	13	F	2 10-14	33:39.8	10:51/M
106	Kristina Soule	st. joseph MI	7670	36	F	10 35-39	33:45.2	10:53/M
107	GUADALUPE CASTANEDA		8711	46	M	3 45-49	33:45.9	10:53/M
108	Aaron Green	Benton Harbor MI	7477	41	M	6 40-44	34:03.7	10:59/M
109	DAIDEN SHAW	BENTON HARBOR	7644	12	M	5 10-14	34:04.9	10:59/M
110	KIM RICHARD		8707	50	F	5 50-54	34:08.8	11:01/M
111	Mary Ann Hatch	Granger IN	7495	32	F	8 30-34	34:23.1	11:05/M
112	GREG SMITH		8704	64	M	5 60-64	34:23.6	11:05/M
113	Karrie Parrett		7740	46	F	2 45-49	34:35.8	11:09/M
114	Tristeena Platte		7736	26	F	6 25-29	35:54.1	11:35/M
115	Cynthia Myers	Bridgman MI	7575	32	F	9 30-34	36:07.7	11:39/M
116	Kimberly Smithers	Benton Harbor MI	7667	52	F	6 50-54	36:25.4	11:45/M
117	KAYLI LAKE	ST JOSEPH MI	7535	13	F	3 10-14	36:31.7	11:47/M
118	ROBERT HUSEK	ST JOSEPH MI	7505	70	M	2 70-99	36:36.8	11:48/M
119	KOLE PARRETT	ST JOSEPH MI	7598	9	M	1 1-9	36:44.2	11:51/M
120	OLIVIA HARRIS	ST JOSEPH MI	7489	8	F	2 1-9	36:49.4	11:53/M
121	DAVID EFTINK	ST JOSEPH MI	7447	58	M	9 55-59	36:56.2	11:55/M
122	Brandon Clear	Berrien Springs MI	7410	26	M	5 25-29	37:01.1	11:56/M
123	JAMES SIEK	ST JOSEPH MI	7648	15	M	7 15-19	37:13.9	12:00/M
124	MIKHAIL LUDENS	BERRIEN SPRINGS	7541	13	M	6 10-14	37:23.8	12:04/M
125	JENNA SIEK	ST JOSEPH MI	7649	10	F	4 10-14	37:34.3	12:07/M
126	Pam Small	Niles MI	7661	58	F	3 55-59	37:36.2	12:08/M
127	Emily Nelson	Saint Joseph MI	7579	39	F	11 35-39	37:52.2	12:13/M
128	MICHAEL CHINSKI	ST JOSEPH MI	7409	63	M	6 60-64	37:55.4	12:14/M
129	CHRISTOPHER WARREN	ST JOSEPH MI	7701	43	M	7 40-44	37:56.4	12:14/M
130	Julie Kiernan	Three Oaks MI	7517	52	F	7 50-54	38:02.3	12:16/M
131	ANGELA PASULA		8708	58	F	4 55-59	38:05.7	12:17/M
132	Jeff Buchele	Coloma MI	7397	45	M	4 45-49	38:05.7	12:17/M
133	ERIN HIMES	SODUS MI	7500	32	F	10 30-34	38:33.8	12:26/M
134	NICOLE BRYCE	COLOMA MI	7396	26	F	7 25-29	38:33.9	12:26/M
135	KAIT MAYNE	WATERVLIET MI	7560	24	F	4 20-24	39:02.2	12:35/M
136	Michelle Sedlar	Niles MI	7641	25	F	8 25-29	39:24.6	12:43/M
137	Amanda Zaluckyj	Coloma MI	7726	28	F	9 25-29	39:25.4	12:43/M
138	Lisa Koenig	Paw paw MI	7526	36	F	12 35-39	39:25.9	12:43/M
139	Lisa Sutton	St Joseph MI	7679	39	F	13 35-39	39:43.6	12:49/M
140	WILLIS WORICK		8705	74	M	3 70-99	39:47.7	12:50/M
141	TAMA PRAHLOW		8706	51	F	8 50-54	39:49.2	12:51/M

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142	Leah McPherson	Saint Joseph MI	7562	35	F	14 35-39	39:52.1	12:52/M
143	Bryant Sears	Saint joseph MI	7640	25	M	6 25-29	41:15.1	13:18/M
144	Amber Sears	Saint joseph MI	7639	23	F	5 20-24	41:15.2	13:18/M
145	Ericca Williams	St. Joseph MI	7715	39	F	15 35-39	41:29.9	13:23/M
146	CLARA BALKEMA	PAW PAW MI	7375	8	F	3 1-9	41:32.2	13:24/M
147	Katie Boyer	Saint Joseph MI	7388	34	F	11 30-34	41:41.9	13:27/M
148	Kati Spinks	Coloma MI	7673	29	F	10 25-29	43:18.2	13:58/M
149	Deane Richter	Berrien Springs MI	7620	67	F	2 65-69	43:31.6	14:02/M
150	TAYONI COLEMAN	KALAMAZOO MI	7412	23	F	6 20-24	43:32.4	14:03/M
151	Derrick Bassett	Jenison MI	7377	27	M	7 25-29	45:48.3	14:46/M
152	Carolyn Lester	Vassar MI	7539	52	F	9 50-54	45:51.1	14:47/M
153	ANA GASCA	SODUS MI	7470	38	F	16 35-39	51:48.8	16:43/M
154	HECTOR GASCA		7744	12	M	7 10-14	51:49.8	16:43/M
155	Kevin Kiernan	Three Oaks MI	7516	55	M	10 55-59	52:25.5	16:55/M
156	KELSEE ROBINSON	LAPORTE IN	7621	21	F	7 20-24	56:58.2	18:23/M
157	TESS PIOTROWSKI	WESTVILLE IN	7604	21	F	8 20-24	56:58.4	18:23/M
158	CHRISTOPHER WITT	MICHIGAN CITY IN	7718	29	M	8 25-29	1:03:44.9	20:34/M

## Fit 4 Fall 5K Run

Overall Finish List**Walk**

Race Date  
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<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	MINDY FLOWERS-DAISY		8710	52	F	1 Top Fin	34:49.6	11:14/M
2	PAULA WYGONIK	STEVENSVILLE MI	7720	46	F	1 45-49	39:37.7	12:47/M
3	Mark Washington	Stevensville MI	7705	15	M	1 Top Fin	41:58.7	13:32/M
4	KARL KROENING	ST JOSEPH MI	7529	46	M	1 45-49	42:08.3	13:35/M
5	DOUGLAS LUDENS	BERRIEN SPRINGS	7542	45	M	2 45-49	42:24.9	13:41/M
6	REBECCA LUDENS	BERRIEN SPRINGS	7543	45	F	2 45-49	42:26.8	13:41/M
7	Christine Washington	Stevensville MI	7704	48	F	3 45-49	42:31.2	13:43/M
8	Dave Conklin	Stevensville MI	7414	63	M	1 60-64	42:43.9	13:47/M
9	MIRANDA KROENING	ST JOSEPH MI	7530	21	F	1 20-24	42:46.7	13:48/M
10	LARRY BROUGHTON	St Joseph MI	7394	69	M	1 65-69	43:08.7	13:55/M
11	AMY BRANDT	ST JOSEPH MI	7391	44	F	1 40-44	44:41.4	14:25/M
12	KAREN EVANS	BENTON HARBOR	7455	51	F	1 50-54	44:43.7	14:25/M
13	KURT HARTLINE	BARODA MI	7493	55	M	1 55-59	45:35.7	14:42/M
14	BECKY DECKARD	HARTFORD MI	7433	49	F	4 45-49	45:38.7	14:43/M
15	GERMAINE DRAKE	BANGOR MI	7441	52	F	2 50-54	45:39.3	14:44/M
16	PAUL BLAKE	PAW PAW MI	7384	62	M	2 60-64	46:26.4	14:59/M
17	Rick Smiedendorf	St Joseph MI	7662	57	M	2 55-59	46:33.1	15:01/M
18	DARRELL EISENHART	ST JOSEPH MI	7449	58	M	3 55-59	46:39.2	15:03/M
19	Ellen Ryan-Scarpello	St. Joseph MI	7625	54	F	3 50-54	46:43.9	15:04/M
20	Cheryl Winiecke Vitek	Saint Joseph MI	7717	55	F	1 55-59	46:45.5	15:05/M
21	TAMALEE EISENHART	ST JOSEPH MI	7450	56	F	2 55-59	46:48.2	15:06/M
22	Sybil Smith	Coloma MI	7666	49	F	5 45-49	46:56.9	15:08/M
23	KAMOKA CASTANEDA		7750	45	F	6 45-49	47:27.7	15:18/M
24	TTIFFANEY ACKERMAN	STEVENSVILLE MI	7367	27	F	1 25-29	47:43.9	15:24/M
25	Ashley Smith	Villa Park IL	7664	31	F	1 30-34	47:45.6	15:24/M
26	CHAD ACKERMAN	STEVENSVILLE MI	7366	32	M	1 30-34	47:48.6	15:25/M
27	KY'SHA MITCHELL	CASSAPOLIS MI	7564	42	F	2 40-44	48:39.2	15:42/M
28	ANGIE WELLS	ST JOSEPH MI	7706	43	F	3 40-44	48:41.7	15:42/M
29	ROD TAYLOR	NILES MI	7682	46	M	3 45-49	49:27.7	15:57/M
30	SUE TAYLOR	NILES MI	7683	47	F	7 45-49	49:27.9	15:57/M
31	BRENDA KARSTEN	ST JOSEPH MI	7513	55	F	3 55-59	49:29.8	15:58/M
32	Lindi Williams	Galien MI	7716	25	F	2 25-29	49:39.7	16:01/M
33	SHERRI WYNN	BUCHANAN MI	7721	48	F	8 45-49	49:40.2	16:01/M
34	MICHAEL MOORE	ST JOSEPH MI	7568	67	M	2 65-69	49:47.6	16:04/M
35	Brandon Myers	Stevensville MI	7576	20	M	1 20-24	50:02.4	16:08/M
36	Shelby Hammermeister	Stevensville MI	7484	20	F	2 20-24	50:02.4	16:08/M
37	Jill March	Buchanan MI	7554	61	F	1 60-64	50:09.9	16:11/M
38	Jeanette Conklin	St. Joseph MI	7413	46	F	9 45-49	50:30.7	16:17/M
39	Renee Buchele	Coloma MI	7398	53	F	4 50-54	50:32.1	16:18/M
40	BOB KARSTEN	ST JOSEPH MI	7512	57	M	4 55-59	50:41.9	16:21/M
41	John March	Buchanan MI	7555	63	M	3 60-64	51:08.7	16:30/M
42	CYNTHIA HALEY	STEVENSVILLE MI	7483	56	F	4 55-59	51:26.7	16:35/M
43	JEFF PATRIDE		7749	51	M	1 50-54	51:30.1	16:37/M
44	PAUL PANKRATZ	STEVENSVILLE MI	7592	48	M	4 45-49	51:40.7	16:40/M
45	ANN TILLMAN	ST JOSEPH MI	7688	51	F	5 50-54	51:48.4	16:43/M
46	Conall Curran	St. Joseph MI	7422	16	M	1 15-19	52:03.7	16:47/M
47	PAT SCHULTZ	ST JOSEPH MI	7638	60	F	2 60-64	52:10.4	16:50/M

## Fit 4 Fall 5K Run

Race Date  
October 04, 2014

Overall Finish List**Walk**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
48	Elaine Yskes	St Joseph MI	7725	52	F	6 50-54	52:12.2	16:50/M
49	MICHELE FOSTER	ST JOSEPH MI	7465	55	F	5 55-59	52:12.2	16:50/M
50	Cindy Swearingen	Baroda MI	7680	63	F	3 60-64	52:25.4	16:55/M
51	AMY BUNN	ELKHART IN	7399	38	F	1 35-39	52:43.5	17:00/M
52	JERRY SCHMITT	ST JOSEPH MI	7632	30	M	2 30-34	52:45.7	17:01/M
53	Preston Jackson		7739	38	M	1 35-39	52:46.4	17:01/M
54	KRISTINE HAYNES	NILES MI	7499	61	F	4 60-64	52:49.2	17:02/M
55	ARION JENKINS	ENTON HARBOR MI	7510	53	M	2 50-54	52:49.4	17:02/M
56	Allison Haynes	St Joseph MI	7497	32	F	2 30-34	52:52.9	17:03/M
57	MEGAN HAYNES	MISHAWAKA IN	7498	29	F	3 25-29	52:55.7	17:04/M
58	MARILYN GETZ	St Joseph MI	7473	71	F	1 70-99	53:17.7	17:11/M
59	LORRAINE R ZIEBART	St Joseph MI	7728	79	F	2 70-99	53:17.9	17:11/M
60	JEANETTE BARKER	STEVENSVILLE MI	7376	65	F	1 65-69	53:31.5	17:16/M
61	WILMA KILLIPS	STEVENSVILLE MI	7520	65	F	2 65-69	53:32.7	17:16/M
62	JEAN FANNIN	BENTON HARBOR	7457	70	F	3 70-99	53:50.4	17:22/M
63	Craig Palleschi	Stevensville MI	7590	60	M	4 60-64	53:56.6	17:24/M
64	Mike Craig	stevensville MI	7418	55	M	5 55-59	53:58.2	17:25/M
65	HEATHER BROOK	ST JOSEPH MI	7392	42	F	4 40-44	55:06.3	17:46/M
66	GAY HARRISON	ST JOSEPH MI	7492	65	F	3 65-69	55:08.9	17:47/M
67	SOPHIA BROOK		7752	12	F	1 10-14	55:16.9	17:50/M
68	Tighe Curran	St. Joseph MI	7424	53	M	3 50-54	55:26.8	17:53/M
69	Jane Curran	St. Joseph MI	7423	50	F	7 50-54	55:32.5	17:55/M
70	Casey Curran	St. Joseph MI	7421	20	M	2 20-24	55:36.6	17:56/M
71	SUZANNE GAST	WATERLIET MI	7472	52	F	8 50-54	55:44.2	17:59/M
72	MICHAEL VICKERS	KALAMAZOO MI	7694	24	M	3 20-24	55:45.2	17:59/M
73	JONATHAN VANDERLIND	ST JOSEPH MI	7692	24	M	4 20-24	55:47.4	18:00/M
74	TINA DAISY-CLARK	STEVENSVILLE MI	7426	46	F	10 45-49	55:51.3	18:01/M
75	AMBER DAISY	STEVENSVILLE MI	7425	24	F	3 20-24	55:51.3	18:01/M
76	LINDA SIEBER	BANGOR MI	7647	63	F	5 60-64	55:57.2	18:03/M
77	JOHN PANKRATZ	BRIDGMAN MI	7594	52	M	4 50-54	56:53.9	18:21/M
78	KATHY BUSH	COLOMA MI	7406	41	F	5 40-44	56:56.6	18:22/M
79	CATHERINE CRONKITE	ST JOSEPH MI	7420	44	F	6 40-44	57:04.9	18:25/M
80	DOREEN TAYLOR	NILES MI	7681	42	F	7 40-44	57:07.7	18:25/M
81	MARY JO TOMASINI	ST JOSEPH MI	7689	49	F	11 45-49	57:11.2	18:27/M
82	Laura Lynd	Benton Harbor MI	7546	26	F	4 25-29	57:29.6	18:33/M
83	KATHLEEN RAY	GRANGER IN	7614	57	F	6 55-59	58:05.3	18:44/M
84	SYDNEY SCHROEDER	ST JOSEPH MI	7636	29	F	5 25-29	58:05.7	18:44/M
85	MICHAEL BUNN	ELKHART IN	7402	36	M	2 35-39	58:06.2	18:45/M
86	KURT SCHROEDER	ST JOSEPH MI	7635	30	M	3 30-34	58:07.1	18:45/M
87	Nathan Margoni		7753	30	M	4 30-34	58:15.2	18:47/M
88	DON MAVGUNI		7751	64	M	5 60-64	58:15.4	18:47/M
89	JESSAMYN CALDERWOOD	ST JOSEPH MI	7407	33	F	3 30-34	58:18.9	18:48/M
90	CHRISTIN YOUNG	ST JOSEPH MI	7723	40	F	8 40-44	59:24.6	19:10/M
91	RICHARD YOUNG	ST JOSEPH MI	7724	46	M	5 45-49	59:25.7	19:10/M
92	KEITH SIEK	ST JOSEPH MI	7653	7	M	1 1- 9	59:30.1	19:12/M
93	Kimra Myers	Stevensville MI	7577	54	F	9 50-54	59:33.6	19:13/M
94	Lee Myers	Stevensville MI	7578	56	M	6 55-59	59:34.4	19:13/M

## Fit 4 Fall 5K Run

Overall Finish List**Walk**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
95	Sue Hoffman	Saint Joseph MI	7502	56	F	7 55-59	59:59.2	19:21/M
96	Ken Hoffman	Saint Joseph MI	7501	55	M	7 55-59	1:00:01.2	19:22/M
97	Marilyn Hurrle	St Joseph MI	7504	64	F	6 60-64	1:00:10.8	19:25/M
98	STEVEN PARIS	HARTFORD MI	7596	30	M	5 30-34	1:00:34.1	19:32/M
99	AMY PARIS	HARTFORD MI	7595	31	F	4 30-34	1:00:36.2	19:33/M
100	KASSIDY SIEK	ST JOSEPH MI	7652	9	F	1 1-9	1:01:46.4	19:55/M
101	KATRINA WASHBURN	ST JOSEPH MI	7703	29	F	6 25-29	1:01:52.5	19:57/M
102	Laura Starks		7741	22	F	4 20-24	1:01:52.7	19:57/M
103	Karen Jozwiak	Battle Creek MI	7511	56	F	8 55-59	1:02:58.1	20:19/M
104	MIKAYLA HANDY	EDWARDSBURG MI	7485	20	F	5 20-24	1:03:40.5	20:32/M
105	PAULA KROENING	ST JOSEPH MI	7531	46	F	12 45-49	1:03:43.4	20:33/M
106	MATTHEW ZOBAL	COLOMA MI	7729	27	M	1 25-29	1:03:44.9	20:34/M
107	AIMEE DEAKIN	PINCKNEY MI	7432	27	F	7 25-29	1:03:44.9	20:34/M
108	VICTORIA MCCARTY	ELKHART IN	7561	22	F	6 20-24	1:03:46.5	20:34/M
109	ADAM WILLAEYS	COLOMA MI	7714	30	M	6 30-34	1:03:46.5	20:34/M
110	Courtney Still	Saint Joseph MI	7675	33	F	5 30-34	1:03:48.2	20:35/M
111	MARY RETTENMAIER	HOWELL MI	7618	57	F	9 55-59	1:03:52.6	20:36/M
112	ELLEN KLEBBA	BRIGHTON MI	7524	58	F	10 55-59	1:03:53.7	20:36/M
113	Karen Reed	Saint Joseph MI	7616	28	F	8 25-29	1:03:55.2	20:37/M
114	DIANA DAVIS	COLOMA MI	7430	59	F	11 55-59	1:03:58.8	20:38/M
115	ROY DAVIS	COLOMA MI	7431	61	M	6 60-64	1:04:00.8	20:39/M
116	LEXI SMITH	EDWARDSBURG MI	7665	20	F	7 20-24	1:04:02.4	20:39/M
117	ALEX HUNT	ELKHART IN	7503	23	M	5 20-24	1:04:02.4	20:39/M
118	SARAH O'DELL	BERRIEN SPRINGS	7584	37	F	2 35-39	1:05:17.7	21:04/M
119	DARRIN O'DELL	BERRIEN SPRINGS	7583	5	M	2 1-9	1:05:17.9	21:04/M
120	LAURA TIDEY	BERRIEN CENTER	7687	34	F	6 30-34	1:05:18.3	21:04/M
121	EVERETT TIDEY	BERRIEN CENTER	7686	6	M	3 1-9	1:05:19.1	21:04/M
122	JESSIE SIEK	ST JOSEPH MI	7651	14	F	2 10-14	1:13:40.8	23:46/M
123	KIMBERLY SIEK	ST JOSEPH MI	7654	5	F	2 1-9	1:13:42.5	23:46/M
124	HILDE BOOZER	ST JOSEPH MI	7387	76	F	4 70-99	1:20:42.4	26:02/M
125	IZZY GAJEWSKI	BENTON HARBOR	7467	65	F	4 65-69	1:23:34.5	26:57/M
126	MEL BURCHFIELD	HARTFORD MI	7404	54	F	10 50-54	1:23:36.5	26:58/M
127	DIANE GALE	COLOMA MI	7468	60	F	7 60-64	1:23:36.7	26:58/M
128	SARAH HADLEY	ST JOSEPH MI	7482	38	F	3 35-39	1:26:05.0	27:46/M
129	TERESA DENTE	ST JOSEPH MI	7435	46	F	13 45-49	1:26:05.3	27:46/M