

Race Date
August 09, 2014

2014 Lake Max Triathlon
Age Group Results
Sprint Triathlon

Male Open Winners

Place		Name	Bib No	Age	Swim		Tran 1		Bike		Tran 2		Run		Total Time	
Place	Overall				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time		Pace
1	1	Matt York	496	39	1	8:10.7		0:51.9	1	27:52.8	24.8	0:42.8	1	18:50.6	6:05	56:28.8

Female Open Winners

Place		Name	Bib No	Age	Swim		Tran 1		Bike		Tran 2		Run		Total Time	
Place	Overall				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time		Pace
1	17	Elizabeth Blackburn	245	31	1	9:39.5		0:56.5	1	32:43.7	21.1	0:39.8	1	22:07.4	7:08	1:06:06.9

Male Masters Winners

Place		Name	Bib No	Age	Swim		Tran 1		Bike		Tran 2		Run		Total Time	
Place	Overall				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time		Pace
1	5	Greg Gossart	304	40	1	9:46.0		1:04.5	1	28:49.4	23.9	1:02.4	1	20:37.4	6:39	1:01:19.7

Female Masters Winners

Place		Name	Bib No	Age	Swim		Tran 1		Bike		Tran 2		Run		Total Time	
Place	Overall				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time		Pace
1	31	Angelia Kniesly	339	48	1	13:11.9		1:33.6	1	32:02.3	21.5	0:57.4	1	23:11.1	7:29	1:10:56.3

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Male 11 and Under

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	257	Unknown Partic.	502										1	2:04:14.7	8:22	2:04:14.7

Female 11 and Under

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	195	Elizabeth Ellert	278	5	1	9:22.9		2:39.5	1	49:29.6	13.9	0:53.6	2	33:06.6	10:41	1:35:32.2
2	213	Madeline Vinal	472	11	2	9:49.4		6:30.4	2	50:41.3	13.6	1:10.0	1	31:32.2	10:10	1:39:43.3

Male 12 to 14

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	73	Jeffrey Ruppert	434	14	2	10:06.2		1:48.9	1	39:11.7	17.6	0:44.8	1	24:19.3	7:51	1:16:10.9
2	182	Jason Tankersley	461	12	4	14:20.9		1:31.9	2	46:01.4	15.0	1:08.0	2	30:17.5	9:46	1:33:19.7
3	205	Pierce Ellert	280	14	1	9:48.8		3:14.7	3	52:02.9	13.3	0:36.6	3	31:41.1	10:13	1:37:24.1
4	209	Brayden York	497	12	3	10:55.8		1:41.6	4	52:24.7	13.2	0:59.9	4	33:18.1	10:45	1:39:20.1

Female 12 to 14

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	82	Katie Yelaska	494	14	1	8:37.4		2:17.9	1	40:36.8	17.0	0:35.3	1	25:55.8	8:22	1:18:03.2
2	239	Kylie Wolff	490	13	3	14:33.6		5:06.4	2	59:36.9	11.6	0:38.7	2	29:44.5	9:35	1:49:40.1

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Male 15 to 19

Place				----- Swim -----		Tran 1		----- Bike -----		Tran 2		----- Run -----		Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	13	Justin Matei	370	16	1	7:36.7		1:22.4	2	34:30.0	20.0	0:22.0	5	21:02.5	6:47	1:04:53.6
2	14	Braden Tankersley	460	15	5	10:18.7		0:55.7	1	34:24.3	20.1	0:39.1	1	18:52.0	6:05	1:05:09.8
3	35	Jacob Hildebrand	316	17	3	10:12.4		1:25.0	4	38:48.4	17.8	0:24.5	3	20:20.4	6:34	1:11:10.7
4	47	Paul Clancy	264	18	8	11:50.4		1:59.1	3	38:34.3	17.9	0:37.7	2	19:50.8	6:24	1:12:52.3
5	59	James Schuller	442	17	4	10:15.2		1:41.9	5	38:58.7	17.7	0:26.3	6	23:10.2	7:28	1:14:32.3
6	70	Peter Fink	286	19	6	10:33.4		1:53.3	8	41:46.3	16.5	0:33.4	4	20:59.0	6:46	1:15:45.4
7	116	John Clancy	262	16	11	13:23.7		3:50.1	6	39:07.3	17.6	0:38.1	7	25:50.9	8:20	1:22:50.1
8	130	Matthew Partridge	407	18	12	14:11.9		1:30.7	7	39:45.1	17.4	0:39.0	10	28:54.1	9:19	1:25:00.8
9	150	Xavier Bradley	253	16	2	9:38.8		3:28.4	9	44:16.6	15.6	1:11.5	11	29:07.1	9:24	1:27:42.4
10	165	Max Nikolai	399	17	9	12:16.8		2:44.1	11	45:19.1	15.2	0:41.0	8	28:15.4	9:07	1:29:16.4
11	174	Peter Talbot	459	16	13	14:16.3		1:31.2	12	45:19.1	15.2	0:45.4	12	29:44.6	9:35	1:31:36.6
12	178	Liam Vinal	471	15	7	11:16.0		5:20.8	13	46:30.7	14.8	0:46.6	9	28:29.8	9:11	1:32:23.9
13	241	Hayes Barnes	235	18	10	12:44.2		8:22.7	10	44:50.2	15.4	2:36.9	14	43:13.7	13:56	1:51:47.7
14	256	Caleb Ricketts	426	16	14	23:19.4		4:05.8	14	54:13.0	12.7	1:44.7	13	38:15.6	12:20	2:01:38.5

Female 15 to 19

Place				----- Swim -----		Tran 1		----- Bike -----		Tran 2		----- Run -----		Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	36	Annie Shea	505	16	2	9:36.3		0:59.6	1	36:08.8	19.1	0:57.9	2	23:33.7	7:36	1:11:16.3
2	64	Sammy Ruppert	436	17	1	9:19.9		1:55.1	2	39:18.5	17.6	0:49.8	1	23:30.2	7:35	1:14:53.5
3	138	Maeve Kline	338	19	3	9:58.0		2:42.7	4	44:31.1	15.5	0:41.6	3	28:36.6	9:14	1:26:30.0
4	155	Victoria Bain	233	17	4	10:34.5		1:50.1	3	43:19.1	15.9	0:49.6	5	31:43.3	10:14	1:28:16.6
5	204	Laura Germino	298	18	6	12:54.1		3:29.5	6	51:19.3	13.4	0:34.5	4	29:04.4	9:23	1:37:21.8
6	210	Nicole Germino	299	19	5	11:44.2		1:57.2	5	49:17.6	14.0	0:41.7	6	35:41.7	11:31	1:39:22.4
7	244	Elizabeth Roetker	430	17	7	14:57.8		3:10.5	8	56:26.4	12.2	0:54.8	7	37:53.6	12:13	1:53:23.1

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Female 15 to 19

Place		Name	Bib No	Age	Swim		Tran 1 Time	Bike		Tran 2 Time	Run		Total Time		
Overall	Place				Rnk	Time		Pace	Rnk		Time	Rate		Rnk	Time
8	251	Hope LaMonica	345	16	8	18:03.9	3:47.9	7	51:43.6	13.3	1:53.1	8	40:52.4	13:11	1:56:20.9

Male 20 to 24

Place		Name	Bib No	Age	Swim		Tran 1 Time	Bike		Tran 2 Time	Run		Total Time		
Overall	Place				Rnk	Time		Pace	Rnk		Time	Rate		Rnk	Time
1	24	Michael Partridge	408	23	1	10:13.9	1:47.6	1	34:05.7	20.2	0:32.5	1	22:01.6	7:06	1:08:41.3
2	49	Adam Thoma	462	21	2	10:35.1	1:44.7	2	36:55.3	18.7	0:57.9	2	22:58.4	7:25	1:13:11.4
3	79	Wesley Fox	292	24	4	12:10.9	1:46.7	3	36:56.9	18.7	0:28.8	7	25:56.0	8:22	1:17:19.3
4	92	Drew Nikolai	397	22	3	10:35.7	2:16.2	7	42:28.4	16.2	0:26.0	3	23:25.3	7:33	1:19:11.6
5	108	Luke Kucera	343	21	5	12:39.7	2:10.0	4	39:51.2	17.3	1:01.5	5	25:27.4	8:13	1:21:09.8
6	115	Taylor Maxey	371	24	6	12:58.0	1:19.6	6	42:22.4	16.3	0:36.1	4	25:21.8	8:11	1:22:37.9
7	144	Morgan Drazer	275	24	7	12:59.5	2:28.3	5	41:37.8	16.6	0:44.1	8	29:01.3	9:22	1:26:51.0
8	166	Ben Nikolai	395	20	8	14:39.0	2:15.3	8	45:54.2	15.0	0:41.0	6	25:47.6	8:19	1:29:17.1

Female 20 to 24

Place		Name	Bib No	Age	Swim		Tran 1 Time	Bike		Tran 2 Time	Run		Total Time		
Overall	Place				Rnk	Time		Pace	Rnk		Time	Rate		Rnk	Time
1	34	Gwen Grimes	306	23	3	9:48.8	0:57.5	1	35:16.6	19.6	0:56.7	1	24:08.0	7:47	1:11:07.6
2	78	Mackenzie Berger	242	23	1	8:12.6	2:00.4	2	36:31.3	18.9	1:26.0	5	29:07.2	9:24	1:17:17.5
3	107	Casey Smitson	452	22	2	9:01.3	1:55.9	4	41:54.2	16.5	0:44.6	4	27:25.8	8:51	1:21:01.8
4	123	Jody Fox	291	22	4	11:26.8	1:40.4	3	38:21.0	18.0	0:41.1	8	31:47.4	10:15	1:23:56.7
5	154	Carly Kiran	186	20	5	12:26.3	2:25.2	6	46:18.0	14.9	0:32.2	2	26:23.5	8:31	1:28:05.2
6	159	Sarah Wilson	487	20	7	12:43.1	2:13.1	5	42:56.6	16.1	0:44.1	6	30:24.0	9:48	1:29:00.9

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Female 20 to 24

Place		Name	Bib No	Age	Swim		Tran 1	Bike		Tran 2	Run		Total		
Overall	Rnk				Time	Pace		Rnk	Time		Rate	Rnk		Time	Pace
7	219	Christa Castillo	258	24	9	14:38.9	6:29.7	9	49:31.0	13.9	4:37.2	3	26:24.0	8:31	1:41:40.8
8	234	Marin Barnes	236	20	6	12:36.0	2:31.3	7	46:44.5	14.8	0:43.3	9	43:12.4	13:56	1:45:47.5
9	240	Alexandria Hnatusko	317	23	10	15:26.8	5:43.6	10	56:37.5	12.2	2:32.6	7	31:08.9	10:03	1:51:29.4
10	243	Claire Thoma	464	20	8	13:32.7	2:30.6	8	47:21.1	14.6	1:03.0	10	47:50.0	15:26	1:52:17.4

Male 25 to 29

Place		Name	Bib No	Age	Swim		Tran 1	Bike		Tran 2	Run		Total		
Overall	Rnk				Time	Pace		Rnk	Time		Rate	Rnk		Time	Pace
1	3	Andrew O'Donnell	401	26	4	10:36.4	1:44.6	1	27:18.3	25.3	0:29.7	2	20:19.2	6:33	1:00:28.2
2	4	Parker Jones	330	26	3	10:09.3	0:49.8	2	31:19.6	22.0	0:35.1	1	17:37.7	5:41	1:00:31.5
3	28	Steve Meeker	381	25	7	11:40.1	1:46.8	5	34:07.8	20.2	0:58.8	4	21:58.1	7:05	1:10:31.6
4	41	Peter Lachmann	344	28	10	12:12.1	2:03.4	3	32:17.3	21.4	1:05.1	6	23:54.3	7:43	1:11:32.2
5	43	Steven Lowrance	360	28	1	9:45.5	0:49.4	6	35:15.9	19.6	1:11.6	8	24:34.5	7:55	1:11:36.9
6	53	Conor O'Donoghue	402	25	5	10:56.8	1:02.5	7	35:36.7	19.4	0:23.6	9	25:31.9	8:14	1:13:31.5
7	56	Daniel Collins	267	26	9	11:53.5	1:48.4	11	37:53.2	18.2	0:29.4	5	21:58.6	7:05	1:14:03.1
8	60	Russell Chick	261	25	12	13:42.0	2:08.4	9	37:17.5	18.5	0:39.4	3	20:45.9	6:42	1:14:33.2
9	71	Sam Young	511	28	11	13:03.8	1:54.3	8	36:20.4	19.0	0:31.2	7	24:05.9	7:46	1:15:55.6
10	89	Grant Gorham	302	25	8	11:51.1	1:33.6	4	34:02.6	20.3	1:08.1	13	30:17.1	9:46	1:18:52.5
11	94	Landon Erwin	282	29	6	11:04.5	2:15.3	13	39:42.5	17.4	0:39.6	10	25:44.6	8:18	1:19:26.5
12	142	TJ Harhelt	514	29	13	14:50.7	1:44.1	12	39:33.8	17.4	1:10.4	11	29:26.3	9:30	1:26:45.3
13	153	kevin smith	451	25	14	17:07.2	2:20.7	10	37:19.0	18.5	0:44.1	14	30:30.5	9:50	1:28:01.5
14	191	Shawn Aitken	226	25	2	10:05.1	2:11.7	14	44:17.2	15.6	1:47.4	16	36:20.2	11:43	1:34:41.6
15	218	patrick barringer	237	29	16	20:13.1	4:08.1	15	45:23.8	15.2	1:38.2	12	29:28.2	9:30	1:40:51.4
16	255	Tom Blackburne	246	28	15	18:47.4	8:28.9	16	56:32.8	12.2	2:32.4	15	31:08.2	10:03	1:57:29.7

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Female 25 to 29

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	69	Kelly Norton	400	25	1	9:40.7		1:53.5	3	39:55.2	17.3	0:25.2	2	23:47.2	7:40	1:15:41.8
2	126	Molly Shaw	446	27	2	12:00.0		3:16.6	5	41:56.2	16.5	1:04.0	3	26:11.2	8:27	1:24:28.0
3	128	MariJean Sanders	437	26	5	14:38.0		1:49.0	6	44:08.4	15.6	0:47.6	1	23:27.0	7:34	1:24:50.0
4	145	Ashley Van Sipma	470	27	3	12:37.7		3:21.3	2	39:28.3	17.5	1:08.0	5	30:52.1	9:57	1:27:27.4
5	147	Rebecca Lecey	354	25	6	17:21.8		1:39.2	1	37:09.8	18.6	0:40.8	4	30:39.0	9:53	1:27:30.6
6	161	Lyndsey Gorham	303	26	4	14:34.7		1:54.5	4	40:38.7	17.0	0:41.4	6	31:18.8	10:06	1:29:08.1
7	227	Allison Lynch	363	25	7	17:26.4		3:08.6	7	49:56.0	13.8	1:20.2	7	32:10.0	10:23	1:44:01.2

Male 30 to 34

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	66	Trevor Shaffer	444	31	5	11:49.4		1:30.3	1	34:19.6	20.1	0:26.6	2	27:16.8	8:48	1:15:22.7
2	91	Randall Williams	484	32	1	11:21.7		2:27.3	4	38:39.6	17.9	0:42.2	1	25:59.7	8:23	1:19:10.5
3	124	Justin Anderson	228	31	4	11:48.5		2:02.5	3	37:00.3	18.6	1:52.8	5	31:12.8	10:04	1:23:56.9
4	131	Aaron Jones	328	30	7	13:19.2		2:26.6	2	36:42.7	18.8	1:26.3	4	31:10.1	10:03	1:25:04.9
5	149	DANIEL KOPP	341	34	2	11:26.6		2:36.5	5	38:58.2	17.7	1:10.9	7	33:28.0	10:48	1:27:40.2
6	160	Geoff Dillon	273	30	3	11:28.7		3:20.9	7	45:50.7	15.1	0:55.6	3	27:31.1	8:53	1:29:07.0
7	171	Yuri Cataldo	259	34	6	13:17.6		2:05.1	6	41:25.1	16.7	1:13.9	6	32:24.9	10:27	1:30:26.6

Female 30 to 34

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	48	Alicia Davis	269	31	3	10:21.8		1:32.1	3	36:37.6	18.8	1:18.9	2	23:20.6	7:32	1:13:11.0

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Female 30 to 34

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
2	76	Lindsay Wheeler	480	34	7	12:06.7		2:38.6	5	37:52.6	18.2	1:10.6	1	22:53.7	7:23	1:16:42.2
3	80	Sarah Lukens	362	32	1	9:41.7		1:07.4	1	34:30.5	20.0	0:46.5	12	31:50.5	10:16	1:17:56.6
4	88	Megan Levett	356	33	5	11:32.1		0:46.3	4	37:23.9	18.5	0:40.6	8	28:21.9	9:09	1:18:44.8
5	93	April Anderson	227	31	2	10:02.2		1:59.4	7	38:55.9	17.7	1:23.5	5	26:52.1	8:40	1:19:13.1
6	102	Stephanie Rensberger	423	32	10	14:27.5		1:46.4	2	36:05.8	19.1	1:00.5	6	26:56.5	8:41	1:20:16.7
7	114	Heidi Krumreich	342	33	11	14:32.6		1:30.0	6	38:32.0	17.9	1:15.7	4	26:34.2	8:34	1:22:24.5
8	118	Stephanie Ford	290	33	9	13:12.0		1:38.3	8	40:08.6	17.2	0:34.4	7	27:21.6	8:49	1:22:54.9
9	122	Sonja Fussle	295	32	8	12:34.9		2:55.1	10	41:01.0	16.8	0:59.4	3	26:24.9	8:31	1:23:55.3
10	187	Carrie Javorka	324	32	14	16:55.5		1:53.7	11	43:48.9	15.8	0:34.4	11	31:03.8	10:01	1:34:16.3
11	197	Jessica John	326	33	4	11:13.5		6:04.7	12	44:23.6	15.5	6:03.8	10	28:27.8	9:11	1:36:13.4
12	198	Marisa Randle	422	31	12	14:45.9		2:34.8	13	47:03.7	14.7	3:21.4	9	28:27.7	9:11	1:36:13.5
13	217	Sheryl Hawkins	311	31	13	15:05.2		2:31.1	9	40:12.7	17.2	2:32.9	13	40:11.5	12:58	1:40:33.4
14	258	Kristine White	481	32	6	11:44.3		2:13.9	14	52:21.0	13.2	3:38.6	14	59:03.1	19:03	2:09:00.9

Male 35 to 39

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	2	Ralph Nurse	508	37	2	9:37.5		0:57.9	1	28:12.1	24.5	0:35.7	1	18:58.5	6:07	58:21.7
2	6	Mike Atkins	229	37	3	9:40.8		1:28.0	2	28:29.9	24.2	0:53.5	4	21:03.9	6:47	1:01:36.1
3	7	Daniel Brinkman	255	39	5	10:08.9		0:51.9	3	30:05.5	22.9	0:44.3	2	19:56.0	6:26	1:01:46.6
4	22	Troy Hess	315	39	6	10:28.6		1:30.2	7	33:54.8	20.4	1:08.7	3	21:02.2	6:47	1:08:04.5
5	23	Tim Senovic	443	38	1	8:56.3		1:18.9	5	32:55.9	21.0	0:51.2	5	24:37.8	7:56	1:08:40.1
6	26	TROY AVERGONZADO	230	37	4	10:04.4		0:49.7	4	32:09.4	21.5	0:49.6	7	25:34.0	8:15	1:09:27.1
7	39	Joshua Smith	450	35	7	10:53.5		1:16.9	6	33:22.9	20.7	0:50.1	6	25:00.5	8:04	1:11:23.9
8	105	Ryan Lebo	353	39	9	13:22.0		1:56.1	8	37:26.2	18.4	0:56.9	9	26:43.2	8:37	1:20:24.4

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Age Group Results

Sprint Triathlon

Male 35 to 39

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
9	143	Milan Rubenstein	510	38	8	12:32.2		3:47.3	12	43:20.4	15.9	0:56.8	8	26:10.6	8:26	1:26:47.3
10	156	David Lawrence	351	37	10	15:24.4		2:33.4	11	43:00.9	16.0	0:40.2	10	26:48.0	8:39	1:28:26.9
11	188	Jon Slaughter	449	38	11	16:30.5		2:22.4	10	40:52.6	16.9	0:45.4	12	33:59.8	10:58	1:34:30.7
12	192	Justin Fleming	288	36	13	18:01.7		2:41.8	9	37:56.2	18.2	2:39.8	11	33:38.9	10:51	1:34:58.4
13	216	Avi Persad	416	37	12	16:41.2		2:57.7	13	44:41.6	15.4	1:09.1	13	34:50.1	11:14	1:40:19.7

Female 35 to 39

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	68	sarah hoekema	318	39	6	12:30.3		1:45.3	1	35:18.6	19.5	0:54.1	3	25:05.1	8:05	1:15:33.4
2	75	Caren Standfast	504	37	5	11:21.2		0:58.3	4	37:04.8	18.6	1:15.0	4	25:54.6	8:21	1:16:33.9
3	77	Megan Kaul	331	35	12	13:37.9		1:08.0	6	38:00.6	18.2	1:06.5	1	22:54.5	7:23	1:16:47.5
4	103	Brooke Riester	428	35	4	11:03.9		1:40.0	3	37:00.5	18.6	1:22.4	9	29:14.5	9:26	1:20:21.3
5	110	Bethany Cockburn	266	37	13	14:06.1		1:43.5	2	36:04.8	19.1	1:49.2	6	27:40.9	8:55	1:21:24.5
6	117	Megan Lebo	352	39	8	12:49.1		2:55.5	5	37:28.5	18.4	2:01.1	5	27:36.4	8:54	1:22:50.6
7	129	Kara Marcus	369	38	3	10:39.9		2:29.3	10	42:37.2	16.2	0:39.3	7	28:25.5	9:10	1:24:51.2
8	132	Nicole Bassett	239	39	15	14:12.0		3:13.6	9	42:29.3	16.2	0:34.8	2	24:54.7	8:02	1:25:24.4
9	140	Laura Helman	313	39	14	14:07.5		1:28.9	7	39:47.4	17.3	1:07.6	10	30:06.1	9:43	1:26:37.5
10	173	Suzie Inchauste	512	35	11	13:20.8		2:42.2	11	44:30.3	15.5	1:34.1	8	29:03.0	9:22	1:31:10.4
11	183	Kalista Richardson	425	35	16	14:17.9		1:58.5	8	41:08.1	16.8	1:18.4	13	34:51.1	11:15	1:33:34.0
12	199	Anne Kelley	332	39	1	9:49.4		4:06.0	14	51:13.0	13.5	0:35.3	12	30:45.8	9:55	1:36:29.5
13	200	Meghan Myers	393	38	2	10:09.3		3:42.7	13	47:10.5	14.6	4:42.0	11	30:45.3	9:55	1:36:29.8
14	212	Coleen Fleming	287	37	10	13:02.1		2:54.0	12	46:07.4	15.0	1:25.9	14	36:09.6	11:40	1:39:39.0
15	245	Donna Helphrey	314	38	9	12:59.4		3:42.7	16	57:03.6	12.1	1:15.1	16	38:26.0	12:24	1:53:26.8
16	246	Mary Prior	418	38	7	12:43.7		3:57.5	15	57:02.9	12.1	1:17.0	15	38:25.7	12:24	1:53:26.8

Race Date
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2014 Lake Max Triathlon

Age Group Results

Sprint Triathlon

Male 40 to 44

Place		Name	Bib No	Age	Swim		Tran 1	Bike		Tran 2	Run		Total		
Overall	Place				Rnk	Time		Rnk	Time		Rate	Rnk		Time	Pace
1	9	Rich Bollinger	251	42	4	9:25.5	1:31.1	1	30:36.7	22.5	0:56.6	3	21:43.2	7:00	1:04:13.1
2	10	chris frazier	293	41	3	8:54.0	1:04.1	3	31:40.7	21.8	0:50.4	4	21:56.1	7:05	1:04:25.3
3	15	Geoff Standfast	503	40	2	8:31.9	0:45.9	4	31:45.4	21.7	0:33.1	6	24:03.7	7:45	1:05:40.0
4	16	CT Brinkman	254	41	15	12:06.3	1:12.0	2	31:07.6	22.2	1:16.2	1	20:20.4	6:34	1:06:02.5
5	25	Douglas Satorius	439	43	1	8:18.6	1:01.6	8	34:31.1	20.0	0:38.5	7	24:15.6	7:49	1:08:45.4
6	27	paul mitoraj	385	43	12	11:30.2	1:33.3	7	34:10.6	20.2	0:56.2	2	21:20.9	6:53	1:09:31.2
7	37	Slawomir Janusz	323	40	6	10:08.2	1:25.3	10	34:51.6	19.8	0:56.2	5	23:56.0	7:43	1:11:17.3
8	44	Craig Bewick	243	42	5	9:43.7	1:39.4	5	33:16.0	20.7	1:00.9	16	26:06.7	8:25	1:11:46.7
9	57	Bryan Ford	289	41	22	13:43.4	1:47.0	6	33:34.1	20.6	0:40.0	8	24:20.0	7:51	1:14:04.5
10	63	Michael Moxon	390	40	11	11:27.3	1:06.3	12	35:38.4	19.4	0:54.4	12	25:41.6	8:17	1:14:48.0
11	67	Mark Vroegop	474	43	7	10:22.9	1:30.3	14	37:04.9	18.6	0:33.5	14	25:53.0	8:21	1:15:24.6
12	81	Scott Johnson	327	43	18	12:56.5	2:29.6	9	34:34.4	20.0	1:27.2	17	26:32.0	8:34	1:17:59.7
13	84	Matthew Blum	248	41	8	10:57.1	1:19.7	17	38:26.7	18.0	0:34.6	19	27:05.2	8:44	1:18:23.3
14	85	Matt Bolland	506	44	24	14:14.2	2:20.3	11	34:57.4	19.7	1:49.3	11	25:03.3	8:05	1:18:24.5
15	86	Matthew McCurdy	377	44	16	12:35.8	1:22.9	16	38:02.5	18.1	0:36.6	13	25:48.6	8:19	1:18:26.4
16	98	Bill Bassett	238	40	13	11:30.6	1:51.4	19	40:00.4	17.3	1:34.0	9	24:41.3	7:58	1:19:37.7
17	104	Barry Maddox	365	43	17	12:54.6	1:49.7	15	38:00.9	18.2	0:50.9	18	26:48.1	8:39	1:20:24.2
18	121	Matt Hunter	320	44	21	13:40.6	2:28.8	20	40:05.4	17.2	1:34.0	15	26:03.7	8:24	1:23:52.5
19	134	Chris Ricketts	427	42	25	15:12.2	1:42.1	13	36:34.2	18.9	1:29.5	22	31:17.8	10:05	1:26:15.8
20	136	Mark Prochaska	419	41	26	15:56.0	2:24.5	23	42:53.9	16.1	0:28.5	10	24:42.7	7:58	1:26:25.6
21	146	David Cavanagh	260	42	20	13:26.4	2:48.3	21	40:34.2	17.0	1:11.4	20	29:27.3	9:30	1:27:27.6
22	163	jeff mitchell	384	44	23	13:51.5	1:24.8	18	39:32.6	17.5	0:59.1	26	33:23.4	10:46	1:29:11.4
23	172	George Spatz	454	42	19	13:21.5	3:17.8	22	42:05.5	16.4	1:29.5	21	30:52.3	9:57	1:31:06.6
24	194	Brad Wilson	485	42	10	11:22.5	2:13.0	24	44:38.6	15.5	0:46.4	27	36:22.4	11:44	1:35:22.9
25	196	Mike Bacino	231	42	9	11:16.1	2:32.7	27	48:05.0	14.4	1:32.6	23	32:13.1	10:24	1:35:39.5
26	231	Brian Newman	394	44	14	11:31.8	9:52.4	26	47:30.5	14.5	2:46.2	25	33:14.8	10:43	1:44:55.7
27	235	Dan Gumz	307	43	27	18:34.3	4:23.0	25	46:45.8	14.8	3:07.7	24	33:06.3	10:41	1:45:57.1

2014 Lake Max Triathlon

Age Group Results

Sprint Triathlon

Race Date

August 09, 2014

Female 40 to 44

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	50	Andrea Lehr	355	40	12	13:40.2		1:30.0	1	32:29.9	21.2	0:57.3	3	24:35.1	7:56	1:13:12.5
2	51	Susan Richards	424	42	7	12:14.6		1:29.3	2	34:56.9	19.8	0:48.2	2	23:43.7	7:39	1:13:12.7
3	99	lisa blazevich	247	44	4	11:35.3		1:56.4	3	35:05.5	19.7	1:25.7	8	29:37.6	9:33	1:19:40.5
4	109	Karen Heim	312	43	10	13:08.7		2:24.1	4	38:03.3	18.1	0:34.6	5	27:04.9	8:44	1:21:15.6
5	111	Sarah Vroegop	475	43	11	13:16.7		1:42.0	6	38:55.8	17.7	0:37.3	4	26:56.5	8:41	1:21:28.3
6	125	Stephanie Bolakowski	249	40	8	12:35.4		2:17.9	5	38:53.4	17.7	1:23.8	7	29:04.5	9:23	1:24:15.0
7	151	Kim Kickert-Bowman	336	42	3	10:52.1		1:44.1	8	40:27.3	17.1	0:56.3	14	33:55.3	10:56	1:27:55.1
8	162	Danielle Wilson	486	42	1	10:20.7		1:34.7	14	49:04.4	14.1	0:40.0	6	27:30.4	8:52	1:29:10.2
9	164	Laura Hunter	319	43	2	10:49.5		2:36.8	10	43:40.2	15.8	2:02.7	9	30:04.8	9:42	1:29:14.0
10	167	Ireen Pasia-Bacino	409	40	16	57:16.2			12	48:18.5	14.3		13	33:33.1	10:49	1:29:39.3
11	180	Swati Gunale	308	41	17	1:00:51.2			9	40:36.4	17.0		12	33:07.8	10:41	1:32:28.5
12	186	Helen Mitrakis	386	40	9	13:06.3		2:27.4	7	38:57.5	17.7	1:28.7	16	38:02.3	12:16	1:34:02.2
13	201	Katherine Captain	257	41	6	11:51.6		3:38.7	13	48:25.8	14.3	1:48.1	10	30:45.8	9:55	1:36:30.0
14	208	Davonna Gynn	309	42	13	16:23.7		2:43.4	11	44:26.2	15.5	0:46.9	15	34:07.5	11:00	1:38:27.7
15	224	Janice Felger	284	42	14	18:45.8		2:46.2	15	49:53.8	13.8	1:17.4	11	30:57.8	9:59	1:43:41.0
16	237	Ginger Buesching	256	43	15	22:15.6		2:40.6	17	55:54.2	12.3	1:52.3	1	23:26.5	7:34	1:46:09.2
17	254	Leann Weatherby	478	44	5	11:45.2		3:45.0	16	51:11.4	13.5	1:21.2	17	49:03.1	15:49	1:57:05.9

Male 45 to 49

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	11	Steve Green	305	49	5	11:25.0		0:50.9	2	29:34.0	23.3	0:44.0	2	21:59.8	7:05	1:04:33.7
2	19	Ron Glowczynski	517	46	7	11:56.2		3:03.1	1	29:08.7	23.7	0:38.1	3	22:15.6	7:11	1:07:01.7
3	21	Michael Malloy	367	47	1	10:01.6		0:54.9	4	32:23.5	21.3	0:47.6	5	23:33.5	7:36	1:07:41.1
4	30	Terry Lavery	349	47	2	10:17.0		2:01.3	6	34:10.4	20.2	1:08.4	4	23:07.1	7:27	1:10:44.2

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Sprint Triathlon

Male 45 to 49

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
5	55	Glenn Maenhout	366	48	6	11:31.8		1:57.2	3	32:08.3	21.5	1:43.8	7	26:31.0	8:33	1:13:52.1
6	61	Paul Wyman	492	46	8	12:16.6		0:51.8	7	34:14.5	20.2	0:42.8	8	26:34.3	8:34	1:14:40.0
7	62	Darren Dawson	270	48	10	12:26.7		1:23.5	5	33:29.5	20.6	1:35.7	6	25:46.7	8:19	1:14:42.1
8	72	Andy Schuller	441	47	4	11:03.6		1:12.7	8	35:11.8	19.6	1:15.8	10	27:23.2	8:50	1:16:07.1
9	83	Mike Van Heyningen	469	49	12	13:25.3		1:48.9	9	35:13.3	19.6	0:32.8	9	27:15.1	8:47	1:18:15.4
10	97	Paul Patrick	410	46	17	18:39.3		2:52.0	10	35:40.0	19.3	1:11.8	1	21:06.9	6:48	1:19:30.0
11	113	Edward Bradley	252	48	3	10:42.7		2:27.7	12	39:59.3	17.3	1:25.9	11	27:26.8	8:51	1:22:02.4
12	157	Thomas Munson	392	47	16	17:33.0		2:14.0	11	39:22.6	17.5	1:21.8	12	28:16.0	9:07	1:28:47.4
13	184	Dan Perun	417	49	13	15:02.4		3:26.3	13	42:53.0	16.1	0:53.4	15	31:21.8	10:07	1:33:36.9
14	189	Francis Ellert	279	47	9	12:24.6		3:26.2	15	46:26.1	14.9	1:02.6	14	31:19.8	10:06	1:34:39.3
15	190	Ed Kelley	333	46	11	12:49.4		2:55.1	16	47:56.2	14.4	0:56.5	13	30:02.5	9:41	1:34:39.7
16	221	David Nikolai	396	48	14	16:46.6		3:17.5	17	49:02.3	14.1	1:08.5	16	32:17.0	10:25	1:42:31.9
17	232	Jeff Paulik	412	47	15	17:29.3		2:42.4	14	44:49.1	15.4	0:45.5	17	39:13.2	12:39	1:44:59.5

Female 45 to 49

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	45	Shelly Wyman	493	46	3	10:42.8		1:03.2	1	33:53.0	20.4	0:57.1	1	25:41.0	8:17	1:12:17.1
2	74	Kathleen Kline	515	48	1	10:02.0		2:23.6	2	35:52.5	19.2	1:46.4	2	26:09.2	8:26	1:16:13.7
3	139	Anne Wildermuth	482	49	6	12:00.4		3:02.5	7	41:48.5	16.5	0:45.8	5	29:00.1	9:21	1:26:37.3
4	148	Anne Munson	391	46	7	12:12.1		2:23.2	9	42:22.6	16.3	0:48.1	6	29:45.8	9:36	1:27:31.8
5	168	Anne Watson	477	46	11	15:04.8		2:07.2	6	41:46.2	16.5	0:45.7	8	30:11.8	9:44	1:29:55.7
6	169	Sue Freymiller	294	48	5	11:59.6		2:05.5	10	42:50.3	16.1	0:38.4	11	32:24.9	10:27	1:29:58.7
7	170	shannon mogilinski	388	46	8	13:14.8		1:49.9	3	36:22.3	19.0	1:36.9	13	36:57.7	11:55	1:30:01.6
8	177	Terry Clancy	265	49	13	15:17.6		2:08.9	11	46:34.1	14.8	0:48.9	3	27:29.6	8:52	1:32:19.1

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Age Group Results

Sprint Triathlon

Female 45 to 49

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
9	193	Susan Vinal	473	47	4	11:07.8		2:59.5	14	51:39.2	13.4	1:05.0	4	28:28.1	9:11	1:35:19.6
10	206	Kelly May	372	46	9	13:20.8		2:16.9	5	40:52.0	16.9	2:09.6	14	39:21.8	12:42	1:38:01.1
11	207	Kate Nikolai	398	48	10	14:12.7		2:33.3	12	47:13.6	14.6	0:52.8	12	33:32.2	10:49	1:38:24.6
12	211	Beth Jacobus	321	49	16	21:20.4		2:17.8	8	42:08.9	16.4	1:44.7	9	31:54.7	10:17	1:39:26.5
13	225	Catherine Kiran	507	45	12	15:13.1		2:53.1	15	52:30.2	13.1	0:47.8	10	32:20.7	10:26	1:43:44.9
14	228	Meg LaMonica	346	47	15	16:16.4		3:34.2	4	39:45.3	17.4	2:59.6	15	42:05.8	13:35	1:44:41.3
15	230	Christa Risher	429	47	2	10:08.8		1:35.9	16	1:01:46.8	11.2	1:24.6	7	29:53.1	9:38	1:44:49.2
16	248	Cory Barnes	234	49	14	15:49.4		2:41.5	13	49:28.9	13.9	0:49.9	16	46:13.2	14:55	1:55:02.9

Male 50 to 54

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	12	Jeffrey Berger	241	53	2	10:05.0		1:04.6	1	29:56.2	23.1	0:40.8	2	22:55.7	7:24	1:04:42.3
2	18	Michael Sapper	438	50	6	11:08.9		0:55.9	2	30:43.5	22.5	0:43.2	4	23:17.4	7:31	1:06:48.9
3	20	Doug Morris	389	50	1	9:33.4		1:15.0	3	31:44.4	21.7	0:41.4	6	23:49.5	7:41	1:07:03.7
4	29	Donald Hammond	310	54	4	10:43.9		1:40.3	6	33:01.7	20.9	0:43.4	8	24:23.0	7:52	1:10:32.3
5	33	Brent Jacobus	322	53	8	11:59.1		1:13.1	7	33:19.2	20.7	0:43.5	5	23:47.6	7:40	1:11:02.5
6	38	glenn moehling	387	53	9	12:04.9		2:02.7	5	32:19.9	21.4	0:52.2	7	24:01.5	7:45	1:11:21.2
7	40	Steve Simms	448	54	16	15:50.6		0:35.5	4	31:55.1	21.6	0:37.6	1	22:28.3	7:15	1:11:27.1
8	46	Michael Clancy	263	51	5	10:47.0		2:37.3	9	35:26.6	19.5	0:42.8	3	22:57.9	7:24	1:12:31.6
9	58	Chris Kline	337	50	11	12:32.7		1:38.2	8	34:11.5	20.2	1:17.4	9	24:49.9	8:00	1:14:29.7
10	119	Joseph Fink	285	50	3	10:38.3		3:06.4	15	42:22.8	16.3	1:10.6	11	26:24.4	8:31	1:23:42.5
11	133	William Lavery	350	50	7	11:11.5		2:07.8	11	37:19.3	18.5	1:25.2	14	33:44.7	10:53	1:25:48.5
12	135	Cameron Erekson	281	52	10	12:10.4		1:58.2	10	36:27.7	18.9	1:02.4	16	34:45.0	11:13	1:26:23.7
13	141	Jim Thompson	465	51	13	13:26.2		4:01.8	14	40:52.8	16.9	2:44.0	10	25:39.7	8:16	1:26:44.5

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Male 50 to 54

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
14	152	Chris Wolff	489	51	15	15:06.3		3:14.5	16	42:31.6	16.2	0:35.9	12	26:32.4	8:34	1:28:00.7
15	158	John Mance	368	51	12	12:59.1		1:38.8	12	38:26.8	18.0	1:32.4	15	34:19.0	11:04	1:28:56.1
16	176	James Truman	468	50	14	13:39.7		2:19.4	13	40:00.1	17.3	2:18.6	13	33:25.7	10:47	1:31:43.5
17	226	Dennis Rick	518	51	17	16:42.4		1:50.9	17	44:13.2	15.6	1:21.8	17	39:41.9	12:48	1:43:50.2

Female 50 to 54

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	65	Cheryl Odore	403	50	1	10:57.1		1:45.1	1	35:00.1	19.7	1:06.8	1	26:18.1	8:29	1:15:07.2
2	120	Diane Germino	297	51	2	12:31.0		2:23.8	3	39:24.2	17.5	0:37.9	2	28:55.3	9:20	1:23:52.2
3	127	Sandra Zielinski	495	54	4	14:17.3		2:13.2	2	37:09.7	18.6	1:17.0	5	29:51.3	9:38	1:24:48.5
4	179	Penny Ruppert	435	51	5	14:31.2		2:50.5	5	44:25.0	15.5	1:24.4	4	29:16.1	9:26	1:32:27.2
5	181	Catherine Rode	513	50	6	14:33.9		3:28.1	6	44:32.0	15.5	1:33.2	3	29:02.9	9:22	1:33:10.1
6	215	Dawn Golden	301	52	7	15:24.6		2:25.3	4	43:49.0	15.7	1:53.9	7	36:25.0	11:45	1:39:57.8
7	249	Maryanne Wolff	491	50	3	13:22.5		3:55.3	7	1:02:17.4	11.1	0:43.5	6	35:13.3	11:22	1:55:32.0

Male 55 to 59

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	8	Marc Laudeman	348	58	1	8:59.0		1:02.2	1	31:12.7	22.1	0:30.6	1	22:26.7	7:14	1:04:11.2
2	42	Matt Bolinger	250	55	3	10:00.8		1:23.9	2	33:23.5	20.7	1:19.7	2	25:26.3	8:12	1:11:34.2
3	54	Dean Schmidlapp	440	55	2	9:12.3		0:54.0	3	35:12.4	19.6	0:57.5	4	27:32.3	8:53	1:13:48.5
4	87	Dale Shaw	445	57	4	11:53.6		1:48.1	4	37:18.1	18.5	0:44.7	3	26:44.7	8:37	1:18:29.2

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Age Group Results

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Male 55 to 59

Place		Name	Bib No	Age	----- Swim -----		Tran 1	----- Bike -----			Tran 2	----- Run -----		Total		
Place	Overall				Rnk	Time		Pace	Time	Rnk		Time	Rate		Time	Rnk
5	175	Alan Lowrance	359	58	5	13:20.4		2:48.0	5	39:18.2	17.6	1:02.1	5	35:11.5	11:21	1:31:40.2
6	253	Terrence McBride	374	58	6	18:23.6		7:06.7	6	45:12.7	15.3	3:26.4	6	42:53.6	13:50	1:57:03.0

Female 55 to 59

Place		Name	Bib No	Age	----- Swim -----		Tran 1	----- Bike -----			Tran 2	----- Run -----		Total		
Place	Overall				Rnk	Time		Pace	Time	Rnk		Time	Rate		Time	Rnk
1	95	Alane Rozelle	433	57	6	14:04.9		1:25.0	1	36:18.5	19.0	0:56.9	3	26:41.3	8:36	1:19:26.6
2	96	Anne McConville	376	55	2	12:13.1		2:02.2	7	39:35.1	17.4	0:32.6	1	25:05.0	8:05	1:19:28.0
3	100	Debbie Palmer	405	55	3	12:40.7		2:21.1	3	36:54.5	18.7	1:33.5	2	26:23.4	8:31	1:19:53.2
4	101	elaine wangercyn	476	59	4	13:31.6		1:32.3	2	36:21.2	19.0	1:16.8	4	27:17.8	8:48	1:19:59.7
5	106	Alicia McClean	375	58	1	11:57.2		1:01.6	6	39:07.4	17.6	0:49.5	5	27:59.3	9:02	1:20:55.0
6	137	Marilyn Lukac	361	56	10	16:54.3		1:45.4	5	38:27.6	17.9	0:33.4	6	28:46.0	9:17	1:26:26.7
7	214	Nancy McKinnis	379	56	5	13:57.2		2:30.7	9	45:53.2	15.0	0:41.1	10	36:50.1	11:53	1:39:52.3
8	220	Wanda Miller	383	58	7	14:47.1		2:16.2	8	41:09.4	16.8	1:23.6	11	42:09.5	13:36	1:41:45.8
9	223	Kathy Ross	432	56	8	15:48.6		5:18.0	4	38:18.4	18.0	1:56.2	12	42:15.7	13:38	1:43:36.9
10	229	Karen Suitor	458	55	9	16:28.3		3:34.1	11	48:12.1	14.3	1:10.2	9	35:18.7	11:23	1:44:43.4
11	233	Pam Steinberger	456	56	11	19:03.4		2:48.8	12	50:30.6	13.7	0:57.4	7	31:40.7	10:13	1:45:00.9
12	238	Sarah Shaw	447	56	12	19:50.1		3:07.6	10	48:08.0	14.3	1:01.9	8	34:25.5	11:06	1:46:33.1

Male 60 to 64

Place		Name	Bib No	Age	----- Swim -----		Tran 1	----- Bike -----			Tran 2	----- Run -----		Total		
Place	Overall				Rnk	Time		Pace	Time	Rnk		Time	Rate		Time	Rnk
1	32	Ron Bendiks	240	60	1	11:37.3		1:16.1	2	33:38.9	20.5	1:01.0	1	23:25.1	7:33	1:10:58.4

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Male 60 to 64

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
2	52	Ken Kesler	335	61	2	12:35.2		0:55.9	1	31:42.2	21.8	1:23.3	3	26:50.6	8:39	1:13:27.2
3	90	Tim Overmyer	404	60	3	13:43.2		2:33.4	3	36:56.1	18.7	1:16.6	2	24:26.1	7:53	1:18:55.4
4	203	Paul Levett	358	64	4	17:11.2		2:31.1	4	38:56.2	17.7	1:35.7	4	36:50.4	11:53	1:37:04.6

Female 60 to 64

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	202	Jan Duncker	276	60	1	11:40.6		1:58.3	1	38:16.1	18.0	1:19.0	2	43:17.6	13:58	1:36:31.6
2	242	Julie Steck	455	62	2	14:58.9		3:33.7	3	51:22.0	13.4	0:50.6	1	41:12.3	13:17	1:51:57.5
3	247	Diann Parsons	406	60	3	15:50.7		2:40.5	2	46:15.6	14.9	4:02.3	3	46:09.9	14:53	1:54:59.0

Male 65 to 69

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	222	Randall Rose	431	68	1	14:48.9		4:34.5	1	48:29.0	14.2	1:46.3	1	33:04.9	10:40	1:42:43.6
2	252	Bruce Thoma	463	65	2	18:09.2		2:37.0	2	51:43.7	13.3	0:56.7	2	43:23.5	14:00	1:56:50.1

Female 65 to 69

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	185	Laura Snipes	453	66	1	15:08.3		2:57.0	1	42:56.7	16.1	0:49.6	1	31:50.6	10:16	1:33:42.2

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Male 70 to 74

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	112	John Macdonald	364	70	2	14:33.7		1:22.8	1	34:47.4	19.8	1:13.3	1	29:41.3	9:35	1:21:38.5
2	236	K Jones	329	70	1	14:27.2		2:30.8	2	44:13.8	15.6	0:47.3	2	44:08.4	14:14	1:46:07.5

Male 75 to 79

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	250	William Pauley	411	79	1	19:59.2		3:04.9	1	48:13.3	14.3	1:02.3	1	43:53.2	14:09	1:56:12.9