

Race Date  
March 29, 2014

# Central Indiana Health and Fitness Expo 5K Run

## Age Group Results

### Run

#### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Adrienne Shephard		25	3753	2	22:35.4	7:17/M

#### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brad Tomlinson		41	3767	1	20:34.9	6:38/M

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### Run

#### Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Madison Cleaver		13	3645	10	27:13.5	8:47/M
2	shelby wells		11	3775	29	34:45.3	11:13/M

#### Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Isaac Felker		8	3667	48	41:27.1	13:22/M
2	Joshua Beachy		14	3628	50	42:28.7	13:42/M

#### Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Hunter Cain		15	3639	3	24:42.6	7:58/M
2	Hunter Purtee		15	3740	4	24:59.4	8:04/M
3	Robert Wamborough		18	3773	30	34:49.8	11:14/M

#### Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Heather DeLon		24	3660	8	26:19.5	8:29/M
2	Logan Jones		23	3698	14	28:55.7	9:20/M
3	Hillari Cripe		22	3651	28	32:50.8	10:35/M
4	Krystal Brazel		24	3636	31	34:58.3	11:17/M
5	Brittney Michel		23	3721	40	38:28.2	12:25/M
6	Talisa Anderson		22	3621	43	39:31.9	12:45/M

#### Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sarah Gale		25	3675	34	36:10.4	11:40/M
2	Bethany Thomas		28	3765	37	37:48.7	12:12/M
3	Krystyne Wilson		28	3777	38	38:13.7	12:20/M

#### Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephanie Pratt		30	3738	41	38:53.2	12:33/M
2	Nicole White		33	3790	57	49:12.3	15:52/M

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Run

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joe Snyder		34	3758	12	27:46.4	8:57/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julie Hertzog		38	3693	6	25:54.5	8:21/M
2	Shelby Rooze		39	3749	18	29:25.1	9:29/M
3	Athena Beaty		37	3629	19	29:25.1	9:29/M
4	Diane Rackley		38	3787	20	29:26.7	9:30/M
5	melissa adams		36	3618	23	31:14.2	10:05/M
6	Krista Sarver		35	3752	26	32:15.7	10:24/M
7	Marietta Miles		39	3723	32	36:03.5	11:38/M
8	Christina Horn		35	3788	42	39:31.8	12:45/M
9	Katisha Tehandon		37	3764	45	39:44.8	12:49/M
10	Elizabeth Carter		36	3642	51	42:55.2	13:51/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Leigh Swartzendruber		41	3762	5	25:15.9	8:09/M
2	Dana Culp		44	3654	11	27:19.7	8:49/M
3	Pam Snyder		43	3759	35	36:13.5	11:41/M
4	Lora Felker		43	3668	49	41:30.4	13:23/M
5	Debbie Beachy		43	3627	53	46:21.6	14:57/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Randy Maurer		42	3713	9	26:37.8	8:35/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joetta McGowan		46	3715	15	29:12.1	9:25/M
2	angie haymaker		45	3686	16	29:19.4	9:27/M
3	Donna Dwyer		46	3665	17	29:23.5	9:29/M
4	Laura Cook		49	3649	25	31:40.2	10:13/M
5	Kathy Dell		46	3659	54	46:24.5	14:58/M

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Run

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Karen Bocock		46	3633	55	46:24.9	14:58/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	jeff haymaker		49	3685	7	26:17.5	8:29/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ann Hubbard		51	3696	27	32:49.2	10:35/M
2	Karen Gale		52	3676	33	36:10.4	11:40/M
3	Beth Metcalf		54	3719	39	38:19.9	12:22/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steve DeLon		52	3661	21	30:28.2	9:50/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Maria Cline		56	3648	46	39:50.5	12:51/M
2	Debbie Appelhans		55	3623	56	47:16.5	15:15/M
3	Deb Taylor		57	3763	59	56:22.6	18:11/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mike Deardolf		59	3657	13	28:15.5	9:07/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ruth Dunn		60	3664	44	39:34.9	12:46/M
2	Sue Keller		61	3699	52	45:28.6	14:40/M
3	Shirley Bugher		64	3784	58	52:20.3	16:53/M

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## Age Group Results

### Run

#### Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeff Lowry		60	3708	22	31:10.8	10:03/M
2	Brad Shrock		61	3754	24	31:31.5	10:10/M

#### Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Beth Green		67	3677	36	36:15.6	11:42/M

#### Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jim Gross		74	3786	47	40:25.2	13:02/M

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## Age Group Results

### Walk

#### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeanne DeAngulo		51	3656	3	42:27.9	13:42/M

#### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Vernon Keller		63	3700	1	31:45.3	10:15/M

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## Age Group Results

### Walk

#### Female 19 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Maya Brooks		19	3637	15	47:19.5	15:16/M
2	Whitney Riley		17	3744	29	52:05.2	16:48/M
3	Jenna Hendricks		8	3692	31	52:08.5	16:49/M
4	Viola Moore		7	3727	39	55:52.8	18:01/M

#### Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rachel Dishman		23	3663	27	51:48.4	16:43/M

#### Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Adam Pickard		24	3734	2	41:43.8	13:27/M

#### Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chris Stevens		27	3785	21	50:15.9	16:13/M

#### Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Megan Yard		34	3782	6	44:29.3	14:21/M
2	Ashley Harris		31	3679	35	54:02.5	17:26/M
3	Lacy Moore		31	3728	40	55:52.8	18:01/M

#### Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jenny Tudor		36	3768	9	44:55.9	14:29/M
2	Jennifer Burton		37	3638	28	51:48.7	16:43/M
3	Kim Hendricks		38	3691	34	54:02.3	17:26/M

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# Central Indiana Health and Fitness Expo 5K Run

## Age Group Results

### Walk

#### Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tricia Harrison		41	3681	4	43:08.5	13:55/M
2	Heather Anthony		41	3622	11	45:48.9	14:46/M
3	Nicole Cothorn		40	3650	12	45:49.5	14:47/M
4	Shannon Crouch		44	3652	16	49:03.3	15:49/M
5	Angie Harrell		42	3678	18	50:00.3	16:08/M
6	Candice Hawkins		40	3683	32	52:11.4	16:50/M
7	Michelle Riley		42	3745	36	54:02.5	17:26/M
8	Kim Helton		41	3690	38	55:37.7	17:56/M

#### Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lisa Price		49	3739	5	43:10.5	13:55/M
2	Regina Poe		47	3737	13	46:02.2	14:51/M
3	Kim Cain		49	3640	14	46:57.8	15:09/M
4	Kimberly Wilson		45	3778	17	49:30.8	15:58/M
5	Dana Reser		49	3742	19	50:03.9	16:09/M
6	Sonya Reser-Crook		45	3743	20	50:04.3	16:09/M
7	Penny Meurer		47	3720	22	50:44.8	16:22/M
8	Lorraine Smith		48	3757	23	50:45.2	16:22/M

#### Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sean McGowan		48	3716	8	44:43.5	14:25/M

#### Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sherry Yard		51	3783	7	44:31.8	14:22/M

#### Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Hawkins		51	3682	33	52:11.6	16:50/M

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### Walk

#### Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kim Lowry		57	3710	10	45:21.5	14:38/M
2	Debra Cave		55	3643	26	51:47.8	16:42/M
3	Linda Cardwell		56	3641	30	52:07.8	16:49/M
4	betty yard		58	3779	41	56:22.5	18:11/M

#### Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carol Sample		75	3750	25	51:37.4	16:39/M
2	Jeannie Walker		60	3772	37	54:36.3	17:37/M
3	Dolores Abney		62	3617	43	58:53.1	19:00/M
4	Maria Kirkman		64	3703	44	58:55.5	19:00/M
5	Carolyn Mitchell		67	3725	45	59:54.9	19:19/M
6	Belinda Hecht		64	3687	46	59:55.5	19:20/M

#### Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Richard Sample		67	3751	24	51:33.5	16:38/M
2	Terrance Kendall		61	3789	42	57:26.5	18:32/M