

Race Date
August 17, 2014

2014 3 for 3 Triathlon
Swim and Kayak Divisions Combined

Female Open Winners

Place					----- Swim -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	6	Heather Schuh	552	38	1	4:52.1		1	0:50.4	3:20	1	25:36.6	23.4	1	0:33.4		1	20:08.3	8:03	52:00.8

Male Open Winners

Place					----- Swim -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----		Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Nigel Bosch	461	24	1	3:58.6		1	0:16.6	1:04	1	23:36.3	25.4	1	0:28.2		1	15:40.7	6:16	44:00.4

Race Date
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2014 3 for 3 Triathlon
Swim and Kayak Divisions Combined

Female 16 to 25

Place			----- Swim -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----			Total		
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	23	Dani Gies	492	22	1	2:46.3		2	1:19.3	5:16	1	35:11.7	17.1	1	0:43.2		2	25:51.9	10:20	1:05:52.4
2	45	Emma Dunbar	479	24	3	3:10.4		5	2:55.7	11:40	3	40:07.4	15.0	5	1:07.1		1	25:38.6	10:15	1:12:59.2
3	50	Britney Spencer	560	19	4	4:07.1		3	1:47.3	7:08	4	40:57.0	14.7	3	1:01.3		4	30:35.6	12:14	1:18:28.3
4	55	Allison Coney	472	24	6	9:05.7		4	2:47.3	11:08	2	39:43.6	15.1	2	0:59.7		3	30:12.5	12:05	1:22:48.8
5	57	Rachel Boyles	466	18	2	2:52.6		1	1:09.9	4:36	5	46:05.3	13.0	6	1:10.4		5	35:04.2	14:02	1:26:22.4

Male 16 to 25

Place			----- Swim -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----			Total		
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	3	Matthew Gaboury	490	23	2	3:04.1		2	1:01.7	4:04	3	28:26.2	21.1	4	1:00.3		1	16:55.6	6:46	50:27.9
2	4	Grant VanParys	569	18	1	2:41.4		1	0:34.8	2:16	1	27:21.6	21.9	1	0:20.8		3	19:46.2	7:54	50:44.8
3	11	Ben Whitney	580	22	3	4:07.0		3	1:12.3	4:48	2	28:15.1	21.2	3	0:59.0		2	19:01.6	7:36	53:35.0
4	18	Nathaniel Blanchard	459	24	4	5:51.2		4	1:43.5	6:52	4	28:55.1	20.7	2	0:34.2		4	22:05.7	8:50	59:09.7

Female 26 to 35

Place			----- Swim -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----			Total		
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	25	Julia Tibbets	567	32	5	5:26.3		6	2:00.2	8:00	1	32:07.1	18.7	5	2:04.4		2	24:46.8	9:54	1:06:24.8
2	28	Alyse Bruszewski	468	28	3	4:45.4		1	1:20.8	5:20	2	32:15.4	18.6	3	1:04.9		3	27:47.5	11:07	1:07:14.0
3	35	Mandy Wallick	574	28	6	5:49.7		5	1:40.7	6:40	4	37:01.5	16.2	4	1:08.4		1	23:15.9	9:18	1:08:56.2
4	46	Jennifer Iwaniuk	509	33	4	4:52.4		2	1:27.3	5:48	3	36:25.1	16.5	1	0:45.4		5	29:53.8	11:57	1:13:24.0
5	48	Nicolle Corporon	473	30	1	3:39.6		4	1:37.1	6:28	5	39:15.2	15.3	2	1:04.2		6	30:04.2	12:02	1:15:40.3
6	52	Ashley Johnston	513	27	2	4:07.5		3	1:34.4	6:16	6	41:21.3	14.5	6	3:11.3		4	28:36.5	11:26	1:18:51.0

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Male 26 to 35

Place					----- Swim -----		----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----		----- Total -----		
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	5	Nick Liskey	522	34	1	3:30.5		3	1:25.6	5:40	2	26:20.9	22.8	2	0:29.5		2	19:49.8	7:56	51:36.3
2	14	Russell Lupica	525	31	3	4:12.6		1	1:14.8	4:56	1	26:12.6	22.9	8	0:49.3		6	23:01.8	9:12	55:31.1
3	15	Josh Snyder	558	32	6	4:16.1		9	2:28.2	9:52	3	27:11.8	22.1	9	1:17.4		4	21:10.2	8:28	56:23.7
4	20	Adam Morehouse	530	29	11	6:09.6		5	1:54.3	7:36	5	33:35.4	17.9	3	0:31.1		1	19:10.1	7:40	1:01:20.5
5	26	Andy Warzon	575	35	7	5:01.1		6	2:10.0	8:40	7	36:10.3	16.6	4	0:42.8		5	22:31.4	9:00	1:06:35.6
6	31	Brad Rohrscheib	549	32	8	5:31.4		10	2:49.8	11:16	4	31:55.0	18.8	5	0:44.9		8	27:20.4	10:56	1:08:21.5
7	42	Brett Fountain	488	30	5	4:15.1		8	2:27.2	9:48	10	42:50.1	14.0	10	1:39.4		3	19:57.2	7:59	1:11:09.0
8	44	Bryan Hochschild	502	26	9	5:49.2		7	2:21.3	9:24	6	33:43.1	17.8	6	0:46.9		10	29:44.2	11:54	1:12:24.7
9	51	Phil Meyerdierks	528	32	4	4:14.7		2	1:17.3	5:08	8	41:25.1	14.5	11	3:08.1		9	28:37.2	11:27	1:18:42.4
10	53	Zachary Boutieller	462	30	10	5:53.4		11	3:20.8	13:20	11	43:19.9	13.9	7	0:48.7		7	25:43.3	10:17	1:19:06.1
11	54	Dan Asleson	452	35	2	3:33.2		4	1:47.4	7:08	9	41:50.7	14.3	1	0:23.0		11	33:47.2	13:31	1:21:21.5

Female 36 to 45

Place					----- Swim -----		----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----		----- Total -----		
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	16	Karen Schwarz	553	41	4	5:28.3		6	2:26.6	9:44	1	28:04.2	21.4	3	0:53.7		1	20:37.1	8:15	57:29.9
2	19	Kara Boyles	465	41	6	5:53.5		2	1:34.7	6:16	2	28:38.4	21.0	2	0:39.4		3	22:33.0	9:01	59:19.0
3	22	Kristen Warzon	576	36	5	5:35.7		5	2:16.4	9:04	5	34:55.9	17.2	4	0:58.8		2	21:26.6	8:34	1:05:13.4
4	37	Deb Brenneman	467	43	9	6:50.4		8	3:01.1	12:04	4	32:54.4	18.2	6	1:02.0		6	25:55.5	10:22	1:09:43.4
5	38	Jennifer Beck	457	39	7	5:55.1		9	3:14.6	12:56	8	36:33.2	16.4	5	1:00.6		4	23:25.8	9:22	1:10:09.3
6	39	Suzanne Mullen	533	37	3	5:16.4		4	2:03.9	8:12	9	37:53.8	15.8	1	0:38.6		5	24:44.0	9:54	1:10:36.7
7	40	Amy Moore	529	43	2	5:10.7		3	1:57.5	7:48	6	35:21.9	17.0	8	1:13.5		8	27:00.1	10:48	1:10:43.7
8	43	Ruth Finau	483	38	1	4:04.1		1	1:08.9	4:32	3	31:39.3	19.0	9	1:33.4		9	32:46.9	13:06	1:11:12.6
9	47	Jeana Bliler	460	42	8	6:44.6		7	3:00.4	12:00	7	36:29.7	16.4	7	1:08.7		7	26:09.3	10:28	1:13:32.7
10	61	Stacey Richez	546	40	10	7:56.7		10	6:36.4	26:24	10	48:19.1	12.4	10	2:10.1		10	38:24.9	15:22	1:43:27.2

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Male 36 to 45

Place		Name	Bib	Age	Swim		Trans 1			Bike			Trans 2			Run		Total
Place	Overall				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time
1	2	Gregory Dischler	591	45	2	3:35.7	1	1:00.6	4:00	1	24:22.8	24.6	2	0:55.8	1	18:04.8	7:14	47:59.7
2	7	James Stanley	561	37	4	4:52.7	4	1:26.9	5:44	2	26:13.3	22.9	3	1:03.2	2	18:29.7	7:24	52:05.8
3	17	Danny Eggleston	481	38	5	5:00.0	2	1:05.3	4:20	3	27:42.8	21.7	7	1:29.3	4	23:03.4	9:13	58:20.8
4	21	Richard Crowder	474	45	1	2:53.0	3	1:13.3	4:52	5	32:38.2	18.4	6	1:25.2	5	25:40.6	10:16	1:03:50.3
5	24	Brendan Mullen	532	36	3	4:36.7	5	1:31.8	6:04	4	31:50.7	18.8	8	1:55.5	6	26:03.9	10:25	1:05:58.6
6	32	Roberto Atencio	454	43	6	5:58.8	6	1:56.0	7:44	6	36:53.2	16.3	5	1:11.6	3	22:34.3	9:02	1:08:33.9
7	59	Peter Dahlstrom	475	45	7	6:14.6	7	3:38.3	14:32	7	45:34.7	13.2	4	1:10.5	7	33:19.5	13:20	1:29:57.6
8	60	Derrick Patty	540	36	8	7:24.2	8	4:37.6	18:28	8	47:17.1	12.7	1	0:52.1	8	37:07.8	14:51	1:37:18.8

Female 46 to 55

Place		Name	Bib	Age	Swim		Trans 1			Bike			Trans 2			Run		Total
Place	Overall				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time
1	10	Margaret Wade	573	48	3	3:05.2	2	0:58.0	3:52	1	27:34.5	21.8	1	0:41.9	1	21:06.5	8:26	53:26.1
2	13	Patty Rawlings	545	49	1	2:47.9	1	0:48.1	3:12	2	28:14.8	21.3	3	0:53.2	2	21:37.6	8:39	54:21.6
3	27	Karen Vinson	572	47	2	2:49.0	6	2:05.3	8:20	6	36:18.0	16.5	6	1:13.3	3	24:10.2	9:40	1:06:35.8
4	30	Diana Stickl	563	55	5	4:48.5	7	2:39.5	10:36	3	31:44.7	18.9	7	2:12.2	6	26:37.8	10:39	1:08:02.7
5	33	Birgit Bulling Sommer	469	52	6	6:08.6	4	1:54.1	7:36	5	33:55.9	17.7	5	1:07.5	5	25:28.5	10:11	1:08:34.6
6	34	Sue Harper	496	48	7	7:12.4	5	1:56.0	7:44	4	33:17.6	18.0	4	1:05.2	4	25:08.1	10:03	1:08:39.3
7	41	Lisa Horvath	507	52	4	3:08.0	3	1:16.8	5:04	7	38:43.5	15.5	2	0:48.7	7	26:48.1	10:43	1:10:45.1

Male 46 to 55

Place		Name	Bib	Age	Swim		Trans 1			Bike			Trans 2			Run		Total
Place	Overall				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time

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Male 46 to 55

Place			----- Swim -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	8	John Lanning	519	49	4	4:30.8		3	1:04.1	4:16	1	26:30.1	22.6	2	1:02.6		1	19:25.0	7:46	52:32.6
2	9	James Boyles	464	53	1	2:40.0		2	1:02.6	4:08	3	28:15.8	21.2	3	1:05.0		2	20:02.8	8:01	53:06.2
3	12	Rod Rodriguez	548	49	3	3:51.9		4	1:09.1	4:36	2	27:09.0	22.1	1	0:49.1		3	20:49.1	8:20	53:48.2

Female 56 to 65

Place			----- Swim -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	36	Linda Johnsen	512	62	2	7:08.1		2	3:52.8	15:28	1	34:08.2	17.6	2	0:45.2		1	23:09.9	9:16	1:09:04.2
2	49	Nancy Fisher	484	58	3	7:26.2		3	4:00.6	16:00	2	36:19.3	16.5	3	2:17.5		2	28:13.9	11:17	1:18:17.5
3	56	PAMELA WILLS	583	60	1	6:23.8		1	2:39.5	10:36	3	42:54.6	14.0	1	0:38.2		3	30:52.4	12:21	1:23:28.5

Male 56 to 65

Place			----- Swim -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	29	Brian Vinson	571	57	1	2:59.0		1	2:34.3	10:16	1	36:31.5	16.4	1	1:09.0		1	24:11.3	9:40	1:07:25.1
2	58	Rob Hochschild	503	58	2	6:46.0		2	3:36.5	14:24	2	38:34.2	15.6	2	1:28.9		2	36:21.9	14:32	1:26:47.5