

## 2013 Spirit Run 5K

Age Group ResultsRace Date

March 09, 2013

## Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Callie Metzger		11	9131	19	21:51.7	7:03/M

## Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Justin Baum		27	9242	1	17:19.1	5:35/M

## Female Masters Winner Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julie Young		49	9240	68	25:35.4	8:14/M

## Male Masters Winner Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Zoltan Szabo		51	9207	8	20:54.7	6:45/M

## 2013 Spirit Run 5K

Age Group ResultsRace Date

March 09, 2013

## No Age Provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Unknown Partic. 9269			9269	208	35:53.4	11:33/M
2	Unknown Partic. 7607			7607	222	38:06.5	12:13/M

## Female 1 to 8

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Reilly Boyer		8	9019	43	24:03.3	7:45/M
2	Cheyenne Stock		8	9203	77	26:06.1	8:24/M
3	Payton Kovanda		8	7449	156	31:43.9	10:13/M
4	Payton Boyer		6	9018	175	33:07.2	10:37/M
5	Ciara Dalton		8	9056	214	36:21.6	11:44/M
6	Kaitlyn Cole		7	9049	228	39:53.6	12:46/M
7	Bridget Sherman		8	9276	232	40:24.2	12:58/M
8	Ellie McQuestion		8	9238	233	40:26.2	12:59/M
9	Madison Cole		6	9050	234	40:29.7	12:58/M
10	Meredith Isley		6	9100	238	41:05.2	13:08/M
11	Grace Cutean		7	9052	271	48:11.3	15:27/M
12	Marissa Clements		5	9044	292	59:40.3	19:07/M
13	Sophie Clements		2	9045	294	59:45.9	19:09/M

## Male 1 to 8

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ethan Kost		8	9111	107	28:11.3	9:01/M
2	Jacob Barajas		6	9252	177	33:08.7	10:37/M
3	Thomas Barajas		6	9250	198	35:05.8	11:16/M
4	Trevor Knight		8	9108	212	36:04.1	11:35/M
5	Peter Clements		8	9042	239	41:21.2	13:17/M
6	John Clements		7	9043	240	41:44.2	13:21/M
7	Matt Plys		8	7487	260	44:47.7	14:23/M
8	Julian Castillo		6	7524	269	48:09.2	15:27/M
9	Blake Duvall		4	7478	276	49:29.6	15:51/M
10	Sam Dull		8	9065	282	56:26.4	18:10/M
11	Grant Passauer		3	9009	285	56:47.2	18:19/M

## Female 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nicole Brandy		10	9266	80	26:08.7	8:25/M
2	Sophia Jaime		9	9102	140	30:52.9	9:54/M

## 2013 Spirit Run 5K

Age Group ResultsRace Date

March 09, 2013

## Female 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Madison Rowley		10	9173	180	33:15.9	10:40/M
4	Rebekah Barajas		9	9249	193	34:27.1	11:02/M
5	Dakota Kovanda		9	7439	216	36:24.1	11:44/M
6	Mary Anjorin		10	9288	252	43:45.9	14:06/M

## Male 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cameron Zimmerman		9	7415	66	25:27.4	8:12/M
2	Isaac O'Day		10	9145	87	26:25.7	8:31/M
3	Brady Byvoets		9	9260	94	27:06.9	8:43/M
4	Daniel Oshea		9	9149	106	28:11.2	9:03/M
5	Jason Isley		10	9099	113	28:47.2	9:17/M
6	Willam Halsey		9	9081	114	28:48.4	9:16/M
7	Trey Barajas		10	9251	155	31:38.9	10:08/M
8	Connor Small		9	9281	202	35:13.4	11:20/M
9	Patrick Brogan		9	9025	211	36:02.1	11:35/M

## Female 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jessie Mescal		12	9239	24	22:25.5	7:14/M
2	Jordyn Boyer		12	9020	41	24:02.5	7:45/M
3	Claire Brogan		12	9024	76	26:05.2	8:24/M
4	Katy Poncher		12	7593	190	34:03.1	10:57/M
5	Madeline Clements		11	9041	195	34:40.4	11:04/M
6	Grace Bonczyk		11	9243	197	34:46.3	11:12/M
7	Rachael Moore		12	9135	230	39:55.5	12:51/M
8	Bianca Thiros		12	9212	231	39:56.3	12:52/M
9	Maggie Bonczyk		11	9245	253	43:46.4	14:06/M
10	Maria Yogan		11	9230	291	59:27.9	19:03/M

## Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nate Smith		12	9194	16	21:47.6	7:02/M
2	Evan Cavanaugh		11	9033	18	21:50.6	7:03/M
3	Andrew Borowiak		11	9015	52	24:52.5	8:01/M
4	Max Isley		12	9097	75	26:00.9	8:23/M
5	William Bogan		11	7680	150	31:32.7	10:10/M

## 2013 Spirit Run 5K

Age Group ResultsRace Date

March 09, 2013

## Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Jay Murphy		11	9139	201	35:12.3	11:21/M
7	Ben McQuestion		12	9126	206	35:43.5	11:31/M
8	Conor Imhoff		12	9095	213	36:19.4	11:39/M
9	Joseph Bogan		11	7660	283	56:38.4	18:16/M

## Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sara Ramos		13	9164	30	22:43.2	7:20/M
2	Julia Rohde		14	9168	51	24:50.5	7:59/M
3	Hope Zimmerman		13	7413	81	26:11.7	8:26/M
4	Taesa Stock		13	9202	141	30:55.5	9:58/M
5	Kelly Shelton		14	9189	142	30:57.8	9:58/M
6	Emme Sutton		13	9206	157	31:48.2	10:15/M
7	Emily Poncher		13	7589	205	35:36.8	11:28/M

## Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carlos Martinez		13	9123	6	20:07.5	6:29/M
2	Hunter Boyer		13	9017	14	21:38.4	6:58/M
3	Daniel Huber		13	9092	40	23:59.2	7:44/M
4	Nicholas Biegel		13	9013	90	26:47.6	8:36/M
5	Jack McQuestion		14	9125	102	27:32.3	8:46/M
6	Nathan Biegel		14	9012	109	28:31.4	9:09/M
7	Jacob Cole		14	9047	121	29:28.2	9:25/M

## Female 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Audrey Halsey		16	9080	149	31:30.6	10:09/M

## Male 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tyler Kramer-Stephens		15	9278	3	17:50.9	5:45/M
2	Timothy Huber		18	9091	4	18:15.2	5:52/M
3	Nick Vedo		16	7455	17	21:49.8	7:02/M
4	Joseph Huber		16	9090	28	22:38.4	7:18/M
5	Tim Wozniak		16	9224	63	25:21.9	8:07/M

## 2013 Spirit Run 5K

Age Group ResultsRace Date

March 09, 2013

## Male 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Billy Yogan		16	9229	288	59:23.6	19:02/M

## Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carly Posiadlik		23	9157	47	24:28.4	7:53/M
2	Rachel Wichlinski		19	9220	62	25:18.2	8:09/M
3	Marie Wichlinski		24	9221	100	27:14.9	8:47/M

## Male 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dj Salmon		24	9177	7	20:11.9	6:31/M
2	Austin Luchon		23	9279	59	25:07.7	8:04/M
3	William Budihardjo		21	9026	64	25:22.1	8:09/M
4	Eric Wichlinski		21	9219	86	26:17.5	8:28/M

## Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rebeca Dominguez		25	9061	92	26:52.7	8:36/M
2	Leann Doffin		29	9241	96	27:07.3	8:42/M
3	Maggie Oshea		25	9151	108	28:19.7	9:06/M
4	Alexandra Penry		28	9153	110	28:31.9	9:11/M
5	Rochelle Oledzki		26	9146	117	29:05.4	9:21/M
6	Amy Janik		28	9103	218	36:46.4	11:50/M
7	Kathryn Yankauskas		25	9226	224	38:13.3	12:11/M
8	Kristen Jerz		29	9265	229	39:54.2	12:52/M
9	Jessica Spencer		28	7541	275	49:13.6	15:46/M

## Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Robert Ordway		28	9148	10	21:08.6	6:49/M
2	Neal Guidarelli		26	9077	35	23:13.1	7:28/M
3	Joel Fabugais		26	9068	42	24:02.8	7:45/M
4	Steven Ruschak		25	9175	268	47:22.7	15:15/M

## 2013 Spirit Run 5K

Age Group ResultsRace Date

March 09, 2013

## Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Erin Christ		30	9039	44	24:04.9	7:45/M
2	Darci Chidichimo		33	9037	46	24:14.8	7:47/M
3	Nichole Murphy		33	9138	53	24:54.6	8:02/M
4	Sally Cespedes		32	9034	55	24:59.8	8:01/M
5	Milagro Gonzalez		33	9075	122	29:29.2	9:27/M
6	Marie Fessler		30	9070	130	29:49.9	9:32/M
7	Lisa Szafranski		31	9208	146	31:09.1	10:01/M
8	Laura Cipowski		31	9289	159	31:54.1	10:14/M
9	Vanessa Yeutter		32	9228	167	32:25.6	10:24/M
10	Kristin Suriano		31	9205	169	32:43.5	10:29/M
11	Michelle Draschil		34	7535	179	33:11.3	10:39/M
12	Mary Moreno		31	9136	183	33:22.3	10:44/M
13	Jennifer Bell		34	7502	203	35:15.5	11:18/M
14	Ghadeer Sandouka		31	9274	207	35:48.2	11:31/M
15	Jessie Amodei		32	9004	227	39:37.2	12:45/M
16	Jamie Sechrist		32	9186	251	43:39.5	14:02/M
17	Mary Camarena		30	9031	267	47:16.5	15:13/M
18	Ariana Whitaker		30	7588	270	48:10.3	15:28/M
19	Patricia Tomei		32	9214	274	49:13.5	15:46/M
20	Michelle Duvall		32	7485	277	49:29.7	15:52/M

## Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Ball		31	7444	5	19:22.7	6:15/M
2	William Stalhandske		30	9196	13	21:27.9	6:55/M
3	Don Witt		32	9223	33	22:58.9	7:24/M
4	Andrew Ables		34	9002	48	24:38.7	7:56/M
5	Saul Aguilera		32	9003	71	25:53.1	8:20/M
6	Kuhrt Schroeder		32	9181	101	27:26.9	8:47/M

## Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mikalene Kyle		37	9114	60	25:09.7	8:03/M
2	Melissa Kreiger		35	9113	61	25:10.9	8:06/M
3	Cynthia Steinbeck		38	9199	67	25:29.2	8:10/M
4	Carri Ables		36	9001	127	29:46.1	9:33/M
5	Maegan Stanley		37	9197	132	30:31.5	9:43/M
6	Vicky Steensma		37	9263	154	31:38.6	10:05/M
7	Carey Anderson		37	9005	160	31:54.2	10:11/M

## 2013 Spirit Run 5K

Age Group ResultsRace Date

March 09, 2013

## Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
8	Deena Pidrak		38	9154	168	32:27.7	10:21/M
9	April Kovanda		39	7441	172	32:57.1	10:36/M
10	Jamie Tengdin		37	9210	182	33:22.1	10:38/M
11	Maria Hernandez		39	9085	191	34:16.5	11:00/M
12	Mary Joe Jaime		36	9101	199	35:06.9	11:15/M
13	Angie Briggs		36	9022	215	36:22.2	11:40/M
14	Erinne Isley		39	9096	237	41:04.3	13:08/M
15	Nikole Aponte		36	9007	256	44:00.5	14:06/M
16	Heather Kost		38	9112	259	44:46.7	14:22/M

## Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Borman		35	7477	2	17:50.4	5:45/M
2	William Green		37	9255	12	21:23.1	6:54/M
3	Matt Murphy		38	9277	15	21:43.5	7:00/M
4	Robert Cespedes		37	9035	39	23:49.9	7:38/M
5	Bill Dickinson		35	9247	45	24:10.4	7:46/M
6	Brian Huber		39	9089	65	25:26.4	8:12/M
7	John Zack		39	9233	73	25:58.4	8:20/M
8	John Bisone		39	9014	79	26:07.3	8:21/M
9	Mario Ruiz		39	9174	82	26:13.2	8:25/M
10	Jonathan Nalli		38	9287	111	28:37.9	9:11/M
11	Brad Schulte		35	9182	124	29:34.3	9:30/M
12	Randall Horka		35	9088	125	29:34.4	9:30/M
13	Keith Duvall		35	7484	134	30:37.4	9:48/M
14	Fernixndo Dominguez		37	9060	196	34:41.1	11:05/M

## Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nicole Rossmann		43	7514	91	26:50.5	8:37/M
2	Dawn Vamos		41	9216	119	29:17.7	9:24/M
3	Sara Edgerton		41	7523	135	30:39.3	9:51/M
4	Carla Mar cayda		43	9122	147	31:19.8	10:04/M
5	Cj Lyons		44	9054	151	31:34.4	10:04/M
6	Beth Boyer		44	9016	158	31:49.9	10:13/M
7	Katrina Spence		42	9244	161	31:55.2	10:17/M
8	Deb Pressel		42	9161	164	32:13.9	10:19/M
9	Tirsh White		43	9259	170	32:48.4	10:27/M
10	Karen Walker		42	9217	187	33:38.1	10:47/M

Race Date  
March 09, 2013

2013 Spirit Run 5K  
Age Group Results

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
11	Paula Shreve		42	9193	204	35:18.7	11:18/M
12	Dianna Brogan		44	9023	210	36:01.2	11:33/M
13	Kim Imhoff		40	9094	219	37:23.8	12:00/M
14	Lynette Welch		40	9246	226	39:24.2	12:38/M
15	Rebecca Medley		44	9127	241	41:46.7	13:24/M
16	Marcie Guzman		41	7463	245	42:41.4	13:40/M
17	Karen Fritts		44	9074	250	43:39.2	14:00/M
18	Tiffany Hollandsworth		40	9086	254	43:48.7	14:03/M
19	Rebecca Cole		41	9046	257	44:00.5	14:06/M
20	Dina Byvoets		41	9261	264	46:18.1	14:53/M
21	Kris Gumns		43	7483	278	49:29.7	15:51/M
22	Cathie Dull		42	9063	287	57:28.5	18:29/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eric Yeutter		43	9227	25	22:28.6	7:14/M
2	Jeffrey Gatz		41	9254	36	23:13.7	7:29/M
3	Jason Urbaniak		40	9215	74	26:00.9	8:21/M
4	Allan Brandy		43	9267	84	26:16.7	8:27/M
5	Aaron Medley		42	9128	98	27:11.9	8:42/M
6	Kevin Pressel		44	9160	116	28:58.5	9:15/M
7	David Isley		44	9098	128	29:48.8	9:30/M
8	Steve Deroos		44	9059	129	29:49.4	9:32/M
9	Marco Picon		41	9253	138	30:43.3	9:52/M
10	Thomas Small		43	9280	145	31:05.9	10:00/M
11	Stan Michalski		40	9270	171	32:50.5	10:31/M
12	Steven Rowley		42	9172	173	32:57.7	10:34/M
13	Bradley Cole		42	9048	235	40:33.5	12:59/M
14	Brian Sherer		40	9191	272	48:12.6	15:28/M
15	Joe Passauer		40	9058	286	56:48.1	18:19/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Barb Hamner		48	9082	72	25:54.1	8:21/M
2	Julia Plumb		46	7498	83	26:16.3	8:27/M
3	Jayne Willis		49	9222	85	26:17.3	8:28/M
4	Sonja Lancioni		46	9117	126	29:40.9	9:33/M
5	Michelle Schaefer		46	9262	163	31:58.5	10:18/M
6	Nancy Moore		46	9134	165	32:20.4	10:19/M



## 2013 Spirit Run 5K

Age Group ResultsRace Date

March 09, 2013

## Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Vicki Schmidt		46	9180	174	33:06.5	10:35/M
8	Linda Ramos		45	9163	178	33:10.7	10:39/M
9	Maria Stock		45	9201	188	33:38.7	10:48/M
10	Jill Knight		45	9110	265	46:18.4	14:49/M
11	Trish Poncher		46	9053	266	46:18.6	14:49/M
12	Jennie Small		45	9282	281	52:51.2	17:01/M
13	Robin Benson-Harvey		45	9010	295	1:02:22.2	20:01/M

## Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephen Anthony		46	9006	11	21:09.4	6:48/M
2	Ron Krause		48	9264	20	21:54.7	7:03/M
3	Robert Alt		45	9268	26	22:28.7	7:14/M
4	Martin Conner		49	9051	27	22:33.7	7:16/M
5	Bill Rohde		46	9169	29	22:39.4	7:17/M
6	Jorge Ramos		47	9162	34	23:07.9	7:26/M
7	Ted Armstrong		48	9008	38	23:38.9	7:37/M
8	Mike Lancioni		47	9116	50	24:46.9	7:58/M
9	Steve Shreve		49	9192	54	24:56.8	8:01/M
10	Mike Staph		47	9198	57	25:03.6	8:02/M
11	Jose Garza		46	9256	88	26:34.4	8:30/M
12	James Knight		45	9109	99	27:13.3	8:40/M
13	Paul Chkebowski		45	9271	112	28:47.1	9:13/M
14	Chris Boyer		45	9021	192	34:18.2	11:00/M
15	David Chary		45	9036	220	37:33.9	12:04/M
16	David Friitts		47	9073	255	43:53.7	14:05/M
17	Rick Clements		49	9040	293	59:44.5	19:09/M

## Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeanette Dalton		50	9055	93	27:02.6	8:42/M
2	Mary C. Miller		53	9133	115	28:53.2	9:18/M
3	Lissa Yogan		53	9231	152	31:37.8	10:09/M
4	Michelle Dvorscak		50	9067	162	31:58.3	10:15/M
5	Linda Ruschak		54	9176	243	42:03.7	13:32/M
6	Diane Hudak		54	7626	244	42:14.5	13:34/M
7	Judi Posiadlik		52	9158	263	45:38.2	14:40/M

## 2013 Spirit Run 5K

Age Group ResultsRace Date

March 09, 2013

## Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dave Gaughan		50	9283	21	22:01.4	7:05/M
2	Ruben Sanchez		54	9178	95	27:07.1	8:40/M
3	Mark Robinson		53	9167	118	29:09.6	9:22/M
4	Thomas Yogan		54	9232	153	31:37.8	10:09/M
5	Jerry Davich		50	9057	181	33:21.9	10:42/M

## Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elaine Hendricks		56	9258	69	25:44.2	8:17/M
2	Deb Schiesser		57	9179	104	27:38.4	8:54/M
3	Joanne Baitup		56	9027	105	27:46.1	8:57/M
4	Lydia Sandoval		55	9257	123	29:33.4	9:29/M
5	Debbie Shaffer		55	9188	133	30:32.8	9:49/M
6	Janet Rotz		59	9171	139	30:46.4	9:52/M
7	Felicia Schuster		55	9284	185	33:31.7	10:47/M
8	Cecilia Bernal		56	9011	194	34:29.1	11:02/M
9	Cindy Hall		55	9079	225	39:13.4	12:37/M
10	Susan Sendejas		55	9187	242	41:53.5	13:25/M

## Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Norrick		56	9272	9	21:06.9	6:48/M
2	Joe Hudak		57	7632	22	22:08.7	7:08/M
3	Jim Nickerson		55	9248	37	23:14.4	7:28/M
4	Brian Chorba		56	9038	56	25:02.7	8:04/M
5	Nick Dvorscak		56	9066	78	26:07.1	8:22/M
6	Dan Schuster		58	9285	136	30:41.7	9:53/M
7	Darrell Shelton		57	9190	137	30:41.9	9:54/M
8	Greg Hunt		58	9286	144	31:03.2	9:56/M
9	Jose Lopez		59	9118	186	33:37.5	10:45/M
10	Peter Klaeser		56	9106	236	40:55.4	13:05/M
11	Bruce Nelson		55	9141	249	43:39.2	14:00/M

## Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carol Magill		62	9120	166	32:25.4	10:23/M
2	Polly Theising		63	9211	176	33:08.2	10:36/M

## 2013 Spirit Run 5K

Age Group ResultsRace Date

March 09, 2013

## Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Kate Yankauskas		60	9225	223	38:13.1	12:11/M
4	Wanda Melion		61	9129	262	45:02.7	14:26/M

## Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mann Spitler		64	9195	23	22:18.4	7:11/M
2	Roger Steffen		62	7618	31	22:47.5	7:21/M
3	Carlos Mateo		61	9124	32	22:52.8	7:22/M
4	Whitewolf Kelly		61	9105	49	24:46.1	7:57/M
5	Henry Aguilera		64	9237	58	25:05.2	8:04/M
6	John Kosmatka		63	7649	70	25:45.9	8:16/M
7	Robert Szwet		60	9209	103	27:34.1	8:52/M
8	Mike Sulkowski		61	9204	143	30:58.7	9:56/M
9	Bill Moylan		63	7579	148	31:22.8	10:03/M

## Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jean Tolchinsky		67	9213	189	33:50.3	10:50/M
2	Pam Camarena		65	9032	284	56:45.5	18:16/M

## Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Don Erwin		65	9235	89	26:42.9	8:36/M
2	Richard Hug		66	9093	97	27:07.6	8:42/M
3	Steve Cadwell		66	9275	120	29:25.2	9:23/M
4	Allan Nalbor		65	9140	200	35:11.4	11:19/M
5	Michael Moskalick		68	9137	209	35:55.1	11:33/M
6	Clarence Melion		68	9130	217	36:25.9	11:39/M

## Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Phyllis Hansen		70	9083	247	43:24.4	13:54/M
2	Bev Calligan		70	9029	258	44:07.9	14:11/M

## 2013 Spirit Run 5K

Age Group ResultsRace Date

March 09, 2013

## Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Winston Steiniche		70	9200	221	37:50.7	12:08/M
2	Gideon Falk		73	9069	246	43:18.4	13:55/M
3	Victor Camarena		71	9030	248	43:33.2	14:00/M
4	Tom Calligan		71	9028	289	59:26.2	19:06/M
5	Bob Hooper		71	9087	290	59:27.9	19:09/M

## Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Fred Fleming		76	9273	131	30:09.3	9:41/M
2	George Pavol		78	7636	184	33:28.1	10:47/M
3	Duane Hibbs		76	9236	279	49:39.3	15:54/M

## Male 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tom Magill		84	9119	261	44:54.1	14:22/M
2	Frank French		82	9072	273	48:28.5	15:36/M
3	James Johnson		81	9104	280	49:44.5	15:56/M