

Race Date
August 10, 2013

Lake Max Triathlon
Age Group Results
Sprint Triathlon

Male Open Winners

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim</u> <u>Time</u>	<u>Pace</u>	<u>Tran 1</u> <u>Time</u>	<u>Rnk</u>	<u>Bike</u> <u>Time</u>	<u>Rate</u>	<u>Tran 2</u> <u>Time</u>	<u>Rnk</u>	<u>Run</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>
1	1	David Story	794	31	1	7:08.1		0:42.8	1	29:01.4	23.8	0:28.8	1	20:14.4	6:32	57:35.5

Female Open Winners

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim</u> <u>Time</u>	<u>Pace</u>	<u>Tran 1</u> <u>Time</u>	<u>Rnk</u>	<u>Bike</u> <u>Time</u>	<u>Rate</u>	<u>Tran 2</u> <u>Time</u>	<u>Rnk</u>	<u>Run</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>
1	9	Elizabeth Blackburn	632	30	1	9:02.3		0:53.4	1	31:54.0	21.6	0:36.6	1	22:02.9	7:06	1:04:29.2

Male Masters Winners

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim</u> <u>Time</u>	<u>Pace</u>	<u>Tran 1</u> <u>Time</u>	<u>Rnk</u>	<u>Bike</u> <u>Time</u>	<u>Rate</u>	<u>Tran 2</u> <u>Time</u>	<u>Rnk</u>	<u>Run</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>
1	6	Steve Humphrey	829	47	1	9:06.2		1:12.5	1	29:54.3	23.1	0:39.3	1	22:38.3	7:18	1:03:30.6

Female Masters Winners

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim</u> <u>Time</u>	<u>Pace</u>	<u>Tran 1</u> <u>Time</u>	<u>Rnk</u>	<u>Bike</u> <u>Time</u>	<u>Rate</u>	<u>Tran 2</u> <u>Time</u>	<u>Rnk</u>	<u>Run</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>
1	42	Cheryl O'dore	834	48	1	10:22.2		1:16.5	1	33:23.7	20.7	1:06.1	1	25:51.8	8:20	1:12:00.3

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Male 10 to 14

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	53	Ben Harper	692	14	2	10:07.0		1:46.3	1	37:09.2	18.6	0:43.8	1	24:05.1	7:46	1:13:51.4
2	167	Peter Talbot	798	14	3	13:43.9		1:37.4	2	47:48.9	14.4	0:57.9	3	31:59.5	10:19	1:36:07.6
3	194	Graham Calhoun	645	12	4	14:20.2		1:05.9	4	1:00:38.5	11.4	0:33.4	2	30:55.0	9:58	1:47:33.0
4	196	Pierce Ellert	848	13	1	9:04.6		2:15.9	3	57:07.0	12.1	1:19.9	4	39:56.6	12:53	1:49:44.0

Male 15 to 19

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	7	Eli Pugh	758	15	1	8:03.1		1:18.3	1	33:56.7	20.3	0:22.3	1	19:58.4	6:26	1:03:38.8
2	51	Samuel Starks	788	19	2	8:17.9		1:32.5	6	39:59.2	17.3	0:27.4	2	23:28.5	7:34	1:13:45.5
3	62	Jimmy Schuller	774	16	3	10:30.6		1:30.7	3	38:22.8	18.0	0:30.1	3	24:37.1	7:56	1:15:31.3
4	103	Anthony Schuller	773	16	4	11:24.7		2:35.4	5	39:49.6	17.3	0:52.4	6	27:59.8	9:02	1:22:41.9
5	115	Danny Turner	805	16									7	1:24:45.4	27:20	1:24:45.4
6	126	Noah Turner	806	17	5	16:01.7		4:28.6	2	37:13.7	18.5	1:14.1	5	27:53.6	9:00	1:26:51.7
7	144	Lukas Carpenter	646	18	6	17:16.1		5:05.7	4	39:25.6	17.5	0:58.0	4	26:57.3	8:42	1:29:42.7

Female 15 to 19

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	60	Annie Shea	832	15	2	10:34.7		1:39.1	1	39:45.9	17.4	0:34.4	1	22:28.8	7:15	1:15:02.9
2	120	Sarah Wilson	821	18	3	11:18.8		1:42.0	2	41:24.0	16.7	0:46.5	2	30:20.3	9:47	1:25:31.6
3	171	Therese Hupfer	703	19	7	12:32.3		3:18.7	5	44:36.8	15.5	0:57.9	4	36:06.0	11:39	1:37:31.7
4	172	Caroline Opyd	751	19	5	11:42.6		4:08.5	4	44:31.5	15.5	1:03.0	5	36:06.3	11:39	1:37:31.9

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Female 15 to 19

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
5	174	Alison Singer	780	18	4	11:38.1		2:34.2	6	47:23.9	14.6	0:59.1	3	35:25.2	11:25	1:38:00.5
6	189	Jorden Brown	641	19	8	16:45.9		1:26.2	3	43:46.2	15.8	1:33.2	6	40:54.4	13:12	1:44:25.9
7	195	Betse Ellert	849	15	1	9:16.2		2:55.9	7	52:35.6	13.1	1:12.4	7	42:20.3	13:39	1:48:20.4
8	206	Peyton Frank	677	15	6	11:50.3		2:26.1	8	58:11.5	11.9	1:03.1	8	43:17.5	13:58	1:56:48.5

Male 20 to 24

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	3	Parker Jones	850	24	5	11:25.3		0:38.0	1	30:08.3	22.9	0:59.2	1	18:09.6	5:51	1:01:20.4
2	20	Casey Crist	652	21	1	7:59.0		1:20.6	2	33:31.1	20.6	1:05.7	4	23:55.8	7:43	1:07:52.2
3	56	Kevin Germino	683	22	6	12:33.3		2:29.4	3	35:52.8	19.2	0:32.0	3	23:00.6	7:25	1:14:28.1
4	72	Matt Karssen	709	20	4	11:00.8		3:03.6	5	38:26.3	18.0	1:05.8	5	24:14.4	7:49	1:17:50.9
5	80	Mitch Fingerhut	674	20	3	10:18.2		2:18.4	4	36:19.5	19.0	0:42.6	6	28:35.6	9:13	1:18:14.3
6	164	Kevin Smith	827	23	8	18:14.4		1:59.9	6	43:00.6	16.0	0:36.7	8	31:21.3	10:07	1:35:12.9
7	175	Phillip Treely	804	21	7	14:49.1		5:27.7	7	46:23.5	14.9	0:52.5	7	31:19.2	10:06	1:38:52.0
8	190	Joseph Brinkman	639	22	2	9:03.0		1:50.6	8	1:09:46.2	9.89	2:09.1	2	21:40.7	6:59	1:44:29.6

Female 20 to 24

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	81	Kelly Norton	745	24	1	9:16.8		2:38.9	1	39:50.0	17.3	0:39.5	1	25:50.3	8:20	1:18:15.5
2	121	Janae Matzat	731	23	3	10:18.9		3:06.6	3	42:05.2	16.4	0:50.2	3	29:23.6	9:29	1:25:44.5
3	149	Alana Urness	808	24	4	10:25.7		2:14.6	2	40:31.1	17.0	0:45.5	6	37:10.5	11:59	1:31:07.4

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Female 20 to 24

Place					----- Swim -----		----- Tran 1 -----		----- Bike -----			----- Tran 2 -----		----- Run -----		----- Total -----
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
4	150	Michelle Gray	687	22	5	12:55.0		2:12.8	4	47:03.7	14.7	1:03.6	2	27:56.7	9:01	1:31:11.8
5	181	Helen Hillis	697	21	6	16:39.2		2:19.2	5	47:26.0	14.5	0:37.9	4	33:43.2	10:53	1:40:45.5
6	193	Drew Maenhout	728	20	2	9:28.5		2:47.5	6	55:51.6	12.4	1:25.3	5	36:59.4	11:56	1:46:32.3

Male 25 to 29

Place					----- Swim -----		----- Tran 1 -----		----- Bike -----			----- Tran 2 -----		----- Run -----		----- Total -----
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	10	Penn Little	725	29	2	10:00.9		1:19.6	1	30:56.7	22.3	0:43.4	2	22:05.9	7:07	1:05:06.5
2	30	Andrew Hillis	836	25	4	10:28.7		2:23.5	4	35:32.7	19.4	0:29.4	1	20:56.0	6:45	1:09:50.3
3	31	Stephen Blackburn	633	29	3	10:15.4		1:10.0	2	32:48.7	21.0	0:50.0	4	25:01.8	8:04	1:10:05.9
4	39	Jeffery Walters II	815	25	1	9:01.7		1:57.6	5	36:33.3	18.9	1:16.8	3	22:44.5	7:20	1:11:33.9
5	111	Steven Owen	754	25	10	55:38.3			10	39:46.1	17.4		6	30:28.7	9:50	1:23:58.0
6	130	Tim Yuhas	835	25	6	12:18.9		1:59.6	3	34:26.9	20.0	1:51.1	10	36:22.5	11:44	1:26:59.0
7	131	Bo Stubblefield	795	27	5	10:36.1		1:49.2	7	37:40.4	18.3	1:10.1	9	35:58.8	11:36	1:27:14.6
8	135	Charles Kuchar	720	29	7	12:52.1		2:01.4	6	37:22.1	18.5	1:27.5	8	34:00.5	10:58	1:27:43.6
9	146	Aaron Jones	707	29	8	15:58.5		1:58.7	9	38:34.2	17.9	1:47.8	7	32:06.4	10:21	1:30:25.6
10	176	TJ Hartnett	694	27	9	31:19.0		1:37.9	8	38:31.6	17.9	0:40.1	5	26:46.0	8:38	1:38:54.6

Female 25 to 29

Place					----- Swim -----		----- Tran 1 -----		----- Bike -----			----- Tran 2 -----		----- Run -----		----- Total -----
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	70	Anna Story	791	29	1	10:36.8		1:26.1	1	35:57.3	19.2	0:46.3	4	28:11.8	9:05	1:16:58.3
2	93	Jessica Tamulonis	839	27	2	11:44.0		2:22.3	2	36:33.0	18.9	1:27.2	2	27:55.3	9:00	1:20:01.8

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Female 25 to 29

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
3	119	Amanda Fannin	671	28	6	14:10.4		3:01.2	4	40:39.6	17.0	0:49.6	1	26:40.3	8:36	1:25:21.1
4	147	Aubrey Donlan	659	25	3	12:24.0		1:58.0	6	44:52.8	15.4	0:43.4	5	30:28.8	9:50	1:30:27.0
5	151	Ashley Van Sipma	810	26	4	12:40.8		3:14.1	3	40:05.9	17.2	1:09.6	7	34:15.4	11:03	1:31:25.8
6	158	Brooke Epley	668	29	5	13:17.2		2:43.4	7	47:05.4	14.7	1:29.0	3	27:57.8	9:01	1:32:32.8
7	188	Brittney Owen	753	25	8	22:21.7		2:22.4	5	43:57.8	15.7	1:38.7	6	34:00.0	10:58	1:44:20.6
8	208	Stacey Swinford	797	25	7	16:20.6		11:37.8	8	57:11.6	12.1	1:25.3	8	41:03.0	13:15	2:07:38.3

Male 30 to 34

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	5	Chad Van Herk	809	34	1	7:36.5		0:52.3	1	31:52.0	21.7	0:40.3	1	21:06.8	6:48	1:02:07.9
2	32	Alex Riddhagni	840	30	4	9:49.1		1:25.1	3	33:26.4	20.6	1:04.1	3	24:25.8	7:53	1:10:10.5
3	40	Brian O'Leary	750	32	3	9:48.7		1:21.7	6	35:19.4	19.5	0:31.9	5	24:42.8	7:58	1:11:44.5
4	50	Brandon Oak	747	33	6	10:01.9		1:32.0	8	36:11.2	19.1	1:02.2	6	24:57.0	8:03	1:13:44.3
5	59	Joshua Smith	784	33	8	10:59.9		2:19.8	4	34:30.5	20.0	0:44.8	9	26:26.7	8:32	1:15:01.7
6	63	Matt Keller	837	33	5	9:55.0		1:47.4	2	33:00.5	20.9	1:15.4	14	30:03.0	9:42	1:16:01.3
7	64	Scott VanDerAa	812	33	13	11:53.5		1:42.7	7	35:25.2	19.5	0:27.5	10	26:34.7	8:34	1:16:03.6
8	69	Randall Williams	820	30	9	11:01.7		2:06.1	9	36:37.5	18.8	1:02.6	8	25:45.4	8:18	1:16:33.3
9	75	Peter Rokosz	766	31	2	8:38.7		1:26.3	11	37:19.7	18.5	0:48.3	12	29:46.8	9:36	1:17:59.8
10	78	Donnie Fahler	670	32	12	11:48.6		2:01.9	14	39:55.7	17.3	0:35.7	2	23:42.4	7:39	1:18:04.3
11	87	Nick Butts	643	31	10	11:20.2		3:17.1	10	37:06.5	18.6	1:37.1	7	25:42.3	8:17	1:19:03.2
12	101	Thomas Bowers	638	30	15	13:33.6		1:55.6	12	37:34.0	18.4	1:16.6	11	28:12.3	9:06	1:22:32.1
13	113	Jonathan McDowell	733	30	11	11:26.0		2:47.8	5	35:17.4	19.6	1:13.9	18	33:36.9	10:50	1:24:22.0
14	116	Tom Smith	783	30	17	15:20.9		3:15.1	15	40:43.8	16.9	0:57.0	4	24:29.6	7:54	1:24:46.4
15	154	Yuri Cataldo	648	33	14	13:00.5		1:53.9	16	43:05.1	16.0	0:56.7	17	32:50.5	10:35	1:31:46.7

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Male 30 to 34

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
16	159	Jeff Anderson	843	30	16	13:53.9		2:33.7	18	43:23.1	15.9	0:46.9	15	31:59.4	10:19	1:32:37.0
17	168	Nathan Crawford	651	33	18	19:04.9		4:06.0	13	39:35.9	17.4	0:55.7	16	32:29.9	10:29	1:36:12.4
18	179	Eric Krapf	717	32	7	10:26.2		15:22.9	17	43:06.8	16.0	0:54.0	13	29:58.3	9:40	1:39:48.2

Female 30 to 34

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	27	Shanna Bonnell	637	30	1	9:10.7		1:03.6	3	36:35.9	18.9	0:26.7	1	21:32.1	6:57	1:08:49.0
2	45	Megan Kaul	710	34	7	12:00.4		0:47.0	5	37:15.5	18.5	1:10.1	2	21:38.2	6:59	1:12:51.2
3	46	Robyn LaLonde	721	33	2	9:55.6		1:31.7	4	36:52.4	18.7	0:49.4	4	23:45.4	7:40	1:12:54.5
4	52	Brooke Oak	746	34	8	12:51.7		1:51.6	1	34:55.7	19.8	1:17.6	3	22:49.2	7:22	1:13:45.8
5	77	Christina Howland	699	33	9	12:57.0		1:19.5	2	35:56.7	19.2	0:35.3	6	27:14.4	8:47	1:18:02.9
6	84	Elizabeth Navis	744	31	6	11:15.5		1:49.8	8	39:12.8	17.6	1:09.3	5	25:04.8	8:05	1:18:32.2
7	85	Megan Levett	724	31	4	10:42.8		1:00.2	6	37:26.7	18.4	0:51.0	9	28:51.6	9:18	1:18:52.3
8	104	Brooke Riester	761	34	5	11:10.7		2:08.4	7	37:44.5	18.3	1:27.1	10	30:19.5	9:47	1:22:50.2
9	109	Amanda Murzyn	743	30	3	9:56.6		2:21.0	9	42:10.0	16.4	1:03.0	7	28:18.2	9:08	1:23:48.8
10	161	Carlie Smith	782	31	10	14:56.1		1:53.0	10	43:09.1	16.0	0:36.1	11	33:17.4	10:44	1:33:51.7
11	163	Carrie Javorka	706	31	11	15:05.5		2:34.2	11	47:53.4	14.4	0:51.5	8	28:46.5	9:17	1:35:11.1

Male 35 to 39

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	2	Matt York	824	38	1	7:34.1		0:45.8	2	29:51.6	23.1	0:39.3	1	18:56.1	6:06	57:46.9

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Male 35 to 39

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
2	4	Greg Grossart	686	39	3	9:17.6		1:11.6	1	29:07.5	23.7	1:05.4	3	21:03.9	6:47	1:01:46.0
3	12	Bryan George	681	37	2	8:24.3		1:02.2	3	30:16.6	22.8	0:43.7	6	24:57.9	8:03	1:05:24.7
4	17	Bradley Dennis	828	37	6	9:36.5		1:38.6	5	33:29.6	20.6	1:18.0	2	20:49.1	6:43	1:06:51.8
5	38	Andrew Achey	620	38	11	12:11.2		1:22.5	8	34:56.2	19.8	0:35.4	4	22:13.3	7:10	1:11:18.6
6	41	Kevin Ray	830	38	4	9:20.9		1:34.2	6	34:28.2	20.0	1:48.7	5	24:36.1	7:56	1:11:48.1
7	47	Brian LaLonde	722	36	12	12:31.5		1:32.8	4	32:06.6	21.5	1:26.3	7	25:39.1	8:16	1:13:16.3
8	49	Gregory Greenawalt	688	37	5	9:23.0		1:43.7	7	34:30.0	20.0	0:54.3	10	26:59.4	8:42	1:13:30.4
9	58	Michael Moxon	742	39	8	10:47.2		1:08.8	9	35:26.4	19.5	0:55.8	8	26:17.8	8:29	1:14:36.0
10	89	Jeffrey Scott	776	38	10	11:37.2		2:15.7	10	36:45.3	18.8	2:06.5	9	26:23.9	8:31	1:19:08.6
11	123	Doug Van Til	811	39	9	11:10.0		3:12.1	12	42:23.9	16.3	1:05.6	11	28:26.7	9:10	1:26:18.3
12	134	Matt Blum	634	39	7	10:45.1		1:31.3	11	40:27.2	17.1	0:38.9	13	34:13.1	11:02	1:27:35.6
13	199	William Martinez	730	38	13	17:50.4		8:00.7	13	50:40.0	13.6	2:52.5	12	32:24.5	10:27	1:51:48.1

Female 35 to 39

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	11	Jennifer Zimmer	826	36	1	8:34.9		1:29.5	1	31:05.6	22.2	0:45.4	1	23:28.5	7:34	1:05:23.9
2	68	Sarah Hoekema	698	38	7	11:19.8		2:06.5	2	34:42.5	19.9	1:09.8	4	27:12.5	8:46	1:16:31.1
3	88	Caren Standfast	831	36	4	11:03.3		1:42.4	5	38:34.4	17.9	1:16.0	3	26:29.6	8:33	1:19:05.7
4	95	Stephanie Roux	768	38	8	11:47.2		3:00.4	3	37:10.8	18.6	1:17.3	5	27:52.0	8:59	1:21:07.7
5	97	Kathleen OConnell	749	38	10	11:56.9		1:50.3	10	43:05.0	16.0	0:54.1	2	24:08.7	7:47	1:21:55.0
6	99	Lyndsey Rozzi	769	38	3	9:43.7		1:47.3	6	39:46.8	17.4	0:43.9	9	30:25.3	9:49	1:22:27.0
7	100	Libby Stickle	790	35	2	9:03.3		1:46.8	7	42:17.9	16.3	1:22.7	6	27:57.0	9:01	1:22:27.7
8	125	Ireen Pasia-Bacino	755	38				5:15.6	12	46:01.2	15.0		12	35:32.3	11:28	1:26:49.1
9	127	Alissa Wicklund	818	38	9	11:51.5		2:16.3	9	42:49.1	16.1	1:46.4	7	28:11.8	9:05	1:26:55.1

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August 10, 2013

Lake Max Triathlon
Age Group Results
Sprint Triathlon

Female 35 to 39

Place		Name	Bib No	Age	Swim		Tran 1	Bike		Tran 2	Run		Total		
Overall	Rnk				Time	Rnk		Time	Rate		Rnk	Time		Pace	Time
10	140	Stephanie Metsker	734	38	11	12:41.0	1:45.9	4	38:23.8	18.0	0:39.2	11	34:47.6	11:13	1:28:17.5
11	145	Anne Dunlap	663	35	6	11:17.7	3:22.3	8	42:35.7	16.2	1:32.3	10	31:12.9	10:04	1:30:00.9
12	156	Elizabeth Rucker	771	35	14	15:12.6	3:03.4	11	44:23.4	15.5	0:44.9	8	28:53.9	9:19	1:32:18.2
13	185	Peg Dunne Pavelec	664	39	5	11:03.5	4:09.0	13	47:35.9	14.5	1:09.6	14	38:23.5	12:23	1:42:21.5
14	192	Starr Keilman	711	35	12	12:57.5	3:55.4	14	51:18.3	13.5	2:10.5	13	35:38.4	11:30	1:46:00.1

Male 40 to 44

Place		Name	Bib No	Age	Swim		Tran 1	Bike		Tran 2	Run		Total		
Overall	Rnk				Time	Rnk		Time	Rate		Rnk	Time		Pace	Time
1	16	Les Doepping Jr.	658	40	2	8:41.8	0:59.7	1	29:50.4	23.1	0:45.3	5	26:04.0	8:25	1:06:21.2
2	22	Scott Kern	712	44	1	8:36.5	1:11.2	2	30:23.1	22.7	1:14.1	7	26:37.0	8:35	1:08:01.9
3	23	Matthew Thompson	801	40	4	9:51.4	2:02.1	5	33:15.6	20.8	0:53.8	2	22:04.3	7:07	1:08:07.2
4	25	CJ Davis	656	41	6	10:48.8	1:17.7	4	32:37.3	21.2	1:06.4	3	22:49.6	7:22	1:08:39.8
5	34	Jamie Arce	623	40	5	10:29.9	1:13.5	3	31:41.8	21.8	0:48.6	6	26:14.6	8:28	1:10:28.4
6	54	Jeffrey Arnold	625	42	3	9:33.1	1:44.6	6	34:24.3	20.1	1:50.9	8	26:39.7	8:36	1:14:12.6
7	55	Scott Harper	693	43	7	10:55.5	2:32.1	7	37:58.4	18.2	1:15.1	1	21:43.7	7:00	1:14:24.8
8	118	Mark Prochaska	757	40	13	14:50.0	3:08.2	11	42:08.0	16.4	0:37.3	4	24:24.8	7:52	1:25:08.3
9	128	Matt Hunter	702	42	11	12:51.0	2:55.4	13	43:17.7	15.9	0:42.5	9	27:09.5	8:45	1:26:56.1
10	137	Jeff Volkert	813	43	10	12:06.2	3:03.6	8	38:17.6	18.0	2:08.1	12	32:24.5	10:27	1:28:00.0
11	138	Bradley Rozzi	770	40	14	17:25.1	2:18.3	9	38:56.1	17.7	0:53.3	10	28:29.2	9:11	1:28:02.0
12	139	David Bolakowski	635	42	9	11:48.0	2:52.7	10	39:39.4	17.4	2:00.4	11	31:49.4	10:16	1:28:09.9
13	166	Michael Bacino	627	40	8	11:42.3	2:35.0	14	45:58.4	15.0	1:41.3	13	33:52.1	10:55	1:35:49.1
14	177	Steven Putt	759	42	12	13:02.6	4:27.6	15	46:51.5	14.7	0:54.9	14	33:56.5	10:57	1:39:13.1
15	183	Paul Carpenter	647	40			22:52.9	12	42:40.3	16.2		15	36:14.0	11:41	1:41:47.2

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Lake Max Triathlon
Age Group Results
Sprint Triathlon

Female 40 to 44

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	71	Shawna Davis	655	41	5	12:24.1		1:16.9	2	36:21.8	19.0	1:12.9	1	26:08.8	8:26	1:17:24.5
2	73	Karen Heim	695	41	6	12:29.3		1:50.5	1	35:58.9	19.2	0:37.1	2	26:58.5	8:42	1:17:54.3
3	102	Jen cerny	649	41	4	12:18.2		1:47.1	3	38:01.4	18.1	1:11.7	3	29:23.2	9:29	1:22:41.6
4	141	Laura Hunter	701	42	1	9:50.7		3:42.4	6	43:37.5	15.8	0:50.4	5	30:46.9	9:55	1:28:47.9
5	155	Nicky Mourer	741	43	3	12:15.0		2:27.2	4	39:17.5	17.6	1:08.6	8	36:46.5	11:52	1:31:54.8
6	162	Kelly Hill	696	44	9	15:03.2		3:40.5	8	44:05.7	15.7	1:40.3	4	29:29.2	9:31	1:33:58.9
7	165	JuLee Anderson	622	42	7	13:03.8		2:06.3	5	42:23.4	16.3	0:54.0	9	36:54.8	11:54	1:35:22.3
8	170	Kristin Agostino	621	40	8	13:55.0		1:51.0	7	43:51.2	15.7	1:02.7	7	36:21.5	11:44	1:37:01.4
9	182	Ashley Ellis	666	43	2	11:45.9		2:43.0	9	48:21.1	14.3	2:56.6	6	35:26.9	11:26	1:41:13.5

Male 45 to 49

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	13	Mike Sapper	772	48	9	11:20.9		1:06.8	1	30:18.4	22.8	0:47.8	1	22:13.9	7:10	1:05:47.8
2	14	Robert Alt	847	45	3	9:59.8		0:53.5	5	32:01.5	21.6	0:53.7	2	22:19.6	7:12	1:06:08.1
3	19	Michael Austray	626	47	6	10:43.6		1:07.3	4	31:52.6	21.7	0:41.7	3	23:24.3	7:33	1:07:49.5
4	24	Doug Tolle	802	47	4	10:17.8		0:39.2	3	30:55.3	22.3	0:39.2	7	25:51.0	8:20	1:08:22.5
5	33	Paul Wyman	823	45	8	10:48.5		1:07.5	6	32:16.5	21.4	0:42.8	6	25:21.8	8:11	1:10:17.1
6	36	Glenn Maenhout	729	47	11	11:36.9		2:14.3	2	30:38.0	22.5	1:48.8	5	24:49.2	8:00	1:11:07.2
7	37	Larry Taylor	799	45	12	11:39.3		1:50.6	7	32:44.5	21.1	0:52.6	4	24:09.7	7:47	1:11:16.7
8	44	Daniel Cline	650	48	1	8:34.2		1:20.0	8	33:44.7	20.5	1:01.5	9	27:34.6	8:54	1:12:15.0
9	65	Chris Kline	714	49	13	11:44.0		1:48.4	9	35:12.9	19.6	1:09.3	8	26:09.6	8:26	1:16:04.2
10	106	Andrew Roetker	765	47	5	10:39.7		2:13.3	11	38:59.9	17.7	0:50.3	10	30:31.0	9:51	1:23:14.2
11	122	Scott Volkert	814	49	10	11:32.2		3:59.2	10	37:25.5	18.4	2:34.6	11	30:40.4	9:54	1:26:11.9
12	178	William Pavelec	844	47	2	9:45.7		4:26.6	12	48:19.6	14.3	2:12.6	12	35:01.5	11:18	1:39:46.0

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Lake Max Triathlon
Age Group Results
Sprint Triathlon

Male 45 to 49

Place					----- Swim -----		----- Tran 1 -----		----- Bike -----			----- Tran 2 -----		----- Run -----		----- Total -----
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
13	197	Charles Ellis	667	47	7	10:44.3		12:45.5	13	48:22.7	14.3	2:55.4	13	35:25.4	11:25	1:50:13.3

Female 45 to 49

Place					----- Swim -----		----- Tran 1 -----		----- Bike -----			----- Tran 2 -----		----- Run -----		----- Total -----
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	43	Angelia Knielsy	716	47	10	15:02.9		1:17.9	1	31:53.8	21.6	0:56.8	1	22:59.2	7:25	1:12:10.6
2	61	Shelly Wyman	822	45	6	12:21.7		0:57.6	2	34:17.7	20.1	1:13.4	4	26:22.9	8:30	1:15:13.3
3	67	Kathleen Kline	845	46	1	10:23.9		2:20.0	3	36:17.3	19.0	0:53.3	3	26:21.0	8:30	1:16:15.5
4	91	Diane Supinski	796	48	4	11:21.1		1:06.6	4	38:24.0	18.0	1:07.8	5	27:25.2	8:51	1:19:24.7
5	110	Mary Lynn Harper	691	45	7	12:36.8		3:06.0	8	42:37.0	16.2	0:52.0	2	24:43.0	7:58	1:23:54.8
6	114	Christa Risher	838	45	3	11:09.4		1:25.7	5	38:44.1	17.8	1:20.8	7	31:59.1	10:19	1:24:39.1
7	124	Diana Germino	682	49	5	12:01.5		2:25.0	7	42:24.7	16.3	0:45.9	6	28:55.9	9:20	1:26:33.0
8	143	Susan Freymiller	679	47	2	10:46.0		1:59.4	6	41:24.2	16.7	0:45.4	10	34:41.9	11:11	1:29:36.9
9	169	Beth Jacobus	704	48	11	16:48.0		2:01.5	9	43:33.7	15.8	1:57.3	8	32:25.1	10:27	1:36:45.6
10	180	Elizabeth Wilkins	819	49	9	13:55.1		2:01.8	10	49:44.5	13.9	1:17.1	9	33:16.3	10:44	1:40:14.8
11	198	Kathleen Frank	678	47	8	13:05.5		3:43.9	11	51:28.5	13.4	1:36.2	12	40:54.8	13:12	1:50:48.9
12	203	Marianne Krease	719	46	13	17:44.7		2:33.3	12	54:46.2	12.6	1:47.8	11	36:33.7	11:47	1:53:25.7
13	207	Kathy Garretson	680	46	12	17:43.5		4:12.5	13	57:10.7	12.1	1:27.7	13	41:04.1	13:15	2:01:38.5

Male 50 to 54

Place					----- Swim -----		----- Tran 1 -----		----- Bike -----			----- Tran 2 -----		----- Run -----		----- Total -----
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	15	Lou Rocazella	763	52	1	9:09.3		1:01.7	1	30:57.3	22.3	0:49.0	3	24:14.3	7:49	1:06:11.6

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Lake Max Triathlon
Age Group Results
Sprint Triathlon

Male 50 to 54

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
2	18	Stephen Sims	779	52	3	10:24.4		1:38.7	2	31:48.3	21.7	1:07.6	1	22:13.4	7:10	1:07:12.4
3	26	Donald Hammond	690	53	2	10:11.1		1:25.2	3	31:56.4	21.6	0:45.9	4	24:23.5	7:52	1:08:42.1
4	28	Todd Rothi	767	50	4	10:44.8		1:30.9	5	33:00.9	20.9	0:50.9	2	22:43.7	7:20	1:08:51.2
5	35	Brent Jacobus	705	52	8	11:34.2		1:18.1	4	32:12.6	21.4	0:52.6	5	24:53.8	8:02	1:10:51.3
6	66	Matt Bolinger	636	52	6	10:45.1		1:39.2	10	36:02.3	19.1	1:50.7	6	25:54.5	8:21	1:16:11.8
7	74	Richard Mitchell	739	54	9	11:45.6		1:07.4	7	35:03.6	19.7	1:53.0	7	28:09.0	9:05	1:17:58.6
8	82	Cameron Erekson	669	51	11	12:54.6		1:36.5	6	34:36.2	19.9	1:02.8	8	28:14.4	9:06	1:18:24.5
9	86	Jeffery Walters, Sr.	816	54	10	11:54.7		1:45.8	8	35:22.6	19.5	1:24.6	9	28:26.4	9:10	1:18:54.1
10	107	Kurt Neubauer	841	52	7	11:27.0		3:26.5	9	35:31.8	19.4	2:07.2	10	30:57.9	9:59	1:23:30.4
11	132	Joel Harter	842	50	12	12:57.2		2:27.2	11	37:54.8	18.2	2:20.4	11	31:43.2	10:14	1:27:22.8
12	152	Frederick Turner	807	53	5	10:45.0		4:29.0	12	39:36.1	17.4	1:56.5	12	34:47.0	11:13	1:31:33.6
13	191	Greg Fingerhut	675	50	13	13:16.5		3:51.5	13	46:58.6	14.7	1:17.5	13	40:09.5	12:57	1:45:33.6

Female 50 to 54

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	108	Sandra Zielinski	825	52	6	15:45.4		1:56.8	1	35:38.3	19.4	1:21.9	1	28:48.8	9:17	1:23:31.2
2	136	Crystal Solola	786	51	5	15:03.3		2:04.8	2	39:15.8	17.6	1:46.8	2	29:47.0	9:36	1:27:57.7
3	148	Terri Riley	762	54	2	12:52.6		2:13.2	3	40:16.8	17.1	0:50.1	3	34:45.8	11:13	1:30:58.5
4	173	Dawn Golden	685	51	3	14:05.4		2:19.8	4	40:24.3	17.1	1:31.9	5	39:14.4	12:39	1:37:35.8
5	184	Kristine Skipper	781	52	1	11:40.6		2:08.5	5	43:58.6	15.7	1:53.2	6	42:23.0	13:40	1:42:03.9
6	187	Sharon Buchman	642	52	4	14:49.6		3:21.9	7	48:55.2	14.1	1:24.4	4	35:08.4	11:20	1:43:39.5
7	205	Shelli Treely	803	51	7	16:16.0		2:31.1	6	44:23.9	15.5	1:02.6	7	51:59.0	16:46	1:56:12.6

Race Date
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Lake Max Triathlon
Age Group Results
Sprint Triathlon

Male 55 to 59

Place		Name	Bib No	Age	Swim		Tran 1	Bike			Tran 2	Run		Total	
Overall	Rnk				Time	Pace		Rnk	Time	Rate		Rnk	Time		Pace
1	8	Marc Laudeman	723	57	2	9:42.5	0:55.9	1	30:24.5	22.7	0:30.5	1	22:28.4	7:15	1:04:01.8
2	21	Monty Degenhardt	657	56	1	9:39.2	1:33.7	2	30:25.8	22.7	1:08.1	4	25:06.2	8:06	1:07:53.0
3	29	Ron Bendiks	630	59	4	11:01.0	1:40.3	4	32:59.4	20.9	0:46.7	2	23:22.2	7:32	1:09:49.6
4	57	Jeff Butts	644	55	6	14:18.5	1:58.6	3	30:39.8	22.5	1:16.7	6	26:22.4	8:30	1:14:36.0
5	79	Tim Overmyer	752	59	5	12:30.4	2:44.5	7	36:41.6	18.8	1:31.4	3	24:39.0	7:57	1:18:06.9
6	92	Stephen Shaffer	777	55	7	14:39.3	2:01.7	5	34:17.1	20.1	1:20.2	7	27:26.8	8:51	1:19:45.1
7	98	Thomas Brinkman	640	56	3	10:23.6	2:26.3	8	38:23.5	18.0	1:09.1	8	29:56.4	9:39	1:22:18.9
8	105	D. Bruce Shanks	778	57	8	17:40.3	3:09.1	6	36:06.8	19.1	0:51.7	5	25:18.7	8:10	1:23:06.6

Female 55 to 59

Place		Name	Bib No	Age	Swim		Tran 1	Bike			Tran 2	Run		Total	
Overall	Rnk				Time	Pace		Rnk	Time	Rate		Rnk	Time		Pace
1	76	Alicia McClean	732	56	2	11:04.4	1:03.8	3	37:14.9	18.5	0:52.9	1	27:45.7	8:57	1:18:01.7
2	96	Elaine Wangercyn	817	58	5	12:51.6	1:28.2	2	36:57.1	18.7	1:34.1	2	29:01.4	9:22	1:21:52.4
3	129	Marilyn Lukac	726	55	7	16:45.8	2:03.5	4	38:32.8	17.9	0:31.9	3	29:04.9	9:23	1:26:58.9
4	133	Jan Duncker	661	59	1	10:09.9	2:10.0	1	36:31.4	18.9	1:42.8	6	36:55.6	11:55	1:27:29.7
5	142	Lena Fermbach	672	58	4	12:49.1	3:09.4	5	40:39.7	17.0	1:54.8	4	30:17.1	9:46	1:28:50.1
6	157	Diana Mitchell	738	58	3	11:36.4	2:31.5	6	41:44.0	16.5	1:32.6	5	34:54.9	11:15	1:32:19.4
7	204	Wanda Miller	736	56	6	14:30.8	3:09.5	7	45:43.4	15.1	1:23.2	7	51:25.6	16:35	1:56:12.5

Male 60 to 64

Place		Name	Bib No	Age	Swim		Tran 1	Bike			Tran 2	Run		Total
Overall	Rnk				Time	Pace		Rnk	Time	Rate		Rnk	Time	

Race Date
August 10, 2013

Lake Max Triathlon
Age Group Results
Sprint Triathlon

Male 60 to 64

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	48	Don Ransome	760	63	1	10:32.4		1:39.7	1	34:08.8	20.2	0:57.9	1	25:58.6	8:23	1:13:17.4
2	200	Bruce Thoma	800	64	2	17:09.3		2:53.0	2	50:10.9	13.8	1:09.1	2	40:52.6	13:11	1:52:14.9

Female 60 to 64

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	117	Faye Snodgress	785	60	1	11:09.7		1:59.0	1	40:35.1	17.0	1:39.6	1	29:24.2	9:29	1:24:47.6
2	153	Nan Monhaut	740	63	3	12:45.8		2:13.4	2	42:35.3	16.2	1:23.5	2	32:47.5	10:35	1:31:45.5
3	160	Connie Bewick	631	63	2	11:58.3		2:23.0	3	42:35.7	16.2	0:52.1	3	35:12.3	11:21	1:33:01.4
4	202	Julie Steck	789	61	4	13:38.9		3:30.0	4	53:27.1	12.9	1:00.9	4	41:22.5	13:21	1:52:59.4

Male 65 to 69

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	83	John Oberwetter	748	68	1	10:07.1		1:03.3	3	37:17.1	18.5	1:34.1	1	28:27.4	9:11	1:18:29.0
2	94	John Macdonald	727	69	2	13:15.1		1:05.4	1	34:45.9	19.9	1:01.7	3	30:04.2	9:42	1:20:12.3
3	112	Rick Huff	700	68	4	15:35.8		1:42.9	2	36:14.8	19.0	1:36.8	2	29:06.9	9:23	1:24:17.2
4	186	K Jones	708	68	3	13:20.3		2:44.0	4	43:42.1	15.8	0:51.4	4	42:55.0	13:51	1:43:32.8

Race Date
August 10, 2013

Lake Max Triathlon
Age Group Results
Sprint Triathlon

Male 70 to 74

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	90	Joe Dunfee	662	71	1	12:26.2		1:36.0	1	37:28.9	18.4	1:38.7	1	26:08.5	8:26	1:19:18.3

Male 75 to 79

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	201	William Pauley	756	78	1	17:38.3		3:02.7	1	48:03.2	14.4	1:39.6	1	42:14.0	13:37	1:52:37.8