

2013 Gull Lake Triathlon

Overall Results

Sprint Triathlon

Race Date
June 29, 2013

Place	Name	Bib No	AG Place	Swim		Tran 1		Bike		Tran 2		Run		Total Time	
				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time		Pace
1	Geoff Scott	206	1 M Top	5	8:05.3	28:52	0:54.8	1	25:16.8	23.7	0:25.6	5	21:21.4	6:53	56:03.9
2	Andrew Brazee	26	1 M Top	21	9:13.2	32:55	0:37.4	7	28:04.4	21.4	1:12.8	1	20:03.5	6:28	59:11.3
3	Sean O'Brien	175	1 M 45-49	4	7:55.3	28:16	1:34.8	9	28:30.4	21.1	0:55.0	3	20:43.9	6:41	59:39.4
4	Salvador Aceves	2	1 M 35-39	16	8:57.4	31:58	1:12.5	2	26:51.8	22.3	0:33.4	9	22:28.3	7:15	1:00:03.4
5	Bryan Bacehowski	8	1 M 30-34	15	8:56.5	31:54	1:10.7	11	29:00.8	20.7	0:37.8	2	20:23.4	6:35	1:00:09.2
6	Jonathan Clore	46	1 M 20-24	41	10:15.8	36:36	1:09.7	4	27:42.2	21.7	0:27.6	4	21:10.1	6:50	1:00:45.4
7	Skyler Tripp	226	2 M 30-34	7	8:30.9	30:21	0:41.8	5	27:55.3	21.5		24	23:50.2	7:41	1:00:58.2
8	Gary Hammock	98	2 M 45-49	3	7:31.4	26:51	1:44.6	6	27:57.2	21.5	1:15.2	10	22:34.2	7:17	1:01:02.6
9	Brian Green	87	1 M 40-44	25	9:38.2	34:24	1:17.0	3	27:21.4	21.9	0:49.0	11	22:34.2	7:17	1:01:39.8
10	Timothy Farrow	73	1 M 55-59	10	8:43.0	31:08	29:50.5				0:48.7	19	23:33.6	7:36	1:02:55.8
11	Marjan Van herck	231	1 F Top	6	8:21.1	29:49	1:48.3	10	28:57.8	20.7	1:05.9	12	22:42.9	7:19	1:02:56.0
12	sarah wiley	244	1 F Top	11	8:43.5	31:08	0:56.8	8	28:30.3	21.1	0:36.8	30	24:11.6	7:48	1:02:59.0
13	Riley Lundquist	149	2 M 20-24	2	6:59.6	24:56	1:49.7	18	30:56.6	19.4	0:57.7	8	22:22.6	7:13	1:03:06.2
14	Troy Fuller	77	2 M 40-44	13	8:49.8	31:29	1:12.7	16	30:16.0	19.8	0:50.2	7	22:20.1	7:12	1:03:28.8
15	Michael Daniels	57	2 M 35-39	8	8:40.5	30:57	1:04.3	14	29:43.6	20.2	0:47.2	27	24:00.7	7:45	1:04:16.3
16	Erin Rumery	196	1 F 30-34	30	10:02.2	35:50	0:51.2	19	31:03.4	19.3	0:25.3	6	22:13.3	7:10	1:04:35.4
17	Kim Houtkoooper	112	1 F 45-49	52	10:29.1	37:26	1:06.9	13	29:36.7	20.3	0:47.6	15	23:14.6	7:30	1:05:14.9
18	Terry Hutchins	116	1 M 65-69	54	10:31.7	37:34	1:43.7	17	30:26.5	19.7	0:25.6	13	22:43.2	7:20	1:05:50.7
19	Eric Payerle	182	1 M 1-16	1	6:58.8	24:53	1:47.7	29	32:07.1	18.7	0:45.0	44	25:51.5	8:20	1:07:30.1
20	Holly Gregory	88	2 F 30-34	22	9:20.8	33:20	0:44.3	25	31:49.5	18.9	0:47.4	42	25:22.8	8:11	1:08:04.8
21	Dave Levett	144	1 M 50-54	95	12:36.7	45:00	1:58.8	12	29:31.8	20.3	0:26.5	21	23:44.7	7:39	1:08:18.5
22	Tina Tribu	224	1 F 40-44	14	8:55.6	31:51	1:24.3	21	31:14.8	19.2	1:02.2	48	26:18.1	8:29	1:08:55.0
23	Jason Liss	146	3 M 35-39	38	10:13.5	36:29	1:14.6	63	34:32.4	17.4	0:22.0	14	23:10.5	7:28	1:09:33.0
24	Keith Williams	245	3 M 40-44	9	8:42.1	31:04	1:44.2	79	35:41.3	16.8	0:24.5	18	23:33.4	7:36	1:10:05.5
25	Ted Bloomfield	20	1 M 25-29	20	9:05.7	32:26	1:52.2	27	31:59.1	18.8	1:07.4	45	26:10.7	8:26	1:10:15.1
26	ben barry	13	2 M 25-29	74	11:31.1	41:08	1:43.0	45	33:15.5	18.0	0:36.5	28	24:04.6	7:46	1:11:10.7
27	Kari VanderMaas	233	1 F 25-29	51	10:28.7	37:23	2:00.0	52	33:45.4	17.8	0:58.5	26	24:00.2	7:45	1:11:12.8
28	Kathy Farrow	72	1 F 55-59	18	9:01.5	32:12	1:25.1	60	34:17.3	17.5	1:12.2	40	25:16.8	8:09	1:11:12.9
29	David Danko	261	3 M 45-49	35	10:06.6	36:04	2:00.8	50	33:43.0	17.8	1:27.1	25	23:59.2	7:44	1:11:16.7
30	Kristy Gunderson	93	1 F 35-39	59	10:44.4	38:20	2:20.4	36	32:55.6	18.2	1:25.5	32	24:25.3	7:53	1:11:51.2
31	chanel kerschbaum	131	3 F 30-34	44	10:22.0	37:01	1:15.9	38	33:03.5	18.2	1:00.2	47	26:12.0	8:27	1:11:53.6
32	Scott Bridges	29	2 M 1-16	42	10:17.2	36:44	2:06.2	30	32:07.2	18.7	1:16.3	46	26:11.3	8:27	1:11:58.2
33	Matthew Galer	78	2 M 50-54	46	10:23.6	37:05	1:39.9	33	32:27.7	18.5	0:51.7	51	26:38.7	8:35	1:12:01.6

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Place	Name	Bib No	AG Place	----- Swim -----		Tran 1		----- Bike -----		Tran 2		----- Run -----		Total Time	
				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time		Pace
34	Toni Daniels	56	2 F 35-39	31	10:03.5	35:54	1:07.1	48	33:29.0	17.9	0:57.2	50	26:33.2	8:34	1:12:10.0
35	Jen Heymoss	106	4 F 30-34	39	10:13.9	36:29	1:10.4	31	32:10.6	18.7	1:03.0	62	27:43.6	8:56	1:12:21.5
36	Chuck Christensen	40	4 M 40-44	107	13:55.1	49:42	1:50.1	32	32:17.5	18.6	1:19.0	16	23:26.9	7:34	1:12:48.6
37	Steve Darrell	58	2 M 55-59	72	11:23.6	40:39	2:26.6	34	32:42.8	18.3	1:14.2	39	25:13.5	8:08	1:13:00.7
38	Christopher Reinstadtler	190	4 M 35-39	26	9:51.1	35:11	1:51.9	69	35:07.1	17.1	0:56.3	41	25:17.5	8:09	1:13:03.9
39	Lindsay Weatherhead	237	5 F 30-34	58	10:40.6	38:06	2:03.1	64	34:35.2	17.3	0:49.2	34	25:00.2	8:04	1:13:08.3
40	Frank Silva	210	3 M 50-54									119	1:13:22.8	23:40	1:13:22.8
41	Dennis Clark	43	4 M 45-49	98	13:03.4	46:36	1:38.5	55	34:04.2	17.6	1:36.1	20	23:35.2	7:36	1:13:57.4
42	Robby Robertson	193	5 M 35-39	53	10:31.5	37:34	1:35.7	22	31:39.0	19.0	1:31.9	72	28:40.6	9:15	1:13:58.7
43	Jean Walker	235	1 F 65-69	55	10:31.7	37:34						118	1:03:37.3	20:31	1:14:09.0
44	Leandra Reurink	192	6 F 30-34	45	10:22.5	37:01	0:53.0	24	31:46.9	18.9	0:53.5	90	30:20.4	9:47	1:14:16.3
45	Tyler Loveless	147	3 M 25-29	67	11:06.5	39:39	1:50.0	78	35:40.1	16.8	1:37.5	29	24:09.6	7:47	1:14:23.7
46	Tina Keesman	125	2 F 40-44	48	10:27.1	37:19	1:42.9	39	33:04.0	18.1	0:45.2	70	28:24.7	9:10	1:14:23.9
47	Taylor Klotz	135	3 M 20-24	90	12:24.4	44:17	1:34.8	56	34:05.3	17.6	1:14.7	36	25:07.8	8:06	1:14:27.0
48	John Lowder	148	5 M 40-44	89	12:16.4	43:49	3:03.0	51	33:44.0	17.8	0:29.9	35	25:00.9	8:04	1:14:34.2
49	Mandy Damico	55	3 F 35-39	47	10:25.5	37:12	2:07.3	62	34:24.8	17.4	1:26.0	49	26:21.2	8:30	1:14:44.8
50	Ross Biggs	19	2 M 65-69	105	13:27.0	48:02	2:01.3	15	29:46.4	20.2	1:46.1	64	27:58.8	9:01	1:14:59.6
51	David Connelly	50	4 M 25-29	60	10:46.2	38:27	2:30.9	90	37:15.5	16.1	0:51.8	23	23:47.2	7:40	1:15:11.6
52	rick ciccone	41	3 M 55-59	29	10:01.0	35:46	2:50.7	28	32:01.9	18.7	1:22.5	78	29:04.6	9:23	1:15:20.7
53	Tom Lundquist	150	4 M 50-54	12	8:49.0	31:29	3:07.0	46	33:27.7	17.9	1:12.8	74	28:44.3	9:16	1:15:20.8
54	Cristi DeDoes	60	4 F 35-39	102	13:12.0	47:09	2:52.0	61	34:20.4	17.5	1:10.8	22	23:46.6	7:40	1:15:21.8
55	Danielle Schirm	201	2 F 25-29	37	10:12.8	36:26	2:06.0	66	34:42.8	17.3	1:30.1	55	27:08.7	8:45	1:15:40.4
56	Garry May	161	1 M 60-64	57	10:37.9	37:55	2:24.0	26	31:53.4	18.8	1:56.5	75	28:51.8	9:18	1:15:43.6
57	Janine Chapman	39	3 F 40-44	63	10:52.4	38:49	1:07.4	43	33:11.3	18.1	0:25.1	88	30:08.1	9:43	1:15:44.3
58	Rebecca Osterwalder	179	7 F 30-34	71	11:21.8	40:32	1:23.6	54	34:02.0	17.6	0:33.8	73	28:40.8	9:15	1:16:02.0
59	Kevin Hains	97	6 M 40-44	83	11:53.8	42:26	2:40.4	20	31:04.7	19.3	1:28.7	76	29:01.9	9:22	1:16:09.5
60	Kimberly Johnson	122	4 F 40-44	86	12:04.3	43:06	1:53.0	74	35:28.3	16.9	1:42.1	37	25:11.1	8:07	1:16:18.8
61	Deanna Deschler	62	8 F 30-34	34	10:05.8	36:01	1:23.9	73	35:22.0	17.0	1:26.0	66	28:18.0	9:08	1:16:35.7
62	Paul Hare	101	7 M 40-44	87	12:07.5	43:16	1:24.1	23	31:44.5	18.9	1:20.7	85	30:00.0	9:41	1:16:36.8
63	Barbara Arnold	5	5 F 40-44	61	10:46.3	38:27	1:38.4	86	36:32.8	16.4	0:28.2	56	27:11.9	8:46	1:16:37.6
64	Jenna Slot	212	3 F 25-29	40	10:14.9	36:33	2:39.6	80	35:57.6	16.7	0:31.7	58	27:15.6	8:47	1:16:39.4
65	J.J. Simmons	211	5 M 25-29	23	9:33.1	34:06	2:38.2	67	34:55.2	17.2	1:04.4	77	29:04.2	9:23	1:17:15.1
66	Robert Carlton	36	5 M 50-54	69	11:13.2	40:04	1:53.9	53	33:59.0	17.7	1:59.8	65	28:12.7	9:06	1:17:18.6

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				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time		Pace
67	Jeff Khaled	132	8 M 40-44	43	10:18.1	36:47	3:24.6	59	34:13.1	17.5	1:00.0	69	28:24.6	9:10	1:17:20.4
68	Terry Klotz	136	4 M 55-59	82	11:47.5	42:05	2:31.1	37	32:57.9	18.2	1:53.7	68	28:20.9	9:08	1:17:31.1
69	Christina Yavarow	248	6 F 40-44	96	12:43.5	45:25	1:40.7	44	33:12.8	18.1	1:34.1	71	28:36.7	9:14	1:17:47.8
70	Gina Schiming	200	9 F 30-34	78	11:41.6	41:44	1:51.2	72	35:17.2	17.0	1:22.0	61	27:37.2	8:55	1:17:49.2
71	Josephine Spitzley	216	4 F 25-29	88	12:15.2	43:45	1:40.2	85	36:19.8	16.5	0:44.5	59	27:23.5	8:50	1:18:23.2
72	Marie Bridges	28	1 F 1-16	92	12:26.4	44:24	2:26.0	100	38:22.5	15.6	1:02.2	31	24:11.9	7:48	1:18:29.0
73	John Marchand	154	9 M 40-44	94	12:30.5	44:39	2:17.9	41	33:05.4	18.1	0:34.5	89	30:10.3	9:44	1:18:38.6
74	Ann Whitmer	242	2 F 45-49	84	12:00.3	42:51	1:53.8	47	33:28.4	17.9	1:15.9	86	30:02.6	9:41	1:18:41.0
75	Stephanie Mellinger	164	1 F 17-19	77	11:39.2	41:36	2:36.3	98	38:20.7	15.7	1:01.9	38	25:13.4	8:08	1:18:51.5
76	Lynne Reinstadtler	189	1 F 50-54	73	11:28.8	40:57	2:14.2	83	36:13.3	16.6	0:46.7	67	28:20.6	9:08	1:19:03.6
77	Rita Syfert	222	2 F 50-54	97	12:51.5	45:54	1:23.4	57	34:06.7	17.6	1:36.2	81	29:24.1	9:29	1:19:21.9
78	Michael Brown	32	10 M 40-44	85	12:01.1	42:55	2:52.2	82	36:01.7	16.7	1:22.7	57	27:13.5	8:47	1:19:31.2
79	Larry Mann	152	11 M 40-44	70	11:21.8	40:32	1:14.1	42	33:11.0	18.1	0:48.9	99	33:08.6	10:41	1:19:44.4
80	Laurel VandePutte	232	5 F 25-29	28	9:59.1	35:39	2:14.8	105	40:44.9	14.7	0:47.4	52	26:47.6	8:38	1:20:33.8
81	Dawn Duncan	262	7 F 40-44	101	13:08.8	46:54	1:52.1	68	35:04.5	17.1	1:23.8	79	29:15.3	9:26	1:20:44.5
82	Kristyn White	240	5 F 35-39	93	12:28.4	44:31	1:40.2	84	36:17.3	16.5	2:31.2	63	27:56.7	9:01	1:20:53.8
83	Jeffery A. Smith	213	6 M 35-39	103	13:14.1	47:16	4:35.2	77	35:38.9	16.8	1:53.8	43	25:40.8	8:17	1:21:02.8
84	Gina Belknap	16	3 F 50-54	27	9:52.2	35:14	1:09.4	96	38:00.2	15.8	1:02.6	92	31:00.6	10:00	1:21:05.0
85	Sarah King	133	4 F 50-54	114	16:36.6	59:17	1:35.8	71	35:17.1	17.0	0:49.8	53	27:05.0	8:44	1:21:24.3
86	Dawn Clark	44	3 F 45-49	65	11:02.1	39:24	1:51.6	58	34:13.0	17.5	1:04.9	100	33:27.7	10:47	1:21:39.3
87	Stacy Javor	120	6 F 35-39	116	17:47.0	63:31	2:11.8	75	35:33.0	16.9	1:14.7	33	24:55.9	8:02	1:21:42.4
88	Kathryn Iversen	117	4 F 45-49	19	9:01.9	32:12	4:06.0	95	37:49.5	15.9	1:42.5	82	29:29.1	9:31	1:22:09.0
89	Carrie Crippen	52	8 F 40-44	64	10:55.2	38:59	1:14.7	35	32:52.3	18.3	0:36.2	109	37:03.9	11:57	1:22:42.3
90	Mark Zabaldo	252	12 M 40-44	36	10:10.9	36:19	3:36.6	88	36:57.2	16.2	1:36.1	91	30:25.4	9:49	1:22:46.2
91	Penny Ellis	71	9 F 40-44	56	10:34.1	37:44	2:56.4	89	37:01.7	16.2	2:46.6	83	29:30.4	9:31	1:22:49.2
92	Jane McDonagh	163	2 F 55-59	76	11:35.5	41:22	2:11.3	99	38:21.7	15.6	1:25.3	80	29:23.6	9:29	1:22:57.4
93	Christina Monteith	170	7 F 35-39	62	10:50.8	38:41	3:10.5	91	37:31.3	16.0	1:38.1	87	30:07.4	9:43	1:23:18.1
94	Denise Egeland	69	1 F 60-64	49	10:27.2	37:19	1:56.8	76	35:38.4	16.8	1:11.2	102	34:17.4	11:04	1:23:31.0
95	Bill Dornbos	64	3 M 65-69	110	14:40.2	52:23	3:18.0	65	34:38.2	17.3	1:34.7	84	29:45.3	9:36	1:23:56.4
96	Doug Smith	214	6 M 50-54	109	14:15.7	50:54	3:47.0	49	33:35.2	17.9	1:32.0	93	31:02.7	10:01	1:24:12.6
97	Kelly Bushong	33	7 M 35-39	17	9:00.1	32:09	1:39.8	104	40:26.0	14.8	0:55.1	97	32:43.9	10:33	1:24:44.9
98	Kappy Boudeman	21	10 F 40-44	75	11:34.0	41:19	1:57.7	106	41:33.1	14.4	0:49.6	94	31:09.4	10:03	1:27:03.8
99	Morgan Marsh	156	2 F 17-19	68	11:10.9	39:53	4:09.1	101	39:18.9	15.3	1:02.9	95	31:46.9	10:15	1:27:28.7

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100	David Purol	188	2 M 60-64	79	11:43.0	41:51	2:27.2	87	36:48.5	16.3	1:02.3	106	35:31.2	11:27	1:27:32.2
101	Trisha Eavy	67	10 F 30-34	80	11:44.8	41:54	4:54.6	112	47:03.5	12.8	1:20.0	17	23:28.4	7:34	1:28:31.3
102	Tania Brammer	23	5 F 45-49	81	11:46.9	42:01	2:22.4	81	35:58.4	16.7	2:03.2	108	36:33.6	11:47	1:28:44.5
103	Will Moore	171	13 M 40-44	100	13:07.9	46:51	3:05.0	94	37:42.7	15.9	1:30.9	101	33:42.3	10:52	1:29:08.8
104	Janaye Keifer	126	6 F 25-29	91	12:25.0	44:21	1:30.8	92	37:37.9	16.0	1:12.2	107	36:27.2	11:45	1:29:13.1
105	Chris Gillette	85	8 M 35-39	108	13:58.1	49:53	1:50.9	40	33:04.3	18.1	2:08.7	112	38:47.5	12:31	1:29:49.5
106	Carey Schoolmaster	203	3 F 55-59	50	10:27.5	37:19	2:02.8	97	38:17.0	15.7	2:13.1	111	37:44.7	12:10	1:30:45.1
107	Mindy Hubbard	113	11 F 40-44	111	14:57.3	53:24	3:00.7	93	37:40.0	15.9	3:14.8	96	32:05.0	10:21	1:30:57.8
108	Jackie McClelland	162	4 F 55-59	33	10:05.7	36:01	3:46.6	107	41:48.8	14.4	1:31.3	103	34:19.5	11:04	1:31:31.9
109	Hilary Willavize	243	7 F 25-29	32	10:05.2	36:01	2:45.6	108	41:54.7	14.3	1:15.2	110	37:12.2	12:00	1:33:12.9
110	Ursula Marchand	153	8 F 35-39	113	16:06.0	57:30	2:40.0	102	39:25.5	15.2	0:45.6	105	34:39.0	11:11	1:33:36.1
111	James Rojas	195	3 M 60-64	66	11:05.1	39:35	3:07.3	70	35:14.4	17.0	2:43.6	115	42:02.9	13:34	1:34:13.3
112	Matt Mitchell	169	14 M 40-44	24	9:33.9	34:06	2:48.7	115	55:48.2	10.8	0:42.3	60	27:29.5	8:52	1:36:22.6
113	Melissa Fisher	76	11 F 30-34	99	13:04.8	46:40	3:29.3	110	44:47.8	13.4	0:46.0	104	34:31.0	11:08	1:36:38.9
114	Jessica Miller	166	12 F 30-34	117	18:03.5	64:28	4:14.1	103	40:22.3	14.9	1:21.3	98	32:51.0	10:36	1:36:52.2
115	Janet Schneider	202	9 F 35-39									120	1:39:07.1	31:58	1:39:07.1
116	Tim Hubbard	114	15 M 40-44	106	13:42.0	48:56	1:53.2	109	42:33.0	14.1	3:09.7	116	42:25.1	13:41	1:43:43.0
117	Woody Boudeman	22	1 M 70-99	104	13:20.1	47:37	3:34.7	111	45:20.2	13.2	1:39.0	117	42:40.8	13:46	1:46:34.8
118	Candace Holsted	109	2 F 60-64	115	17:13.7	61:29	4:03.4	114	52:08.5	11.5	0:47.7	113	40:58.5	13:13	1:55:11.8
119	Ronald Holsted	110	2 M 70-99	118	20:13.1	72:12	7:49.2	113	51:49.3	11.6	1:38.5	114	41:22.0	13:21	2:02:52.1
120	Lisa Allred	4	10 F 35-39	112	15:18.5	54:39	2:37.1	116	1:39:41.2	6.02	1:14.4	54	27:05.0	8:44	2:25:56.2

Race Date
June 29, 2013

2013 Gull Lake Triathlon

Overall Results

Relay Team

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>		<u>Tran 1</u>		<u>Bike</u>			<u>Tran 2</u>		<u>Run</u>		<u>Total</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Three's Company	260	1 M Top	1	26:52.5	17:55	0:33.6	1	1:11:44.6	20.7	0:23.1	1	36:22.2	5:52	2:15:56.0
2	Amy, Julie, & Kim	255	1 F Top	3	37:15.9	24:50	0:41.5	4	1:19:36.1	18.7	0:27.5	2	48:33.9	7:50	2:46:34.9
3	Trilanders	257	1 M 0-99	5	40:33.3	27:02	0:43.1	2	1:16:10.3	19.5	0:30.9	4	49:51.9	8:02	2:47:49.5
4	Uphill Into The Wind	259	2 M 0-99	6	45:38.3	30:25	1:08.3	3	1:17:44.0	19.1	0:26.2	3	49:27.0	7:59	2:54:23.8
5	Y Knot Tri	256	1 F 0-99	2	32:18.2	21:32	0:36.8	5	1:26:54.2	17.1	0:30.4	6	1:04:02.9	10:20	3:04:22.5
6	X	258	3 M 0-99	4	39:04.4	26:03	0:40.9	6	1:43:05.9	14.4	0:31.6	5	54:59.5	8:52	3:18:22.3

Race Date
June 29, 2013

2013 Gull Lake Triathlon

Overall Results

Duathlon

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Run</u>			<u>Tran 1</u>	<u>Bike</u>			<u>Tran 2</u>	<u>Run</u>			<u>Total</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Guy Petruzzelli	185	1 M Top	1	18:42.5	6:02					1:09:28.7	1	40:01.7	6:27	2:07:55.8
2	Chuck Brenner	27	1 M Top	6	22:12.4	7:10	0:48.6	1	1:14:53.3	19.9	0:27.9	5	48:37.5	7:50	2:26:59.7
3	Kathy Griffin	90	1 F Top	5	22:01.9	7:06	1:13.8	3	1:18:48.5	18.9	1:16.7	4	47:22.0	7:38	2:30:42.9
4	Trayton Jordan	124	1 M 0-99									18	2:31:09.0	24:23	2:31:09.0
5	Jim Praeger	187	2 M 0-99	2	21:29.8	6:56	1:36.5	5	1:22:57.3	17.9	1:45.1	2	45:30.4	7:20	2:33:19.1
6	Elaine Sheikh	209	1 F 0-99	4	21:51.2	7:03	0:49.6	8	1:26:44.8	17.2	0:50.6	3	45:59.8	7:25	2:36:16.0
7	Bill Gephart	82	3 M 0-99	9	23:38.4	7:37	1:33.4	4	1:20:42.4	18.4	1:52.2	6	48:47.5	7:52	2:36:33.9
8	Sarah Yetter	250	2 F 0-99	8	23:36.6	7:37	1:34.1	6	1:24:02.8	17.7	0:56.2	8	50:09.4	8:05	2:40:19.1
9	Bridget Griffioen	91	3 F 0-99	3	21:50.2	7:03	1:26.5	9	1:27:16.0	17.1	1:22.5	7	49:53.8	8:03	2:41:49.0
10	Matt Gunderson	94	4 M 0-99	11	24:37.3	7:56	0:56.2	2	1:16:29.8	19.5	1:51.6	10	58:07.6	9:22	2:42:02.5
11	Lisa Schreiner	204	1 F Top	12	25:02.6	8:05	3:01.4	10	1:30:05.0	16.5	2:36.3	9	54:44.5	8:50	2:55:29.8
12	Arya Jayatilaka	121	5 M 0-99	7	22:35.5	7:17	1:23.4	13	1:36:22.6	15.4	1:16.0	13	1:00:18.6	9:44	3:01:56.1
13	Catherine Salome	197	4 F 0-99	10	24:35.7	7:56	1:45.4	14	1:37:11.5	15.3	1:31.4	12	59:12.6	9:33	3:04:16.6
14	Michelle Braymer	24	5 F 0-99	15	28:50.5	9:18	1:00.6	11	1:32:50.1	16.0	2:00.4	15	1:01:08.0	9:52	3:05:49.6
15	Caren Braymer	25	6 F 0-99	16	28:51.0	9:18	1:02.7	12	1:32:56.3	16.0	1:53.6	14	1:01:06.1	9:51	3:05:49.7
16	Christine Hassing	102	7 F 0-99	14	28:10.7	9:05	1:00.0	15	1:38:53.9	15.0	0:39.2	11	59:09.0	9:32	3:07:52.8
17	Nhoel Cruz	53	6 M 0-99	13	28:01.8	9:02	1:27.3	7	1:24:32.1	17.6	1:57.9	16	1:12:24.1	11:41	3:08:23.2
18	Ivan Tanap	223	7 M 0-99	17	34:02.9	10:59	2:20.5	16	1:47:01.8	13.9	2:37.6	17	1:27:06.2	14:03	3:53:09.0

Race Date
June 29, 2013

2013 Gull Lake Triathlon

Overall Results

Aqua Bike

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>			<u>Tran 1</u>			<u>Bike</u>			<u>Total Time</u>	
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>		<u>Time</u>
1	Kathy Kirk	134	1 F Top	4	26:49.1	17:53	1:27.5				1	1:07:07.6	22.2	1:35:24.2
2	Chris Baker	9	1 M Top	2	24:06.6	16:04	2:09.4				4	1:14:00.3	20.1	1:40:16.3
3	Thomas Keizer	127	1 M Top	9	30:40.0	20:27	1:46.6				2	1:11:29.3	20.8	1:43:55.9
4	Ed Maring	155	1 M 0-99	8	30:37.1	20:25	1:55.0				5	1:14:44.1	19.9	1:47:16.2
5	Brett Hanson	99	2 M 0-99	11	31:24.3	20:56	2:37.3				6	1:16:05.5	19.6	1:50:07.1
6	Ken Salome	198	3 M 0-99	14	36:00.7	24:00	2:10.9				3	1:12:11.4	20.6	1:50:23.0
7	c.j. basler	14	4 M 0-99	6	30:11.1	20:07	2:45.0				11	1:20:17.8	18.5	1:53:13.9
8	Jenna Eckart	68	1 F 0-99	10	31:06.5	20:44	1:14.8				13	1:21:00.2	18.4	1:53:21.5
9	Thomas Mellinger	165	5 M 0-99	13	34:56.8	23:17	2:04.7				10	1:18:52.4	18.9	1:55:53.9
10	Andy Baker	10	6 M 0-99	18	39:11.6	26:07	1:09.4				7	1:16:21.9	19.5	1:56:42.9
11	Leslie Scheffers	199	1 F Top	17	39:07.8	26:05	1:35.9				9	1:17:34.9	19.2	1:58:18.6
12	Garry Mattox	159	7 M 0-99	15	36:11.3	24:07	1:20.0				12	1:20:55.1	18.4	1:58:26.4
13	Loretta Holmes	108	2 F 0-99	21	41:19.2	27:33	1:08.3				8	1:16:42.0	19.4	1:59:09.5
14	Michele Kolin	138	3 F 0-99	3	26:45.6	17:50	2:05.2				19	1:30:58.3	16.4	1:59:49.1
15	Brendan Max	160	8 M 0-99	7	30:21.4	20:14	2:09.6				16	1:28:11.5	16.9	2:00:42.5
16	Dawn Banner	12	4 F 0-99	12	33:26.9	22:17	3:01.7				15	1:27:15.0	17.1	2:03:43.6
17	Dennis Tuckowski	228	9 M 0-99	16	36:30.7	24:20	3:22.0				14	1:24:25.9	17.6	2:04:18.6
18	Mike Parry	181	10 M 0-99	5	28:28.8	18:59	2:02.2				20	1:36:29.7	15.4	2:07:00.7
19	Kristina Cobeen	48	5 F 0-99	22	41:20.1	27:33	2:38.8				17	1:29:04.0	16.7	2:13:02.9
20	Amy Colby	49	6 F 0-99	19	39:43.9	26:29	3:10.1				18	1:30:15.7	16.5	2:13:09.7
21	Kathy Benoit	18	7 F 0-99	20	39:49.2	26:33	2:47.2				21	1:40:50.1	14.8	2:23:26.5
22	Jenny Gill	84	8 F 0-99	1	9:58.3	6:39	22:47.7				24	1:55:32.7	12.9	2:28:18.7
23	Lauren Tripp	227	9 F 0-99	24	48:37.4	32:25	2:54.1				22	1:42:23.5	14.5	2:33:55.0
24	Amanda Platzer	186	10 F 0-99	23	44:56.5	29:57	4:44.4				23	1:45:04.2	14.2	2:34:45.1

2013 Gull Lake Triathlon

Overall Results

Olympic Triathlon

Race Date
June 29, 2013

Place	Name	Bib No	AG Place	Swim		Tran 1	Bike		Rate	Tran 2	Run		Total Time		
				Rnk	Time	Pace	Time	Rnk		Time	Time	Rnk		Time	Pace
1	Jody Williford	246	1 M Top	7	26:29.6	17:39	0:46.2	3	1:05:26.2	22.7	0:36.4	2	37:42.5	6:05	2:11:00.9
2	Todd Briggs	30	1 M Top	1	23:06.6	15:24	0:43.2	5	1:06:23.3	22.4	0:30.1	11	43:33.6	7:01	2:14:16.8
3	Christopher Gregory	89	1 M 30-34	3	24:55.4	16:37	1:14.5	24	1:14:26.3	20.0	0:49.1	1	36:22.3	5:52	2:17:47.6
4	Glen Kellam	128	1 M 50-54	4	26:04.2	17:23	1:23.4	2	1:05:18.4	22.8	1:02.9	14	44:00.2	7:06	2:17:49.1
5	Jim Stubbs	219	2 M 50-54	21	29:43.6	19:49	1:18.1	4	1:06:21.2	22.4	0:52.2	8	42:03.9	6:47	2:20:19.0
6	Megan James	118	1 F Top	2	23:41.4	15:47	0:46.9	23	1:14:11.3	20.1	0:36.3	7	41:25.4	6:41	2:20:41.3
7	Ron Pelak	184	1 M 40-44	41	33:59.9	22:39	0:51.7	1	1:05:07.6	22.9	0:39.7	5	40:52.9	6:35	2:21:31.8
8	Zak Arrington	7	1 M 17-19	44	34:25.3	22:57	1:02.7	6	1:07:13.3	22.1		4	40:39.0	6:33	2:23:20.3
9	James Dalton	54	1 M 35-39	20	29:43.5	19:49	1:11.5	7	1:08:34.7	21.7	0:56.0	12	43:38.3	7:02	2:24:04.0
10	Carol Gephart	83	1 F Top	10	26:37.9	17:45	0:53.5	12	1:10:41.8	21.1	0:36.3	18	45:35.1	7:21	2:24:24.6
11	Angie O'Brien	176	1 F 40-44	17	29:05.2	19:23	1:08.7	8	1:08:40.5	21.7	0:52.4	17	45:32.8	7:21	2:25:19.6
12	Joe Cantwell	35	2 M 40-44	24	30:09.1	20:06	1:18.4	13	1:11:36.8	20.8	1:21.9	9	42:21.2	6:50	2:26:47.4
13	Rob Grainger	86	3 M 50-54	11	27:28.5	18:19	2:02.2	9	1:09:33.0	21.4	0:42.4	25	47:31.6	7:40	2:27:17.7
14	Eric Shaffer	207	2 M 30-34	26	30:33.4	20:22	1:22.9	20	1:13:52.6	20.1	1:01.1	6	40:55.1	6:36	2:27:45.1
15	Gavin Ferlic	74	3 M 30-34	31	31:11.7	20:47	1:55.4	11	1:10:39.1	21.1	1:12.7	13	43:44.0	7:03	2:28:42.9
16	Ian Kurth	139	2 M 35-39	40	33:35.3	22:23	1:09.7	10	1:10:09.4	21.2	0:59.8	15	44:06.3	7:07	2:30:00.5
17	Sean Sullivan	221	3 M 40-44	23	30:02.5	20:01	2:07.0	14	1:11:49.3	20.7	1:25.2	16	45:20.5	7:19	2:30:44.5
18	james henderson	103	1 M 55-59	28	30:41.0	20:27	1:00.0	16	1:12:28.8	20.5	0:50.3	20	46:17.9	7:28	2:31:18.0
19	Timothy Clore	47	4 M 50-54	6	26:19.4	17:33	1:48.5	25	1:14:30.2	20.0	0:44.1	31	49:07.9	7:55	2:32:30.1
20	Kevin Cleary	45	5 M 50-54	5	26:08.4	17:25	1:17.3	17	1:12:42.1	20.5	1:59.4	43	51:35.9	8:19	2:33:43.1
21	Mark Herrell	104	1 M 45-49	14	28:03.0	18:42	1:22.9	29	1:15:24.0	19.7	1:15.0	26	48:10.7	7:46	2:34:15.6
22	Kristina Navas	172	1 F 25-29	8	26:31.4	17:41	1:27.5	37	1:17:42.7	19.2	0:47.0	27	48:10.8	7:46	2:34:39.4
23	Bryan Den Hollander	61	1 M 20-24	37	32:45.8	21:50	1:57.2	30	1:16:59.0	19.3	1:11.2	10	42:28.1	6:51	2:35:21.3
24	Don Payerle	183	2 M 45-49	29	30:56.7	20:37	1:44.7	15	1:12:19.5	20.6	0:50.6	33	49:51.8	8:02	2:35:43.3
25	Jay Wardell	236	4 M 30-34	12	27:32.0	18:21	1:40.1	18	1:13:11.3	20.3	1:19.3	50	53:01.5	8:33	2:36:44.2
26	John R Wagner	234	2 M 55-59	16	28:47.7	19:11	1:20.5	21	1:13:58.7	20.1	0:35.9	47	52:07.3	8:24	2:36:50.1
27	Kristina Caterino	38	2 F 40-44	18	29:25.6	19:37	1:47.8	40	1:18:49.3	18.9	0:38.0	22	46:54.7	7:34	2:37:35.4
28	Eugene Haas	96	3 M 35-39	49	35:08.4	23:25	1:48.1	22	1:14:00.7	20.1	0:56.3	19	45:47.2	7:23	2:37:40.7
29	John Hubbard	115	4 M 40-44	48	34:58.4	23:19	2:00.4	44	1:20:11.8	18.6	1:07.4	3	39:27.7	6:22	2:37:45.7
30	Keith Cater	37	5 M 40-44	15	28:17.3	18:51	1:33.8	26	1:14:33.5	20.0	1:14.6	51	53:10.8	8:35	2:38:50.0
31	Kathy Garvin	80	1 F 50-54	33	32:01.2	21:21	1:20.1	39	1:18:21.8	19.0	0:47.5	24	47:21.7	7:38	2:39:52.3
32	Carol Reiss	191	1 F 45-49	27	30:35.9	20:23	1:57.0	32	1:17:07.7	19.3	0:53.6	34	50:08.0	8:05	2:40:42.2
33	John Schuler	205	6 M 50-54	36	32:42.5	21:48	1:21.8	19	1:13:12.4	20.3	2:00.6	40	51:33.0	8:19	2:40:50.3

2013 Gull Lake Triathlon

Overall Results**Olympic Triathlon**

Race Date
June 29, 2013

Place	Name	Bib No	AG Place	----- Swim -----		Tran 1	----- Bike -----		Rate	Tran 2	----- Run -----		----- Total -----		
				Rnk	Time	Pace	Time	Rnk		Time	Time	Rnk	Time	Pace	Time
34	Glen Dickinson	63	6 M 40-44	50	35:10.8	23:27	1:26.9	33	1:17:09.9	19.3	0:59.7	30	49:06.6	7:55	2:43:53.9
35	Kevin Steen	217	2 M 20-24	19	29:38.2	19:45	2:22.2	53	1:22:03.3	18.1	1:15.8	29	48:34.9	7:50	2:43:54.4
36	Jesse Yeager	249	5 M 30-34	59	37:12.6	24:48	1:51.2	36	1:17:38.6	19.2	0:48.5	21	46:54.5	7:34	2:44:25.4
37	Don Wilson	247	7 M 50-54	54	35:57.5	23:58	2:25.6	35	1:17:36.6	19.2		32	49:37.7	8:00	2:45:37.4
38	Robert Easterday	66	1 M 25-29	57	36:55.8	24:37	1:19.0	28	1:15:23.2	19.7	1:12.8	37	51:02.4	8:14	2:45:53.2
39	Jay Garside	79	7 M 40-44	25	30:28.7	20:19	2:18.3	46	1:20:17.8	18.5	1:53.0	38	51:03.0	8:14	2:46:00.8
40	mickey trimner	225	4 M 35-39	42	34:16.4	22:51	1:55.8	38	1:17:56.9	19.1	1:15.3	36	50:54.0	8:13	2:46:18.4
41	Christopher Sharrock	208	6 M 30-34	35	32:30.7	21:40	1:37.6	34	1:17:35.9	19.2	1:07.7	57	55:10.8	8:54	2:48:02.7
42	Chris Holzer	111	8 M 40-44	46	34:44.2	23:09	1:55.1	41	1:18:49.3	18.9	1:12.4	44	51:45.0	8:21	2:48:26.0
43	Erica Ehrlichman	70	2 F 45-49	52	35:42.8	23:48	1:37.3	59	1:25:02.4	17.5	1:11.5	23	47:10.0	7:36	2:50:44.0
44	TIM HARDIN	100	7 M 30-34	55	36:13.3	24:09	2:30.4	27	1:15:20.8	19.8	1:37.3	58	56:31.0	9:07	2:52:12.8
45	Jeff Arnold	6	3 M 45-49	47	34:49.5	23:13	1:03.6				1:22:35.7	54	54:06.7	8:44	2:52:35.5
46	Kelly Janowski	119	2 F 25-29	32	31:41.1	21:07	1:37.5	60	1:25:04.9	17.5	1:34.4	49	52:40.2	8:30	2:52:38.1
47	Colleen Valkema	229	3 F 45-49	68	39:51.9	26:34	1:20.7	43	1:19:17.7	18.8	0:57.2	45	51:45.5	8:21	2:53:13.0
48	Jon Hess	105	9 M 40-44	60	37:35.7	25:03	2:20.7	51	1:21:20.5	18.3	1:43.9	35	50:26.3	8:08	2:53:27.1
49	Nikki Gates	81	1 F 35-39	56	36:48.9	24:32	1:20.0	50	1:20:48.3	18.4	0:36.4	56	54:25.4	8:47	2:53:59.0
50	Gareth Beaty	15	8 M 30-34	61	37:54.9	25:16	2:31.9	48	1:20:34.4	18.5	1:22.3	46	51:49.0	8:21	2:54:12.5
51	William Gust	95	4 M 45-49	45	34:32.7	23:01	2:51.3	56	1:22:58.5	17.9	2:22.0	48	52:07.9	8:24	2:54:52.4
52	Daniel Launt	142	10 M 40-44	58	36:56.9	24:37	3:57.4	49	1:20:45.9	18.4	2:24.5	39	51:22.6	8:17	2:55:27.3
53	Julie Allen	3	2 F 50-54	30	30:59.2	20:39	2:30.7	65	1:29:31.0	16.6	1:24.8	42	51:34.8	8:19	2:56:00.5
54	Megan Grunert	92	1 F 30-34	9	26:35.0	17:43	1:07.0	66	1:30:08.7	16.5	0:55.7	59	57:25.8	9:16	2:56:12.2
55	Kelly Conway	51	2 F 35-39	38	33:12.0	22:08	1:13.9	31	1:17:04.5	19.3	1:23.0	71	1:04:07.5	10:20	2:57:00.9
56	Josh White	241	5 M 35-39	39	33:29.0	22:19	1:24.3	47	1:20:28.1	18.5	1:25.1	67	1:00:51.4	9:49	2:57:37.9
57	Gil Fernandez	75	11 M 40-44	69	40:11.5	26:47	1:00.2	62	1:27:16.5	17.1	1:14.6	28	48:31.1	7:50	2:58:13.9
58	John Marshall	158	5 M 45-49	51	35:34.9	23:43	2:59.2	42	1:19:14.2	18.8	2:10.7	60	58:21.1	9:25	2:58:20.1
59	Melissa Navas	173	3 F 25-29	13	27:36.0	18:24	1:46.4	58	1:24:10.0	17.7	1:24.1	70	1:03:32.1	10:15	2:58:28.6
60	JoAnn Kennedy	129	4 F 45-49	65	39:21.3	26:14	2:00.5	55	1:22:41.8	18.0	1:15.2	53	54:02.3	8:43	2:59:21.1
61	Jeff Jones	123	3 M 55-59	34	32:23.1	21:35	2:25.4	61	1:25:10.4	17.5	1:34.5	62	58:39.0	9:28	3:00:12.4
62	Craig Marsh	157	6 M 45-49	22	29:59.4	19:59	2:05.7	63	1:27:58.2	16.9	0:40.5	69	1:01:51.2	9:59	3:02:35.0
63	Zach Novak	174	9 M 30-34	66	39:44.5	26:29	1:39.1	52	1:21:53.9	18.2	1:28.9	65	1:00:30.3	9:45	3:05:16.7
64	Doug Kennedy	130	4 M 55-59	43	34:19.6	22:53	1:52.4	67	1:30:43.7	16.4	1:37.1	61	58:37.0	9:27	3:07:09.8
65	Marianne Leduc-Baker	143	5 F 45-49	67	39:46.7	26:31	2:06.1	57	1:23:10.4	17.9	1:46.6	66	1:00:35.4	9:46	3:07:25.2
66	Jeffrey Rogers	194	6 M 35-39	64	39:01.5	26:01	1:36.7	45	1:20:16.2	18.5	1:39.0	73	1:07:02.5	10:49	3:09:35.9

Race Date
June 29, 2013

2013 Gull Lake Triathlon

Overall Results

Olympic Triathlon

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>			<u>Tran 1</u>			<u>Bike</u>			<u>Tran 2</u>			<u>Run</u>			<u>Total</u>		
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>		
67	Heather Rose Otto	180	2 F 30-34	71	41:12.8	27:28	1:53.8	75	1:35:17.8	15.6	1:12.1	41	51:34.7	8:19	3:11:11.2						
68	Gayle Majeske	151	6 F 45-49	70	40:51.2	27:14	0:52.6	64	1:28:12.6	16.9	1:42.5	68	1:01:42.8	9:57	3:13:21.7						
69	Chris O'Leary	177	5 M 55-59	53	35:43.9	23:49	4:06.8	73	1:33:52.9	15.9	2:01.4	63	59:36.9	9:37	3:15:21.9						
70	Laura Briley	31	4 F 25-29	72	45:32.6	30:21	1:27.0	71	1:33:17.1	16.0	1:24.1	55	54:07.1	8:44	3:15:47.9						
71	Matt Webster	239	10 M 30-34	73	45:59.8	30:39	3:41.0	72	1:33:42.0	15.9	2:00.8	52	53:14.4	8:35	3:18:38.0						
72	Cara Smith	215	3 F 40-44	77	51:39.0	34:26	2:20.1	54	1:22:03.6	18.1	1:31.3	72	1:05:22.7	10:33	3:22:56.7						
73	Jennifer Weber	238	3 F 35-39	74	47:32.8	31:41	3:37.5	70	1:33:08.9	16.0	1:57.6	64	59:53.2	9:40	3:26:10.0						
74	Rebecca Lillie	145	5 F 25-29	62	37:59.0	25:19	4:10.0	74	1:34:48.3	15.7	0:52.8	76	1:09:04.3	11:08	3:26:54.4						
75	Brent Zahn	253	2 M 25-29	63	38:21.4	25:34	3:22.1	69	1:32:31.2	16.1	1:10.0	78	1:13:13.3	11:49	3:28:38.0						
76	Debi Steward	218	1 F 55-59	76	51:05.9	34:03	3:34.3	68	1:31:05.3	16.3	0:53.7	74	1:07:52.7	10:57	3:34:31.9						
77	Ken Davis	59	6 M 55-59	75	49:18.5	32:52	4:34.4	76	1:42:22.2	14.5	3:55.0	77	1:10:58.9	11:27	3:51:09.0						
78	Nicole Balderas	11	4 F 40-44	78	53:06.8	35:24	2:14.1	77	1:48:59.7	13.7	1:48.4	75	1:08:00.0	10:58	3:54:09.0						