

Race Date
June 29, 2013

2013 Gull Lake Triathlon
Age Group Results
Sprint Triathlon

Female Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	11	Marjan Van herck	231	41	1	8:21.1	29:49	1:48.3	1	28:57.8	20.7	1:05.9	1	22:42.9	7:19	1:02:56.0

Male Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	1	Geoff Scott	206	44	1	8:05.3	28:52	0:54.8	1	25:16.8	23.7	0:25.6	1	21:21.4	6:53	56:03.9

Female Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	12	sarah willey	244	41	1	8:43.5	31:08	0:56.8	1	28:30.3	21.1	0:36.8	1	24:11.6	7:48	1:02:59.0

Male Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	2	Andrew Brazee	26	40	1	9:13.2	32:55	0:37.4	1	28:04.4	21.4	1:12.8	1	20:03.5	6:28	59:11.3

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Age Group Results

Sprint Triathlon

Female 1 to 16

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	72	Marie Bridges	28	16	1	12:26.4	44:24	2:26.0	1	38:22.5	15.6	1:02.2	1	24:11.9	7:48	1:18:29.0

Male 1 to 16

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	19	Eric Payerle	182	15	1	6:58.8	24:53	1:47.7	1	32:07.1	18.7	0:45.0	1	25:51.5	8:20	1:07:30.1
2	32	Scott Bridges	29	14	2	10:17.2	36:44	2:06.2	2	32:07.2	18.7	1:16.3	2	26:11.3	8:27	1:11:58.2

Female 17 to 19

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	75	Stephanie Mellinger	164	19	2	11:39.2	41:36	2:36.3	1	38:20.7	15.7	1:01.9	1	25:13.4	8:08	1:18:51.5
2	99	Morgan Marsh	156	18	1	11:10.9	39:53	4:09.1	2	39:18.9	15.3	1:02.9	2	31:46.9	10:15	1:27:28.7

Male 20 to 24

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	6	Jonathan Clore	46	20	2	10:15.8	36:36	1:09.7	1	27:42.2	21.7	0:27.6	1	21:10.1	6:50	1:00:45.4
2	13	Riley Lundquist	149	20	1	6:59.6	24:56	1:49.7	2	30:56.6	19.4	0:57.7	2	22:22.6	7:13	1:03:06.2
3	47	Taylor Klotz	135	20	3	12:24.4	44:17	1:34.8	3	34:05.3	17.6	1:14.7	3	25:07.8	8:06	1:14:27.0

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Female 25 to 29

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	27	Kari VanderMaas	233	28	5	10:28.7	37:23	2:00.0	1	33:45.4	17.8	0:58.5	1	24:00.2	7:45	1:11:12.8
2	55	Danielle Schirm	201	29	3	10:12.8	36:26	2:06.0	2	34:42.8	17.3	1:30.1	3	27:08.7	8:45	1:15:40.4
3	64	Jenna Slot	212	26	4	10:14.9	36:33	2:39.6	3	35:57.6	16.7	0:31.7	4	27:15.6	8:47	1:16:39.4
4	71	Josephine Spitzley	216	27	6	12:15.2	43:45	1:40.2	4	36:19.8	16.5	0:44.5	5	27:23.5	8:50	1:18:23.2
5	80	Laurel VandePutte	232	28	1	9:59.1	35:39	2:14.8	6	40:44.9	14.7	0:47.4	2	26:47.6	8:38	1:20:33.8
6	104	Janaye Keifer	126	26	7	12:25.0	44:21	1:30.8	5	37:37.9	16.0	1:12.2	6	36:27.2	11:45	1:29:13.1
7	109	Hilary Willavize	243	29	2	10:05.2	36:01	2:45.6	7	41:54.7	14.3	1:15.2	7	37:12.2	12:00	1:33:12.9

Male 25 to 29

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	25	Ted Bloomfield	20	28	1	9:05.7	32:26	1:52.2	1	31:59.1	18.8	1:07.4	4	26:10.7	8:26	1:10:15.1
2	26	ben barry	13	26	5	11:31.1	41:08	1:43.0	2	33:15.5	18.0	0:36.5	2	24:04.6	7:46	1:11:10.7
3	45	Tyler Loveless	147	27	4	11:06.5	39:39	1:50.0	4	35:40.1	16.8	1:37.5	3	24:09.6	7:47	1:14:23.7
4	51	David Connelly	50	28	3	10:46.2	38:27	2:30.9	5	37:15.5	16.1	0:51.8	1	23:47.2	7:40	1:15:11.6
5	65	J.J. Simmons	211	29	2	9:33.1	34:06	2:38.2	3	34:55.2	17.2	1:04.4	5	29:04.2	9:23	1:17:15.1

Female 30 to 34

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	16	Erin Rumery	196	34	2	10:02.2	35:50	0:51.2	1	31:03.4	19.3	0:25.3	1	22:13.3	7:10	1:04:35.4
2	20	Holly Gregory	88	34	1	9:20.8	33:20	0:44.3	3	31:49.5	18.9	0:47.4	4	25:22.8	8:11	1:08:04.8
3	31	chanel kerschbaum	131	31	5	10:22.0	37:01	1:15.9	5	33:03.5	18.2	1:00.2	5	26:12.0	8:27	1:11:53.6

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Female 30 to 34

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
4	35	Jen Heymoss	106	30	4	10:13.9	36:29	1:10.4	4	32:10.6	18.7	1:03.0	7	27:43.6	8:56	1:12:21.5
5	39	Lindsay Weatherhead	237	30	7	10:40.6	38:06	2:03.1	7	34:35.2	17.3	0:49.2	3	25:00.2	8:04	1:13:08.3
6	44	Leandra Reurink	192	30	6	10:22.5	37:01	0:53.0	2	31:46.9	18.9	0:53.5	10	30:20.4	9:47	1:14:16.3
7	58	Rebecca Osterwalder	179	33	8	11:21.8	40:32	1:23.6	6	34:02.0	17.6	0:33.8	9	28:40.8	9:15	1:16:02.0
8	61	Deanna Deschler	62	31	3	10:05.8	36:01	1:23.9	9	35:22.0	17.0	1:26.0	8	28:18.0	9:08	1:16:35.7
9	70	Gina Schiming	200	34	9	11:41.6	41:44	1:51.2	8	35:17.2	17.0	1:22.0	6	27:37.2	8:55	1:17:49.2
10	101	Trisha Eavy	67	34	10	11:44.8	41:54	4:54.6	12	47:03.5	12.8	1:20.0	2	23:28.4	7:34	1:28:31.3
11	113	Melissa Fisher	76	33	11	13:04.8	46:40	3:29.3	11	44:47.8	13.4	0:46.0	12	34:31.0	11:08	1:36:38.9
12	114	Jessica Miller	166	32	12	18:03.5	64:28	4:14.1	10	40:22.3	14.9	1:21.3	11	32:51.0	10:36	1:36:52.2

Male 30 to 34

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	5	Bryan Bacehowski	8	34	2	8:56.5	31:54	1:10.7	2	29:00.8	20.7	0:37.8	1	20:23.4	6:35	1:00:09.2
2	7	Skyler Tripp	226	32	1	8:30.9	30:21	0:41.8	1	27:55.3	21.5		2	23:50.2	7:41	1:00:58.2

Female 35 to 39

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	30	Kristy Gunderson	93	36	3	10:44.4	38:20	2:20.4	1	32:55.6	18.2	1:25.5	2	24:25.3	7:53	1:11:51.2
2	34	Toni Daniels	56	35	1	10:03.5	35:54	1:07.1	2	33:29.0	17.9	0:57.2	5	26:33.2	8:34	1:12:10.0
3	49	Mandy Damico	55	35	2	10:25.5	37:12	2:07.3	4	34:24.8	17.4	1:26.0	4	26:21.2	8:30	1:14:44.8
4	54	Cristi DeDoes	60	36	6	13:12.0	47:09	2:52.0	3	34:20.4	17.5	1:10.8	1	23:46.6	7:40	1:15:21.8

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Female 35 to 39

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
5	82	Kristyn White	240	37	5	12:28.4	44:31	1:40.2	6	36:17.3	16.5	2:31.2	7	27:56.7	9:01	1:20:53.8
6	87	Stacy Javor	120	36	9	17:47.0	63:31	2:11.8	5	35:33.0	16.9	1:14.7	3	24:55.9	8:02	1:21:42.4
7	93	Christina Monteith	170	36	4	10:50.8	38:41	3:10.5	7	37:31.3	16.0	1:38.1	8	30:07.4	9:43	1:23:18.1
8	110	Ursula Marchand	153	39	8	16:06.0	57:30	2:40.0	8	39:25.5	15.2	0:45.6	9	34:39.0	11:11	1:33:36.1
9	115	Janet Schneider	202	39									10	1:39:07.1	31:58	1:39:07.1
10	120	Lisa Allred	4	36	7	15:18.5	54:39	2:37.1	9	1:39:41.2	6.02	1:14.4	6	27:05.0	8:44	2:25:56.2

Male 35 to 39

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	4	Salvador Aceves	2	39	2	8:57.4	31:58	1:12.5	1	26:51.8	22.3	0:33.4	1	22:28.3	7:15	1:00:03.4
2	15	Michael Daniels	57	35	1	8:40.5	30:57	1:04.3	2	29:43.6	20.2	0:47.2	3	24:00.7	7:45	1:04:16.3
3	23	Jason Liss	146	38	5	10:13.5	36:29	1:14.6	5	34:32.4	17.4	0:22.0	2	23:10.5	7:28	1:09:33.0
4	38	Christopher Reinstadtler	190	38	4	9:51.1	35:11	1:51.9	6	35:07.1	17.1	0:56.3	4	25:17.5	8:09	1:13:03.9
5	42	Robby Robertson	193	37	6	10:31.5	37:34	1:35.7	3	31:39.0	19.0	1:31.9	6	28:40.6	9:15	1:13:58.7
6	83	Jeffery A. Smith	213	37	7	13:14.1	47:16	4:35.2	7	35:38.9	16.8	1:53.8	5	25:40.8	8:17	1:21:02.8
7	97	Kelly Bushong	33	36	3	9:00.1	32:09	1:39.8	8	40:26.0	14.8	0:55.1	7	32:43.9	10:33	1:24:44.9
8	105	Chris Gillette	85	38	8	13:58.1	49:53	1:50.9	4	33:04.3	18.1	2:08.7	8	38:47.5	12:31	1:29:49.5

Female 40 to 44

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	22	Tina Tribu	224	41	1	8:55.6	31:51	1:24.3	1	31:14.8	19.2	1:02.2	2	26:18.1	8:29	1:08:55.0

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Female 40 to 44

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
2	46	Tina Keesman	125	43	2	10:27.1	37:19	1:42.9	3	33:04.0	18.1	0:45.2	4	28:24.7	9:10	1:14:23.9
3	57	Janine Chapman	39	41	5	10:52.4	38:49	1:07.4	4	33:11.3	18.1	0:25.1	8	30:08.1	9:43	1:15:44.3
4	60	Kimberly Johnson	122	43	8	12:04.3	43:06	1:53.0	7	35:28.3	16.9	1:42.1	1	25:11.1	8:07	1:16:18.8
5	63	Barbara Arnold	5	42	4	10:46.3	38:27	1:38.4	8	36:32.8	16.4	0:28.2	3	27:11.9	8:46	1:16:37.6
6	69	Christina Yavarow	248	42	9	12:43.5	45:25	1:40.7	5	33:12.8	18.1	1:34.1	5	28:36.7	9:14	1:17:47.8
7	81	Dawn Duncan	262	40	10	13:08.8	46:54	1:52.1	6	35:04.5	17.1	1:23.8	6	29:15.3	9:26	1:20:44.5
8	89	Carrie Crippen	52	42	6	10:55.2	38:59	1:14.7	2	32:52.3	18.3	0:36.2	11	37:03.9	11:57	1:22:42.3
9	91	Penny Ellis	71	43	3	10:34.1	37:44	2:56.4	9	37:01.7	16.2	2:46.6	7	29:30.4	9:31	1:22:49.2
10	98	Kappy Boudeman	21	44	7	11:34.0	41:19	1:57.7	11	41:33.1	14.4	0:49.6	9	31:09.4	10:03	1:27:03.8
11	107	Mindy Hubbard	113	40	11	14:57.3	53:24	3:00.7	10	37:40.0	15.9	3:14.8	10	32:05.0	10:21	1:30:57.8

Male 40 to 44

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	9	Brian Green	87	44	4	9:38.2	34:24	1:17.0	1	27:21.4	21.9	0:49.0	2	22:34.2	7:17	1:01:39.8
2	14	Troy Fuller	77	43	2	8:49.8	31:29	1:12.7	2	30:16.0	19.8	0:50.2	1	22:20.1	7:12	1:03:28.8
3	24	Keith Williams	245	42	1	8:42.1	31:04	1:44.2	10	35:41.3	16.8	0:24.5	4	23:33.4	7:36	1:10:05.5
4	36	Chuck Christensen	40	42	15	13:55.1	49:42	1:50.1	5	32:17.5	18.6	1:19.0	3	23:26.9	7:34	1:12:48.6
5	48	John Lowder	148	40	11	12:16.4	43:49	3:03.0	8	33:44.0	17.8	0:29.9	5	25:00.9	8:04	1:14:34.2
6	59	Kevin Hains	97	44	8	11:53.8	42:26	2:40.4	3	31:04.7	19.3	1:28.7	9	29:01.9	9:22	1:16:09.5
7	62	Paul Hare	101	43	10	12:07.5	43:16	1:24.1	4	31:44.5	18.9	1:20.7	10	30:00.0	9:41	1:16:36.8
8	67	Jeff Khaled	132	42	6	10:18.1	36:47	3:24.6	9	34:13.1	17.5	1:00.0	8	28:24.6	9:10	1:17:20.4
9	73	John Marchand	154	43	12	12:30.5	44:39	2:17.9	6	33:05.4	18.1	0:34.5	11	30:10.3	9:44	1:18:38.6
10	78	Michael Brown	32	44	9	12:01.1	42:55	2:52.2	11	36:01.7	16.7	1:22.7	6	27:13.5	8:47	1:19:31.2
11	79	Larry Mann	152	44	7	11:21.8	40:32	1:14.1	7	33:11.0	18.1	0:48.9	13	33:08.6	10:41	1:19:44.4

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<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
12	90	Mark Zabaldo	252	42	5	10:10.9	36:19	3:36.6	12	36:57.2	16.2	1:36.1	12	30:25.4	9:49	1:22:46.2
13	103	Will Moore	171	44	13	13:07.9	46:51	3:05.0	13	37:42.7	15.9	1:30.9	14	33:42.3	10:52	1:29:08.8
14	112	Matt Mitchell	169	40	3	9:33.9	34:06	2:48.7	15	55:48.2	10.8	0:42.3	7	27:29.5	8:52	1:36:22.6
15	116	Tim Hubbard	114	41	14	13:42.0	48:56	1:53.2	14	42:33.0	14.1	3:09.7	15	42:25.1	13:41	1:43:43.0

Female 45 to 49

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	17	Kim Houtkooper	112	45	2	10:29.1	37:26	1:06.9	1	29:36.7	20.3	0:47.6	1	23:14.6	7:30	1:05:14.9
2	74	Ann Whitmer	242	49	5	12:00.3	42:51	1:53.8	2	33:28.4	17.9	1:15.9	3	30:02.6	9:41	1:18:41.0
3	86	Dawn Clark	44	46	3	11:02.1	39:24	1:51.6	3	34:13.0	17.5	1:04.9	4	33:27.7	10:47	1:21:39.3
4	88	Kathryn Iversen	117	46	1	9:01.9	32:12	4:06.0	5	37:49.5	15.9	1:42.5	2	29:29.1	9:31	1:22:09.0
5	102	Tania Brammer	23	45	4	11:46.9	42:01	2:22.4	4	35:58.4	16.7	2:03.2	5	36:33.6	11:47	1:28:44.5

Male 45 to 49

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	3	Sean O'Brien	175	47	2	7:55.3	28:16	1:34.8	2	28:30.4	21.1	0:55.0	1	20:43.9	6:41	59:39.4
2	8	Gary Hammock	98	47	1	7:31.4	26:51	1:44.6	1	27:57.2	21.5	1:15.2	2	22:34.2	7:17	1:01:02.6
3	29	David Danko	261	49	3	10:06.6	36:04	2:00.8	3	33:43.0	17.8	1:27.1	4	23:59.2	7:44	1:11:16.7
4	41	Dennis Clark	43	49	4	13:03.4	46:36	1:38.5	4	34:04.2	17.6	1:36.1	3	23:35.2	7:36	1:13:57.4

Race Date
June 29, 2013

2013 Gull Lake Triathlon

Age Group Results

Sprint Triathlon

Female 50 to 54

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	76	Lynne Reinstadtler	189	51	2	11:28.8	40:57	2:14.2	3	36:13.3	16.6	0:46.7	2	28:20.6	9:08	1:19:03.6
2	77	Rita Syfert	222	54	3	12:51.5	45:54	1:23.4	1	34:06.7	17.6	1:36.2	3	29:24.1	9:29	1:19:21.9
3	84	Gina Belknap	16	50	1	9:52.2	35:14	1:09.4	4	38:00.2	15.8	1:02.6	4	31:00.6	10:00	1:21:05.0
4	85	Sarah King	133	51	4	16:36.6	59:17	1:35.8	2	35:17.1	17.0	0:49.8	1	27:05.0	8:44	1:21:24.3

Male 50 to 54

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	21	Dave Levett	144	52	4	12:36.7	45:00	1:58.8	1	29:31.8	20.3	0:26.5	1	23:44.7	7:39	1:08:18.5
2	33	Matthew Galer	78	50	2	10:23.6	37:05	1:39.9	2	32:27.7	18.5	0:51.7	2	26:38.7	8:35	1:12:01.6
3	40	Frank Silva	210	52									6	1:13:22.8	23:40	1:13:22.8
4	53	Tom Lundquist	150	50	1	8:49.0	31:29	3:07.0	3	33:27.7	17.9	1:12.8	4	28:44.3	9:16	1:15:20.8
5	66	Robert Carlton	36	53	3	11:13.2	40:04	1:53.9	5	33:59.0	17.7	1:59.8	3	28:12.7	9:06	1:17:18.6
6	96	Doug Smith	214	52	5	14:15.7	50:54	3:47.0	4	33:35.2	17.9	1:32.0	5	31:02.7	10:01	1:24:12.6

Female 55 to 59

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	28	Kathy Farrow	72	56	1	9:01.5	32:12	1:25.1	1	34:17.3	17.5	1:12.2	1	25:16.8	8:09	1:11:12.9
2	92	Jane McDonagh	163	55	4	11:35.5	41:22	2:11.3	3	38:21.7	15.6	1:25.3	2	29:23.6	9:29	1:22:57.4
3	106	Carey Schoolmaster	203	55	3	10:27.5	37:19	2:02.8	2	38:17.0	15.7	2:13.1	4	37:44.7	12:10	1:30:45.1
4	108	Jackie McClelland	162	56	2	10:05.7	36:01	3:46.6	4	41:48.8	14.4	1:31.3	3	34:19.5	11:04	1:31:31.9

Race Date
June 29, 2013

2013 Gull Lake Triathlon

Age Group Results

Sprint Triathlon

Male 55 to 59

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	10	Timothy Farrow	73	56	1	8:43.0	31:08	29:50.5				0:48.7	1	23:33.6	7:36	1:02:55.8
2	37	Steve Darrell	58	55	3	11:23.6	40:39	2:26.6	2	32:42.8	18.3	1:14.2	2	25:13.5	8:08	1:13:00.7
3	52	rick ciccone	41	57	2	10:01.0	35:46	2:50.7	1	32:01.9	18.7	1:22.5	4	29:04.6	9:23	1:15:20.7
4	68	Terry Klotz	136	57	4	11:47.5	42:05	2:31.1	3	32:57.9	18.2	1:53.7	3	28:20.9	9:08	1:17:31.1

Female 60 to 64

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	94	Denise Egeland	69	60	1	10:27.2	37:19	1:56.8	1	35:38.4	16.8	1:11.2	1	34:17.4	11:04	1:23:31.0
2	118	Candace Holsted	109	63	2	17:13.7	61:29	4:03.4	2	52:08.5	11.5	0:47.7	2	40:58.5	13:13	1:55:11.8

Male 60 to 64

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	56	Garry May	161	64	1	10:37.9	37:55	2:24.0	1	31:53.4	18.8	1:56.5	1	28:51.8	9:18	1:15:43.6
2	100	David Purol	188	64	3	11:43.0	41:51	2:27.2	3	36:48.5	16.3	1:02.3	2	35:31.2	11:27	1:27:32.2
3	111	James Rojeski	195	63	2	11:05.1	39:35	3:07.3	2	35:14.4	17.0	2:43.6	3	42:02.9	13:34	1:34:13.3

Female 65 to 69

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time

Race Date
June 29, 2013

2013 Gull Lake Triathlon
Age Group Results
Sprint Triathlon

Female 65 to 69

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	43	Jean Walker	235	65	1	10:31.7	37:34						1	1:03:37.3	20:31	1:14:09.0

Male 65 to 69

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	18	Terry Hutchins	116	65	1	10:31.7	37:34	1:43.7	2	30:26.5	19.7	0:25.6	1	22:43.2	7:20	1:05:50.7
2	50	Ross Biggs	19	66	2	13:27.0	48:02	2:01.3	1	29:46.4	20.2	1:46.1	2	27:58.8	9:01	1:14:59.6
3	95	Bill Dornbos	64	69	3	14:40.2	52:23	3:18.0	3	34:38.2	17.3	1:34.7	3	29:45.3	9:36	1:23:56.4

Male 70 and over

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	117	Woody Boudeman	22	73	1	13:20.1	47:37	3:34.7	1	45:20.2	13.2	1:39.0	2	42:40.8	13:46	1:46:34.8
2	119	Ronald Holsted	110	75	2	20:13.1	72:12	7:49.2	2	51:49.3	11.6	1:38.5	1	41:22.0	13:21	2:02:52.1

Race Date
June 29, 2013

2013 Gull Lake Triathlon
Age Group Results

Relay Team

Female Open Winners

<u>Place</u>		<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Swim</u>		<u>Tran 1</u>	<u>Bike</u>			<u>Tran 2</u>	<u>Run</u>		<u>Total</u>		
<u>Overall</u>	<u>Place</u>				<u>Rnk</u>	<u>Time</u>		<u>Pace</u>	<u>Time</u>	<u>Rnk</u>		<u>Time</u>	<u>Rate</u>		<u>Rnk</u>	<u>Time</u>
1	2	Amy VanHuysen	255	0	1	37:15.9	24:50	0:41.5	1	1:19:36.1	18.7	0:27.5	1	48:33.9	7:50	2:46:34.9

Male Open Winners

<u>Place</u>		<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Swim</u>		<u>Tran 1</u>	<u>Bike</u>			<u>Tran 2</u>	<u>Run</u>		<u>Total</u>		
<u>Overall</u>	<u>Place</u>				<u>Rnk</u>	<u>Time</u>		<u>Pace</u>	<u>Time</u>	<u>Rnk</u>		<u>Time</u>	<u>Rate</u>		<u>Rnk</u>	<u>Time</u>
1	1	Paul Raynes	260	0	1	26:52.5	17:55	0:33.6	1	1:11:44.6	20.7	0:23.1	1	36:22.2	5:52	2:15:56.0

Race Date
June 29, 2013

2013 Gull Lake Triathlon

Age Group Results

Relay Team

Female 0-99

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	5	Laura Purol	256	0	1	32:18.2	21:32	0:36.8	1	1:26:54.2	17.1	0:30.4	1	1:04:02.9	10:20	3:04:22.5

Male 0-99

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	3	Jack Walker	257	0	2	40:33.3	27:02	0:43.1	1	1:16:10.3	19.5	0:30.9	2	49:51.9	8:02	2:47:49.5
2	4	Travis Bugh	259	0	3	45:38.3	30:25	1:08.3	2	1:17:44.0	19.1	0:26.2	1	49:27.0	7:59	2:54:23.8
3	6	Dan Bengele	258	0	1	39:04.4	26:03	0:40.9	3	1:43:05.9	14.4	0:31.6	3	54:59.5	8:52	3:18:22.3

Race Date
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2013 Gull Lake Triathlon

Age Group Results

Duathlon

Female Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	3	Kathy Griffin	90	50	1	22:01.9	7:06	1:13.8	1	1:18:48.5	18.9	1:16.7	1	47:22.0	7:38	2:30:42.9

Male Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	1	Guy Petruzzelli	185	40	1	18:42.5	6:02					1:09:28.7	1	40:01.7	6:27	2:07:55.8

Female Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	11	Lisa Schreiner	204	48	1	25:02.6	8:05	3:01.4	1	1:30:05.0	16.5	2:36.3	1	54:44.5	8:50	2:55:29.8

Male Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	2	Chuck Brenner	27	42	1	22:12.4	7:10	0:48.6	1	1:14:53.3	19.9	0:27.9	1	48:37.5	7:50	2:26:59.7

Race Date
June 29, 2013

2013 Gull Lake Triathlon

Age Group Results

Duathlon

Female 0-99

Place					----- Run -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	6	Elaine Sheikh	209	19	2	21:51.2	7:03	0:49.6	2	1:26:44.8	17.2	0:50.6	1	45:59.8	7:25	2:36:16.0
2	8	Sarah Yetter	250	38	3	23:36.6	7:37	1:34.1	1	1:24:02.8	17.7	0:56.2	3	50:09.4	8:05	2:40:19.1
3	9	Bridget Griffioen	91	33	1	21:50.2	7:03	1:26.5	3	1:27:16.0	17.1	1:22.5	2	49:53.8	8:03	2:41:49.0
4	13	Catherine Salome	197	44	4	24:35.7	7:56	1:45.4	6	1:37:11.5	15.3	1:31.4	5	59:12.6	9:33	3:04:16.6
5	14	Michelle Braymer	24	33	6	28:50.5	9:18	1:00.6	4	1:32:50.1	16.0	2:00.4	7	1:01:08.0	9:52	3:05:49.6
6	15	Caren Braymer	25	62	7	28:51.0	9:18	1:02.7	5	1:32:56.3	16.0	1:53.6	6	1:01:06.1	9:51	3:05:49.7
7	16	Christine Hassing	102	45	5	28:10.7	9:05	1:00.0	7	1:38:53.9	15.0	0:39.2	4	59:09.0	9:32	3:07:52.8

Male 0-99

Place					----- Run -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	4	Trayton Jordan	124	46									7	2:31:09.0	24:23	2:31:09.0
2	5	Jim Praeger	187	46	1	21:29.8	6:56	1:36.5	3	1:22:57.3	17.9	1:45.1	1	45:30.4	7:20	2:33:19.1
3	7	Bill Gephart	82	57	3	23:38.4	7:37	1:33.4	2	1:20:42.4	18.4	1:52.2	2	48:47.5	7:52	2:36:33.9
4	10	Matt Gunderson	94	36	4	24:37.3	7:56	0:56.2	1	1:16:29.8	19.5	1:51.6	3	58:07.6	9:22	2:42:02.5
5	12	Arya Jayatilaka	121	54	2	22:35.5	7:17	1:23.4	5	1:36:22.6	15.4	1:16.0	4	1:00:18.6	9:44	3:01:56.1
6	17	Nhoel Cruz	53	33	5	28:01.8	9:02	1:27.3	4	1:24:32.1	17.6	1:57.9	5	1:12:24.1	11:41	3:08:23.2
7	18	Ivan Tanap	223	29	6	34:02.9	10:59	2:20.5	6	1:47:01.8	13.9	2:37.6	6	1:27:06.2	14:03	3:53:09.0

Race Date
June 29, 2013

2013 Gull Lake Triathlon

Age Group Results

Aqua Bike

Female Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Total Time</u>
1	1	Kathy Kirk	134	58	1	26:49.1	17:53	1:27.5					1	1:07:07.6	22.2	1:35:24.2

Male Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Total Time</u>
1	2	Chris Baker	9	18	1	24:06.6	16:04	2:09.4					1	1:14:00.3	20.1	1:40:16.3

Female Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Total Time</u>
1	11	Leslie Scheffers	199	49	1	39:07.8	26:05	1:35.9					1	1:17:34.9	19.2	1:58:18.6

Male Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Total Time</u>
1	3	Thomas Keizer	127	55	1	30:40.0	20:27	1:46.6					1	1:11:29.3	20.8	1:43:55.9

Race Date
June 29, 2013

2013 Gull Lake Triathlon

Age Group Results

Aqua Bike

Female 0-99

Place		Name	Bib No	Age	Swim		Tran 1				Bike		Total	
Place	Overall				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time
1	8	Jenna Eckart	68	36	3	31:06.5	20:44	1:14.8			2	1:21:00.2	18.4	1:53:21.5
2	13	Loretta Holmes	108	47	7	41:19.2	27:33	1:08.3			1	1:16:42.0	19.4	1:59:09.5
3	14	Michele Kolin	138	22	2	26:45.6	17:50	2:05.2			6	1:30:58.3	16.4	1:59:49.1
4	16	Dawn Banner	12	44	4	33:26.9	22:17	3:01.7			3	1:27:15.0	17.1	2:03:43.6
5	19	Kristina Cobeen	48	38	8	41:20.1	27:33	2:38.8			4	1:29:04.0	16.7	2:13:02.9
6	20	Amy Colby	49	38	5	39:43.9	26:29	3:10.1			5	1:30:15.7	16.5	2:13:09.7
7	21	Kathy Benoit	18	54	6	39:49.2	26:33	2:47.2			7	1:40:50.1	14.8	2:23:26.5
8	22	Jenny Gill	84	41	1	9:58.3	6:39	22:47.7			10	1:55:32.7	12.9	2:28:18.7
9	23	Lauren Tripp	227	31	10	48:37.4	32:25	2:54.1			8	1:42:23.5	14.5	2:33:55.0
10	24	Amanda Platzer	186	34	9	44:56.5	29:57	4:44.4			9	1:45:04.2	14.2	2:34:45.1

Male 0-99

Place		Name	Bib No	Age	Swim		Tran 1				Bike		Total	
Place	Overall				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time
1	4	Ed Maring	155	54	4	30:37.1	20:25	1:55.0			2	1:14:44.1	19.9	1:47:16.2
2	5	Brett Hanson	99	18	5	31:24.3	20:56	2:37.3			3	1:16:05.5	19.6	1:50:07.1
3	6	Ken Salome	198	50	7	36:00.7	24:00	2:10.9			1	1:12:11.4	20.6	1:50:23.0
4	7	c.j. basler	14	59	2	30:11.1	20:07	2:45.0			6	1:20:17.8	18.5	1:53:13.9
5	9	Thomas Mellinger	165	40	6	34:56.8	23:17	2:04.7			5	1:18:52.4	18.9	1:55:53.9
6	10	Andy Baker	10	48	10	39:11.6	26:07	1:09.4			4	1:16:21.9	19.5	1:56:42.9
7	12	Garry Mattox	159	63	8	36:11.3	24:07	1:20.0			7	1:20:55.1	18.4	1:58:26.4
8	15	Brendan Max	160	45	3	30:21.4	20:14	2:09.6			9	1:28:11.5	16.9	2:00:42.5
9	17	Dennis Tuckowski	228	33	9	36:30.7	24:20	3:22.0			8	1:24:25.9	17.6	2:04:18.6
10	18	Mike Parry	181	40	1	28:28.8	18:59	2:02.2			10	1:36:29.7	15.4	2:07:00.7

Race Date
June 29, 2013

2013 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Female Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	6	Megan James	118	42	1	23:41.4	15:47	0:46.9	1	1:14:11.3	20.1	0:36.3	1	41:25.4	6:41	2:20:41.3

Male Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	1	Jody Williford	246	42	1	26:29.6	17:39	0:46.2	1	1:05:26.2	22.7	0:36.4	1	37:42.5	6:05	2:11:00.9

Female Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	10	Carol Gephart	83	57	1	26:37.9	17:45	0:53.5	1	1:10:41.8	21.1	0:36.3	1	45:35.1	7:21	2:24:24.6

Male Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	2	Todd Briggs	30	50	1	23:06.6	15:24	0:43.2	1	1:06:23.3	22.4	0:30.1	1	43:33.6	7:01	2:14:16.8

Race Date
June 29, 2013

2013 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Male 17 to 19

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	8	Zak Arrington	7	19	1	34:25.3	22:57	1:02.7	1	1:07:13.3	22.1		1	40:39.0	6:33	2:23:20.3

Male 20 to 24

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	23	Bryan Den Hollander	61	23	2	32:45.8	21:50	1:57.2	1	1:16:59.0	19.3	1:11.2	1	42:28.1	6:51	2:35:21.3
2	35	Kevin Steen	217	24	1	29:38.2	19:45	2:22.2	2	1:22:03.3	18.1	1:15.8	2	48:34.9	7:50	2:43:54.4

Female 25 to 29

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	22	Kristina Navas	172	25	1	26:31.4	17:41	1:27.5	1	1:17:42.7	19.2	0:47.0	1	48:10.8	7:46	2:34:39.4
2	46	Kelly Janowski	119	29	3	31:41.1	21:07	1:37.5	3	1:25:04.9	17.5	1:34.4	2	52:40.2	8:30	2:52:38.1
3	59	Melissa Navas	173	29	2	27:36.0	18:24	1:46.4	2	1:24:10.0	17.7	1:24.1	4	1:03:32.1	10:15	2:58:28.6
4	70	Laura Briley	31	26	5	45:32.6	30:21	1:27.0	4	1:33:17.1	16.0	1:24.1	3	54:07.1	8:44	3:15:47.9
5	74	Rebecca Lillie	145	28	4	37:59.0	25:19	4:10.0	5	1:34:48.3	15.7	0:52.8	5	1:09:04.3	11:08	3:26:54.4

Male 25 to 29

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	38	Robert Easterday	66	29	1	36:55.8	24:37	1:19.0	1	1:15:23.2	19.7	1:12.8	1	51:02.4	8:14	2:45:53.2

Race Date
June 29, 2013

2013 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Male 25 to 29

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
2	75	Brent Zahn	253	25	2	38:21.4	25:34	3:22.1	2	1:32:31.2	16.1	1:10.0	2	1:13:13.3	11:49	3:28:38.0

Female 30 to 34

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	54	Megan Grunert	92	31	1	26:35.0	17:43	1:07.0	1	1:30:08.7	16.5	0:55.7	2	57:25.8	9:16	2:56:12.2
2	67	Heather Rose Otto	180	34	2	41:12.8	27:28	1:53.8	2	1:35:17.8	15.6	1:12.1	1	51:34.7	8:19	3:11:11.2

Male 30 to 34

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	3	Christopher Gregory	89	33	1	24:55.4	16:37	1:14.5	4	1:14:26.3	20.0	0:49.1	1	36:22.3	5:52	2:17:47.6
2	14	Eric Shaffer	207	31	3	30:33.4	20:22	1:22.9	3	1:13:52.6	20.1	1:01.1	2	40:55.1	6:36	2:27:45.1
3	15	Gavin Ferlic	74	32	4	31:11.7	20:47	1:55.4	1	1:10:39.1	21.1	1:12.7	3	43:44.0	7:03	2:28:42.9
4	25	Jay Wardell	236	34	2	27:32.0	18:21	1:40.1	2	1:13:11.3	20.3	1:19.3	6	53:01.5	8:33	2:36:44.2
5	36	Jesse Yeager	249	33	7	37:12.6	24:48	1:51.2	7	1:17:38.6	19.2	0:48.5	4	46:54.5	7:34	2:44:25.4
6	41	Christopher Sharrock	208	31	5	32:30.7	21:40	1:37.6	6	1:17:35.9	19.2	1:07.7	8	55:10.8	8:54	2:48:02.7
7	44	TIM HARDIN	100	34	6	36:13.3	24:09	2:30.4	5	1:15:20.8	19.8	1:37.3	9	56:31.0	9:07	2:52:12.8
8	50	Gareth Beaty	15	33	8	37:54.9	25:16	2:31.9	8	1:20:34.4	18.5	1:22.3	5	51:49.0	8:21	2:54:12.5
9	63	Zach Novak	174	31	9	39:44.5	26:29	1:39.1	9	1:21:53.9	18.2	1:28.9	10	1:00:30.3	9:45	3:05:16.7
10	71	Matt Webster	239	31	10	45:59.8	30:39	3:41.0	10	1:33:42.0	15.9	2:00.8	7	53:14.4	8:35	3:18:38.0

Race Date
June 29, 2013

2013 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Female 35 to 39

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	49	Nikki Gates	81	38	2	36:48.9	24:32	1:20.0	2	1:20:48.3	18.4	0:36.4	1	54:25.4	8:47	2:53:59.0
2	55	Kelly Conway	51	39	1	33:12.0	22:08	1:13.9	1	1:17:04.5	19.3	1:23.0	3	1:04:07.5	10:20	2:57:00.9
3	73	Jennifer Weber	238	35	3	47:32.8	31:41	3:37.5	3	1:33:08.9	16.0	1:57.6	2	59:53.2	9:40	3:26:10.0

Male 35 to 39

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	9	James Dalton	54	39	1	29:43.5	19:49	1:11.5	1	1:08:34.7	21.7	0:56.0	1	43:38.3	7:02	2:24:04.0
2	16	Ian Kurth	139	39	3	33:35.3	22:23	1:09.7	2	1:10:09.4	21.2	0:59.8	2	44:06.3	7:07	2:30:00.5
3	28	Eugene Haas	96	37	5	35:08.4	23:25	1:48.1	3	1:14:00.7	20.1	0:56.3	3	45:47.2	7:23	2:37:40.7
4	40	mickey trimner	225	38	4	34:16.4	22:51	1:55.8	4	1:17:56.9	19.1	1:15.3	4	50:54.0	8:13	2:46:18.4
5	56	Josh White	241	39	2	33:29.0	22:19	1:24.3	6	1:20:28.1	18.5	1:25.1	5	1:00:51.4	9:49	2:57:37.9
6	66	Jeffrey Rogers	194	39	6	39:01.5	26:01	1:36.7	5	1:20:16.2	18.5	1:39.0	6	1:07:02.5	10:49	3:09:35.9

Female 40 to 44

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	11	Angie O'Brien	176	42	1	29:05.2	19:23	1:08.7	1	1:08:40.5	21.7	0:52.4	1	45:32.8	7:21	2:25:19.6
2	27	Kristina Caterino	38	44	2	29:25.6	19:37	1:47.8	2	1:18:49.3	18.9	0:38.0	2	46:54.7	7:34	2:37:35.4
3	72	Cara Smith	215	44	4	51:39.0	34:26	2:20.1	3	1:22:03.6	18.1	1:31.3	3	1:05:22.7	10:33	3:22:56.7
4	78	Nicole Balderas	11	40	5	53:06.8	35:24	2:14.1	5	1:48:59.7	13.7	1:48.4	4	1:08:00.0	10:58	3:54:09.0

2013 Gull Lake Triathlon

Age Group Results

Olympic Triathlon

Race Date

June 29, 2013

Male 40 to 44

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	7	Ron Pelak	184	44	5	33:59.9	22:39	0:51.7	1	1:05:07.6	22.9	0:39.7	2	40:52.9	6:35	2:21:31.8
2	12	Joe Cantwell	35	44	3	30:09.1	20:06	1:18.4	2	1:11:36.8	20.8	1:21.9	3	42:21.2	6:50	2:26:47.4
3	17	Sean Sullivan	221	42	2	30:02.5	20:01	2:07.0	3	1:11:49.3	20.7	1:25.2	4	45:20.5	7:19	2:30:44.5
4	29	John Hubbard	115	40	7	34:58.4	23:19	2:00.4	7	1:20:11.8	18.6	1:07.4	1	39:27.7	6:22	2:37:45.7
5	30	Keith Cater	37	44	1	28:17.3	18:51	1:33.8	4	1:14:33.5	20.0	1:14.6	11	53:10.8	8:35	2:38:50.0
6	34	Glen Dickinson	63	43	8	35:10.8	23:27	1:26.9	5	1:17:09.9	19.3	0:59.7	6	49:06.6	7:55	2:43:53.9
7	39	Jay Garside	79	43	4	30:28.7	20:19	2:18.3	8	1:20:17.8	18.5	1:53.0	8	51:03.0	8:14	2:46:00.8
8	42	Chris Holzer	111	44	6	34:44.2	23:09	1:55.1	6	1:18:49.3	18.9	1:12.4	10	51:45.0	8:21	2:48:26.0
9	48	Jon Hess	105	40	10	37:35.7	25:03	2:20.7	10	1:21:20.5	18.3	1:43.9	7	50:26.3	8:08	2:53:27.1
10	52	Daniel Launt	142	42	9	36:56.9	24:37	3:57.4	9	1:20:45.9	18.4	2:24.5	9	51:22.6	8:17	2:55:27.3
11	57	Gil Fernandez	75	42	11	40:11.5	26:47	1:00.2	11	1:27:16.5	17.1	1:14.6	5	48:31.1	7:50	2:58:13.9

Female 45 to 49

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	32	Carol Reiss	191	45	1	30:35.9	20:23	1:57.0	1	1:17:07.7	19.3	0:53.6	2	50:08.0	8:05	2:40:42.2
2	43	Erica Ehrlichman	70	47	2	35:42.8	23:48	1:37.3	5	1:25:02.4	17.5	1:11.5	1	47:10.0	7:36	2:50:44.0
3	47	Colleen Valkema	229	47	5	39:51.9	26:34	1:20.7	2	1:19:17.7	18.8	0:57.2	3	51:45.5	8:21	2:53:13.0
4	60	JoAnn Kennedy	129	47	3	39:21.3	26:14	2:00.5	3	1:22:41.8	18.0	1:15.2	4	54:02.3	8:43	2:59:21.1
5	65	Marianne Leduc-Baker	143	46	4	39:46.7	26:31	2:06.1	4	1:23:10.4	17.9	1:46.6	5	1:00:35.4	9:46	3:07:25.2
6	68	Gayle Majeske	151	45	6	40:51.2	27:14	0:52.6	6	1:28:12.6	16.9	1:42.5	6	1:01:42.8	9:57	3:13:21.7

Race Date
June 29, 2013

2013 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Male 45 to 49

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	21	Mark Herrell	104	45	1	28:03.0	18:42	1:22.9	3	1:15:24.0	19.7	1:15.0	1	48:10.7	7:46	2:34:15.6
2	24	Don Payerle	183	49	3	30:56.7	20:37	1:44.7	2	1:12:19.5	20.6	0:50.6	2	49:51.8	8:02	2:35:43.3
3	45	Jeff Arnold	6	47	5	34:49.5	23:13	1:03.6				1:22:35.7	4	54:06.7	8:44	2:52:35.5
4	51	William Gust	95	49	4	34:32.7	23:01	2:51.3	5	1:22:58.5	17.9	2:22.0	3	52:07.9	8:24	2:54:52.4
5	58	John Marshall	158	45	6	35:34.9	23:43	2:59.2	4	1:19:14.2	18.8	2:10.7	5	58:21.1	9:25	2:58:20.1
6	62	Craig Marsh	157	47	2	29:59.4	19:59	2:05.7	6	1:27:58.2	16.9	0:40.5	6	1:01:51.2	9:59	3:02:35.0

Female 50 to 54

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	31	Kathy Garvin	80	53	2	32:01.2	21:21	1:20.1	1	1:18:21.8	19.0	0:47.5	1	47:21.7	7:38	2:39:52.3
2	53	Julie Allen	3	51	1	30:59.2	20:39	2:30.7	2	1:29:31.0	16.6	1:24.8	2	51:34.8	8:19	2:56:00.5

Male 50 to 54

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	4	Glen Kellam	128	53	1	26:04.2	17:23	1:23.4	1	1:05:18.4	22.8	1:02.9	2	44:00.2	7:06	2:17:49.1
2	5	Jim Stubbs	219	51	5	29:43.6	19:49	1:18.1	2	1:06:21.2	22.4	0:52.2	1	42:03.9	6:47	2:20:19.0
3	13	Rob Grainger	86	50	4	27:28.5	18:19	2:02.2	3	1:09:33.0	21.4	0:42.4	3	47:31.6	7:40	2:27:17.7
4	19	Timothy Clore	47	53	3	26:19.4	17:33	1:48.5	6	1:14:30.2	20.0	0:44.1	4	49:07.9	7:55	2:32:30.1
5	20	Kevin Cleary	45	53	2	26:08.4	17:25	1:17.3	4	1:12:42.1	20.5	1:59.4	7	51:35.9	8:19	2:33:43.1
6	33	John Schuler	205	51	6	32:42.5	21:48	1:21.8	5	1:13:12.4	20.3	2:00.6	6	51:33.0	8:19	2:40:50.3
7	37	Don Wilson	247	51	7	35:57.5	23:58	2:25.6	7	1:17:36.6	19.2		5	49:37.7	8:00	2:45:37.4

Race Date
June 29, 2013

2013 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Female 55 to 59

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	76	Debi Steward	218	57	1	51:05.9	34:03	3:34.3	1	1:31:05.3	16.3	0:53.7	1	1:07:52.7	10:57	3:34:31.9

Male 55 to 59

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	18	james henderson	103	59	3	30:41.0	20:27	1:00.0	1	1:12:28.8	20.5	0:50.3	1	46:17.9	7:28	2:31:18.0
2	26	John R Wagner	234	57	2	28:47.7	19:11	1:20.5	2	1:13:58.7	20.1	0:35.9	2	52:07.3	8:24	2:36:50.1
3	61	Jeff Jones	123	57	4	32:23.1	21:35	2:25.4	3	1:25:10.4	17.5	1:34.5	4	58:39.0	9:28	3:00:12.4
4	64	Doug Kennedy	130	56	5	34:19.6	22:53	1:52.4	4	1:30:43.7	16.4	1:37.1	3	58:37.0	9:27	3:07:09.8
5	69	Chris O'Leary	177	58	6	35:43.9	23:49	4:06.8	5	1:33:52.9	15.9	2:01.4	5	59:36.9	9:37	3:15:21.9
6	77	Ken Davis	59	56	7	49:18.5	32:52	4:34.4	6	1:42:22.2	14.5	3:55.0	6	1:10:58.9	11:27	3:51:09.0