

# 2013 Grape Lake 5K

## Age Group Results

Race Date  
September 07, 2013

**Run**

### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Ashlyn Mauer		6907	22	3	17:32.4	17:32.7	5:39/M

### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Donald Richmond	Portland	6682	28	1	16:22.1	16:22.7	5:17/M

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no age provided

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Unknown Partic. 6975		6975		2	17:20.7	17:20.7	5:35/M	
2	* Unknown Partic. 1932		1932		448	34:15.2	35:03.7	11:03/M	
3	* Unknown Partic. 1931		1931		465	35:03.4	35:03.4	11:18/M	
4	Doug Newnum		6920	0	500	36:29.8	36:36.5	11:46/M	
5	Unknown Partic. 756		756		602	46:28.5	47:21.8	14:59/M	
6	Unknown Partic. 1974		1974		628	1:09:26.2	1:09:26.2	22:24/M	

Female 1 to 10

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Emma Koppers		6878	10	202	28:11.6	28:20.9	9:05/M	
2	* Addison Modderman	Lawton	6615	9	316	30:39.6	31:10.0	9:53/M	
3	* Ella Luke	Portage	6581	10	398	32:34.5	35:01.4	10:30/M	
4	Zoe Caron	Paw Paw	6386	9	412	33:06.9	33:21.5	10:41/M	
5	Megan Moore	Lawrence	6621	9	413	33:09.7	33:42.6	10:42/M	
6	Mikaela Cowgill	Hartford	6403	7	431	33:49.3	33:58.5	10:55/M	
7	Maria Long	Marcellus	6576	9	444	34:09.4	34:49.8	11:01/M	
8	Lillian Fulcher	Paw Paw	6844	10	462	34:57.8	35:23.5	11:16/M	
9	Rachel Klepser	Kalamazoo	6548	10	485	35:55.7	36:29.5	11:35/M	
10	Sarah Nondorf	Lawton	6834	10	490	36:03.4	36:40.9	11:38/M	
11	Abby Moench	Bangor	6616	10	492	36:13.2	36:21.1	11:41/M	
12	Autum Seceast	paw paw	6715	9	544	39:43.3	40:43.2	12:49/M	
13	Grace Nondorf	Lawton	6835	8	606	49:20.3	49:57.3	15:55/M	
14	Madison VanDoren	Paw Paw	6783	9	615	53:00.7	53:20.7	17:06/M	

Male 1 to 10

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Brian Barbarini	Mattawan	6321	10	177	27:14.7	27:28.6	8:47/M	
2	* Justin Lang	Mattawan	6869	9	186	27:38.8	28:00.2	8:55/M	
3	* Alex Lin	Kalamazoo	6570	10	198	28:03.9	28:22.1	9:03/M	
4	Elijah Reed	Battle Creek	6673	10	209	28:23.8	28:55.5	9:09/M	
5	Alex Foune	Gobles	6440	8	253	29:13.7	29:28.4	9:25/M	
6	Andrew Williams	mattawan	6813	7	323	30:48.0	31:09.1	9:56/M	
7	Micah Flanagan	Paw Paw	6436	10	391	32:17.3	32:49.7	10:25/M	
8	Andrew Klepser	Kalamazoo	6546	8	417	33:26.7	33:59.9	10:47/M	
9	Jacob Nondorf	Lawton	6831	8	541	39:04.6	39:43.5	12:36/M	
10	Andrew Barbarini	Mattawan	6320	8	579	43:07.1	43:20.7	13:55/M	
11	Spencer Meachum	Hartford	6601	9	610	51:01.0	51:22.7	16:27/M	
12	Owen Bishop	Vicksburg	6346	9	614	52:23.8	53:14.1	16:54/M	

Female 11 to 14

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Peyton Witt		6953	12	34	20:57.2	20:57.9	6:45/M	
2	* Alissa Waite	Lawton	6789	13	65	22:51.5	22:56.9	7:22/M	
3	* Ashlyn Gerencer	Kalamazoo	6459	13	223	28:38.5	29:14.9	9:14/M	
4	Alexandria Moench	Bangor	6617	12	285	29:57.6	30:04.7	9:40/M	
5	Olivia Price		6918	12	287	29:58.6	30:05.7	9:40/M	
6	Sadey Huizing		6950	11	345	31:19.5	31:56.7	10:06/M	
7	Rachel Webb	allegan	6796	11	439	34:01.8	34:01.8	10:58/M	
8	Brianna Stanard	Lawrence	6741	11	469	35:11.9	35:30.9	11:21/M	
9	Alysha Strasser	Kalamazoo	6750	13	470	35:11.9	36:10.5	11:21/M	
10	Sarah Klepser	Kalamazoo	6549	14	484	35:54.3	36:28.5	11:35/M	
11	MaKayla Hoffman	portage	6510	11	494	36:21.4	36:37.8	11:44/M	
12	Sydney Baugh	Lawton	6328	12	546	40:05.1	40:59.5	12:56/M	
13	Elyssa Stanard	Lawrence	6742	11	594	45:18.2	45:37.5	14:37/M	
14	Ana Luisa Pinto	Kalamazoo	6653	11	623	57:03.5	57:57.7	18:24/M	

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**Run**

## Male 11 to 14

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Lewis Tate		6931	14	8	18:52.6	18:53.5	6:05/M		
2	* james phelps	lawton	6652	13	20	19:58.9	20:04.1	6:26/M		
3	* Kyle Downard	Paw Paw	6422	13	50	21:53.4	21:57.7	7:04/M		
4	Max Rathburn	Portage	6671	12	62	22:20.9	22:33.1	7:12/M		
5	Carson Finch		6884	13	70	23:12.5	23:14.9	7:29/M		
6	Joey Hardester	Grand Junction	6491	12	77	23:23.7	23:26.2	7:33/M		
7	Benjamin Greiner	Bangor	6475	13	81	23:27.3	23:29.7	7:34/M		
8	Garret Lennen	Paw Paw	6564	13	87	23:50.9	23:57.7	7:41/M		
9	Sean McLaughlin	Paw Paw	6853	12	100	24:14.0	24:20.3	7:49/M		
10	Zachary Grear	Lawton	6473	13	107	24:28.7	24:36.7	7:54/M		
11	Caleb Billings	Kalamazoo	6341	11	112	24:46.8	25:21.4	7:59/M		
12	Steven Lockwood	Paw Paw	6575	12	123	25:01.0	25:19.5	8:04/M		
13	Collin Bennett	Paw Paw	6335	14	144	25:54.1	25:54.1	8:21/M		
14	Harry Bishop	Vicksburg	6344	13	163	26:43.3	27:31.9	8:37/M		
15	Justin Smith		6886	14	195	28:00.5	28:09.2	9:02/M		
16	Alec Williams	Mattawan	6811	14	246	29:02.8	29:21.4	9:22/M		
17	Brendan Pellerito	Kalamazoo	6648	11	353	31:25.5	31:46.6	10:08/M		
18	Noah Nondorf	Lawton	6832	11	379	32:04.7	32:42.2	10:21/M		
19	Isaac Valk	Paw Paw	6779	14	382	32:08.1	32:40.9	10:22/M		
20	Chris Lin	Kalamazoo	6572	12	404	32:49.8	33:08.6	10:35/M		
21	Sam Rice		6924	12	451	34:19.8	34:22.6	11:04/M		
22	Caleb Jackson		6925	11	452	34:20.9	34:23.7	11:05/M		
23	Matthew Brusach	Paw Paw	6373	13	504	36:51.1	37:11.7	11:53/M		
24	Brandon Mroczek	Mattawan	6626	13	509	37:05.9	37:26.2	11:58/M		
25	Matthew Mroczek	Mattawan	6627	13	513	37:12.1	37:12.1	12:00/M		
26	Ethan Reed	Battle Creek	6674	13	566	41:34.9	42:06.8	13:25/M		
27	Brandon Huizing		6951	11	592	44:48.9	45:28.7	14:27/M		
28	Cyrus Bishop	Vicksburg	6343	11	613	52:22.8	53:13.7	16:54/M		
29	Chris Miller	Lawton	6607	13	626	1:03:20.7	1:04:02.2	20:26/M		

## Female 15 to 19

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Alissa Frazee	Watervliet	6444	17	13	19:26.9	19:26.9	6:16/M		
2	* Anna Frazee	Watervliet	6445	15	31	20:36.3	20:39.3	6:39/M		
3	* Abby White	Paw Paw	6803	19	155	26:17.9	26:39.8	8:29/M		
4	Abbie Goldberg	Paw Paw	6466	18	161	26:38.2	26:47.9	8:35/M		
5	Courtney Wilton	Mattawan	6841	17	204	28:12.6	28:29.4	9:06/M		
6	Katelyn Brusach	Paw Paw	6372	15	215	28:31.3	28:51.2	9:12/M		
7	Kelsea Foune	Paw Paw	6439	16	252	29:11.6	29:26.4	9:25/M		
8	Alex Hoch	Covert	6506	17	286	29:58.2	30:07.2	9:40/M		
9	Katalina Anderson	O'Fallon	6306	19	295	30:16.0	30:27.6	9:46/M		
10	Shannon Patterson	Paw Paw	6646	19	358	31:34.2	31:34.2	10:11/M		
11	Julia Saunders	Mattawan	6706	15	365	31:53.3	32:00.5	10:17/M		
12	Amanda Korteway	Paw Paw	6554	18	378	32:03.0	32:18.0	10:20/M		
13	Macy Nielsen	Lawton	6633	19	386	32:12.7	32:48.5	10:23/M		
14	Madison Braunz	grand junction	6359	16	389	32:16.0	32:52.5	10:25/M		
15	Ashley Greenleaf	Kalamazoo	6474	15	395	32:22.2	32:51.7	10:26/M		
16	Emily Bus	Grand Junction	6379	16	458	34:41.6	34:56.9	11:11/M		
17	Brenna McCarthy	Allegan	6592	16	478	35:39.9	35:56.7	11:30/M		
18	Kiara Danielle Trinidad	Lawton	6858	16	567	41:39.9	42:27.3	13:26/M		
19	Kristin Fuller	Kalamazoo	6450	16	584	44:02.9	44:28.7	14:12/M		
20	august jarzambek	portage	6523	15	596	45:59.2	45:59.2	14:50/M		

## Male 15 to 19

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Michael Szczepanski	Highland	6762	19	6	18:36.4	18:37.1	6:00/M		
2	* Jackson Smith	Paw Paw	6732	16	15	19:33.4	19:34.7	6:18/M		
3	* Michael Szczepanski	Highland	6763	19	21	20:03.2	20:03.9	6:28/M		
4	Erik Schulte	Kalamazoo	6712	15	60	22:19.5	22:39.4	7:12/M		
5	Patrick McCaw	Mattawan	6862	17	63	22:25.6	22:29.8	7:14/M		
6	Bailey Rose	Paw Paw	6697	16	72	23:16.8	23:18.1	7:30/M		
7	Caleb Cole		6960	18	104	24:22.9	24:37.4	7:52/M		
8	Zac Quigley	Coloma	6667	15	141	25:44.6	26:02.7	8:18/M		
9	Drew Alber		6971	15	520	37:23.9	37:36.9	12:04/M		

## 2013 Grape Lake 5K

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Race Date  
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Run

## Female 20 to 24

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Nicole Crafts	Paw Paw	6864	22	88	23:51.2	24:12.4	7:42/M
2	* Sonny Gast	Lansing	6866	23	101	24:15.7	24:15.7	7:49/M
3	* Amanda Goldberg	Portage	6467	23	121	25:00.7	25:00.7	8:04/M
4	Jessica Russell	Kalamazoo	6703	21	124	25:05.5	25:11.7	8:05/M
5	Heather Hanley	Kalamazoo	6490	24	131	25:33.2	25:36.9	8:15/M
6	Kara Pelfresne		6961	22	171	26:53.8	26:57.7	8:40/M
7	Elizabeth Dupuis	Mattawan	6424	21	179	27:23.7	27:41.3	8:50/M
8	Lori Karsen	Lawton	6534	24	182	27:30.6	27:30.6	8:52/M
9	Chloe Reeves	Lawton	6676	23	218	28:32.3	29:00.9	9:12/M
10	Christina Belniak	Schaumburg	6334	23	250	29:10.5	29:38.6	9:25/M
11	Jenna Fleming		6911	23	260	29:22.7	29:26.6	9:28/M
12	Lisa Wilkey	St. Joseph	6808	20	270	29:33.1	29:33.1	9:32/M
13	Ashley Roberts	Schoolcraft	6692	20	329	30:58.9	31:45.4	9:59/M
14	Justyc Mitchell	Coloma	6614	20	342	31:16.0	31:38.7	10:05/M
15	Kayla Chisholm	Lawton	6389	23	349	31:21.6	32:14.2	10:07/M
16	Monica Toso	Lawton	6775	22	401	32:40.9	32:40.9	10:32/M
17	Meghan Westendorp	Shelbyville	6801	22	418	33:27.0	33:43.6	10:47/M
18	Nicole Beatty	Stevensville	6333	21	535	38:20.0	38:27.9	12:22/M
19	Clarissa Gracia	Mattawan	6472	21	588	44:29.1	44:29.1	14:21/M

## Male 20 to 24

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Merle Ennes		6934	20	18	19:56.7	20:03.3	6:26/M
2	* Collin Peter Welch	Schoolcraft	6799	22	25	20:13.1	20:13.7	6:31/M
3	* Chad LaRowe	South Haven	6560	23	37	21:06.9	21:11.8	6:48/M
4	Robbie Wandell		6923	22	43	21:37.1	21:38.9	6:58/M
5	Bryan Alger	Kalamazoo	6303	21	58	22:15.9	22:20.1	7:11/M
6	Emilio Baker	Kalamazoo	6315	21	61	22:19.7	22:19.7	7:12/M
7	Paul Haynes	Highland	6496	20	68	23:08.6	23:08.6	7:28/M
8	Tyler Foune	Paw Paw	6438	21	113	24:47.6	25:01.4	8:00/M
9	David Reiman	Mattawan	6678	23	587	44:28.2	44:28.2	14:21/M

## Female 25 to 29

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Pam Gordon	Kalamazoo	6469	29	44	21:38.5	21:43.9	6:59/M
2	* Melissa Karsen	Mattawan	6535	29	69	23:10.4	23:10.4	7:28/M
3	* MaryBeth Taylor	Lakeland	6768	29	75	23:23.3	23:26.9	7:33/M
4	Lorelei Grosteffon	Battle Creek	6481	28	89	23:53.5	24:18.7	7:42/M
5	Carey Campbell	Paw Paw	6382	27	92	23:59.9	24:10.7	7:44/M
6	Anne Norberg	Kalamazoo	6634	29	103	24:18.1	24:26.4	7:50/M
7	Caitlyn Zolp	Paw Paw	6828	26	136	25:40.7	25:52.1	8:17/M
8	Mandi Thorpe	Gobles	6771	27	143	25:49.9	25:49.9	8:20/M
9	Patience DeRoo	Paw Paw	6414	26	157	26:32.6	26:45.1	8:34/M
10	Cara Arrans	Chicago	6312	28	191	27:51.3	28:15.7	8:59/M
11	Kaity Stull	Paw Paw	6755	25	197	28:02.7	28:19.1	9:03/M
12	Emily Stull	Paw Paw	6756	25	199	28:05.4	28:05.4	9:04/M
13	Janelle Haselhuhn	Paw Paw	6493	28	214	28:30.9	28:53.4	9:12/M
14	Kirsten Smith	Shelbyville	6730	25	227	28:40.9	28:52.8	9:15/M
15	Julie Bartholomew	Paw Paw	6325	28	275	29:41.0	29:53.7	9:35/M
16	Mary Councell	Paw Paw	6401	27	284	29:56.0	30:39.8	9:39/M
17	Ashley Hill	Kalamazoo	6504	26	293	30:08.3	30:49.7	9:43/M
18	Jess Ciaranino		6901	28	302	30:31.2	30:55.4	9:51/M
19	Jackie Jasper	Homer Glen	6524	26	317	30:42.7	31:05.0	9:54/M
20	Joan Kowalski	Crestwood	6556	27	318	30:43.4	31:05.8	9:55/M
21	Carmen Gasca	Decatur	6456	28	322	30:47.7	30:47.7	9:56/M
22	Emilee Campbell	Paw Paw	6383	25	347	31:20.4	31:20.4	10:06/M
23	Carolyn Schwedler	Kalamazoo	6713	27	351	31:24.8	32:07.2	10:08/M
24	Kimberly Juwong	South Bend	6532	28	355	31:30.5	32:06.4	10:10/M
25	Amelia Barker-King	Mattawan	6323	27	356	31:30.9	32:06.4	10:10/M
26	Tara O'Neill	Kalamazoo	6637	27	375	32:01.5	33:09.1	10:20/M
27	Amanda Losch	Portage	6577	29	376	32:01.7	33:08.9	10:20/M
28	Ellen Girouard	Kalamazoo	6460	26	408	32:55.5	33:11.6	10:37/M
29	Diana Witt	Plainwell	6820	27	432	33:49.7	34:06.5	10:55/M
30	Julia Librizzi	Mattawan	6569	29	435	33:56.6	34:42.5	10:57/M
31	Elanor Riley	PORTAGE	6688	29	446	34:13.7	34:13.7	11:02/M
32	Danielle Romzek	Lawton	6696	27	447	34:14.5	35:47.4	11:03/M

## 2013 Grape Lake 5K

Age Group Results

Race Date  
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Run

## Female 25 to 29

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
33	Marla Alvarez	Portage	6305	25	474	35:28.6	36:01.2	11:26/M	
34	Jessica Soukup	New Lenox	6738	27	477	35:38.4	36:00.8	11:30/M	
35	Alyssa Capovilla	Hartford	6384	26	481	35:47.4	35:47.4	11:33/M	
36	Cristina Miller	Portage	6609	29	486	35:56.2	36:15.6	11:35/M	
37	Rachael Deneau		6905	27	495	36:21.9	36:46.5	11:44/M	
38	Cori TenHarmsel	Caledonia	6769	29	498	36:28.7	36:28.7	11:46/M	
39	Raina Skeels	Kalamazoo	6724	27	505	36:55.7	36:55.7	11:55/M	
40	Denise Katolin Arrans	Fort Washington	6536	26	510	37:06.1	37:06.1	11:58/M	
41	Rachelle Welch	Kalamazoo	6798	25	512	37:07.6	37:40.4	11:58/M	
42	Mindy Owsiany	Lawton	6640	28	570	41:57.7	42:21.2	13:32/M	
43	Najapooja Seeba		6891	25	571	42:08.6	42:08.6	13:35/M	
44	Lisa Truckey	Portage	6777	29	604	46:42.2	46:42.2	15:04/M	
45	Kristin Coffey	Portage	6397	29	607	50:47.3	51:26.0	16:23/M	

## Male 25 to 29

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Chris Reynolds	Saint Clair Shores	6681	29	5	18:17.8	18:19.1	5:54/M	
2	* Brandon VanDusen	Portage	6784	25	19	19:57.7	20:00.1	6:26/M	
3	* Michael Louden	Kalamazoo	6578	25	29	20:32.7	20:35.8	6:37/M	
4	Josh Bridges	Paw Paw	6361	29	35	21:00.5	21:02.4	6:46/M	
5	Graham Barker-King	Lawton	6846	26	38	21:10.6	22:10.1	6:50/M	
6	Jordan Welch	Schoolcraft	6800	27	80	23:26.9	23:27.9	7:34/M	
7	Jason Glidden	South Bend	6462	28	96	24:11.4	24:15.2	7:48/M	
8	Brody Welch	Kalamazoo	6797	25	114	24:48.1	24:51.8	8:00/M	
9	Dan Strife	Chicago	6752	26	149	26:02.4	26:02.4	8:24/M	
10	Greg Schonbok		6929	25	189	27:41.5	27:46.2	8:56/M	
11	Tony Skidmore	Olivet	6725	28	207	28:17.2	28:17.2	9:07/M	
12	Brent Priola	South Elgin	6660	25	272	29:36.2	30:06.4	9:33/M	
13	Ryan Priola	Schaumburg	6661	27	326	30:54.1	31:23.0	9:58/M	
14	Kristopher Lockett-Ollie	Portage	6574	25	468	35:06.4	35:38.7	11:19/M	
15	jay secreast	paw paw	6716	28	517	37:21.7	38:20.6	12:03/M	
16	Joey Fahey	Paw Paw	6427	27	561	41:22.1	42:06.3	13:21/M	

## Female 30 to 34

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Michelle Grevenstuk	Otsego	6476	32	4	18:05.8	18:06.9	5:50/M	
2	* Lauren MacVicar	Kalamazoo	6583	30	7	18:46.3	18:47.4	6:03/M	
3	* Kari Unrath	Hartford	6778	34	95	24:07.3	24:15.7	7:47/M	
4	Jennifer Dobbins	Mattawan	6840	34	102	24:17.3	24:27.4	7:50/M	
5	Anne Mejeur	Decatur	6602	32	109	24:32.5	24:40.7	7:55/M	
6	Maria Klein	Paw Paw	6545	32	125	25:08.2	25:18.9	8:06/M	
7	Michelle Braymer	Portage	6360	32	127	25:15.8	25:15.8	8:09/M	
8	Rebecca Thoreson	kalamazoo	6770	34	139	25:44.3	26:02.4	8:18/M	
9	Crystal Cowgill	Hartford	6402	31	146	25:56.9	26:05.4	8:22/M	
10	Laura Scott	Portage	6714	33	160	26:37.1	26:45.7	8:35/M	
11	Julia Lingbeek	Kalamazoo	6573	33	166	26:47.3	26:54.9	8:38/M	
12	Stacey Masters	Kalamazoo	6587	32	178	27:19.3	27:38.9	8:49/M	
13	Crystal Watson	Niles	6795	34	185	27:36.7	28:24.6	8:54/M	
14	Chris Diggs	kalamazoo	6419	33	206	28:13.2	28:48.1	9:06/M	
15	Sarah Smith	Lawton	6731	33	257	29:21.3	29:45.1	9:28/M	
16	Justine Cullifer	Constantine	6408	33	261	29:22.9	30:09.4	9:28/M	
17	Sarah Hagen	Kalamazoo	6486	31	264	29:25.1	29:44.3	9:29/M	
18	Jessica Ristich	Waterford	6690	30	265	29:27.7	32:20.5	9:30/M	
19	Kendra Lovorn	Paw Paw	6579	34	274	29:40.3	30:30.2	9:34/M	
20	Lyn Wilson	Stevensville	6816	34	277	29:46.7	29:46.7	9:36/M	
21	Dusti Steele		6927	30	304	30:34.5	30:34.5	9:52/M	
22	Kelly Lerdahl	Kalamazoo	6566	32	312	30:39.1	31:03.4	9:53/M	
23	Jennifer Kenyon	Paw Paw	6540	33	313	30:39.1	31:26.9	9:53/M	
24	Holly Musick	coloma	6631	32	314	30:39.2	30:39.2	9:53/M	
25	Melissa Dipert	Portage	6420	30	315	30:39.4	31:03.8	9:53/M	
26	Lindsay Blackmer	Hartford	6347	31	332	31:01.6	32:54.5	10:00/M	
27	Rachel Christian	Otsego	6395	30	334	31:07.1	31:12.0	10:02/M	
28	Kyle Shockley	Kalamazoo	6722	31	339	31:14.8	31:44.4	10:05/M	
29	Season Marinich	Paw Paw	6586	34	350	31:24.8	31:41.3	10:08/M	
30	Stephanie Wilson	Paw Paw	6815	30	361	31:38.4	31:38.4	10:12/M	
31	Stacy Kellum	Byron Center	6538	31	363	31:40.9	31:57.2	10:13/M	

## 2013 Grape Lake 5K

Age Group Results

Run

Race Date  
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## Female 30 to 34

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
32	michelle jaronik	south bend	6522	31	368	31:58.0	32:46.5	10:19/M		
33	Jen Szymczak	Paw Paw	6765	33	369	31:58.0	32:46.2	10:19/M		
34	Shannon Lehew		6952	32	384	32:10.6	32:34.2	10:23/M		
35	Andrea Farber		6880	33	393	32:18.9	32:37.7	10:25/M		
36	Gracie Willbrandt	Decatur	6810	31	397	32:29.4	33:03.2	10:29/M		
37	Brienne Hettinga	Kalamazoo	6500	34	403	32:45.0	33:19.4	10:34/M		
38	Nicole DeJune	Kalamazoo	6413	30	409	32:55.8	33:11.8	10:37/M		
39	Sara Chivington	Grand Rapids	6391	31	414	33:17.4	33:38.7	10:44/M		
40	Betsy Johnson	Kalamazoo	6530	34	419	33:27.5	33:52.5	10:47/M		
41	Katy Flanagan	Paw Paw	6435	31	429	33:42.8	34:17.3	10:52/M		
42	Valorie Owens	Lakeland	6639	32	438	34:00.7	34:44.9	10:58/M		
43	Kelly Lewis		6888	33	442	34:04.2	35:36.2	10:59/M		
44	Amy Russell	Kalamazoo	6702	32	443	34:09.3	35:41.2	11:01/M		
45	Amber Davis	Mattawan	6409	31	456	34:32.7	35:13.2	11:08/M		
46	Erica Hagen	Cuyahoga Falls	6483	30	461	34:48.5	34:48.5	11:14/M		
47	Jesey Davis	Paw Paw	6411	30	483	35:48.1	36:12.7	11:33/M		
48	Jennifer McNeese	Paw Paw	6597	33	489	36:00.8	36:49.6	11:37/M		
49	Lori Schellhamer	Paw Paw	6710	34	502	36:44.4	37:26.6	11:51/M		
50	Kristal Hoffman	portage	6509	33	523	37:28.8	37:44.7	12:05/M		
51	Deniece Schantz	Cassopolis	6707	32	527	37:38.6	38:32.8	12:08/M		
52	Stephanie Klepser	Kalamazoo	6550	30	532	38:12.5	38:47.1	12:19/M		
53	Katie Hoover	plainwell	6512	31	549	40:34.7	40:34.7	13:05/M		
54	Aimee Johnson	Hartford	6529	31	553	40:52.2	40:52.2	13:11/M		
55	Erin Snyder	Paw Paw	6735	32	576	42:43.9	43:05.9	13:47/M		
56	Jen VanDoren	Paw Paw	6782	33	621	55:17.1	55:17.1	17:50/M		

## Male 30 to 34

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Kevin Harrigan		6881	30	14	19:28.7	19:28.7	6:17/M		
2	* Chris DHulster	Kalamazoo	6416	30	16	19:50.9	19:53.4	6:24/M		
3	* Kris McWilliams	Kalamazoo	6599	33	22	20:08.1	20:09.6	6:30/M		
4	brian clements	Portage	6396	31	24	20:12.6	20:14.3	6:31/M		
5	Micheal Ristich	Waterford	6691	30	28	20:31.7	20:41.7	6:37/M		
6	Gary Riggs	Granger	6686	34	48	21:48.7	21:50.9	7:02/M		
7	Jospeh Wiest		6928	30	51	21:57.6	22:02.4	7:05/M		
8	Zachary Wilson	Kalamazoo	6817	32	54	22:12.6	22:12.6	7:10/M		
9	Todd PeÅ±a	Mattawan, MI	6647	32	78	23:24.0	23:31.4	7:33/M		
10	Brandon Lerdaahl	Kalamazoo	6565	33	98	24:12.9	24:36.8	7:48/M		
11	Ryan Hawkins	Kalamazoo	6495	33	99	24:13.7	24:22.8	7:49/M		
12	John Dobbins	Mattawan	6839	34	110	24:35.2	25:19.1	7:56/M		
13	Brian Argo	Portage	6309	34	115	24:50.3	25:01.4	8:01/M		
14	Paul Brown	Kalamazoo	6367	31	122	25:00.9	25:09.8	8:04/M		
15	Daniel Seibert	Paw Paw	6867	34	148	26:00.7	26:00.7	8:23/M		
16	Nathan Christensen	Kalamazoo	6393	30	162	26:38.9	26:44.3	8:35/M		
17	Alonzo Herrera	Hartford	6845	34	174	27:04.8	27:25.9	8:44/M		
18	Chad Mitchell	Paw Paw	6612	32	192	27:56.0	28:41.8	9:01/M		
19	Brad Fuller	Mattawan	6452	33	217	28:32.2	29:14.4	9:12/M		
20	Charles Musick	coloma	6630	32	236	28:46.4	30:37.9	9:17/M		
21	Eric Brusketter	Wyoming	6374	33	238	28:51.6	29:16.4	9:18/M		
22	Ralph Moore	Battle Creek	6622	33	258	29:21.3	29:53.3	9:28/M		
23	Brian VanHusan		6906	30	276	29:43.6	30:04.1	9:35/M		
24	Darrick Gregory		6919	31	288	30:00.4	30:45.9	9:41/M		
25	Casey McKinnon	Kalamazoo	6596	31	297	30:21.1	31:06.8	9:47/M		
26	Ismael Vargas	Lewisville	6785	31	299	30:23.1	30:56.9	9:48/M		
27	Rob Suski	Paw Paw	6760	30	333	31:01.9	31:01.9	10:00/M		
28	Jonathan Swegles	Paw Paw	6852	33	335	31:07.9	31:07.9	10:02/M		
29	Adam Witters		6917	33	346	31:20.0	32:02.2	10:06/M		
30	Francis Bonenfant	South Bend	6352	30	354	31:30.1	32:06.5	10:10/M		
31	David Lewis		6889	34	406	32:53.7	34:32.9	10:36/M		
32	Jim Librizzi	Mattawan	6568	30	436	33:57.3	34:42.7	10:57/M		
33	Matt Davis	Mattawan	6410	33	457	34:39.5	34:39.5	11:11/M		
34	Corey James Vyverman	Lawton	6857	33	562	41:22.6	42:09.8	13:21/M		
35	Nick Owsiany	Lawton	6641	31	569	41:55.1	42:17.7	13:31/M		
36	Jacob Berglin		6916	32	598	46:16.2	46:16.2	14:55/M		

## 2013 Grape Lake 5K

## Age Group Results

Run

Race Date  
September 07, 2013

## Female 35 to 39

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Tracy Argo	Portage	6310	35	33	20:43.8	20:43.8	6:41/M	
2	* Andrea Grootte	Niles	6856	38	52	22:00.9	22:03.9	7:06/M	
3	* Shannon Bereza	New Lenox	6868	35	145	25:54.6	26:07.4	8:21/M	
4	Julie Eilenberg	Kalamazoo	6426	39	151	26:08.1	26:15.4	8:26/M	
5	Emilee Sheets	Paw Paw	6718	36	184	27:35.7	27:35.7	8:54/M	
6	Kimberly Bussema	Parchmount	6381	35	205	28:13.0	28:48.1	9:06/M	
7	Kimberly Wood	Kalamazoo	6823	36	210	28:24.1	28:27.4	9:10/M	
8	Breck Flory		6904	35	225	28:39.5	29:02.8	9:15/M	
9	Melissa Jackson	grand jnction	6520	37	226	28:40.4	28:40.4	9:15/M	
10	Kim Vincek	Decatur	6786	39	247	29:03.4	29:03.4	9:22/M	
11	Kristen Maxwell	Portage	6590	35	248	29:06.7	29:32.9	9:23/M	
12	jennifer spires	hartford	6739	39	249	29:08.7	29:08.7	9:24/M	
13	Bobbie Smith		6872	36	254	29:14.3	29:31.3	9:26/M	
14	Emily Anstadt	saint joseph	6307	37	255	29:15.4	29:58.6	9:26/M	
15	Shelsey Goudzwaard	Bloomingtondale	6471	39	271	29:35.3	29:35.3	9:33/M	
16	Jessica Michael	Paw Paw	6606	35	273	29:37.1	29:50.4	9:33/M	
17	Tonia Riley	Coloma	6687	36	281	29:51.2	30:07.8	9:38/M	
18	Mary Ward	Buchanan	6791	39	283	29:55.1	29:55.1	9:39/M	
19	Mandy Rodriguez	Springfield	6695	38	292	30:08.2	30:26.2	9:43/M	
20	Wendy Pursley	Lawton	6665	35	296	30:18.1	30:49.7	9:46/M	
21	Amanda Remington	Bloomingtondale	6680	35	300	30:28.7	30:44.2	9:50/M	
22	Jodi Leaser	Paw Paw	6563	35	306	30:35.7	31:10.2	9:52/M	
23	Betsy Finch		6883	35	309	30:37.9	30:48.7	9:53/M	
24	Stephanie Baugh	Lawton	6327	36	320	30:46.6	31:27.9	9:55/M	
25	Shawn Knash		6914	35	328	30:57.0	31:34.6	9:59/M	
26	Sarah Curry	Paw Paw	6829	38	336	31:09.0	31:49.7	10:03/M	
27	Shannon Pfau	Kalamazoo	6651	36	338	31:11.8	31:43.7	10:04/M	
28	Kim Wetherill	Paw Paw	6802	37	352	31:25.0	31:41.1	10:08/M	
29	Danielle Lucas	Dowagiac	6580	37	357	31:32.3	32:03.1	10:10/M	
30	Erica Stratton	Mattawan	6751	37	364	31:50.6	32:05.7	10:16/M	
31	Josephine Hardester	Grand Junction	6492	38	372	31:59.4	32:11.9	10:19/M	
32	Tammy Criger	mattawan	6406	35	380	32:06.4	32:50.7	10:21/M	
33	Sandy Boothby	Paw Paw	6865	35	381	32:07.7	32:07.7	10:22/M	
34	Richelle Bower	Kalamazoo	6851	35	387	32:14.4	32:45.2	10:24/M	
35	Stacy Schweitzer		6887	36	416	33:24.0	35:02.4	10:46/M	
36	Lisa Koenig	Paw paw	6552	35	420	33:30.0	34:18.2	10:48/M	
37	Melissa French	Kalamazoo	6446	35	424	33:34.9	33:55.4	10:50/M	
38	Victoria Sepulveda	Canton	6717	35	425	33:37.0	33:59.5	10:51/M	
39	Jamie Bos	Kalamazoo	6353	36	427	33:42.4	34:21.2	10:52/M	
40	Jana Boyer	Paw Paw	6356	35	450	34:16.0	35:03.8	11:03/M	
41	Jessica Ferraro	Batavia	6432	35	464	34:59.5	36:03.8	11:17/M	
42	Kelly Stanard	Lawrence	6744	37	471	35:12.9	35:30.7	11:21/M	
43	Tiffany Fulcher	Paw Paw	6843	35	475	35:28.7	35:54.1	11:26/M	
44	Misty Miller		6908	37	476	35:31.6	35:39.9	11:27/M	
45	Kristen Rice		6926	38	506	36:56.0	37:03.7	11:55/M	
46	Heather Mihills		6955	39	507	36:57.6	36:57.6	11:55/M	
47	CHRISTINA AREBELO	PORTAGE	6308	35	515	37:21.1	37:51.5	12:03/M	
48	Michelle Kaminski	Marcellus	6533	36	519	37:22.8	38:32.6	12:03/M	
49	Amy Pachay		6956	37	531	38:05.7	38:29.5	12:17/M	
50	lilah blentlinger	schoolcraft	6348	39	533	38:15.6	39:19.2	12:20/M	
51	Holly Bishop	Vicksburg	6345	38	547	40:06.1	40:55.9	12:56/M	
52	Heather Batt	Schoolcraft	6326	36	550	40:43.2	40:43.2	13:08/M	
53	Lori Pline	Coloma	6655	39	552	40:46.1	41:17.4	13:09/M	
54	Amy Grosvenor		6963	38	559	41:16.8	41:16.8	13:19/M	
55	Alicia Danielle Schaaf	Lawton	6859	37	563	41:25.4	42:10.6	13:22/M	
56	Jennifer Zordan	Bangor	6837	38	564	41:27.3	41:27.3	13:22/M	
57	Nicole Smith	Lawton	6728	36	565	41:29.5	41:29.5	13:23/M	
58	Carrie Garrone		6855	35	575	42:43.5	43:05.7	13:47/M	
59	Stacy Koviak-Davison	Kalamazoo	6555	37	597	46:02.4	46:17.1	14:51/M	
60	Stephanie Huizing		6949	35	612	52:04.1	53:47.1	16:48/M	
61	Melissa Drane	Portage	6423	39	620	55:04.2	55:30.6	17:46/M	
62	kristen randall	tinley park	6669	36	622	55:36.2	56:56.1	17:56/M	
63	Wendy Miller	Lawton	6611	39	627	1:03:20.8	1:04:02.4	20:26/M	

## Male 35 to 39

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Mike Hughes	Kalamazoo	6514	37	9	18:54.7	18:55.9	6:06/M	
2	* Scott Voigt	Portage	6787	36	56	22:14.0	22:23.1	7:10/M	
3	* Ryan Snyder	Grand Rapids	6736	37	57	22:15.8	22:24.7	7:11/M	
4	Raymond Burtzloff	Kalamazoo	6378	39	59	22:17.6	22:23.1	7:11/M	
5	Shane Criger	mattawan	6405	38	71	23:14.4	23:19.3	7:30/M	

## 2013 Grape Lake 5K

Age Group Results

Race Date  
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Run

## Male 35 to 39

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
6	Mike Fusko	Paw Paw	6854	39	86	23:49.2	23:49.2	7:41/M	
7	Malcolm Reed	Battle Creek	6675	38	106	24:25.1	24:32.4	7:53/M	
8	Eric Suloff	Portage	6759	38	129	25:31.4	25:57.6	8:14/M	
9	Eric Fulkerson	Kalamazoo	6449	37	134	25:36.5	26:04.9	8:15/M	
10	John Lamb	Paw Paw	6559	39	147	25:58.2	25:58.2	8:23/M	
11	matt randall	tinley park	6670	36	152	26:08.9	26:31.1	8:26/M	
12	Corey Kraus	Portage	6557	35	165	26:47.3	27:30.2	8:38/M	
13	thomas spires	hartford	6740	37	168	26:50.8	27:38.2	8:39/M	
14	scott chivington	grand rapids	6390	35	173	27:00.8	27:15.4	8:43/M	
15	Dave Foune, Jr.	Gobles	6441	39	181	27:29.8	27:42.9	8:52/M	
16	Jeffery Michael	Paw Paw	6605	39	183	27:35.4	27:35.4	8:54/M	
17	Brian Boyer	Paw Paw	6355	38	208	28:21.1	29:07.9	9:09/M	
18	George Stanard	Lawrence	6743	39	219	28:33.0	28:50.6	9:13/M	
19	Matthew Sherman	Mattawan	6720	36	245	29:02.3	29:11.1	9:22/M	
20	Shawn Ward	Buchanan	6792	39	263	29:24.6	29:54.9	9:29/M	
21	Heath Wall	Mattawan	6790	38	366	31:53.4	32:00.5	10:17/M	
22	Ray Corona	grand jnction	6400	39	388	32:15.4	33:12.7	10:24/M	
23	Kevin McNees	Paw Paw	6598	36	394	32:20.2	33:24.5	10:26/M	
24	Rich Hettinga	Kalamazoo	6501	35	402	32:44.1	33:19.6	10:34/M	
25	Drew Schweitzer		6890	35	405	32:53.5	34:31.9	10:36/M	
26	Ben Moore	Lawrence	6620	35	428	33:42.7	33:42.7	10:52/M	
27	Dustin Snyder	Paw Paw	6734	37	472	35:13.5	35:34.4	11:22/M	
28	Kurt Schantz	Cassopolis	6708	36	487	36:00.4	36:00.4	11:37/M	
29	Luke Matthews	Marcellus	6588	38	516	37:21.7	38:32.4	12:03/M	
30	Dan Ferraro	Batavia	6431	37	537	38:49.3	38:49.3	12:31/M	

## Female 40 to 44

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Stephanie Sosinski	Paw Paw	6737	40	64	22:31.5	22:35.7	7:16/M	
2	* Monica Koning	Mattawan	6553	43	74	23:18.9	23:24.4	7:31/M	
3	* Sara Gibson		6957	41	130	25:31.5	25:54.4	8:14/M	
4	Joshua Borilla	Dexter	6838	41	169	26:51.4	26:51.4	8:40/M	
5	Cheri Laverty	Vermontville	6562	41	170	26:52.5	27:04.4	8:40/M	
6	Rebecca Goole		6875	44	187	27:38.8	27:45.4	8:55/M	
7	Jenn Omo	Kalamazoo	6636	42	200	28:06.3	28:19.7	9:04/M	
8	Dianne Woloszyk	Vicksburg	6821	41	201	28:07.2	28:21.1	9:04/M	
9	Debra Pellerito	Kalamazoo	6649	42	211	28:26.7	28:45.9	9:10/M	
10	Darla Barbarini	Mattawan	6322	43	212	28:26.9	28:40.6	9:10/M	
11	Cherie Reed	Coloma	6672	40	228	28:41.5	28:53.2	9:15/M	
12	Tracy Balkema	Paw Paw	6317	40	231	28:43.0	28:57.7	9:16/M	
13	Jen Kindt		6974	42	237	28:47.9	29:18.7	9:17/M	
14	Amy Gronda	Paw Paw	6477	44	243	28:57.1	29:19.9	9:20/M	
15	Kerri Billings	Kalamazoo	6340	43	266	29:27.9	30:02.5	9:30/M	
16	Sheryl Price	Lawton	6659	41	308	30:36.2	31:17.1	9:52/M	
17	Julie Turk		6913	43	341	31:15.9	31:22.8	10:05/M	
18	Ingrid McGuire	Vicksburg	6595	42	343	31:16.6	31:43.5	10:05/M	
19	Tracy Abbott	Bangor	6301	43	348	31:21.3	32:14.1	10:07/M	
20	Sarah VandenBerg	Paw Paw	6781	42	359	31:36.2	32:07.6	10:12/M	
21	Angela DeVries	Kalamazoo	6415	41	383	32:08.2	32:39.7	10:22/M	
22	Jill Vuyst	allegan	6788	42	440	34:02.6	34:02.6	10:59/M	
23	Annamarie McLaughlin	Paw Paw	6860	43	445	34:10.0	34:29.2	11:01/M	
24	Kendra Firminger		6930	43	455	34:32.5	35:09.9	11:08/M	
25	Joni Rzepka		6967	40	473	35:17.2	36:03.6	11:23/M	
26	Susan Brown	Paw Paw	6366	43	496	36:24.4	37:13.8	11:45/M	
27	Jennifer Moyle	MATTAWAN	6624	44	508	37:00.7	37:23.3	11:56/M	
28	Karla Smothers		6964	42	528	37:52.9	38:09.7	12:13/M	
29	Joy Rockwell	Three rivers	6694	41	573	42:35.8	43:26.6	13:44/M	
30	Amy Lin	Kalamazoo	6571	44	574	42:39.2	43:22.7	13:45/M	
31	Christine Potter	Dowagiac	6656	41	585	44:03.1	44:03.1	14:13/M	
32	april hempel	portage	6498	43	593	45:14.6	46:05.5	14:35/M	
33	Theresa Dubiel	DeWitt	6849	42	600	46:26.7	47:03.4	14:59/M	
34	Karen Hecht	Portage	6850	43	601	46:27.6	47:05.2	14:59/M	
35	Cristina Willacker	Portage	6809	40	608	50:47.9	51:26.7	16:23/M	
36	Nicole Meachum	Hartford	6600	41	611	51:01.2	51:22.5	16:27/M	



## 2013 Grape Lake 5K

Age Group Results

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Run

## Male 40 to 44

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Jeff Witt		6954	44	17	19:55.9	19:56.4	6:25/M
2	* Matt Longjohn		6973	42	41	21:25.9	21:30.5	6:55/M
3	* Andrew Turk		6912	41	83	23:31.2	23:36.9	7:35/M
4	Ted Bloomfield	Mattawan	6349	42	97	24:11.8	24:17.4	7:48/M
5	Steven Woloszyk	Vicksburg	6822	42	118	24:56.7	25:10.9	8:03/M
6	Dickson Brubaker	Scotts	6370	41	132	25:34.2	25:34.2	8:15/M
7	Brian Brusach	Paw Paw	6371	44	137	25:43.1	26:02.4	8:18/M
8	Ray Cox	St. Joseph	6404	44	159	26:33.2	27:13.5	8:34/M
9	Sam Tank	Plainwell	6767	43	256	29:18.7	29:30.9	9:27/M
10	Scott Adrian	Kalamazoo	6302	42	269	29:31.8	29:56.7	9:31/M
11	Tom Stanek	Paw Paw	6747	42	279	29:47.7	30:13.1	9:36/M
12	Michael Klepser	Kalamazoo	6547	44	290	30:03.7	30:36.1	9:42/M
13	Kevin Riggs		6970	43	301	30:29.8	31:05.2	9:50/M
14	Kevin Franklin	scotts	6442	44	305	30:34.7	31:14.2	9:52/M
15	Jon Moyle	MATTAWAN	6625	44	331	31:00.1	31:23.2	10:00/M
16	Frank Caron	Paw Paw	6385	41	415	33:20.9	33:20.9	10:45/M
17	Thomas Nondorf	Lawton	6830	43	542	39:05.1	39:43.4	12:36/M
18	Tom Barbarini	Mattawan	6319	44	578	43:05.4	43:20.7	13:54/M
19	John Nondorf	Lawton	6833	43	605	49:19.7	49:56.7	15:55/M

## Female 45 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Leslie Scheffers	Portage	6709	49	36	21:02.8	21:04.7	6:47/M
2	* Gena VanderMeulen		6657	45	66	22:56.4	22:59.3	7:24/M
3	* Jane Glass	Coloma	6461	48	138	25:43.7	26:09.2	8:18/M
4	Lesla Reynolds	Marshall	6842	47	142	25:49.0	26:04.5	8:20/M
5	Jaime Kiessling	Battle Creek	6541	46	175	27:06.2	27:21.9	8:45/M
6	Heidi Miller	Mattawan	6610	45	180	27:24.6	27:31.4	8:50/M
7	Kristy Warner	Allegan	6794	45	188	27:40.7	27:58.2	8:55/M
8	Stephanie Brown	Green Oaks	6365	46	216	28:31.6	28:55.9	9:12/M
9	Wendy Jezowski	Saint Joseph	6526	49	289	30:02.5	30:28.4	9:41/M
10	Nada Ingram	Battle Creek	6518	45	294	30:12.9	30:30.4	9:45/M
11	Lori Franklin	scotts	6443	46	307	30:36.0	31:13.7	9:52/M
12	Heidi Williams	portage	6812	47	319	30:46.4	31:13.4	9:55/M
13	Angie Crouch	Kalamazoo	6407	46	321	30:46.7	30:46.7	9:55/M
14	Kathy Alizo	Mattawan	6304	46	327	30:56.5	31:15.1	9:59/M
15	Carie Faul	Mattawan	6430	47	344	31:18.3	31:45.2	10:06/M
16	Kimberly Christman	Allegan	6394	49	373	31:59.7	31:59.7	10:19/M
17	Jude Beard	Paw Paw	6332	47	396	32:28.3	32:57.9	10:28/M
18	Andrea White	Paw Paw	6804	49	407	32:54.1	33:16.6	10:37/M
19	Julie Sweet	Hartford	6761	45	434	33:54.1	34:52.7	10:56/M
20	kimberly moran	kalamazoo	6623	49	437	33:59.7	33:59.7	10:58/M
21	Jodi Heaney	Kalamazoo	6497	45	454	34:26.8	35:13.6	11:06/M
22	Tiffany Zapolski	Caledonia	6826	46	467	35:03.7	35:41.9	11:18/M
23	Melissa Hoch	Covert	6508	46	499	36:29.3	36:29.3	11:46/M
24	Karen Christensen	Kalamazoo	6392	45	521	37:26.5	37:42.2	12:05/M
25	Erica Brotebeck	Paw Paw	6363	47	540	39:04.2	39:04.2	12:36/M
26	Kim Pesegna	Allegan	6650	46	548	40:25.4	40:53.2	13:02/M
27	Cindy Beak	Mattawan	6330	46	568	41:42.0	42:18.9	13:27/M
28	Stephanie McGowan	Paw Paw	6594	46	580	43:21.6	44:15.4	13:59/M
29	Christina Hoard		6902	45	590	44:33.6	44:53.2	14:22/M
30	Gina Goode	Marseilles	6468	46	618	53:09.7	53:09.7	17:09/M
31	Amber Puckett	Mattawan	6664	49	619	53:30.7	53:30.7	17:15/M

## Male 45 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Carl Fried	Kalamazoo	6448	46	10	19:06.7	19:08.2	6:10/M
2	* Dave Richmond	Paw Paw	6683	49	11	19:17.8	19:18.7	6:13/M
3	* Joe Hulsebus	Kalamazoo	6515	49	12	19:20.3	19:22.6	6:14/M
4	Tony Baker	Benton Harbor	6316	46	27	20:20.3	20:22.2	6:34/M
5	Mike Mannino	Benton Harbor	6585	45	32	20:40.8	20:43.4	6:40/M
6	Mike Oliphant	Kalamazoo	6635	47	39	21:10.8	21:20.2	6:50/M
7	Ric Baker		6909	46	53	22:03.3	22:05.1	7:07/M
8	Philip Hoard		6903	45	55	22:13.9	22:18.9	7:10/M
9	Todd Schwartz		6874	48	76	23:23.6	23:59.6	7:33/M
10	Scott Hojara	Dowagiac	6511	47	82	23:30.2	23:34.7	7:35/M

## 2013 Grape Lake 5K

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Run

## Male 45 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
11	Gary Goscenski	Paw Paw	6470	48	91	23:55.2	24:28.9	7:43/M
12	Dave Brozovich	Ottawa	6369	46	108	24:30.2	25:31.4	7:54/M
13	Russell Rathburn		6966	48	116	24:54.6	25:07.4	8:02/M
14	jeff beak	Mattawan	6331	47	119	24:58.3	24:58.3	8:03/M
15	Thomas Hamann	Kalamazoo	6488	47	135	25:39.4	25:45.3	8:16/M
16	Chad Caswell	Kalamazoo	6387	46	154	26:16.2	26:24.2	8:28/M
17	Tom Mulrenin	O'Fallon	6628	49	194	27:57.3	28:08.9	9:01/M
18	Howard George	lawrence	6458	48	232	28:43.8	29:22.7	9:16/M
19	Shawn Maxwell	Portage	6589	49	239	28:51.9	29:33.5	9:18/M
20	James Valk	Paw Paw	6780	48	259	29:21.7	29:32.2	9:28/M
21	Guadalupe Castaneda		6969	45	268	29:30.2	29:38.6	9:31/M
22	Daron Sheline	Elkhart	6719	46	278	29:46.9	30:08.7	9:36/M
23	Alex Vuyst		6877	48	280	29:48.5	30:23.9	9:37/M
24	Rich Sachwitz	Kalamazoo	6704	47	282	29:53.3	30:20.9	9:38/M
25	Rob Williams	Mattawan	6814	46	325	30:49.1	31:08.9	9:56/M
26	Gregg Moench	Bangor	6618	49	370	31:58.8	32:06.8	10:19/M
27	Russ Baker	Lawton	6314	45	377	32:02.4	32:13.9	10:20/M
28	Jerry Brownell	Gobles	6368	48	399	32:34.9	35:01.4	10:30/M
29	Michael Kinnary	Caledonia	6543	49	466	35:03.6	35:41.5	11:18/M
30	Dale Hoch	Covert	6507	48	491	36:04.0	36:29.5	11:38/M
31	Mike Rockey	Marseilles	6693	48	518	37:22.0	38:23.9	12:03/M
32	Anthony Murdock	Battle Creek	6629	45	589	44:32.1	45:04.2	14:22/M
33	Charles Burd	Paw Paw	6375	48	625	1:03:05.9	1:04:37.1	20:21/M

## Female 50 to 54

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Julie Wyrwa	Paw Paw	6824	51	42	21:32.0	21:36.6	6:57/M
2	* Linda Grossheim	Richland	6479	52	235	28:46.2	28:53.8	9:17/M
3	* Cindy Smith	Paw Paw	6729	51	241	28:55.8	29:07.7	9:20/M
4	Denise Cook	Paw Paw	6399	53	242	28:56.5	29:19.3	9:20/M
5	Lori Rimpel	Stevensville	6689	51	303	30:32.9	30:32.9	9:51/M
6	Sally Rieger	richland	6685	52	324	30:48.2	31:17.1	9:56/M
7	Diane Mannino	Benton Harbor	6584	50	330	30:58.9	31:14.2	9:59/M
8	Rachel Dupuis	Mattawan	6425	50	360	31:37.1	31:55.3	10:12/M
9	Rosanne Abbott		6870	50	374	32:00.0	32:18.8	10:19/M
10	Debbie Grosteffon	Battle Creek	6480	53	385	32:12.5	32:38.1	10:23/M
11	Ann Kuiper	Kalamazoo	6558	53	426	33:40.2	33:57.5	10:52/M
12	Leslie Burkett	Dowagiac	6376	50	433	33:51.5	34:49.8	10:55/M
13	Gloria Jurado-Long	Marcellus	6531	52	453	34:21.6	35:01.5	11:05/M
14	Marianne Groth	St. Joseph	6482	50	460	34:48.4	35:28.8	11:14/M
15	Lora Hutchinson		6932	52	463	34:58.2	34:58.2	11:17/M
16	Roxann Brouwer	Lawrence	6364	51	480	35:44.7	36:28.2	11:32/M
17	Fran Buell	Mattawan	6848	53	488	36:00.4	36:19.7	11:37/M
18	Theresa Rowe	Three Rivers	6698	54	497	36:24.9	36:54.8	11:45/M
19	Cindy Fisher	Jones	6434	52	514	37:18.8	37:49.5	12:02/M
20	Cindy Beach	Lawton	6329	52	524	37:35.2	38:11.2	12:07/M
21	Jill Hallgren	Hartford	6487	54	525	37:35.6	38:23.5	12:07/M
22	Mary Steinke	Kalamazoo	6748	54	530	38:01.3	38:19.4	12:16/M
23	beth king	schoolcraft	6542	52	534	38:18.4	39:22.2	12:21/M
24	Lori Priola	St. Charles	6663	50	538	38:59.6	39:28.9	12:35/M
25	RoxAnn Isbrecht	Hartford	6519	50	539	38:59.7	38:59.7	12:35/M
26	Janet Owens	Farwell	6638	54	577	42:53.7	43:37.6	13:50/M
27	Diane Fuller	Kalamazoo	6451	54	581	43:40.8	44:06.5	14:05/M
28	Cynthia Diamond	South Bend	6417	54	586	44:14.0	44:46.1	14:16/M
29	Cheryl Schoenback	Baroda	6711	50	617	53:06.9	53:55.6	17:08/M
30	Margarita Pinto	Kalamazoo	6654	54	624	57:04.3	57:57.2	18:25/M

## Male 50 to 54

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Roman Zehner		6962	51	26	20:14.9	20:22.4	6:32/M
2	* John Brady	Mattawan	6358	54	30	20:32.9	20:36.2	6:37/M
3	* Paul Bushnell	Kalamazoo	6380	52	45	21:38.6	21:38.6	6:59/M
4	Arya Jayatilaka	Kalamazoo	6525	53	49	21:49.2	21:49.2	7:02/M
5	Steve Hubbert		6879	53	79	23:25.6	23:38.2	7:33/M
6	Steve McCloskey	Marcellus	6593	54	111	24:40.6	24:47.2	7:57/M
7	Jim Mitchell	Coloma	6613	51	133	25:34.8	25:56.2	8:15/M

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## Male 50 to 54

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
8	Rick Bradford	Paw Paw	6357	50	140	25:44.4	25:51.7	8:18/M
9	David Geib	Lawton	6457	50	153	26:12.8	26:18.7	8:27/M
10	Dave Levett	Allegan	6567	51	156	26:23.6	26:25.9	8:31/M
11	Jim Bowers	LaPorte	6354	50	193	27:57.2	28:06.9	9:01/M
12	Tim Titus	Portage	6772	53	196	28:02.4	28:02.4	9:03/M
13	Noman Hamann		6965	53	203	28:12.5	28:18.9	9:06/M
14	Dion Foune	Paw Paw	6437	52	221	28:38.0	28:52.8	9:14/M
15	John Kocsis	Paw Paw	6551	51	229	28:41.7	28:51.6	9:15/M
16	Kent Alexander		6959	50	233	28:44.0	28:54.7	9:16/M
17	Monte Balyeat	Three Rivers	6318	52	262	29:24.1	30:09.6	9:29/M
18	Dana Briske	Lawton	6362	50	390	32:16.4	33:24.3	10:25/M
19	Chris Toso	Lawton	6776	54	493	36:21.3	36:35.8	11:44/M
20	Joe Priola	St. Charles	6662	50	522	37:28.8	37:58.1	12:05/M
21	Joe Arnold	Decatur	6311	50	556	41:06.7	41:38.1	13:15/M
22	Martin Quigley	Coloma	6666	51	582	43:44.1	43:44.1	14:06/M

## Female 55 to 59

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Victoria Zerbe	Plainwell	6827	59	164	26:45.4	26:54.9	8:38/M
2	* Cindy Comer	Vicksburg	6398	57	224	28:38.5	28:48.2	9:14/M
3	* Debi Steward	Gobles	6749	56	230	28:41.7	29:08.4	9:15/M
4	Chris Patrick	Gurnee	6645	56	310	30:38.0	30:58.5	9:53/M
5	Sue Rickli	Otsego	6684	56	311	30:38.3	30:58.7	9:53/M
6	Whitney Hagen	Paw Paw	6485	58	362	31:39.2	31:57.7	10:13/M
7	Rose Roberts		6933	55	371	31:59.2	32:45.2	10:19/M
8	Debbie Siwula	Gobles	6723	55	410	32:58.9	33:20.7	10:38/M
9	Jackie Meyer	Portage	6604	55	411	32:59.7	33:37.5	10:38/M
10	gwen reidenbach	paw paw	6677	55	421	33:30.3	34:17.9	10:48/M
11	Linda Tabbert	Three Rivers	6766	59	423	33:32.8	33:58.5	10:49/M
12	Stephenie Nelson	Otsego	6632	57	430	33:47.5	34:08.7	10:54/M
13	Janice Studer	Peru	6754	58	482	35:47.7	35:47.7	11:33/M
14	Carolyn Wise	Kalamazoo	6818	56	501	36:32.3	36:50.4	11:47/M
15	Barbara Strong	Bloomingdale	6753	57	503	36:48.1	37:09.9	11:52/M
16	Ann Bermudez	South Haven	6337	59	543	39:38.4	39:43.2	12:47/M
17	Christine VanHusan		6958	57	583	43:54.7	44:15.2	14:10/M
18	Priscilla Galgan	Paw Paw	6454	56	599	46:16.4	47:53.2	14:55/M

## Male 55 to 59

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Jack Ruess	Saint Joseph	6700	56	23	20:12.1	20:14.9	6:31/M
2	* russell bertch	otsego	6338	57	40	21:21.8	21:23.7	6:53/M
3	* Terry Hagen	Paw Paw	6484	58	84	23:31.4	23:41.3	7:35/M
4	Michael Ward	Saint Joseph	6793	56	120	24:59.3	25:10.3	8:04/M
5	Kevin Grossheim	Richland	6478	56	167	26:48.2	26:55.9	8:39/M
6	Jeff Crafts	Paw Paw	6863	56	213	28:30.2	28:52.8	9:12/M
7	Alan Price	Niles	6658	55	220	28:36.0	28:46.9	9:14/M
8	Roy Miller	Highland	6608	59	234	28:45.2	29:06.7	9:16/M
9	Rich Wyrwa	Paw Paw	6825	56	244	28:58.4	29:09.1	9:21/M
10	Robert Wise	Kalamazoo	6819	57	251	29:10.5	29:10.5	9:25/M
11	Eric Diamond	South Bend	6418	55	337	31:11.6	31:18.1	10:04/M
12	Mike Ramirez	Paw Paw	6668	58	340	31:15.2	31:29.1	10:05/M

## Female 60 to 64

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Sharon Merrill	Kalamazoo	6603	60	291	30:06.8	30:21.9	9:43/M
2	* Nancy Ausema	Kalamazoo	6313	61	298	30:21.2	30:49.9	9:47/M
3	* Debbie May	Paw Paw	6591	61	367	31:55.1	32:28.8	10:18/M
4	Shirley Deboer	Paw paw	6412	63	392	32:18.7	32:39.1	10:25/M
5	Janet Stensland		6915	61	441	34:03.8	34:29.1	10:59/M
6	Wilma Wilder	Three Rivers	6807	60	529	37:58.5	38:38.5	12:15/M
7	Mary Bires	Lawrence	6342	61	545	39:57.8	40:46.7	12:53/M

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Run

### Female 60 to 64

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
8	Peggy Wiersma	Gobles	6805	63	551	40:45.5	41:10.2	13:09/M	
9	Jan Barker	Lawton	6847	60	554	40:55.9	40:55.9	13:12/M	
10	Deborah Salvano	Lawrence	6705	60	555	41:06.1	41:29.4	13:15/M	
11	Nancy Hathaway	hartford	6494	62	572	42:15.8	43:05.2	13:38/M	

### Male 60 to 64

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Rocardo Zuniga		6968	63	46	21:40.1	21:46.4	6:59/M	
2	* Maurice Hicks	Allegan	6502	60	47	21:47.8	21:51.2	7:02/M	
3	* Arvil Howe	South Bend	6513	62	67	22:57.0	23:00.7	7:24/M	
4	Robert Jackson	Portage	6521	61	73	23:16.9	23:20.4	7:30/M	
5	Mike Skrzypek	Mendon	6726	60	85	23:37.9	23:42.1	7:37/M	
6	Larry Latham	Coloma	6561	63	90	23:53.7	23:56.7	7:42/M	
7	Bob Wierzba	Lawrence	6806	64	93	24:06.0	24:12.4	7:46/M	
8	Don Creager	Three Rivers	6836	63	126	25:14.7	25:16.8	8:08/M	
9	Mike Betzner	Mattawan	6339	63	128	25:20.0	25:23.3	8:10/M	
10	James Tomlinson	Paw Paw	6774	60	150	26:04.1	26:13.7	8:25/M	
11	Fred Keister	Portage	6537	62	190	27:41.8	27:58.6	8:56/M	
12	Roger Bentley	Coloma	6861	63	267	29:29.2	29:39.4	9:31/M	
13	Millard Doster	Plainwell	6421	63	459	34:45.5	34:45.5	11:13/M	
14	Gary Campbell		6876	61	595	45:25.3	48:53.9	14:39/M	
15	Gregory Galgan	Paw Paw	6453	61	603	46:35.4	47:56.2	15:02/M	

### Female 65 to 69

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Barbara Slates	Portage	6727	66	511	37:07.2	37:31.4	11:58/M	
2	* Cheri Kiracofe	Gobles	6544	69	560	41:21.4	41:48.1	13:20/M	

### Male 65 to 69

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Bill Garrity	South Haven	6455	65	94	24:07.0	24:19.9	7:47/M	
2	* Dean Mac Vicar	Kalamazoo	6582	66	105	24:24.6	24:24.6	7:52/M	
3	* Thomas Tollefson	South Haven	6773	65	117	24:54.7	25:04.9	8:02/M	
4	Ray Hendriksma	Schoolcraft	6499	66	158	26:32.8	26:41.4	8:34/M	
5	Jack Wyatt		6910	69	172	26:57.9	27:08.2	8:42/M	
6	Verr Shindeldecker	Hartford	6721	65	176	27:08.0	27:56.6	8:45/M	
7	Robert Husek	Saint Joseph	6516	69	422	33:32.4	34:23.2	10:49/M	

### Female 70 to 74

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Judy Bodjack	Saint Joseph	6351	73	240	28:52.6	29:09.9	9:19/M	
2	* Charlene Cekander	Portage	6388	70	609	50:55.7	51:35.2	16:25/M	

### Male 70 to 74

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Walter Pascal	South Haven	6644	70	222	28:38.0	28:39.6	9:14/M	
2	* Mike Foster		6882	71	400	32:38.2	32:39.9	10:32/M	
3	* Tom Bennett	Paw Paw	6336	70	526	37:36.3	37:47.2	12:08/M	

# 2013 Grape Lake 5K

## Age Group Results

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**Run**

### Female 75 to 79

				-----Total-----				
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Rose Stanek	Lawrence	6746	77	591	44:46.9	45:18.5	14:26/M
2 *	Jeanette Reitz	Baroda	6679	75	616	53:05.7	53:54.5	17:07/M

### Male 75 to 79

				-----Total-----				
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Edwin Stanek	Lawrence	6745	78	449	34:15.6	34:39.5	11:03/M
2 *	Royce Bland		6871	75	479	35:41.2	35:41.2	11:31/M
3 *	Donald Hutchinson	Otsego	6517	75	536	38:41.2	39:29.5	12:29/M
4	David Rozelle	Kalamazoo	6699	75	557	41:09.3	41:37.2	13:16/M

### Male 80 and over

				-----Total-----				
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Robert Bloomquist	Kalamazoo	6350	81	558	41:09.6	41:37.5	13:16/M

# 2013 Grape Lake 5K

## Age Group Results

**Walk**

Race Date

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### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Nada Kramp	Stevensville	96	56	1	32:13.4	32:44.4	10:24/M

### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Roger Albert		791	69	5	39:00.6	39:56.4	12:35/M

## 2013 Grape Lake 5K

Age Group Results

Walk

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## Female 1 to 10

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Morgan Foune	Gobles	46	6	110	51:01.0	52:06.5	16:27/M	
2	* Lily Fytczyk	Mattawan	47	9	138	53:16.0	54:42.8	17:11/M	
3	* Mackenzie Grinnell	Waterford	67	9	184	59:56.3	1:01:21.6	19:20/M	
4	Jenna Martin	Waterford	110	10	186	59:57.7	1:01:21.6	19:20/M	
5	Paige Smith		175	7	202	1:02:03.9	1:03:32.2	20:01/M	
6	Logan Koning	Mattawan	95	9	203	1:02:04.3	1:03:32.4	20:01/M	
7	Madison Gaines	Kalamazoo	51	9	204	1:02:18.0	1:03:48.2	20:06/M	
8	Carly Gaines	Kalamazoo	49	7	206	1:03:06.3	1:04:32.8	20:21/M	
9	Abby Johnson	Mattawan	84	8	211	1:03:17.4	1:04:46.8	20:25/M	
10	Megan Hiestand	Paw Paw	80	8	213	1:03:20.6	1:04:49.5	20:26/M	

## Female 11 to 14

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Madison Hiestand	Paw Paw	79	13	2	36:16.1	37:41.9	11:42/M	
2	* Rylee Miller		785	13	36	44:19.8	45:05.5	14:18/M	
3	* Emma Brown		771	13	37	44:20.1	45:05.2	14:18/M	

## Male 11 to 14

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Jacoby Kroschel	Coloma	98	14	18	40:45.1	40:45.1	13:09/M	
2	* Joshua Sitarz	St	732	11	55	46:12.0	46:39.4	14:54/M	
3	* Cedric Birdsall	Lawton	14	14	97	50:16.1	51:03.6	16:13/M	

## Female 15 to 19

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Courtney Kroschel	Coloma	97	15	3	37:28.9	38:26.5	12:05/M	
2	* Annalisa Wilder	Decatur	196	18	47	45:29.2	45:58.1	14:40/M	
3	* Kathleen McCarthy	Allegan	111	18	115	51:37.3	52:23.8	16:39/M	

## Male 15 to 19

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Benjamin Schuett	Decatur	736	18	54	45:59.2	45:59.2	14:50/M	
2	* Michael Bogema	Mattawan	17	15	137	53:11.0	54:37.3	17:09/M	

## Female 20 to 24

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Caitlin Storch	Paw Paw	178	24	25	41:56.8	42:56.5	13:32/M	
2	* Kaila Schweda	Byron Center	156	23	41	45:00.9	45:57.6	14:31/M	
3	* Kayla Lacer	Riverside	99	20	74	47:58.3	51:48.7	15:28/M	
4	Laura Weiner	Chicago	192	24	99	50:30.3	51:51.7	16:17/M	
5	Kayla Livingston	Lawton	101	23	140	53:34.4	55:07.7	17:17/M	
6	Julie Patrick	Bangor	139	24	181	58:43.4	1:03:16.2	18:56/M	
7	Danielle Hoch	Covert	81	20	196	1:01:20.4	1:01:20.4	19:47/M	
8	Jill Beyke	Indianapolis	13	23	198	1:01:24.3	1:02:42.7	19:48/M	

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### Male 20 to 24

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Charles Hicks	Byron Center	78	24	33	43:03.1	43:59.9	13:53/M
2	* Klye Gast	Covert	55	21	188	1:00:10.9	1:01:20.6	19:25/M

### Female 25 to 29

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Amanda Wesler	Otsego	193	28	7	39:03.0	40:35.4	12:36/M
2	* Chelsey Pallas	Lawrence	134	28	27	42:17.0	43:16.7	13:38/M
3	* Rhonda Shidler	Coloma	167	26	34	43:36.2	44:34.8	14:04/M
4	Angela Rathburn	Schoolcraft	143	29	46	45:28.0	48:56.9	14:40/M
5	Megan Hicks	Paw Paw	76	27	62	47:09.0	48:04.9	15:13/M
6	Richelle Helms	Benton Harbor	75	29	72	47:57.5	51:48.1	15:28/M
7	Melissa Sage	Plainwell	154	28	87	48:48.8	50:23.2	15:45/M
8	Nicole Livingston	Lawton	102	28	141	53:36.1	55:10.9	17:17/M
9	Jacqueline Witters		788	29	150	55:26.9	56:49.7	17:53/M
10	Aimee Benedict		755	27	158	56:32.7	58:22.2	18:14/M
11	Danielle DeLaBarre	Vicksburg	33	25	159	56:32.8	58:22.4	18:14/M
12	Casey Rowe	Hartford	151	26	168	56:59.1	56:59.1	18:23/M
13	Kallie Griffin PeÅ±a	Mattawan, MI	65	27	183	59:41.2	1:01:12.1	19:15/M
14	Vanessa Kegeler	Kalamazoo	89	25	190	1:01:03.6	1:02:36.7	19:42/M

### Male 25 to 29

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Patrick Butler	Paw Paw	25	27	31	42:58.1	42:58.1	13:52/M
2	* Trevor DeLaBarre	Vicksburg	34	28	160	56:33.0	58:22.4	18:15/M
3	* Jason Soukup	New Lenox	177	26	172	57:06.9	57:06.9	18:25/M

### Female 30 to 34

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Theresa Rodriguez	Watervliet	147	34	108	51:00.6	52:20.2	16:27/M
2	* Jacque Adams	Paw Paw	2	33	125	52:21.8	53:40.5	16:53/M
3	* Sarah Shephard	Paw Paw	165	31	126	52:24.3	53:26.2	16:54/M
4	Beth Berglin		790	33	143	53:49.5	54:54.5	17:22/M
5	Heather Kenjebaev	Gobles	92	31	169	57:01.6	58:42.4	18:24/M
6	Nicole Kegeler	Kalamazoo	88	30	191	1:01:03.7	1:02:36.4	19:42/M
7	Meghan White	Watervliet	194	34	195	1:01:09.1	1:02:31.8	19:44/M
8	Bridgit Smith		171	34	208	1:03:14.5	1:04:46.4	20:24/M

### Male 30 to 34

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Jason Musgrove	Naperville	125	30	149	55:06.9	56:52.4	17:46/M
2	* Gary Arrans	Fort Washington	5	30	219	1:04:43.4	1:04:43.4	20:53/M
DQ	* Brandon McNees	Paw Paw	116	31	DQ	---	---	---

### Female 35 to 39

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Amy Brock	Scotts	19	38	86	48:42.4	48:42.4	15:43/M
2	* Cathy Founé	Gobles	44	38	109	51:00.9	52:06.1	16:27/M
3	* Crystal Gerencer	Kalamazoo	57	37	120	52:05.8	53:47.5	16:48/M
4	Karen Maciaga	Naperville	104	35	148	55:06.8	56:52.4	17:46/M
5	Jennifer Bailey	Allegan	6	38	153	55:30.3	55:30.3	17:54/M
6	Jamie Martin	Waterford	109	37	187	59:59.1	1:01:23.2	19:21/M



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## Female 35 to 39

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
7	Angela Johnson	Mattawan	85	35	210	1:03:16.9	1:04:46.5	20:25/M	
8	Angela Trupo	Kalamazoo	184	39	216	1:04:21.0	1:05:54.2	20:45/M	
9	Beth Galt	Portage	53	39	217	1:04:23.2	1:05:55.9	20:46/M	
10	Angy Guerrant	Portage	70	38	221	1:05:53.5	1:05:53.5	21:15/M	

## Male 35 to 39

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1 *	Gerald Armourillo	Allegan	738	36	26	42:09.4	42:09.4	13:36/M	
2 *	Andy Adams	Paw Paw	1	36	51	45:43.3	46:59.7	14:45/M	
3 *	Matt Fytczyk	Mattawan	48	35	136	53:08.8	54:36.9	17:08/M	

## Female 40 to 44

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1 *	Carrie Brown		772	44	4	37:41.7	38:26.3	12:09/M	
2 *	Lori Oxley	Lawton	133	41	11	40:09.4	41:00.9	12:57/M	
3 *	Karen Barnes	Kalamazoo	747	42	15	40:38.6	41:32.8	13:06/M	
4	Dana Nosich	Benton Harbor	127	42	43	45:15.0	46:50.4	14:36/M	
5	Danean Baker		786	42	49	45:38.9	46:40.4	14:43/M	
6	Ann Marie Brusach	Paw Paw	21	42	52	45:52.6	47:35.2	14:48/M	
7	Karri Porco	Kalamazoo	749	42	58	46:51.2	47:57.6	15:07/M	
8	Susan Gear	Lawton	63	41	65	47:13.9	48:40.5	15:14/M	
9	Jennifer Arnsman		734	41	68	47:23.1	48:52.4	15:17/M	
10	Tonya Lewis	Portage	100	41	73	47:58.2	47:58.2	15:28/M	
11	Sunny Schenkel	Decatur	155	40	85	48:32.3	49:43.2	15:39/M	
12	Michelle Dew	Benton Harbor	35	43	107	50:54.8	52:15.5	16:25/M	
13	Claudine Damaske	Paw Paw	30	44	118	51:46.9	52:40.2	16:42/M	
14	Kathy Wioskowski	Gobles	197	44	122	52:07.2	52:07.2	16:49/M	
15	Cyndi Douglas	Mattawan	37	43	142	53:40.9	55:08.7	17:19/M	
16	Angela Brcka	Kalamazoo	18	42	154	55:30.3	55:30.3	17:54/M	
17	Sheri Teeple		770	43	171	57:06.0	58:54.2	18:25/M	
18	Penny Moench	Bangor	118	40	175	57:54.7	57:54.7	18:41/M	
19	Christy Gaines	Kalamazoo	50	44	212	1:03:19.0	1:04:49.4	20:25/M	

## Male 40 to 44

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1 *	Jeffrey Mullin		773	43	80	48:12.0	49:34.4	15:33/M	
2 *	Joe MacMillan	Coloma	107	40	130	52:58.9	53:47.9	17:05/M	

## Female 45 to 49

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1 *	Sharon Weems	Allegan	191	49	8	39:06.2	39:06.2	12:37/M	
2 *	Mary-Frances Oliphant	Kalamazoo	128	47	9	39:35.5	40:32.3	12:46/M	
3 *	Cheryl Nielsen	Lawton	126	49	12	40:19.5	41:16.4	13:00/M	
4	Nehita Moore	Riverside	120	45	35	43:36.7	47:17.2	14:04/M	
5	Dina Molter	Paw Paw	119	49	42	45:14.9	46:51.2	14:35/M	
6	Becky Deckard	Hartford	32	48	45	45:19.1	46:27.2	14:37/M	
7	Mary Schwartz		6873	48	48	45:30.9	46:28.2	14:41/M	
8	Kirsten Goscenski	Paw Paw	62	46	57	46:48.3	48:04.5	15:06/M	
9	Sybil Smith	Coloma	176	48	70	47:56.4	49:05.7	15:28/M	
10	Carol Cushman	Parchment	29	49	71	47:57.3	49:26.2	15:28/M	
11	Tina Mitchell	Coloma	117	49	79	48:11.5	49:34.6	15:33/M	
12	Lisa Shanley	Lawton	739	48	94	49:58.7	49:58.7	16:07/M	
13	Jodie McManus	Decatur	743	48	96	50:14.2	50:14.2	16:12/M	
14	Sue Taylor	Buchanan	181	46	104	50:49.5	52:00.4	16:24/M	
15	Toni Russell	Lawton	153	48	111	51:03.5	51:03.5	16:28/M	
16	Ronda Brozovich	Ottawa	20	49	121	52:06.5	53:09.7	16:48/M	

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### Female 45 to 49

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
17	Kathy King	Paw Paw	93	45	127	52:24.5	53:25.3	16:54/M	
18	Susan Andersen	Paw Paw	3	49	128	52:34.3	53:03.6	16:57/M	
19	Jacqueline Bering	Grand Blanc	11	48	129	52:38.1	53:08.2	16:59/M	
20	Cathering Pinkowski	St. Joseph	731	48	133	53:03.3	53:30.2	17:07/M	
21	Mary Greenleaf	Kalamazoo	750	49	135	53:04.6	54:21.3	17:07/M	
22	Arlene Jones	Portage	86	47	145	54:19.5	55:32.6	17:31/M	
23	Mary Hansen		72	46	147	54:43.0	56:13.8	17:39/M	
24	JoAnn Small	Paw Paw	170	49	163	56:48.3	57:54.9	18:19/M	
25	Karla Vassar		735	47	164	56:48.9	57:55.5	18:19/M	
26	Delora Rupe	Paw Paw	730	47	173	57:18.9	58:59.1	18:29/M	
27	Erin Yingst	Mattawan	199	47	179	58:37.9	1:00:17.3	18:55/M	
28	Angela Burd	Paw Paw	22	49	205	1:03:05.2	1:04:36.5	20:21/M	
29	Melissa Kelley	Portage	90	45	215	1:03:57.5	1:05:28.7	20:38/M	
30	Laurie Gronau	Paw Paw	69	48	222	1:09:01.0	1:13:29.5	22:16/M	
31	Paula Jones	Wyoming	753	47	226	1:11:43.4	1:12:58.5	23:08/M	

### Male 45 to 49

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Charles Barnes	Kalamazoo	748	46	14	40:38.0	41:32.7	13:06/M	
2	* Phil Pellerito	Kalamazoo	744	48	39	44:34.5	44:34.5	14:23/M	
3	* Tom Shaver	Paw Paw	164	48	63	47:09.1	48:33.9	15:13/M	
4	Mark Stamm	Allegan	741	48	91	49:27.1	50:12.8	15:57/M	
5	Jim McManus	Decatur	742	48	92	49:30.1	50:14.9	15:58/M	
6	Tim Roper		754	49	116	51:43.7	51:43.7	16:41/M	

### Female 50 to 54

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Connie Vargo	Paw Paw	188	53	13	40:21.4	41:02.2	13:01/M	
2	* Cindy Thomas	Marcellus	183	54	16	40:43.9	41:16.5	13:08/M	
3	* Karen Mulrenin	O'Fallon	124	53	32	42:59.0	44:36.6	13:52/M	
4	Lori Vanderploeg	Plainwell	187	54	38	44:24.0	45:58.6	14:19/M	
5	Germaine Drake	Bangor	38	51	44	45:18.3	46:27.2	14:37/M	
6	Marcie McAndrew		793	50	53	45:57.4	46:48.9	14:49/M	
7	Julie Swabash		6922	53	82	48:24.0	49:19.4	15:37/M	
8	Cathy Arrans	Paw Paw	746	53	88	48:59.9	50:12.2	15:48/M	
9	Maria Hutchins	St. Joseph	83	50	89	49:05.8	49:05.8	15:50/M	
10	Nancy Ruess	Saint Joseph	152	52	95	50:04.2	50:04.2	16:09/M	
11	Tena Roper	Paw Paw	148	54	101	50:38.4	51:44.3	16:20/M	
12	Suzanne Gast	Watervliet	54	51	106	50:50.8	52:00.6	16:24/M	
13	Julie Kik		769	52	119	52:05.7	53:02.2	16:48/M	
14	Laurie Arnold	Decatur	4	50	134	53:04.4	54:20.8	17:07/M	
15	Debra Wedge	Vicksburg	190	54	155	56:19.1	57:24.6	18:10/M	
16	Nita Lowe	Paw Paw	103	54	174	57:19.2	58:59.5	18:29/M	
17	Sharon Priebe		796	53	178	58:24.7	58:24.7	18:50/M	
18	Sue Patrick	Bangor	138	54	180	58:43.4	1:03:15.9	18:56/M	
19	Kimberly Grinnell	Waterford	66	50	185	59:56.6	1:01:21.4	19:20/M	
20	Virginia McGann	Mishawaka	113	53	197	1:01:23.2	1:02:42.6	19:48/M	
21	Beth Beyke	Indianapolis	12	51	199	1:01:25.2	1:02:43.4	19:49/M	

### Male 50 to 54

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Ronnie McGee	Paw Paw	114	51	50	45:39.5	45:39.5	14:44/M	
2	* Greg Midkiff	Lawton	740	50	90	49:06.6	50:15.9	15:50/M	

### Female 55 to 59

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	

# 2013 Grape Lake 5K

## Age Group Results

Walk

Race Date  
September 07, 2013

### Female 55 to 59

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Christine Robbins	Paw Paw	146	59	6	39:01.0	39:56.4	12:35/M	
2	* Suellen Smith		774	59	19	40:59.8	41:49.7	13:13/M	
3	* Diana L. Smith	Gobles	172	58	22	41:21.2	41:48.9	13:20/M	
4	Debbie Founé	Bloomingtondale	45	56	40	44:44.2	45:55.5	14:26/M	
5	Denise Hicks	Paw Paw	77	56	64	47:09.1	48:04.7	15:13/M	
6	Nancy McCorry	Lawton	112	59	69	47:25.0	48:51.4	15:18/M	
7	Sherri Gillette	Lawton	58	58	78	48:08.1	48:42.6	15:32/M	
8	Sylvia Tenant	Paw Paw	182	58	83	48:26.1	49:33.6	15:37/M	
9	Teresa Paradine	Schoolcraft	136	55	144	54:19.4	55:32.6	17:31/M	
10	Susan Dufon		787	58	152	55:28.4	56:50.1	17:54/M	
11	Catherine Ostrowski	Chicago	130	58	162	56:40.5	58:08.8	18:17/M	
12	Robin Griffin	Mattawan, MI	64	59	182	59:41.2	1:01:12.1	19:15/M	
13	Clare Olney	Mattawan	129	58	192	1:01:04.9	1:04:51.5	19:42/M	
14	Anne Eldred	Mattawan	40	56	193	1:01:05.7	1:04:52.5	19:42/M	
15	Peggy Baldwin		7	58	194	1:01:06.0	1:02:35.5	19:43/M	
16	Bette Dastoli	Kalamazoo	31	59	200	1:01:26.7	1:02:38.5	19:49/M	
17	Kerry Eldred	Lawton	41	55	207	1:03:14.3	1:04:50.2	20:24/M	
18	Terry Dornan	Bangor	36	56	209	1:03:15.7	1:03:15.7	20:24/M	
19	Donna Knight	Portage	94	56	225	1:09:25.2	1:09:25.2	22:24/M	

### Male 55 to 59

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Greg Butler	Paw Paw	24	56	24	41:55.7	42:55.1	13:31/M	
2	* Charlie Paradine	Schoolcraft	135	55	56	46:15.4	47:28.3	14:55/M	
3	* Jeff Dufon		789	56	151	55:27.2	56:49.7	17:53/M	
4	Mark Priebe		795	58	177	58:23.8	58:23.8	18:50/M	
5	Steve Secreast	Kalamazoo	158	56	189	1:00:17.6	1:01:59.5	19:27/M	

### Female 60 to 64

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Cheryl Evick	Paw Paw	42	63	29	42:52.1	44:50.4	13:50/M	
2	* Vada Sherburn	Lawton	166	64	59	46:54.8	48:00.5	15:08/M	
3	* Katherine Blake	Paw Paw	15	62	61	47:05.8	48:00.6	15:11/M	
4	Marcia Godisak	Dowagiac	60	61	66	47:15.5	48:23.5	15:15/M	
5	Joyce Webster	Paw Paw	189	63	67	47:22.8	47:52.5	15:17/M	
6	Beverly Zwar	Watervliet	727	61	75	48:06.2	48:58.3	15:31/M	
7	Bonnie Kelly	Saint Joseph	91	60	77	48:06.8	48:58.5	15:31/M	
8	Sharon Foster	Lawton	43	64	81	48:15.8	49:41.5	15:34/M	
9	Zelma Faye Comer	Dowagiac	26	63	93	49:57.5	50:31.7	16:07/M	
10	Nancy Benefiel	Paw Paw	10	63	100	50:30.4	51:51.5	16:17/M	
11	Kathy Murphy		6972	60	103	50:44.1	51:14.5	16:22/M	
12	Linda Sieber	Bangor	168	62	105	50:49.9	52:00.5	16:24/M	
13	Kathy Stubbs	Paw Paw	179	64	112	51:03.7	52:08.1	16:28/M	
14	Debra Hohiemer	Lawton	82	60	117	51:46.3	53:13.2	16:42/M	
15	Mary Roseboom	Paw Paw	150	60	139	53:25.0	54:53.7	17:14/M	
16	Linda Van Goeyé	Paw Paw	186	64	156	56:19.5	57:25.3	18:10/M	
17	Pauline Maciaga	Orland Park	105	61	161	56:38.4	58:08.7	18:16/M	
18	Eve Pokryfke	Paw Paw	141	62	170	57:01.9	58:42.4	18:24/M	

### Male 60 to 64

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Don Medd	Marcellus	737	61	10	39:56.2	40:57.1	12:53/M	
2	* Bruce Gelbaugh	Plainwell	56	63	17	40:44.2	41:51.1	13:08/M	
3	* John H. Smith	Gobles	173	63	21	41:21.2	41:48.9	13:20/M	
4	Paul Blake	Paw Paw	16	61	23	41:26.8	42:21.6	13:22/M	
5	Don Zwar	Watervliet	728	64	76	48:06.8	48:58.7	15:31/M	
6	Howard Swabash		6921	62	84	48:26.4	49:21.8	15:37/M	
7	David Moormann	Lawton	121	62	102	50:43.3	53:28.7	16:22/M	
8	Walter Maciaga	Orland Park	106	62	157	56:31.4	58:01.5	18:14/M	
9	Norbert Ostrowski	Chicago	131	61	176	58:01.4	58:01.4	18:43/M	
10	Gary Arrans	Paw Paw	745	64	214	1:03:26.2	1:04:45.2	20:28/M	

## 2013 Grape Lake 5K

Age Group Results

Walk

Race Date  
September 07, 2013

## Female 65 to 69

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Roberta Woodruff	Dowagiac	198	65	20	41:18.2	42:24.5	13:19/M	
2	* Cheryl Albert		792	66	60	46:57.2	47:57.8	15:09/M	
3	* Kathleen McGuire	Lawton	115	67	123	52:07.5	53:42.4	16:49/M	
4	Sally Quan	Lawton	142	67	124	52:07.9	53:42.3	16:49/M	
5	Patsy Harring	Paw Paw	74	67	132	53:01.0	54:34.7	17:06/M	
6	Lola Smith	Lawton	174	68	165	56:52.6	58:14.1	18:21/M	
7	Phyllis Oxley	Lawton	132	69	167	56:53.6	58:13.9	18:21/M	
8	Paulette Pasterik	Paw Paw	137	66	223	1:09:03.6	1:13:31.7	22:16/M	
9	Helen Gronau	Paw Paw	68	65	224	1:09:04.2	1:13:32.7	22:17/M	

## Male 65 to 69

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Bob Slates	Portage	169	69	28	42:50.1	43:43.1	13:49/M	
2	* Gregory Zaucha	Paw Paw	200	66	98	50:17.6	51:13.9	16:13/M	
3	* John Roseboom	Paw Paw	149	67	220	1:05:28.2	1:06:25.5	21:07/M	

## Female 70 to 74

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Susan Symczak	Dowagiac	180	71	30	42:58.1	44:03.7	13:52/M	
2	* Nancy Hall	Gobles	71	70	113	51:09.7	52:08.5	16:30/M	
3	* Patricia Valenti	Coloma	185	73	146	54:20.2	55:50.3	17:32/M	
4	Judy Price	Lawton	729	72	166	56:53.3	58:13.9	18:21/M	

## Male 70 to 74

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Mike Whittaker	St. Joseph	195	74	114	51:34.4	52:13.2	16:38/M	
2	* Keith Harring	Paw Paw	73	70	131	52:59.3	54:34.7	17:05/M	

## Female 75 to 79

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Barbara Goodwin	Kalamazoo	61	78	201	1:01:27.5	1:02:39.1	19:49/M	
2	* Diane Pinkowski	Baroda	140	76	218	1:04:43.3	1:06:18.4	20:53/M	

## Female 80 and over

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Sue Jones	Paw Paw	752	80	227	1:11:43.7	1:12:58.6	23:08/M	