

Race Date  
May 25, 2013

2013 K5K - Kalamazoo 5K Run  
Age Group Results

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cheryne Clements		27	4762	8	20:41.8	6:40/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kurtis Marlowe	Kalamazoo	30	5664	1	18:16.2	5:54/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Peggy Zeeb		55	4620	15	21:22.5	6:54/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ron Knestrict	scherville	42	5647	2	18:30.2	5:58/M

Female Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carol Heinicke	Kalamazoo	52	5632	25	23:10.7	7:28/M

Male Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	James Henderson	kalamazoo	58	5633	14	21:18.1	6:52/M

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Female 1 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Riley Knestrick	schererville	10	5648	48	26:10.8	8:26/M

Male 1 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Miller Knestrick	schererville	7	5649	17	22:02.8	7:06/M
2	Malin Sage	Kalamazoo	7	5703	27	24:10.2	7:48/M
3	Alex Lin	Kalamazoo	10	5658	66	28:16.8	9:07/M
4	Robert Kloosterman	Kalamazoo	10	5643	79	29:50.2	9:37/M
5	Easton Clements		7	4703	87	31:13.8	10:04/M
6	Jack Marion	Frankfort	9	5663	93	32:13.7	10:24/M
7	Michael Kloosterman	Kalamazoo	7	5645	113	37:51.8	12:13/M
8	Steven Kloosterman	Kalamazoo	10	5644	123	42:00.8	13:33/M

Female 11 to 13

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ellie Marion	Frankfort	11	5662	101	32:40.1	10:32/M
2	Jailyn Shelifoe		12	5078	118	39:48.8	12:50/M

Male 11 to 13

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Caleb Billings	kalamazoo	11	5605	39	25:33.5	8:15/M
2	Jared Jones	Kalamazoo	13	5638	40	25:43.8	8:18/M
3	Alec Williams	mattawan	13	5725	68	28:50.3	9:18/M
4	Christopher Lin	Kalamazoo	12	5657	104	33:47.9	10:54/M

Male 14 to 16

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Micah Froman	Kalamazoo	14	5623	18	22:26.5	7:14/M

Female 17 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lydia Moyer	Kalamazoo	18	5678	58	27:13.8	8:47/M
2	Allyson Williams	Mattawan	18	5726	69	28:51.8	9:18/M

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Male 17 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nicholas Newton	Battle Creek	17	5681	24	23:08.1	7:28/M

Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jennifer Rooney	Scotland	21	5697	9	21:02.9	6:47/M
2	Taylor Ondersma	Portage	19	5687	16	21:40.6	6:59/M
3	Danielle Mitchell	Portage	23	5673	37	25:24.2	8:12/M
4	Reed Moyer	Kalamazoo	20	5677	53	26:43.4	8:37/M
5	Katherine Doyle	Portage	23	5617	76	29:27.3	9:30/M
6	Jessica Spence	Scotts	23	5711	95	32:34.3	10:30/M
7	Kelsey Gonzales	Portage	23	5627	100	32:37.1	10:31/M
8	Lane Perlos	Kalamazoo	21	5690	110	36:29.5	11:46/M

Male 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brandon VanDusen	Portage	24	5720	5	20:02.3	6:28/M
2	Wesley Froman	Kalamazoo	22	5622	46	26:00.3	8:23/M
3	Kyle Centers	Chicago	24	5609	83	30:32.8	9:51/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stacy Bussiere	Chassell	28	5608	12	21:16.3	6:52/M
2	Brigitte LaPointe	Baraga	27	5653	13	21:16.7	6:52/M
3	Mary Councell	Paw Paw	26	5611	72	29:09.9	9:24/M
4	Erin Dahlgren	Mattawan	26	5615	94	32:27.6	10:28/M
5	Shay Flach		26	4626	108	34:45.5	11:13/M
6	Kaycie Ohmart	Portage	27	5683	111	36:46.6	11:52/M
7	Ashley Weststate	Kalamazoo	26	5723	112	36:59.8	11:56/M
8	Katherine Scott	Churubusco	26	5706	121	41:31.5	13:24/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Louden	Kalamazoo	25	5660	6	20:28.4	6:36/M
2	Brendan May	Kalamazoo	29	5666	23	23:03.4	7:26/M
3	Josue Ramirez	Kalamazoo	29	5693	33	24:38.1	7:57/M
4	Luke Antvelink	Mattawan	26	5603	36	25:21.5	8:11/M

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Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Josh Councell	Paw Paw	27	5612	54	26:49.3	8:39/M
6	Josh Perkins	Saint Joseph	26	5689	86	31:04.2	10:01/M
7	Josh Miller	Churubusco	27	5670	122	41:31.5	13:24/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Laura Strunk		34	4625	31	24:25.8	7:53/M
2	Michelle Germinder	Delton	30	5625	41	25:44.6	8:18/M
3	Jillian Wills	Mattawan	30	5727	57	26:54.7	8:41/M
4	Sarah Owsley	Sturgis	33	5688	65	28:07.6	9:04/M
5	Melissa Williams	Kalamazoo	33	5724	85	30:54.5	9:58/M
6	Angela Shelfoe		34	5076	88	31:51.7	10:16/M
7	Colleen Steves	Kalamazoo	31	5714	97	32:34.7	10:30/M
8	Tiffany Kremer	Kalamazoo	30	5651	106	33:59.3	10:58/M
9	Kristin Morgan	Kalamazoo	32	5675	129	43:54.6	14:10/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chris DHulster	Kalamazoo	30	5616	3	19:47.7	6:23/M
2	Seth Harris	Kalamazoo	31	5630	7	20:38.1	6:39/M
3	Tony Fuller		31	4624	10	21:07.8	6:49/M
4	Zachary Wilson	Kalamazoo	32	5728	11	21:15.9	6:51/M
5	David Steves	Kalamazoo	33	5715	96	32:34.5	10:30/M
6	Ryan Kremer	KAlamazoo	31	5652	105	33:59.1	10:58/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lisa Knestrick	schererville	38	5646	21	22:58.6	7:25/M
2	Julie Eilenberg	Kalamazoo	39	5619	43	25:52.1	8:21/M
3	Lindsay Meulman	Kalamazoo	36	5668	67	28:30.1	9:12/M
4	Melissa Moynier	Cincinnati	36	5679	70	28:55.7	9:20/M
5	Kelly Heaps	Cincinnati	35	5631	71	28:55.9	9:20/M
6	Emily Anstadt	St. Joseph	37	5602	73	29:11.3	9:25/M
7	Shannon Root	Vicksburg	39	5699	78	29:47.6	9:36/M
8	Kim Chapman	Plainwell	36	5610	98	32:35.8	10:31/M
9	Amy Onderlinde	Kalamazoo	36	5686	99	32:36.6	10:31/M
10	Katie Sparks	Kalamazoo	35	5710	103	33:16.9	10:44/M

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Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
11	Emily Minardi	Richland	35	5672	115	38:02.6	12:16/M
12	Latasha Stinnette	Kalamazoo	37	5716	126	43:14.3	13:57/M
13	Jenny Miller	Kalamazoo	39	5669	128	43:53.6	14:09/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Stears	Centreville	38	5713	26	23:41.1	7:38/M
2	Jason Sparks	Kalamazoo	35	5709	102	33:16.8	10:44/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sarah Hamric	Battle Creek	42	5628	30	24:21.5	7:51/M
2	Julie Shoup	Lakeland	41	5708	38	25:31.3	8:14/M
3	Lisa Savage	Galesburg	41	5705	49	26:18.3	8:29/M
4	Laura Moyer	Kalamazoo	42	5676	52	26:42.9	8:37/M
5	Karen Kozerski	Kalamazoo	41	5650	60	27:35.7	8:54/M
6	Kerri Billings	kalamazoo	42	5604	74	29:21.5	9:28/M
7	Joy Mills	Otsego	40	5671	80	29:57.1	9:40/M
8	Ingrid McGuire	Vicksburg	42	5667	89	31:51.9	10:16/M
9	Heather Karmon	Kalamazoo	43	5639	91	32:09.1	10:22/M
10	Jamie Marion	Frankfort	40	5661	92	32:13.2	10:24/M
11	Amy Lin	Kalamazoo	44	5655	127	43:32.7	14:03/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eric Rueppel	Sturgis	41	5702	4	19:53.8	6:25/M
2	Mark Ruggles		43	4618	32	24:26.9	7:53/M
3	Aaron Niemi	Wyoming	44	5682	107	34:42.5	11:12/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bonnie Sexton	Mattawan	45	5707	20	22:49.7	7:22/M
2	Gena VanderMeulen	Shelbyville	45	5719	22	23:01.1	7:25/M
3	Christine Huff	Kalamazoo	45	5636	35	25:01.3	8:04/M
4	Holli Birgbauer	Grosse Pointe	47	5606	44	25:53.8	8:21/M
5	Linda Rooney	Scotland	49	5696	61	27:37.6	8:55/M

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Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Stacey Talley		46	4623	81	30:07.7	9:43/M
7	Kathy Alizo	mattawan	45	5601	84	30:43.3	9:55/M
8	Lisa Pitman	Allegan	47	5691	90	32:05.5	10:21/M
9	Deborah Kloosterman	Kalamazoo	45	5642	114	37:52.6	12:13/M
10	Karla Fales	Delton	46	5621	116	38:07.9	12:18/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bill Lewis	Schoolcraft	49	5654	34	24:40.6	7:57/M
2	Gregg Klamer	Hudsonville	45	5641	56	26:53.5	8:40/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sherri Dutton	Otsego	50	5618	47	26:03.6	8:24/M
2	Lisa Talley	Portage	50	5717	77	29:30.4	9:31/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Graham Rooney	Scotland	51	5698	62	27:40.6	8:55/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Teri Olbrot	Kalamazoo	59	5684	64	28:02.3	9:03/M
2	Deborah Salvano	Lawrence	59	5704	124	42:02.3	13:34/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joel Huff		56	4621	28	24:15.3	7:49/M
2	Wesley Newton	Battle Creek	59	5680	29	24:18.3	7:50/M
3	Eric Zeeb		56	4619	42	25:49.3	8:20/M
4	Gary Drake		59	4622	45	25:59.3	8:23/M
5	Ricky Perry		57	4617	50	26:23.2	8:31/M
6	Nick Virgilio	Frankfort	56	5722	51	26:36.2	8:35/M

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Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Judah Gesmundo	Richland	61	5626	109	35:48.1	11:33/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Olbrot	Kalamazoo	64	5685	19	22:28.3	7:15/M
2	Fred Keister	Portage	61	5640	55	26:50.2	8:39/M
3	Keith Turpel	Kalamazoo	61	5718	82	30:13.6	9:45/M
4	Bill Roschek	KALAMAZOO	64	5700	117	39:35.8	12:46/M
5	Frank Maston		61	5054	119	40:09.3	12:57/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kathy Roschek	KALAMAZOO	66	5701	125	42:54.6	13:50/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ray Hendriksma	Schoolcraft	66	5634	59	27:33.7	8:53/M
2	Dave Eldridge	Bath	65	5620	120	41:24.9	13:21/M

Female 70 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julie Hoffmann	Kalamazoo	75	5635	63	27:46.5	8:57/M

Male 70 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jerry Johncock	shelbyville	85	5637	75	29:22.7	9:28/M